



## 4<sup>th</sup> ANNUAL - Western Invitational Swim Event

- SANCTION #:** 21910
- VENUE:** Wespow Park – Tucker, Montego Bay, Saint James - 4 lane 25m Swimming Pool
- DATE and TIME:** Saturday, July 6, 2019 – 9:00 a.m. Pool will be opened @ 7:30am
- OPENING CEREMONY:** Saturday, July 6, 2019 – 8:30 a.m.
- AGE UP DATES:** Ages for the competition shall be as of midnight on June 30<sup>th</sup>, 2019
- ENTRY LIMITS:** This event is open to all schools, clubs and unattached swimmers.  
Number of events per swimmer - Five (5) including relays  
Number of entries per team: Four (4) per event except 25m and 50m Freestyle, Backstroke and Breaststroke where Eight (8) per event will be accepted.  
Number of relay entries per team: One (1) per relay event
- ENTRY FEES:** Swimmer: \$250 per event - Relay: \$350 per team entry – Surcharge: \$150.00 per swimmer.
- PROGRAMME:** All events will be swum as timed finals.
- ENTRY DEADLINE:** 7:00 p.m. Monday June 24<sup>th</sup> 2019. Only email entries will be accepted via [WISesailfish@outlook.com](mailto:WISesailfish@outlook.com). Late entries will not be accepted.
- ENTRY REQUESTS:** The entry list (sorted by swimmer) must accompany the entries.  
Call 876-534-9240 to confirm receipt of entries which are emailed.  
Date of birth of each competitor must be correctly entered.  
Entry fees paid by cheque should be made to SailFish Fitness Academy and entry fees can be paid on the day of the event.
- MARSHALLING**
- There will be no official marshalling area for the meet. Swimmers for the next heat must be behind the blocks while the current heat is in progress.
- Team officials are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned. If a swimmer swims in the wrong lane or heat the swimmer will be disqualified.
- No swimmer may enter the race after the referee has blown the “long” whistle. If this occurs the swimmer will be disqualified and not allowed to swim in the particular event.

### RULES AND REGULATIONS

- Armbands will be provided for officials whose names are submitted with entries.

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- Each official, coach or swimmer is required to wear the band at the entrance gate for the meet. Those who fail to present their armbands will have to pay the prescribed entry fee. Misuse of armbands will result in confiscation of the armbands and the appropriate disciplinary action taken against the offender and the respective team.
- The PA system is to run the meet, and the microphone will be for the starter and announcer.
- Swimmer must leave the pool within 5 seconds of completing the leg of the relay in the lane they swam. Swimmers will be disqualified if they cross into other lanes.
- Teams are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition. Volunteers must report to the meet director at least thirty (30) minutes before the start of each session.

## **ENTRIES AND RESULTS**

- Competitors will only be allowed to swim in their respective age group. If competitors swim outside of their age group the offending team will be disqualified from the competition.
- Substitutions will not be allowed in either individual or relay events. Only the named swimmer entered in the respective event will be allowed to compete. Teams found in violation of this will be disqualified from the competition.
- All swimmers must be registered with their respective teams.
- All scratches and name spelling corrections and checking of the original entry are to be done via email by Friday June 28<sup>th</sup> 2019 at 6:30 p.m.
- Relay cards are in duplicate:
  - The original must be presented to the recorder thirty (30) minutes before the start of the first event of the particular session
  - A copy must be handed to the head lane time keeper at the beginning of the event.
  - Changes must be made at least four (4) events prior to start of the scheduled event.
  - Swimmers must be named in order of swimming in accordance with ASAJ rules.
- No changes to entries will be accepted after Friday June 28<sup>th</sup> 2019 at 6:30 p.m
- Scratches are allowed at any time, with no refund.

## **AWARDS AND POINTS**

Points for each event will be awarded as follows: 4, 3, 2 and 1 for places first to fourth respectively for individual events. For relays the points will be 8, 6, 4, and 2 for places first to fourth only.

Teams having more than three (3) swimmers in the top eight (8) positions of the 50m free style will only score points for the top three (3) swimmers.

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In all other events, teams will score points for three (3) swimmers who finish within places 1-4 in the top four (4) positions.

The following will be awarded:

- Championship trophy for the overall winning team (combined male & female).
- Champion girl and champion boy trophy in each age category.
- Ribbons will be awarded to the first, second and third place finishes of each event.
- Heat winner token



EVENT	SEX	AGE GROUP	DISTANCE	STROKE
1	MIX	Open	25m	Noodles
2	GIRLS	8 and under	50m	Butterfly
3	BOYS	8 and under	50m	Butterfly
4	GIRLS	9-10	50m	Butterfly
5	BOYS	9-10	50m	Butterfly
6	GIRLS	11 to 12	50m	Butterfly
7	BOYS	11 to 12	50m	Butterfly
8	GIRLS	13 and over	50m	Butterfly
9	BOYS	13 and over	50m	Butterfly
10	MIX	Open	25m	Kickboard
11	GIRLS	9-10	100m	Freestyle
12	BOYS	9-10	100m	Freestyle
13	GIRLS	11 to 12	100m	Freestyle
14	BOYS	11 to 12	100m	Freestyle
15	GIRLS	13 and over	100m	Freestyle
16	BOYS	13 and over	100m	Freestyle
17	GIRLS	8 and under	50m	Breaststroke
18	BOYS	8 and under	50m	Breaststroke
19	GIRLS	9-10	50m	Breaststroke
20	BOYS	9-10	50m	Breaststroke
21	GIRLS	11 to 12	50m	Breaststroke
22	BOYS	11 to 12	50m	Breaststroke
23	GIRLS	13 and over	50m	Breaststroke
24	BOYS	13 and over	50m	Breaststroke
25	MIX	Open	100m	Kickboard Relay
26	MIX	8 and under	100m	Mixed Medley Relay
27	MIX	9-10	100m	Mixed Medley Relay
28	MIX	11 to 12	100m	Mixed Medley Relay
29	MIX	13 and over	200m	Mixed Medley Relay
30	GIRLS	8 and under	100m	Individual Medley
31	BOYS	8 and under	100m	Individual Medley

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EVENT	SEX	AGE GROUP	DISTANCE	STROKE
32	GIRLS	9-10	100m	Individual Medley
33	BOYS	9-10	100m	Individual Medley
34	GIRLS	11 to 12	100m	Individual Medley
35	BOYS	11 to 12	100m	Individual Medley
36	GIRLS	13 and over	100m	Individual Medley
37	BOYS	13 and over	100m	Individual Medley
38	MIX	6 and under	25m	Backstroke
39	GIRLS	8 and under	50m	Backstroke
40	BOYS	8 and under	50m	Backstroke
41	GIRLS	9-10	50m	Backstroke
42	BOYS	9-10	50m	Backstroke
43	GIRLS	11 to 12	50m	Backstroke
44	BOYS	11 to 12	50m	Backstroke
45	GIRLS	13 and over	50m	Backstroke
46	BOYS	13 and over	50m	Backstroke
47	GIRLS	6 and under	25m	Freestyle
48	BOYS	6 and under	25m	Freestyle
49	GIRLS	8 and under	50m	Freestyle
50	BOYS	8 and under	50m	Freestyle
51	GIRLS	9-10	50m	Freestyle
52	BOYS	9-10	50m	Freestyle
53	GIRLS	11 to 12	50m	Freestyle
54	BOYS	11 to 12	50m	Freestyle
55	GIRLS	13 and over	50m	Freestyle
56	BOYS	13 and over	50m	Freestyle
57	MIX	Open	100m	Mixed Medley Relay
58	MIX	8 and under	100m	Mixed Freestyle
Relay				
59	MIX	9-10	100m	Mixed Freestyle
Relay				

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60 Relay	MIX	11 to 12	100m	Mixed Freestyle
61 Relay	MIX	13 and over	200m	Mixed Freestyle
62	MIX	Masters	50m	Freestyle