

SUMMONS

10th PANAM AQUATICS MASTERS CHAMPIONSHIPS BUENOS AIRES 2026

October 19-29



Swimming
Water Polo
Diving
Artistic Swimming

Open Water Swimming





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WELCOME MESSAGE

Dear Masters Community,

It is with great pride and excitement that I welcome you to the 10th Edition of the PanAm Aquatics Masters Championships, to be held in Buenos Aires, Argentina, in 2026. This event marks a remarkable milestone for our organization and for the Masters community across the Americas, a celebration of passion, perseverance, and lifelong dedication to aquatics.

Over ten days of competition, we will gather athletes from every corner of the continent to take part in Swimming, Open Water Swimming, Diving, Artistic Swimming, and Water Polo. Each discipline embodies the spirit of Masters sport, the joy of participation, the pursuit of personal excellence, and the camaraderie that unites us all through water.

As President of PanAm Aquatics, I am deeply proud to see how vibrant, diverse, and alive the Masters community is throughout our continent. Each championship reminds us that our shared passion for aquatics transcends generations and borders, creating friendships and memories that last a lifetime.

Our competitions will unfold at two exceptional venues: the Parque Olímpico de la Juventud, home to the 2018 Youth Olympic Games, and the CENARD High-Performance Training Center, both symbols of Argentina's strong sporting tradition. We extend our sincere gratitude to the Confederación Argentina de Deportes Acuáticos (CADDA) for their partnership and dedication in hosting this important event. Their commitment and hospitality are essential to ensuring that every athlete and official enjoys a world-class experience in Buenos Aires.

Beyond the pool, Buenos Aires awaits with its unmistakable charm, a city where tradition and modern energy meet. From its vibrant neighborhoods filled with music and art, to its world-famous cuisine and warm hospitality, you will find endless opportunities to explore and enjoy. Savor an authentic Argentine asado, experience the rhythm of tango, and immerse yourself in the city's welcoming spirit.

I look forward to celebrating this milestone edition with all of you in Buenos Aires, a gathering that promises to honor the Masters legacy and the unity of our Pan American aquatic family.

Maureen Croes

PanAm Aquatics President





PANAM AQUATICS MASTER COMMITTEE

Dear Participants and Supporters,

The PanAm Aquatics Masters Committee is delighted to extend its heartfelt greetings as you join us for the 10th edition of the PanAm Masters Aquatics Championships. We are pleased to have Argentina as our host country this year. This nation embodies the spirit of unity and diversity that this Championship aims to celebrate.

This event is a testament to sport's enduring power to unite people, transcend borders, and break down barriers. It is a platform where athletes can showcase their skills, forge friendships, and uphold the values of respect, integrity, and fair play.

We want to express our deepest gratitude to the Argentina Federation for their meticulous planning and unwavering commitment to making these Championships a success. Their efforts have set the stage for what promises to be an unforgettable experience for all involved.

As you dive into the competitions and soak in the local culture, we hope that you carry the essence of this event with you, not just as athletes but as ambassadors of the values that we hold dear.

Sincerely,

Edith Clashing

EM lasting

PanAm Aquatics Masters Committee Chairperson





ORGANIZING COMMITTEE

A Warm Welcome to Buenos Aires 2026!

On behalf of the Confederación Argentina de Deportes Acuáticos (CADDA) and the entire Argentine aquatic sports community, we extend a heartfelt welcome to all athletes, coaches, officials, and visitors attending the 2026 PanAm Aquatics Master Championships.

From October 19 to 29, 2026, the vibrant city of Buenos Aires will be the hub of aquatic sports in the Americas. We are honored by PanAm Aquatics to host this prestigious event, with over 2,500 athletes competing in Swimming, Water Polo, Open Water Swimming, Artistic Swimming, and Diving.

This championship is a significant event for **Argentina**, showcasing our passion for aquatic sports and dedication to excellence. It provides an opportunity to display our world-class hospitality and the vibrant culture of Buenos Aires. To the athletes, we commend your dedication and spirit. We wish you fast swims, great matches and competitions, outstanding performances, and unforgettable moments of camaraderie.

We are committed to delivering a superb, well-organized, and fair competition for everyone. Get ready for an extraordinary festival of aquatics!

Welcome to Argentina! Welcome to Buenos Aires 2026!

Sergio Antonini

President of the Confederación Argentina de Deportes Acuáticos





GENERAL INFORMATION

OBJECTIVES AND SIGNIFICANCE

The 10th PanAm Masters Aquatics Championships aim to unite athletes from across the Americas, fostering a spirit of friendship, respect, and collaboration that transcends borders. Beyond competition, the event serves as a platform to showcase athletic excellence, where Masters athletes demonstrate their skill, dedication, and passion across all aquatic disciplines, upholding the highest standards of fair play and integrity.

As host nation, Argentina seeks to highlight its rich cultural heritage, warm hospitality, and stunning natural landscapes, offering participants and visitors a memorable experience both in and out of the pool. The Championships also contribute to economic and tourism growth, supporting local communities and promoting Argentina as a premier destination for international sporting events.

This edition of the Championships represents more than just an athletic gathering, it is a celebration of cultural exchange, global recognition, and community engagement. It provides an opportunity for athletes and guests to immerse themselves in Argentina's vibrant culture while strengthening the continent's unity through sport.

BRIEF HISTORICAL BACKGROUND OF THE CHAMPIONSHIP

The PanAm Masters Aquatics Championships boast a proud legacy spanning several decades, symbolizing athletic excellence, sportsmanship, and international camaraderie. Established with the vision of providing a unified platform for aquatic sports across the Americas, the Championships have grown in both scale and prestige, bringing together athletes of all ages and abilities.

Throughout its history, various host nations have contributed their unique cultural character and organizational excellence, enriching the Championships and strengthening bonds within the Pan American aquatic community. Today, the event encompasses all Masters aquatic disciplines, offering competition opportunities for both emerging athletes and seasoned veterans alike.

The 10th edition, hosted by Argentina in 2026, marks a significant milestone in this journey. Renowned for its vibrant culture, hospitality, and natural beauty, Argentina will provide a spectacular setting for this celebration of sport and community, where competition and culture meet to create unforgettable memories.





PANAM AQUATICS MASTERS COMMITTEE

Edith Clashing	ANT		Chairman
Ana Fortin	HON	* * *	Vice Chairman
Dot Padget	CAN	*	Secretary
Eddie Hazell (Exec)	LCA	\wedge	Liaison
Lina Zapata	COL		Member
Marcelo Zamora	CHI	*	Member
Dinnora Gil	TTO		Member
Nadine Day	USA		Member
Ed Tsuzuki	USA		Member
David de Vlieger	CAN	*	Member
Ricardo Dimas	PAN	* *	Member
Mel Goldstein	USA		Athletes Rep





LOCAL ORGANIZING COMMITTEE

President	Sergio Antonini	presidencia@cadda.org.ar
Vice President	Fernando Terrilli	fernando@estudioterrilli.com.ar
Finance	Julio Clement	tesoreria@cadda.org.ar

COORDINATORS

Swimming	Raul Araya	rauljaraya@gmail.com
Diving	Andrea de Ruvo	an 1518@hotmail.com
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Water Polo	Monica Brochero	mograbro@hotmail.com
Open Water Swimming	Damian Blaum	blaumswim@hotmail.com
Technical Officials	Claudio Aita	claudioraita@gmail.com
Medical	To be confirmed	
Timing & Scoring Systems	Florencia Fernández	ffernandez@cadda.org.ar
Communication & Press	Franco Zabala	prensa@cadda.org.ar
Logistics	Nicolás Villafañe	logistica@cadda.org.ar
Security	To be confirmed	
Transport & Lodging	Auckland Turismo	grupos@aucklandturismo.tur.ar ventas@aucklandturismo.com
Merchandising	Daniela Rios	operaciones@cadda.org.ar
Protocol & Awards	Silvia Torres	secretaria@cadda.org.ar
Volunteers	Silvia Torres	secretaria@cadda.org.ar





KEY DATES - 2026

Registration for the 10th PanAm Aquatics Masters Championships 2026 will be conducted exclusively through the official event website via the designated online registration link.

All registration fees must be paid through the secure online payment system using approved Credit or Debit Cards.

Online registration will **open on March 1, 2026,** and will **close on September 15, 2026**, or earlier if entry limits are reached.

Accommodation and Transportation Requests	September 15
Water Polo Draw	September 30
Artistic Swimming Music and Coach Card	October 5
Late replacements Water Polo	Oct 19 (12:00)*
Late replacements Artistic Swimming	Oct 25 (12:00)*

^{*} Subject for approval (medical reasons).





CALENDAR

PANAM AQUATICS MASTERS CHAMPIONSHIPS BUENOS AIRES 2026

OCTOBER

DISCIPLINE		19	20	21	22	23	24	25	26	27	28	29
Opening			ос									
Swimming	sw	ТМ	Т	*	*	*	*	*	*	*		
Diving	DV	Т	ТМ	*	*	*						
Artistic Swimming	AS						Т	ТМ	*	*	*	
Water Polo	WP	ТМ	Т	С	С	С	С	*				
Open Water Swimming	ow									ТМ	Т	*
Masters Festival							F					

OC Opening Ceremony **T** Training Day

F Masters Festival

★ Awards Day

A Arrival Day

Technical Meeting

C Competition Day

D Departure Day





COMPETITION VENUES

Olympic Park | Buenos Aires

- → Address: Av. Coronel Roca 4170, C1439DUS Ciudad Autónoma de Buenos Aires.
- → **Disciplines:** Diving, Swimming, and Artistic Swimming
- → **Depths:** 5,5 m Diving and Artistic Swimming 2,2 m Swimming

Note: Smoking is strictly prohibited within the National Aquatic Centre.



CENARD | Buenos Aires

→ Address: Miguel B. Sánchez 1050, Ciudad Autónoma de Buenos Aires.

→ **Discipline:** Water Polo

→ **Depth:** 2,2 m







"Lago de Regatas", Palermo | Buenos Aires

- → Address: Between Calle La Pampa and Av Pres. Figueroa Alcorta. Google Maps.
- → Discipline: Open Water Swimming
- → Water Temperature in Oct 2025: 22°C

Note: There will be a 25 m or 50 m pool available for official training in the Olympic Park.







TECHNICAL MEETINGS

Important competition information will be presented. Participation is **strongly advised** for all team leaders and athletes The Technical Meeting will address the following:

- > Athlete flow and venue access
- > Information desk and on-site services
- > Race/course layout, competition format, order of competition/appearance and draws
- > Warm-up, training schedules and warm-down facilities
- > Call room, marshalling, walk-on procedures and victory ceremonies
- > Competition procedures, technical regulations and event-specific provisions

For Water Polo, final team rosters with assigned cap numbers must be submitted no later than the Technical Meeting.

Attendance at the Technical Meetings is **mandatory** for all Water Polo and Open Water Swimming athletes.

All athletes are responsible for checking their personal details and the spelling of their names. Changes may not be accepted after the meetings.

Swimming

→ Date: Oct 19, 2026, at 14:00 hours.

→ Location: Olympic Park

Open Water Swimming

→ Date: Oct 27, 2026, at 19:00 hours.

→ Location: Olympic Park (Swimming venue)

Diving

→ Date: Oct 20, 2026, at 12:00 hours.

→ Location: Olympic Park

Artistic Swimming

→ **Date**: Oct 26, 2026, at 12:00 hours.

→ Location: Olympic Park

Water Polo

→ Date: Oct 19, 2026, at 12:00 hours.

→ Location: CENARD





GENERAL ENTRY RULES

Eligibility

All Masters competitors who are affiliated with their respective World Aquatics Member Federation for the 2026 registration year are eligible to participate in the 10th PanAm Aquatics Masters Championships Buenos Aires 2026.

Competitors from continents outside the Americas may participate as guest athletes, provided they are also active 2026 members of a World Aquatics Member Federation.

All participants must represent a club, association, or fitness academy affiliated with a World Aquatics Member Federation. Athletes representing national teams will not be eligible for registration.

Duplicate awards will be presented to guest athletes from other continents to ensure that awards for athletes from the Americas remain unaffected. Guest athletes are defined as any athletes registered with a club outside the Americas, regardless of their place of birth.

DISCLAIMER OF LIABILITY

All participants must acknowledge and agree to the following:

They are physically fit and have not been advised otherwise by a medical professional.

Participation in these championships carries significant risks, including the potential for permanent disability, paralysis, and even death. While certain rules, equipment, and personal discipline may mitigate these risks, the risk of serious injury remains.

They assume all risks associated with participation, whether known or unknown, including those arising from the negligence of the parties listed below.

They agree to comply with all stated and customary participation rules, terms, and conditions. If they observe any unusual significant hazard, they will withdraw from participation and immediately alert the nearest official.

They waive any right to claims for damages or losses due to the negligence, either active or passive, of any of the following parties: AQUA and its affiliates; PanAm Aquatics; the Organizing Committee of the PanAm Aquatics Masters Championships Buenos Aires 2026; event sponsors, organizers, venue owners, employees, and volunteers. This waiver applies to any injury, disability, loss, or damage to persons or property.

Participants are encouraged to have personal health insurance coverage.

Each competitor confirms that they have read, understood, and freely signed the <u>Liability Waiver</u>, <u>Assumption of Risk & Consent Form</u> for participation.





REGISTRATION

Registration opens: March 1, 2026

Registration closes: September 15, 2026

Fees

All fees are expressed in United States dollars (USD).

REGISTRATION (ALL - PER PERSON)						
Individual entry / registration	\$ 75					
SWIMMING (SW - PER	REVENT)					
Individual events	\$ 15					
Relay Teams events	\$ 25					
OPEN WATER (OW - PE	R EVENT)					
Individual events	\$ 75					
ARTISTIC SWIMMING (AS -	PER EVENT)					
Solo events	\$ 15					
Duet events (named the two athletes)	\$ 20					
Mixed Duet events (named the two athletes)	\$ 20					
Team events (named the athletes)	\$ 30					
Free Combination event (list team names)	\$ 30					
DIVING (DV - PER EV	ENTO)					
Individual events	\$ 15					
Synchro events (named the two athletes)	\$ 20					
WATER POLO (WP - PE	ER TEAM)					
Team WITH referee	\$ 250					
Team WITHOUT referee	\$ 500					
COACH DELEGATE (ALL - PER PERSON)						
Accreditation card – Team Official (max 1 per club)	\$ 50					
MASTERS FESTIVAL (ALL - PER PE	ERSON) - OPTIONAL					
Masters Festival Ticket	\$ 75					





Entry Documentation

All participants are required to present and submit the following documentation during the registration process:

- ➤ Proof of age (in PDF format). Accepted documents: national ID card, passport, driver's licence, or birth certificate.
- > Proof of membership to a club affiliated to a World Aquatics Member.
- ➤ Completed and signed disclaimer form releasing the Organizing Committee from specific liabilities.

For team events (Water Polo, Swimming Relays, Artistic Swimming, Synchronized Diving), the designated team representative must submit the appropriate entry form for the team.

AQUA Affiliation

All Masters Competitors must be affiliated with a World Aquatics Member Federation in 2026 and provide verifiable proof of this affiliation. Acceptable forms of verification include a valid Master's Licence, Club Registration Card, or Federation Membership Card/Letter.

Online Registration

Registration must be completed exclusively online through Deporte Virtual. Detailed information and registration access will be available on the official event website: March 1st.

All required documentation, as outlined in this section, must be submitted on or before September 15, 2026. Upon submission, each applicant will receive an automatic confirmation message from the Organizing Committee acknowledging receipt.

Payment

All payments, including individual and team registration fees, must be made online via credit or debit card. Fax or email submissions will not be accepted. **No alternative payment methods will be accepted.**

Registration fees are non-refundable and non-transferable. By registering, participants acknowledge and agree to these terms. In the event of postponement or cancellation, the Organizing Committee will review the applicable policies.

Entry Deadlines

The final deadline for all entries to be received by the Organizing Committee is September 15, 2026. Please note that certain events may close earlier to comply with the maximum 10-hour competition rule. All registrations will be considered valid and confirmed only after the corresponding payment has been successfully processed.

IMPORTANT: Unpaid entries after the deadline will not be confirmed and may be excluded from participation.





Letter of Invitation

Participants from countries requiring a visa to enter Argentina may request an official invitation letter by completing the **Invitation Letter Request Form** available at the following link: https://forms.gle/zMaD6aALBSvBJFoP9

The Organizing Committee will use the information provided to generate and email a personalized invitation letter. All details submitted must be accurate and must match the information on the participant's passport.

Invitation letters will be issued only after the athlete's registration has been confirmed and the corresponding fees have been paid.

Additional information

This manual contains the essential information required for athletes to prepare their participation and travel documentation.

For any additional inquiries, please contact the Organizing Committee at <u>cadda@cadda.org.ar</u> and copy <u>office@panamaquatics.com</u>.

Participation Requirements

All athletes must carefully review and comply with the information outlined in this manual in order to participate in the **PanAm Aquatics Masters Championships Buenos Aires 2026**.

By registering, each participant acknowledges and agrees to the terms, policies, and conditions set forth by PanAm Aquatics (PAQ) and the Local Organizing Committee (LOC).







To comply with the PanAm Aquatics Masters Committee's mandate of maintaining a maximum of 10 competition hours per day, the number of entries per swimming event may be limited. As a result, certain events may reach capacity and close before the final entry deadline.

This approach ensures a well-balanced schedule, allowing athletes and their families sufficient time to enjoy and experience the many attractions of Argentina.

SW Age Groups

Minimum age limit: 18 years old.

The competitor's age will be considered as of December 31, 2026.

Age groups for individual events: 18–24, 25–29, 30–34, 35–39, 40–44, 45–49, 50–54, 55–59, 60–64, 65–69, 70–74, 75–79, 80–84, 85–89, 90–94, and shall continue in five-year increments thereafter.

Age groups for relay events:

Relay age groups shall be determined by the total age of all team members. 100–119, 120–159, 160–199, 200–239, 240–279, 280–319, 320–359, and shall continue in 40-year increments as required.

SW Entries

- A swimmer may enter a maximum of five (5) events, but no more than two (2) events per day and up to four (4) relays.
- For safety and operational considerations, the number of participants in the Swimming competition will be limited or adjusted as necessary if the daily competition schedule exceeds ten (10) hours.
- Entries will close once the limit of ten (10) competition hours per day is reached, even if this occurs before the official entry deadline.
- Individual events swum by athletes in the 18–24 age group will not be eligible for PanAm Aquatics or World Aquatics records or tabulations.

SW Competition Format

All starts shall be conducted in accordance with the World Aquatics Masters Swimming Rules. The one-start rule will apply to all swimming events.

Athletes who complete their race must remain in the water until the referee signals for them to exit or until the next race has started.





Seeding

All events shall be pre-seeded based on the entry times submitted during registration. The oldest age groups will be seeded first, and within each age group, heats will be arranged from slowest to fastest.

The 400 m and 800 m Freestyle and 400 m Individual Medley events will be seeded strictly by time, irrespective of age group, with slower heats swimming first.

Relay Events

All relay team members must be affiliated with the same swimming club. Athletes may not represent more than one team per relay event.

Substitutions within relay teams are permitted after the Technical Meeting until 15:00 on October 24, 2026. The age group may not be changed, and the substitute athlete must be from the same club.

Relay entry card, listing the order of the athletes, must be submitted to the Resolution Desk or to a PAQ Committee Member no later than one hour before the start of the session in which the relay takes place.

Important Note: Athletes in the 18–24 age group may compete in relays; however, any relay that includes an athlete from this age group will not be eligible for PanAm Aquatics or World Aquatics records or tabulations.

Mixed Relays: "Mixed" refers to teams comprising both genders, i.e., two females and two males.

Call Room Procedures

Athletes are responsible for reporting to the clerk of course (call room) at least 30 minutes before their scheduled races.

SW Warm-Up Procedures

Athletes must adhere to specific warm-up procedures, including entering the pool feet-first and following designated sprint lanes.

SW Training Schedule

The competition pool will be open for training from October 19, 2026.

Data	Available hours				
Date	Competition Pool	Warm Up Pool (Diving)			
October 19	10:00 - 13:00	Not available			
	16:00 - 18:00	16:00 - 18:00			
O at a la a y 20	10:00 - 13:00	Not available			
October 20	15:00 - 18:00	16:00 - 18:00			





SW Competition Schedule

The competition pool will open for recognition and warm-up 120 minutes before the session, and the diving pool will open 60 minutes before. The competition pool will close 15 minutes prior to the start. **No fins, paddles, or additional equipment are permitted**. Diving is allowed only in designated sprint lanes. Warm-up groups by age category may be implemented depending on the number of entries.

Date	Time	Gender	Event
October 21	12:00	Both	800 m Freestyle
October 22	12:00	Both	400 m Individual Medley 200 m Freestyle 50 m Butterfly
October 23	12:00	Both	200 m Backstroke 100 m Freestyle 50 m Breaststroke
October 24	12:00	Both	50 m Freestyle 200 m Individual Medley 100 m Butterfly
October 25	12:00	Both Mixed Both Mixed	4x50 m Medley Relay 4x50 m Medley Relay 4x50 m Freestyle Relay 4x50 m Freestyle Relay
October 26	12:00	Both	200 m Breaststroke 100 m Backstroke 200 m Butterfly
October 27	12:00	Both	50 m Backstroke 400 m Freestyle 100 m Breaststroke

COMPETITION POOL

9	8	7	6	5	4	3	2	1	0
No entry	Circle Only	Dive Start Sprint Lane	Circle Only (65+)						
1								Ŧ	
Dive Start Sprint Lane	Circle Only	No entry	Circle Only (65+)						
9	8	7	6	5	4	3	2	1	0





SW Awards

Medals will be awarded for individual events from 1st to 10th place in each age group. For relay events, medals will be awarded from 1st to 3rd place in each age group, with each team member receiving a medal.

A simple medal presentation will be conducted at the venue. The collection times will be announced.

SW Swimwear

For the PanAm Aquatics Masters Championships, athletes may compete in:

World Aquatics Approved Swimsuits (as per Article 7 CR):

→ List: https://www.worldaguatics.com/swimming/approved-swimwear

World Aquatics Accepted Swimsuits (Masters only), for cultural, medical, modesty or religious reasons, provided they:

- They are made of traditional, permeable textile (no technical coatings).
- Do not give performance advantage (speed, buoyancy, compression).
- Are modest, non-transparent, and may cover arms, legs and/or head (but not the face).
- Do not restrict movement or create safety risks.

Athletes may wear only one swimsuit, in one or two fitted pieces (e.g. rash shirt or fitted t-shirt with swim shorts, trunks, briefs or swim skirt).

Loose clothing, streetwear, sportswear, full body/leg suits, open water suits, and non-approved jammers/full-knees are not allowed.

Swimsuit Consultation

A pre-competition Swimsuit Consultation will be offered, where athletes may present their swimsuits to PanAm Aquatics Technical Officials for review. Athletes who choose not to attend do so at their own risk and may have their swimsuit rejected at any time during the event. The acceptance or rejection of any swimsuit is at the sole discretion of the PanAm Aquatics Technical Officials.

"Smart goggles" are not permitted.

For full details, please refer to World Aquatics regulations and PanAm Aquatics Masters swimwear guidelines.

SW Scoring System

The competition will use Swiss Timing equipment integrated with the HyTek Meet Manager.







OPEN WATER SWIMMING

OW Age Groups

The minimum age: 18 years old.

The competitor's age will be considered as of December 31, 2026.

Age groups: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, and additional five-year increments as necessary.

Note: The Championship will adhere to AQUA regulations, although PanAm Aquatics may make exceptions regarding age groups.

OW Entries

Entry Restrictions

➤ Athletes must be able to complete the course within 90 minutes; those who cannot are advised not to register.

OW Competition Format

The course will be 3 kilometres long. The Organizing Committee reserves the right to modify the course length based on medical advice and weather conditions.

Time Limit: Athletes must complete the 3 km distance within 90 minutes. Athletes may be removed from the course if they have not completed the first 1 km within 30 minutes.

Seeding

Athletes will be seeded based on their 800 LC meter times, starting with the fastest series. The race organizers will determine cut-off times for each age group in consultation with the referee and the PanAm Aquatics Masters Committee.

Marshalling Area

Athletes must report to the marshalling area 60 minutes before their wave starts. A course map will be displayed.

OW Training Schedule

In addition to the swimming training times, the following times will be available for OW:

Date	Provisional Time	Venue	Pool
October 27	17:00 - 19:00	Olympic Park	25 m
October 28	09:00 - 11:00	Lago de Regatas	N/A
October 26	15:00 - 18:00	Olympic Park	50 m





OW Competition Schedule

The Open Water Swimming event will take place on October 29, 2026, with a tentative start time of 9:00 a.m. Multiple start waves may be scheduled at different times depending on the number of entries.

Date	Provisional Time	Gender	Event
October 29	09:00	Men & Women	3 km

OW Awards

Medals will be awarded from 1st to 10th place in each age group.

OW Competition Venue

The competition venue for the event is Lago de Regatas, Palermo, Buenos Aires.

Water Temperature

The water temperature shall be measured within 30 minutes before the start of the race and must be a minimum of 18°C and a maximum of 31°C. The water temperature shall be certified by the Safety Officer as measured as near to the middle of the course as possible at a depth of 40 cm. If the water temperature is below 18°C, the use of wetsuits is compulsory.

Water Quality

For athlete safety, water quality testing for bacterial contaminants at the Open Water Swimming venue shall follow the World Aquatics guidelines specified in the Open Water Swimming Competition Regulations (Part 3).

OW Safety

Ample safety craft will be deployed throughout the course.

OW Swimwear and Wearables

Only World Aquatics (AQUA) approved swimsuits are permitted. Swimsuits may be checked at the Technical Meeting if needed.

→ Approved list: https://www.worldaguatics.com/open-water/approved-swimwear

If the water temperature is below 18°C, athletes will be required to wear wetsuits that comply with World Aquatics regulations.

All athletes must wear the high-visibility, numbered swim caps provided by the Organizing Committee.





Open Water swimming wearables (e.g., smartwatches, GPS devices, heart-rate monitors) are permitted, but they cannot be used for pacing.

→ Approved list: https://www.worldaquatics.com/swimming/Wearables-Swimming

OW Facilities

A designated area will be provided for changing and storing equipment, and numbered swim caps will be issued to each swimmer. On-site facilities will include showers, changing areas, and a catering tent for athlete recovery.

OW Scoring System

Transponders, one per athlete, will be used as part of the Open Water Swimming timing system.







DV Age Groups

The minimum age limit: 25 years old.

The competitor's age will be considered as of December 31, 2026.

Springboard and Platform events will have the following age groups: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+. Additional five-year increments will be added as necessary.

Synchronized Diving: age groups are determined by adding the ages of the two divers.

Note: The Championships will adhere to World Aquatics regulations, although PanAm Aquatics may make exceptions regarding age groups.

DV Entries

Entry Restrictions

➤ Divers may participate in a maximum of five events, including 1-m springboard, 3-m springboard, platform, synchronized 3-m springboard, and synchronized platform. Divers may represent only one club for both individual and synchronized events in one age group.

DV Competition Format

Divers may select their dives from the AOUA Handbook's dive table.

The competition will adhere to AQUA Technical Rules Competition Regulations Part V and Part VIII.5

- > For the 25-69 age groups, each dive must have a different number.
- ➤ In the 70-plus age groups, dives with the same number can be repeated, as long as they are executed in different positions (straight, pike, tuck, or free positions)
- > Dives that begin facing forward can be executed with the standard approach (running approach) or standing at the end of the board or platform.

Total Number Of Dives Per Category

Age groups	Men	Women	Men	Women
(years)	1m & 3m	1m & 3m	Platform	Platform
25-29	6	5	6	5





Age groups (years)	Men 1m & 3m	Women 1m & 3m	Men Platform	Women Platform
30-34	6	5	6	5
35-39	6	5	6	5
40-44	6	5	6	5
45-49	6	5	6	5
50-54	6	5	5x	5x
55-59	6	5	5x	5x
60-64	6	5	5x	5x
65-69	6	5	5x	5x
70-74	5	5	4x	4x
75-79	5	5	4x	4x
80 +	5	5	4x	4x

The number of dives varies by age group and is consistent with the table provided. Note that for competitors aged 50 and above, certain restrictions apply for 10-meter dives.

(x) 10m limited: Only feet' first entries are allowed from the 10m platform, and any dive performed from the 10m must not exceed a degree of difficulty of 2.0.

Synchronized Diving:

3m Springboard			
Age Groups	Men	Women	Mixed team
50-99	2(*)+2	2(*) +2	2(*) +2
100+	2(*)+2	2(*)+2	2(*)+2
Platform			
	Platfo	orm	
Age Groups	Platfo Men	orm Women	Mixed team
Age Groups 50-99			Mixed team 2(*)+2

^{*}Degree of difficulty of 2.0 for each dive regardless of formula

The Age Group in Synchronised Diving is decided by adding the ages of the two divers. If in any of the two groups in Synchronised Diving, the age of a diver is 50 years or more, the limitation from 10 m platform dives of only feet first, and any dive from 10 m must not exceed a degree of difficulty 2.0 applies for the pair.

Dive Sheets

Official diving forms must be submitted 24 hours before the event starts and will be available at the accreditation point.





Corrections

Changes to dive sheets will incur a **USD 10** penalty and must be made between 24 and 3 hours before the event.

Reporting

Divers are responsible for being present at the start of their designated events.

DV Training Schedule

Practice sessions will be available on October 19 and October 20, 2026, between 08:30 and 11:00 hours at the competition venue.

DV Competition Schedule

Warm-up will begin 60 minutes before the start of the competition and will close 15 minutes prior to the first round. After each session, the pool will reopen and be available until 11:00.

Date	Start Time	Gender	Event
October 21	08:30	Men	1 m Springboard
		Women	3 m Springboard
		Men	Synchronized 3 m Springboard
		Women	Synchronized Platform
October 22	08:30	Women	1 m Springboard
		Men	3 m Springboard
		Women	Synchronized 3 m Springboard
		Men	Synchronized Platform
October 23	08:30	Women	Platform
		Men	Platform
		Mixed	Synchronized 3 m Springboard
		Mixed	Synchronized Platform

DV Awards

Medals will be awarded from 1st to 6th place in each age group.

Only the first three medals will be awarded if fewer than six divers are in an age group.

DV Scoring System

Dive Recorder timing system will be used for the Diving competitions.







ARTISTIC SWIMMING

AS Age Groups

The minimum age limit: 20 years old.

The competitor's age will be considered as of December 31, 2026.

Solo and Duet Events: 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

Teams: 20-34, 35-49, 50-64, 65+ Free Combination: 20-39, 40-64, 65+

For Duet, Free Combination, and Team events, the category is determined by the average age of the competitors.

Note: The Championships will adhere to AQUA regulations, although exceptions regarding age groups may be made.

AS Entries

Entry Restrictions

- ➤ Clubs may enter an unlimited number of routines in each event. However, an athlete can participate in one routine per event. All competitors in duets, teams, and free combinations must represent the same club.
- > For open events: Team Technical, Team Free, Free combinations, a maximum of two (2) males can be included.

AS Music & Coach Cards

Competitors are responsible for providing their music, which must be uploaded to the competition platform. A link for uploading will be sent one month before the competition. Music Submissions and Coach Card will be required to be submitted 14 days prior to the start of the event.

AS Competition Format

The Masters Artistic Swimming competition encompasses Solo, Duet, Team, and Free Combination events. All event categories are separate events.

Teams:

- 1. Minimum of 4 and a maximum of 8 members, with maximum two males.
- 2. There is no penalty for less than 8 members.

Free Routine Combination:

1. Minimum of 4 and a maximum of 10 members, with maximum two males.





Time Limits

As per World Aquatics Competition Regulations, each type of routine has specific time limits. No minimum time limit. Time limits, including the ten (10) seconds for the deck movement.

Technical Routine	2 minutes
Free Routine	2 minutes 15 seconds
> Technical Routine Duet	2 minutes 20 seconds
➤ Free Routine Duet	2 minutes 45 seconds
> Technical Routine Team	2 minutes 50 seconds
> Free Routine Team	3 minutes 30 seconds
> Free Combination	4 minutes

Call Room Reporting

All competitors, including members of duets and teams, must report to the designated area at least 30 minutes before the commencement of their respective events.

AS Training Schedule

Practice sessions with music will be available on October 24 and October 25, 2026, between 08:00 and 11:00 hours at the competition venue. Practice slots will be allocated based on the number of entries.

AS Competition Schedule

Warm-up times will be scheduled from 7:00 to 8:15 prior to each competition session, and may be adjusted based on the final number of participants.

Date	Start Time	Gender	Event
October 26	08:30	Female	Solo - Technical
		Male	Solo - Technical
		Female	Duet - Technical
		Female	Duet - Free
October 27	08:30	Mixed	Duet - Technical
		Mixed	Team - Technical
		Female	Solo - Free
October 28	08:30	Male	Solo - Free
		Mixed	Duet - Free
		Mixed	Team - Free
		Mixed	Free Combinations





AS Awards

Medals will be awarded for 1st through 3rd place in each age group. For team events only, all team members, including reserves, will receive a medal. If an athlete serves as a reserve in more than one medallist age group, only one medal will be awarded to that reserve athlete.

AS Scoring

Scoring will be conducted in accordance with the World Aquatics Competition Manual.

Final results will be determined as per AQUA ASW Rules.

ISS Artistic Swimming Meet Management will be used as the timing and scoring system.







WP Team Age Groups

The minimum age limit is 25 years old.

The competitor's age will be considered as of December 31, 2026.

The youngest player on the team determines the team's age group. There are no age restrictions for players older than the youngest team member.

Age groups are set at five-year intervals: 25+, 30+, 35+, 40+, 45+, and so on.

Age groups with fewer than 3 teams may be combined with another age group. Medals will be given for their respective age groups.

Note: This Championship is based on AQUA regulations, which may allow for exceptions regarding age groups.

As per AQUA Rules, teams may list up to 15 players, comprising seven players and eight reserves. All players must be registered with the same club.

A designated team representative must complete the online Team Water Polo Registration Form and pay the individual registration fee. Upon arrival, the completed team sheet with all players' signatures must be submitted at the technical meeting.

WP Competition Format

The format will depend on the number of teams in each age group. Teams in underrepresented age groups will be contacted to discuss the options of competing.

Reporting

- > Teams must be ready to play at least 15 minutes before their scheduled match time.
- ➤ Teams arriving more than 5 minutes late will forfeit the match, and a 5-0 score will be awarded to the opponent.

WP Equipment and Team Composition

Teams must provide their own practice and warm-up water polo balls.

Official AQUA water polo balls will be provided for the matches.

Teams must bring their game caps, ensuring the numbers conform to AQUA WP rules.





WP Training Schedule

Training sessions will be available at the CENARD Swimming Pool two days before the competition starts. Additional training times may be announced during the Technical Meeting, depending on the number of entries.

Date	Competition Pool
October 19	14:00 - 18:00
October 20	09:00 - 16:00

WP Competition Schedule

The first game of each competition day will begin at 09:00. The final competition schedule will be communicated once all entries have been confirmed.

Competition dates: from October 21 to 25, 2026.

WP Awards

Medals will be awarded to the 1st, 2nd, and 3rd place teams in each age group.

WP Scoring System

PC scoreboards timing system will be used, conforming to AQUA Competition Regulations.





CHAMPIONSHIP GOVERNANCE AND REGULATIONS

The AQUA regulations, specific to Masters water sports in their most recent edition, will govern all five disciplines in the PanAm Aquatics Masters Championships Buenos Aires 2026. Competitors are responsible for familiarising themselves with these rules.

https://www.worldaguatics.com/rules/competition-regulations

Results and Accreditation

A comprehensive set of championship results will be compiled after the event and made available on the official website.

The accreditation desk will be open to all athletes on the following dates and times:

- > October 14–16, 2026: Florida 336, 4th Floor, Office 403, from 10:00 to 16:00.
- > From October 19, 2026 onward: Olympic Park, from 08:00 to 19:00.

Accreditations will be issued individually to each athlete. A passport or national ID is required for collection. No additional locations or dates will be available for accreditation.

A fee of USD 30 will be charged for any reissued accreditation. Please take care of your badge.

Legal and Administrative Provisions

Intellectual Property

The Championship logo and mascots are registered trademarks. Any reprints must be approved by the Organizing Committee, which holds exclusive textile production and reproduction rights.

Refund Policy

No refunds will be issued, except for water polo teams in age groups with fewer than three teams. Transferring entries to another competitor is not permitted.

MEDIA AND IMAGE RIGHTS

Transfer of Media Rights

As a participant in the PAQ Masters Championships Buenos Aires 2026, each individual acknowledges the role of PanAm Aquatics and the Organizing Committee as the sole holders of all media, press, film, television, and photographic rights for this event.

Each participant grants consent to be filmed, televised, photographed, and to have their likeness used in any media format during and after the Championships. For all present and future purposes, each participant authorizes the organizing entities to use their image in connection with their participation in the event. Participants understand that no compensation will be provided for the use of their image for these purposes.





Permission for photographic use

Each participant consents to the Organizing Committee of the PanAm Aquatics Masters Championships Buenos Aires 2025 using the photograph provided for the accreditation card and for the athlete profile associated with this Championship. Each participant acknowledges that no compensation will be provided for the use of their photograph for these purposes.

TRANSPORTATION & ACCOMODATION

Auckland Turismo will provide optional accommodation and transportation services for participants of the PanAm Aquatics Masters Championships. The available packages are:

- > USD 99 per day per person: 3-star hotel with breakfast and dinner, plus local transportation to competition and training venues.
- > USD 109 per day per person: 4-star hotel with breakfast and dinner, plus local transportation to competition and training venues.

Notes:

- > Rates are based on **double occupancy** (minimum two people required to access promotional pricing).
- > Participants must provide their full activity schedule, including training times, competition times, and venue locations.
- > Airport transfers are **not** included in the package.

Service Provider: Auckland Turismo

Website: https://aucklandturismo.com/site/

Contacts: <u>grupos@aucklandturismo.tur.ar</u>/<u>ventas@aucklandturismo.com</u>

Participants may request additional information regarding:

- > Applicable tax costs for Argentine residents (foreign visitors pay the final listed rate).
- > Types of hotels available in each category and additional hotel options.
- > Room configurations, including triple, quadruple, or single occupancy.
- > Lunch options at the hotel or via boxed-meal service.
- > Airfare packages, which may offer additional benefits when booked early.

Parking:

- > Parking at the Olympic Park is available at approximately USD 3 per day.
- > Parking at Lago de Regatas is free of charge.





PARTICIPANTS INFORMATION

Travel & Arrival

Airlines

Buenos Aires is served by two main airports: Ezeiza / Ministro Pistarini (EZE) for most international flights and Aeroparque Jorge Newbery (AEP) for some few international flights. Major international carriers and Aerolíneas Argentinas operate daily services.

Customs Declaration

On arrival, follow signs for Migraciones (Immigration) and Aduana (Customs). Travelers may be asked to complete a customs declaration and to present luggage for inspection. Declare professional equipment, medication requiring a prescription, and cash above local reporting thresholds. Keep purchase receipts handy. For the latest rules, consult your airline and Argentine Customs prior to travel.

Duty-Free Shops

Duty-free stores are available at EZE (arrivals and departures) and AEP (selected international gates), offering standard liquor, tobacco, cosmetics, electronics, and travel items. Most shops accept major credit/debit cards and local currency.

Currency

The local currency is the Argentine Peso (ARS). Credit and debit cards are widely accepted in hotels and major retailers, while **smaller merchants may prefer cash**. Electronic wallets are also commonly used. Currency should be exchanged only at bank ATMs or licensed exchange houses; street exchange services should be avoided. It is recommended to carry small bills for taxis and incidental expenses.

Recommended Exchange Houses:

- > Cambio Baires: Has branches in areas such as Plaza Italia and Puerto Madero.
- > WU Branch: Offers currency exchange services at its office located at Santiago del Estero 304.
- Cashgoarg: Located at Montevideo 833.
- > Agencia Defensa: Located at Defensa 756 in the San Telmo neighborhood.
- > Casa de Cambio Recoleta: Situated at Av. Callao 1132.
- > Cambio Palermo: Located at Thames 2426.





Local Transportation

Buses are the most common mode of transportation, covering most daily mobility needs, while the subway and trains offer faster options.

Buses (colectivos)

- > The most widely used system, operating 24 hours a day.
- > Fares vary depending on the distance traveled.
- > An extensive network connects the city and surrounding metropolitan areas.
- > Some routes include exclusive bus lanes, such as the Metrobús system.

Trains

Connect the City of Buenos Aires with the metropolitan area and other provinces.

Subway (Subte)

- > The City of Buenos Aires has nine subway lines.
- > Stations are safe, and each line is identified by a specific color.
- > Fares are fixed, with discounts available for transfers.
- > Subway map: https://buenosaires.gob.ar/subte/mapa-del-subte-y-combinaciones

Argentina's public transportation system is increasingly adopting multiple electronic payment methods for buses and subways, including contactless debit and credit cards, prepaid cards, mobile phones, smartwatches with NFC technology, and QR codes.

Medical Care

As a reminder, all participants MUST carry their own travel and health insurance. The LOC will provide First Aid Personnel at the competition venues. All athletes must take full responsibility for any other needed medical expenses.

Weather

In October, Buenos Aires experiences mild and pleasant spring weather, making it an excellent time for outdoor sports and activities. Average daytime temperatures range between 15°C and 24°C (59°F–75°F), with cooler mornings and evenings.

Rainfall is moderate during this period, with occasional light showers, but most days remain partly sunny or clear. The city's parks and waterfront areas are particularly vibrant in October, offering comfortable conditions for both athletes and spectators.

Participants are advised to bring light clothing, along with a jacket or light sweater for cooler evenings, and a raincoat or umbrella in case of brief rain.





Financial Services

Banking

Several international banks operate in the City of Buenos Aires. Some with a local presence include Citibank, BBVA, Galicia, the Industrial and Commercial Bank of China, and BNP Paribas. There are also branches of U.S. institutions such as J.P. Morgan Chase and American Express.

- > Citibank: Has offices in the downtown area of Buenos Aires.
- ➤ BBVA Argentina S.A.: Listed among the entities supervised by the Central Bank of the Argentine Republic.
- > Industrial and Commercial Bank of China: Also registered with the Central Bank.
- > BNP Paribas: Has a branch on 25 de Mayo Street.
- > J.P. Morgan Chase: Operates through a branch and a local subsidiary, offering a wide range of financial services in the country.
- > Galicia (formerly HSBC): Another major bank with a significant presence in Argentina.

Local Banks Offering Currency Exchange Services

- ➤ Banco de la Ciudad de Buenos Aires: Provides currency exchange services at its various branches throughout the city.
- ➤ Banco Piano: Offers currency exchange at its main office (San Martín 347, Buenos Aires) and at additional branch locations during regular business hours.

General Information

Shopping

Galerías Pacífico: Located in the heart of downtown Buenos Aires, this shopping center stands out for its European-style architecture and its central dome, which features murals by renowned Argentine artists.

Abasto Shopping: Known for its wide variety of shops, dining options, and entertainment, it is housed in a historic building that once served as the city's main market.

Patio Bullrich: Situated in the Recoleta neighborhood, it is ideal for those seeking high-end and designer stores in an elegant, upscale environment.

Alto Palermo: One of the largest shopping centers, offering an extensive selection of stores, from major brands to local boutiques, along with a diverse range of restaurants and entertainment options.

Alcorta Shopping: Located in Palermo, it features a mix of international and local brands in a modern, sophisticated setting, ideal for fashion and lifestyle shopping.



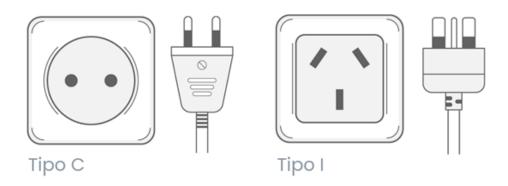


Unicenter: Although located just outside the city (in San Isidro), it is one of the largest and most complete malls in Argentina and is worth considering for a full day of shopping.

Recoleta Urban Mall: A modern-style shopping center located in the Recoleta area.

Electricity

For International Visitors: In Argentina, you will find both **Type C** (two round pins) and **Type I** (three flat pins in a triangular pattern) electrical plugs and sockets are used. The standard voltage is 220V, and a 50Hz frequency. If your devices use different plug types or are not compatible with the electrical system, it is highly recommended that you travel with appropriate plug adapters and voltage converters to ensure the usability of your electronic devices during your stay.



Water

All venues will be equipped with drinking water for all accredited persons.

Merchandise

Stores will be available at the Olympic Park and CENARD venues.





MASTERS FESTIVAL

We are thrilled to extend an invitation to all athletes participating in the competition to join us for the "Masters Festival," a traditional celebration organized by the host country to honour the spirit of competition and camaraderie among participants.

Date: October 24, 2026Entry Fee: US\$ 75

> Hour: 19:00

> Location to be determined.

The Master's Festival is a unique opportunity to unwind, celebrate your achievements, and interact with fellow athletes worldwide. The evening will be filled with entertainment, local cuisine, and a chance to experience the rich culture of Argentina.

The entry fee contributes to creating an unforgettable experience, including live music, cultural performances, and much more. It's not just a party; it's a celebration of your hard work, dedication, and the spirit of the sports community.

Don't miss out on this exciting tradition! Secure your spot and be part of an evening filled with fun, food, and festivity. We look forward to celebrating with you!

The Argentina Aquatic Sports Confederation is dedicated to ensuring your utmost comfort and enjoyment throughout the PamAm Master Aquatics Championships. If you have any inquiries or require additional assistance regarding accommodations, please feel free to contact our organizing committee at cadda@cadda.org.ar and copy office@panamaquatics.com.

We eagerly anticipate hosting you in Buenos Aires and wish you the very best of luck in the competition. Here's to an exceptional experience.

