



MEET SUMMONS

XXXVII CARIFTA 2024

SWIMMING, OPEN WATER SWIMMING AND WATER POLO

March 28th to April 7th, 2024

THE BAHAMAS

MEET SUMMONS
XXXVII CARIFTA 2024
SWIMMING, OPEN WATER SWIMMING AND WATER POLO
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1. DATE AND VENUE

DATE: March 28th - April 7th, 2024

Swimming: Teams arrive March 28th | Depart April 3rd
Open Water: Teams arrive March 31st | Depart April 4th
Water Polo: Teams arrive April 2nd | Depart April 7th

VENUE: Betty Kelly-Kenning Aquatic Center (Swimming and Water Polo)
Queen Elizabeth Sports Center Complex
Nassau, The Bahamas

POOL SPECIFICATIONS:

10 Lane, 50 Metre pool with Colorado Timing Equipment
25 Metre Warm down pool available

VENUE 2: Goodman's Bay (Open Water Swimming)
Nassau, Bahamas

GAMES VILLAGE: BREEZES RESORT BAHAMAS ALL INCLUSIVE
1 BREEZES LANE, CABLE BEACH, NASSAU, NEW PROVIDENCE

Official qualifier for Paris 2024.

Electronic Judging Platforms will be in use at the championships.

2. SCHEDULE

Swimming

Thursday, March 28th: Arrival of Teams
Friday, March 29th: Opening Ceremony 2:00 p.m.
Technical Meeting - 5:00 p.m. (Games Village)
Technical Officials' Meeting - 6:30 p.m. (Games Village)
Saturday, March 30th (Day 1): Swimming Heats - 9:00 a.m.
Swimming Finals 6:00 p.m.
Sunday, March 31st (Day 2): Swimming Heats - 9:00 a.m.
Swimming Finals - 6:00 p.m.
Monday, April 1st (Day 3): Swimming Heats - 9:00 a.m.
Swimming Finals - 6:00 p.m.
Tuesday, April 2nd (Day 4): Swimming- Heats - 9:00 a.m.
Congress Meeting 2:00 - 4:00 p.m. (Games Village)
Swimming Finals- 6:00 p.m.
Closing Ceremony after Swimming Finals

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Wednesday, April 3rd: Departure of Teams

Open Water

Sunday, March 31st:

Arrival of teams
Technical Meeting - 3:00 p.m.

Tuesday, April 2nd:

Course Familiarization at Goodman's Bay 7:00 a.m.

Wednesday, April 3rd:

Open Water 5K- 7:30 a.m.

Thursday, April 4th:

Departure of Teams

Water Polo

Tuesday, April 2nd:

Arrival of Teams

Wednesday, April 3rd:

Technical Meeting | 3:00 p.m., Games Village

Thursday April 04th:

Competition Starts

Saturday April 6th:

Competition Ends

Sunday, April 7th:

Departure of Teams

4. PARTICIPATING FEDERATIONS

- | | | |
|---------------------------|-----------------------|---------------------------------------|
| 1. Antigua & Barbuda | 10. Dominica | 20. St. Marteen |
| 2. Aruba | 11. French Guiana | 21. St. Martin |
| 3. Bahamas | 12. Grenada | 22. St. Vincent and the
Grenadines |
| 4. Barbados | 13. Guadeloupe | 23. Suriname |
| 5. Bermuda | 14. Guyana | 24. Trinidad & Tabago |
| 6. Bonaire | 15. Haiti | 25. Turks & Caicos |
| 7. British Virgin Islands | 16. Jamaica | 26. U.S. Virgin Islands |
| 8. Cayman Islands | 17. Martinique | |
| 9. Curacao | 18. St. Kitts & Nevis | |
| | 19. St. Lucia | |

5. COMPETITION RULES

The competitions will be conducted in accordance with AQUA Rules in force at the start of the competition. AQUA Rule SW4.4 shall be applied.

5.1 In the Preliminary heats of swimming, the start shall be "over the top" in the freestyle, breaststroke, and butterfly events.

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5.2 INTERPRETATIONS

The Organizing Committee of CARIFTA 2024 and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, protest or call relating to these Championships. Nominations for the Jury of Appeal should be submitted at the Technical Meetings.

5.3 AGE GROUPS

Water Polo:

A. Competitors will compete in the following age groups:

- Group 1: 14 & under Male and Female
- Group 2: 16 & under Male and Female
- Group 3: 19 & under Male and Female

Mixed teams will be permitted in the 14 & under age group only. In the 14 & under Mixed Co-ed Group, a maximum of 15 players is permitted of which two females must be in the water at all times unless for foul or injury situations.

In the 16 & under age group where there are not enough players to field a female team, females will be permitted to play in the 16 & under male team.

- A. A water polo player's age group shall be determined by the age of the athlete as of midnight on December 31st, 2023.
- B. Athletes 14 and under may participate in Group 2. Athletes 16 and under may participate in Group 3. Athletes from Group 1 may not participate in Group 3.
- C. The Organizing Committee reserves the right to invite additional Countries for the Water Polo Competition in accordance with the current CARIFTA Guidelines.
- D. The Games Schedule will be determined in advance of arrival.
- E. All protests must be submitted to the Tournament Director in writing within 30 minutes after the end of the game, signed by the Meet Manager of the delegation.
- F. The Championships shall be governed by the rules of the International Federation of Aquatic Disciplines (AQUA) in force at the time of the competition except the following:
 - Length of the field of play will be 25m for all groups
 - Each team will have 2 time-outs in total
- G. Each country is required to provide 1 Referee.
- H. Mixed teams are not permitted in Groups 2 and 3.

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Swimming:

- A. Competitors will compete in the following age groups:
- 11-12 Female and Male
 - 13-14 Female and Male
 - 15-17 Female and Male
 - 18 and over – Female and Male (EXHIBITION ONLY. Swimmers will receive medals, but CARIFTA points will not be awarded. Events will count for official times)

Note: The 18 and over athletes count does not form a part of the 36 athlete Carifta quota. A country can enter any number of 18 and over athletes in any event included in the summons. All 18 and over athletes included in the Team's entry file will benefit from the CARIFTA rates included in this summons.

- B. The swimmer's age group shall be determined by the age of the swimmer as of midnight on December 31st, 2023.

Open Water Swimming:

- A. Competitors will compete in the following age groups:
- 14-15 Female and Male
 - 16-18 Female and Male
- B. The swimmer's age group shall be determined by the age of the swimmer as of midnight on December 31st, 2024.

6. ELIGIBILITY

- A. All participating Federations must be in good financial standing with AQUA and all other affiliated members. All Water Polo clubs must be in good financial standing with their National Federation and are required to present proof of the same.
- B. All participating Federations must be in good financial standing with all Federations invited to participate in the 2024 CARIFTA Swimming Championships.
- C. All Competitors must be either citizens of the Country they represent whether by birth or naturalization, provided that a naturalized citizen shall have lived in that Country for at least one year prior to the entry deadline for the Championships. Additionally, non-citizens may be entered providing the competitor has been resident in the Country for one year prior to the entry deadline and must not have swum for another Country during that period.
- D. All competitors must also be registered with, or otherwise a member of, the Swimming or Aquatics Federation of the Country they represent.

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- E. Competitors who are non-citizens would be required to present “proof of residency” documents which could be proof of club membership, proof of attendance at school or any other organization.
- F. If a Country enters a competitor that is not a citizen of that country by birth or naturalization, the code for that country shall be changed by adding “AG” to the designated three letter AQUA Country code and used throughout the competition e.g., BAH shall be changed to BAH-AG.
- G. Federations with athletes attempting to qualify for CCCAN or any other international competitions must be (a) in good standing with CCCAN and (b) in accordance with AQUA rule GR3.2, for non-CCCAN federations, present a letter from their Zone President or Secretary authorizing them to compete in this competition outside their Zone.

This will apply to CONSANAT and other non-CARIFTA federations.
- H. There will be no Time Trials offered at the Championships unless approved by AQUA or fall within the parameters authorized by AQUA.

7. PRELIMINARY ENTRIES

Preliminary Entries in each discipline must be made using the Electronic Preliminary Entry forms (see link below) and must reach the Chairperson of the Organizing Committee by **Monday, January 15th, 2024**.

Bahamas Aquatics Federation
Betty Kelly-Kenning Aquatic Center
Queen Elizabeth Sports Center Complex
Nassau, The Bahamas
Tel # (242) 427- 2711
Tel # (242) 457-1920
Email: CARIFTA2024@BAHAMASAQUATICS.COM

8. FINAL ENTRIES

The Final entries and supporting details must be submitted to the Organizing Committee by **Monday, March 4th, 2024 by 11:59 p.m.** Swimming entries must be submitted by using HY-TEK Software, and the electronic forms included on the final page of this summons. Final Entries must include the following details:

- A. Name, sex, and date of birth of each swimmer/artistic swimmer/open water swimmer and water polo player. (Use electronic form.)
- B. Events being entered by each swimmer/artistic swimmer/open water swimmer and water polo player.
- C. Entry time for seeding purposes (swimming only).
- D. Names of Team Officials and the position held by each official. (Use electronic form.)
- E. Names of qualified persons and capacity in which they are willing to serve as Meet Official. (Use electronic form.)
- F. Passport size photographs of each athlete, team, and Meet Official.

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- G. Photographs must be submitted in electronic format as .jpg files. Each picture (.jpg file) must specify the full name and country of the competitor. Photographs must also be compressed in zip format for efficient transmission. The zip file must be labeled with the name of the country and discipline. Please submit separate zip files for each discipline. (Use electronic form.)
- H. A profile of each athlete, team and Meet official. Profiles should include National and International achievements for the CARIFTA Souvenir Booklet. (Use electronic form.)
- I. Details of arrival and departure of all athletes, team and Meet officials. (Use electronic form.)

Notwithstanding entry submission in electronic format, The Hytek Electronic Submission Printout, Meet Manager's print out, signed by the President or General Secretary of the Federation with the Association's stamp affixed must be emailed to the Organizing Committee by the deadline date of Monday February 26th, 2024, 11.59 p.m.

9. MIXED RELAYS

Mixed relays will be held in the 11-12 age group only and will be a 4x100 freestyle event. It will take place on the evening of the 4x200 freestyle relays for the 13-14 and 15-17 age groups.

Swimmers will be allowed to SWIM UP for the relays only but cannot swim in the older age group relays and also compete in their age group relays.

A maximum of two (2) swimmers per relay are permitted to swim up provided that the country does not have enough swimmers in the older age group, and provided that the swimmer is not competing in his or her normal age group.

Swimmers can only participate in one relay per day. These relays will count for points and medals.

10. PAYMENT OF FEES

In relation to advanced payments for countries participating in CARIFTA 2024, the following shall apply as agreed at the 2014 CARIFTA Congress held in Aruba.

- A. Federations are to pay a deposit of 20% of total cost with the submission of FINAL entries and rooming list.
- B. Federations that fail to pay the 20% deposit with the submission of the Final entries will require to pay a 5% penalty (on the total cost due), if the 20% deposit is not received within five (5) working days from the date the Final entries are due.
- C. The Organizing country is required to send an invoice to each participating Federation within ten (10) days of the date of the Final entries and rooming list which will reflect the deposit received and the outstanding balance due. The remaining balance must be paid on the arrival of the team prior to the commencement of the competition.

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11. ENTRY RULES

Water Polo:

- A. The Organizing Committee may invite Non-Carifta Federations and/or Teams to participate in the Water Polo competition.
- B. Teams wishing to participate in Water Polo at Carifta must confirm their participation by January 15th, 2024, with a non-refundable deposit, as flight arrangements need to be made early by the Federation in order to secure good rates and to confirm group travel.
- C. Each Country may enter one (1) team per age group.
- D. The team must comprise a minimum nine (9) and a maximum of thirteen (13) players (the exception of the 14 & Under Co-ed Age Group where the maximum number of players permitted are 15 of which 2 female players must be in the water at all times)
- E. The competition system will be based on the number of participating teams
- F. In the event that only two teams participate, the Championships will be decided in a three (3) game series. The first team to win two games will be awarded the Gold Medal. If there are 3 teams, the 2nd and 3rd place teams will play a semifinal and the winner plays the top team.
- G. If there are four or more teams a single round robin will be played. The top four teams will have semifinals, a bronze medal game and gold medal game. The standings will be determined by awarding two (2) points per win and one (1) per tie
- H. The competition programme schedule draw will take place online two weeks before the start of the tournament. The date and time are to be agreed between the host Federations, the Coaches and Management of participating Federations.

Swimming:

- A. There will be a limit of 8 competitors in each sex per age group to a maximum of 36 swimmers.
- B. There is no limit to the number of events per swimmer.
- C. No substitutions or alternates will be accepted after the Final entries have been submitted, except in relays. All relay participants must have been entered in the meet.
- D. No competitor will be able to participate in an age group outside of his age group, even if it were in an age group older than that of the competitor.
- E. Each Country will be limited to two (2) competitors per individual event except in the 50M events when there may be a maximum of three (3) competitors. However, only 2 participants from a team may compete in the Finals. Only one (1) team per Federation is permitted in relay events.
- F. Each country can enter any number of 18 and over athletes in the eligible events; however, only the two (2) athletes with the fastest qualifying times may advance to the finals except for Time or Direct Final events where only 2 may receive medals.
- F. In the relays each Country must enter 4 competitors. The order of the swimmers in each relay of the day's proceedings must be handed in to the Clerk of Course one hour before the start of each session.
- G. Individual events exceeding 200 m. will be Timed Finals. All other events will have preliminary heats with one Final event.

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- H. Scratches must be presented 30 (thirty) minutes after preliminaries. Failure to comply with the above would trigger the following penalty: A fine of US\$100.00 to be paid immediately upon reporting the scratch. The team will be denied future participation if fine is not paid. Any claims to illness must be supported by medical verification. (Carifta Guidelines).
- I. The eight (8) fastest swimmers in the preliminaries will qualify for the Finals. The 9th and 10th fastest in each preliminary event will be designated Alternates for the Finals.
- J. Seeding for the preliminary events will be in accordance with the AQUA Rule SW36.
- K. Any event containing eight (8) or less entries will automatically be a Final.
- L. As agreed at Congress 2013, Jamaica and reconfirmed at Congress 2014, Aruba, competitors in the 13-14 and 15-17 age group may be subject to Anti-doping Testing procedures at the discretion of the Bahamas Anti-Doping Commission (BADDC).
- M. The following procedure will be followed for events longer than 200m (as decided at the 2013 Congress, Jamaica).
- In events 400 meters and over, “NT” is no longer permitted.
 - 400m Timed Final events: all heats except the fastest heat will be swum in the morning session. The fastest heat will be swum in the evening session.
 - 800 and 1500 freestyle for the 13-14 and 15-17 age groups will be swum together, with the results and scoring computed and published by age groups.
 - All heats will be swum fastest to slowest; girls then boys.
 - 400 Individual Medley for the 11-12 and 13-14 age groups will be swum together, with the results and scoring published by age groups.
 - PROOF OF TIMES MUST ACCOMPANY ENTRIES FOR EVENTS 400 METERS & OVER.
 - Accepted as proof of times are copies of meet results (March 2021- March 2022) indicating the location at which the times were achieved, signed by the Meet Referee or the President of the National Federation. All times must be swum and submitted as long course meters. In the event athletes only have SCY or SCM times, these must also be submitted but clearly identified as converted times.
 - Furthermore, the following qualifying standards for the 800m and 1500m freestyle will be enforced:

Age group	Female (800)	Male (1500)
13-14	10:20.99	18:58.99
15-17	10:08.99	18:11.69

Open Water Swimming:

- A. Each country shall be allowed to enter a maximum of three (3) competitors per age group in male and female categories.
- B. All participants will participate only if their designated representatives are present at the open water event. All participants must sign and include with the entry, a document indemnifying the organizers from all liability.

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- C. All Competitors shall be subject to a compulsory medical examination at the competition venue before the start of their event. Information on this will be provided at the Technical Meeting.
- D. The place and time for the competition, as well as the plan with the characteristics of the route will be provided to the delegations in the Technical Meeting.
- E. Competitors are subject to Anti-Doping Procedures at the discretion of the Bahamas Anti-Doping Commission (BADDC).

12. TEAM OFFICIALS

Each participating country may include in its delegation, at the cost indicated in Section 13, the following number of officials.

Swimming:

- A. Delegations of twelve (12) competitors or less will be allowed three (3) team officials.
 - B. Delegations of thirteen (13) to twenty-four (24) competitors will be allowed five (5) team officials.
 - C. Delegations of twenty-five (25) to thirty-six (36) competitors will be allowed seven (7) team officials.
- No exceptions will apply for the addition of the 18 and over athletes.

Open Water Swimming:

Two (2) team officials allowed per delegation.

NB: The number of team officials noted in this section shall include; Doctors, Masseurs and Physiotherapists, Chaperones, Managers, Chefs de Mission and Coaches. Each team official must have a stated capacity in which they are functioning.

Teams from non-English speaking countries will also be entitled to an additional official to serve as a translator. The Organizing Committee will endeavor to provide a bilingual liaison official to be available to these teams throughout the competition or as required.

NB: Officials in excess of the numbers stipulated will not benefit from special team rate or courtesies.

Water Polo:

Delegations will be allowed three (3) team officials per team.

In Water Polo, it is mandatory for each participating country to send one (1) referee.

13. REGISTRATION/ACCREDITATION PROCEDURE

- A. On arrival at the Games Village, teams will be checked in and allocated rooms based on the pre-allocation rooming list. If no room allocation list was provided, the OC will allocate rooms prior to the team's arrival.

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- B. A Bahamas Aquatics Representative will meet the Head of Delegation / Manager at the Games Village to complete the following transactions.
- a. Payment of the sum of total outstanding meet fee as invoiced by the host country based on the Final entries and sent to the National Federation prior to arrival. Fees must be paid as follows:
 - I. Prior to arrival by wire transfer in US dollars.
 - II. US dollar bankers certified draft.
 - III. Credit card -MasterCard or Visa only.

International Transfers

Intermediary Bank: JPMorgan Chase Bank
021000021 (ABA Number)
CHASUS33XXX (Swift/ BIC Code)
Beneficiary Bank: RBC Royal Bank (Bahamas) Ltd
ROYCBSNS (Swift/ BIC Code)
0011188448 (RBC account @ JPMorgan Chase)
Beneficiary Name: Bah Swimming Federation
Beneficiary Number: 057451034073

Please note - that any commission charged on transactions must be paid by the payee National Federation and settled on arrival. **The Host Country will post only the amount received, after deducting receiving bank charges, and the difference must be paid on arrival, and will be reflected on the invoice that will be issued prior to arrival.**

The following accreditation procedures will be conducted simultaneously with the Technical Meeting:

1. The athletes' proof of age and eligibility will be verified at this time.
Athletes' proof of age and eligibility must be provided in the form of a passport and residency documents.
2. Accreditation badges will be issued to each member of the official delegation after payment has been received.
3. Submission of three (3) flags and National Anthem on appropriate medium.

The accreditation badge must be worn at all times. The loss of an accreditation badge must be reported to the Competition Secretariat and will be replaced at a cost of US\$25.00.

14. FEES

Meet Fees for the Championships are as follows:

- A. Meet Fee – **\$140.00 USD per night per member** of the Official Delegation (swimmers, team officials & sanctioned technical officials) inclusive of breakfast, lunch and dinner based on three (3) persons in a room or such a number as determined by the male/female ratio and total number of persons in the delegation.

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- B. If a specific request is made by a Federation for accommodation other than 3 persons per room, the following rates will apply (inclusive of breakfast, lunch, and dinner). The Federation prefers not to offer quad rooms, however, if these are required, the triple rate will be reduced to \$130.00 USD per night per member.

Double occupancy:	\$185.00 USD per person per night.
Single occupancy:	\$300.00 USD per person per night.

- C. Swimming Entry Fee: \$4.00 USD per swimmer per event
D. Swimming Relay Entry Fee: \$7.00 USD per team per event.
E. Water Polo entry fee \$115.00 USD per water polo team.
F. Open Water Entry Fee \$4.00 USD per swimmer.
G. Transportation Fee of \$50.00 USD per delegation member and approved Technical Official for the period of March 28th to April 7th, 2024, inclusive of (arrivals and departures, hotel/ competition venue and return).
H. Time Trial fee \$100.00 USD per race per swimmer
(Time trial must be approved by AQUA)

15. TECHNICAL MEETINGS

The Swimming Technical Meeting will be held on Friday, March 29th, 2024, at 5:00 p.m. at the Games Village with the following agenda:

1. Welcome and Introductions
2. Review of psych sheets and written submission of corrections (Delegation's Representative)
3. Review of scratches received prior to Technical Meeting and Receipt of New Scratches
4. Verification of passports of participants for proof of age and eligibility
5. Description of Games Village
6. Description of Competition Venue/Pool
7. Transportation schedule
8. Confirmation of nominees for the Jury of Appeal
9. Opening/closing ceremonies
10. Any other technical matters

Technical Officials' Meeting immediately following Technical Meeting at 6:30 p.m.

1. Presentation of roster
2. Outline of procedures and procession for competition
3. Brief discussion on swimming technical rules/queries
4. Officials' attire
5. Any other technical matters

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Water Polo Technical Meeting April 3rd at 3:00 p.m., at the Games Village.

1. Welcome and Introductions
2. BREAK OUT MEETINGS FOR EACH DISCIPLINE

Open Water Technical Meeting March 31, 2024, 3:00 p.m. (Games Village)

1. Presentation of roster
2. Outline of procedures and procession for competition
3. OW Swimming technical rules/queries
4. Any other technical matters

Open Water course familiarization trip April 2nd, 2024, transportation will depart the Games Village at 6:45 a.m.

16. PROTESTS

All protests must be submitted to the Referee in writing within 30 minutes after the event in question. It should be signed by the Delegation's Representative and accompanied by \$25.00 USD. The fee is refundable to the leader of the delegation if the protest is upheld.

17. JURY OF APPEAL

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each country shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations should be submitted in writing at the various Technical Meetings.
- C. The Jury of Appeal shall be comprised of 3 disinterested persons drawn from the pool of nominees submitted by each country.

18. SCORING AND AWARDS

Swimming

Points will be awarded as follows:

PLACE	INDIVIDUAL	OPEN WATER	RELAYS
1	9	9	18
2	7	7	14
3	6	6	12
4	5	5	10
5	4	4	8
6	3	3	6
7	2	2	4
8	1	1	2

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- A. Swimming - Medals will be awarded for 1st, 2nd and 3rd place in each event.
- B. Swimming - A high point Trophy will be awarded in each age group (Female & Male).
- C. Participation Ribbons will be presented to all non- medalists competing in Final Events.
- D. Swimming - A Performance Trophy will be awarded in each age group to the swimmers who scores the highest AQUA points in a single event.
- E. Swimming - Medals and trophies will be presented during the evening sessions and at the Closing Ceremony respectively, unless schedule changes are approved by the Meet Director.

NB: There is an overall CARIFTA Swimming Champion based on pool swimming only that will be presented during the closing ceremony.

19. OPENING OF POOL

The pool will be opened 90 minutes before the scheduled start of the Competition Session. The pool will be closed 15 minutes before the start of competition.

20. FLAGS AND ANTHEMS

Each Delegation shall provide:

1. Three (3) flags of their Country no larger than 3 feet by 5 feet.
2. The National Anthem with a time span of no longer than 30 seconds.

21. CEREMONIES

- A. There will be an Opening Ceremony for the CARIFTA Championships (not for each discipline) on March 29, 2024, at 2:00 p.m. This ceremony will include the parade of teams and will be televised live on local television.
- B. There will be a Closing Ceremony at the end of the Water Polo competition to take place at the Betty Kelly-Kenning Aquatic Center on April 6th, 2024. Notwithstanding, final discipline trophies and medals will be presented at the end of each final session for each discipline.

22. TRANSPORTATION

- A. Teams are responsible for arranging their own transportation to and from The Bahamas.
- B. Official delegations and approved technical officials will be met at the Lynden Pindling International Airport (LPIA) and transported to the Games Village.
- C. Only persons who are officially listed as members of the team/delegation, or Technical Officials, will be transported to the Games Village.
- D. Official delegations and approved technical Officials will be transported from the Games Village to the Airport for departure at the end of the Championships.
- E. Official Delegations and approved technical Officials will be transported between the Games Village and the Competition Venue according to a published Transportation Schedule.

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F. There is no paid transportation for supporters and in the event a supporters' transportation package can be arranged by the Organizing Committee, this will be advised subsequent to the issuance of the summons. Supporters will ordinarily not be transferred on Teams' busses.

23. ACCOMMODATION AND MEALS

Lunch and dinner will be provided on day of arrival and breakfast only on day of departure. For all other days, breakfast, lunch and dinner will be provided.

Pool Swimming: Teams arrive March 28th | Depart April 3rd, 2024
Open Water: Teams arrive March 31st | Depart April 4th, 2024
Water Polo: Teams arrive April 7th | Depart April 7th, 2024

24. CONTACT INFORMATION

Algernon Cargill or Georgette Albury
CARIFTA 2024 Organizing Committee
Bahamas Aquatics Federation
Betty Kelly-Kenning Aquatics Center
Queen Elizabeth Sports Center
Nassau, The Bahamas
Tel # (242) 427- 2711
Tel # (242) 457-1920
E-mail: CARIFTA2024@BAHAMASAQUATICS.COM
Website: www.bahamasquaitics.com

25. TECHNICAL OFFICIALS

Federations or individuals may apply to the Organizing Committee to act as Technical Officials. Application forms should be completed by the Technical Official, signed by their Federation's President or Secretary and submitted to the Organizing Committee no later than January 15th, 2024.

Officials who are selected will be notified by Friday, February 2nd, 2024.

Officials who are accepted to officiate at the 2024 CARIFTA Aquatic Championships will be accommodated in the Games Village and will enjoy the accommodation and transportation rates outlined in this summons.

26. UNSPORTSMANLIKE BEHAVIOUR

Article 33 of the Carifta Guidelines shall apply.

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27. SUPPORTERS

The Organizing Committee will be arranging a Supporters' Package which includes transportation, admission and heat sheets. Additional information will be sent at a later date. This information will also be posted on the Bahamas Aquatics Federation website: www.bahamasaquatics.com.

MEET SUMMONS
 XXXVII CARIFTA 2024
 SWIMMING, OPEN WATER SWIMMING AND WATER POLO
 THE BAHAMAS

COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS
Day 1

Session #1: Day 1 | March 30th – Start 9:00 a.m.

Event 1	F 800m Freestyle (slowest heats)	13-14 & 15-17 Timed Final
Event 2	M1500m Freestyle (Slowest heats)	13-14 & 15-17 Timed Final
Event 3/4	F/M 200m Breaststroke	11-12 Prelims
Event 5/6	F/M 200m Breaststroke	13-14 Prelims
Event 7/8	F/M 200m Breaststroke	15-17 Prelims
Event 9/10	F/M 50m Backstroke	11-12 Prelims
Event 11/12	F/M 50m Backstroke	13-14 Prelims
Event 13/14	F/M 50m Backstroke	15-17 Prelims
Event 15/16	F/M 50m Backstroke	18 & Over Prelims
Event 17/18	F/M 100m Butterfly	11-12 Prelims
Event 19/20	F/M 100m Butterfly	13-14 Prelims
Event 21/22	F/M 100m Butterfly	15-17 Prelims
Event 23/24	F/M 100m Butterfly	18 & Over Prelims
Event 25/26	F/M 4x100m Freestyle Relay	11-12 Prelims
Event 27/28	F/M 4x100m Freestyle Relay	13-14 Prelims
Event 29/30	F/M 4x100m Freestyle Relay	15-17 Prelims

Session # 2: Day 1 | March 30th – Start 6:00 p.m.

Opening Ceremony 4:45 PM

Event 1	F 800m Freestyle (fastest heat)	13-14 & 15-17 Timed Final
Event 2	M 1500m Freestyle (fastest heat)	13-14 & 15-17 Timed Final
Event 3/4	F/M 200m Breaststroke	11-12 Finals
Event 5/6	F/M 200m Breaststroke	13-14 Finals
Event 7/8	F/M 200m Breaststroke	15-17 Finals
Event 9/10	F/M 50m Backstroke	11-12 Finals
Event 11/12	F/M 50m Backstroke	13-14 Finals
Event 13/14	F/M 50m Backstroke	15-17 Finals
Event 15/16	F/M 50m Backstroke	18 & Over Finals
Event 17/18	F/M 100m Butterfly	11-12 Finals
Event 19/20	F/M 100m Butterfly	13-14 Finals
Event 21/22	F/M 100m Butterfly	15-17 Finals
Event 23/24	F/M 100m Butterfly	18 & Over Finals
Event 25/26	F/M 4x100m Freestyle Relay	11-12 Finals
Event 27/28	F/M 4x100m Freestyle Relay	13-14 Finals
Event 29/30	F/M 4x100m Freestyle Relay	15-17 Finals

MEET SUMMONS
 XXXVII CARIFTA 2024
 SWIMMING, OPEN WATER SWIMMING AND WATER POLO
 THE BAHAMAS

COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS
Day 2

Session # 3: Day 2 | March 31st - Start 9:00 a.m.

Event 31/32	F/M 200m Freestyle	11-12 Prelims
Event 33/34	F/M 200m Freestyle	13-14 Prelims
Event 35/36	F/M 200m Freestyle	15-17 Prelims
Event 37/38	F/M 50m Butterfly	11-12 Prelims
Event 39/40	F/M 50m Butterfly	13-14 Prelims
Event 41/42	F/M 50m Butterfly	15-17 Prelims
Event 43/44	F/M 50m Butterfly	18 & Over Prelims
Event 45/46	F/M 100m Backstroke	11-12 Prelims
Event 47/48	F/M 100m Backstroke	13-14 Prelims
Event 49/50	F/M 100m Backstroke	15-17 Prelims
Event 51/52	F/M 100m Backstroke	18 & Over Prelims
Event 53/54	F/M 400m IM (slower heats)	11-12 Timed Final
Event 55/56	F/M 400m IM (slower heats)	13-14 Timed Final
Event 57/58	F/M 400m IM (slower heats)	15-17 Timed Final
Event 59/60	F/M 4x100m Medley Relay	11-12 Prelims
Event 61/62	F/M 4x100m Medley Relay	13-14 Prelims
Event 63/64	F/M 4x100m Medley Relay	15-17 Prelims

Session #4: Day 2 | March 31st - Start 6:00 p.m.

Event 31/32	F/M 200m Freestyle	11-12 Finals
Event 33/34	F/M 200m Freestyle	13-14 Finals
Event 35/36	F/M 200m Freestyle	15-17 Finals
Event 37/38	F/M 50m Butterfly	11-12 Finals
Event 39/40	F/M 50m Butterfly	13-14 Finals
Event 41/42	F/M 50m Butterfly	15-17 Finals
Event 43/44	F/M 50m Butterfly	18 & Over Finals
Event 45/46	F/M 100m Backstroke	11-12 Finals
Event 47/48	F/M 100m Backstroke	13-14 Finals
Event 49/50	F/M 100m Backstroke	15-17 Finals
Event 51/52	F/M 100m Backstroke	18 & Over Finals
Event 53/54	F/M 400m IM (fastest heat)	11-12 Timed Final
Event 55/56	F/M 400m IM (fastest heat)	13-14 Timed Final
Event 57/58	F/M 400m IM (fastest heat)	15-17 Timed Final
Event 59/60	F/M 4x100m Medley Relay	11-12 Finals
Event 61/62	F/M 4x100m Medley Relay	13-14 Finals
Event 63/64	F/M 4x100m Medley Relay	15-17 Finals

COMPETITION PROGRAMME - SWIMMING
ORDER OF EVENTS
Day 3

Session #5 – Day 3, April 1st - Start 9:00 AM

Event 65A	F 1500M Freestyle (slowest heat)	13-14 & 15-17 Timed Final
Event 66/67	F/M 200m Individual Medley	11-12 Prelims
Event 68/69	F/M 200m Individual Medley	13-14 Prelims
Event 70/71	F/M 200m Individual Medley	15-17 Prelims
Event 72/73	F/M 50m Breaststroke	11-12 Prelims
Event 74/75	F/M 50m Breaststroke	13-14 Prelims
Event 76/77	F/M 50m Breaststroke	15-17 Prelims
Event 78/79	F/M 50m Breaststroke	18 & Over Prelims
Event 80/81	F/M 100m Freestyle	11-12 Prelims
Event 82/83	F/M 100m Freestyle	13-14 Prelims
Event 84/85	F/M 100m Freestyle	15-17 Prelims
Event 86/87	F/M 100m Freestyle	18 & Over Prelims
Event 88/89	F/M 200m Butterfly	11-12 Prelims
Event 90/91	F/M 200m Butterfly	13-14 Prelims
Event 92/93	F/M 200m Butterfly	15-17 Prelims
Event 94	MIXED 4x100 Freestyle Relay	11-12 Prelims
Event 95/96	F/M 4x200m Freestyle Relay	13-14 Prelims
Event 97/98	F/M 4x200m Freestyle Relay	15-17 Prelims

Session #6- Day 3, April 1st - Start 6:00 PM

Event 65B	F 1500M Freestyle (fastest heat)	13-14 & 15-17 Timed Final
Event 66/67	F/M 200m Individual Medley F/M	11-12 Finals
Event 68/69	200m Individual Medley	13-14 Finals
Event 70/71	F/M 200m Individual Medley	15-17 Finals
Event 72/73	F/M 50m Breaststroke	11-12 Finals
Event 74/75	F/M 50m Breaststroke	13-14 Finals
Event 76/77	F/M 50m Breaststroke	15-17 Finals
Event 78/79	F/M 50m Breaststroke	18 & Over Finals
Event 80/81	F/M 100m Freestyle	11-12 Finals
Event 82/83	F/M 100m Freestyle	13-14 Finals
Event 84/85	F/M 100m Freestyle	15-17 Finals
Event 86/87	F/M 100m Freestyle	18 & Over Finals
Event 88/89	F/M 200m Butterfly	11-12 Finals
Event 90/91	F/M 200m Butterfly	13-14 Finals
Event 92/93	F/M 200m Butterfly	15-17 Finals
Event 94	MIXED 4x100 Freestyle Relay	11-12 Finals
Event 95/96	F/M 4x200m Freestyle Relay	13-14 Finals
Event 97/98	F/M 4x200m Freestyle Relay	15-17 Finals

COMPETITION PROGRAMME-SWIMMING
ORDER OF EVENTS
Day 4

Session #7: Day 4, April 2nd | Start 9:00 AM

Event 99	M 800m Freestyle (slowest heats)	13-14 & 15-17 Timed Final
Event 100/101	F/M 400m Freestyle (slower heats)	11-12 Prelims
Event 102/103	F/M 400m Freestyle (slower heats)	13-14 Prelims
Event 104/105	F/M 400m Freestyle (slower heats)	15-17 Prelims
Event 106/107	F/M 50m Freestyle	11-12 Prelims
Event 108/109	F/M 50m Freestyle	13-14 Prelims
Event 110/111	F/M 50m Freestyle	15-17 Prelims
Event 112/113	F/M 50m Freestyle	18 & Over Prelims
Event 114/115	F/M 100m Breaststroke	11-12 Prelims
Event 116/117	F/M 100m Breaststroke	13-14 Prelims
Event 118/119	F/M 100m Breaststroke	15-17 Prelims
Event 120/121	F/M 100m Breaststroke	18 & Over Prelims
Event 122/123	F/M 200m Backstroke	11-12 Prelims
Event 124/125	F/M 200m Backstroke	13-14 Prelims
Event 126/127	F/M 200m Backstroke	15-17 Prelims
Event 128/129	F/M 4x50m Freestyle Relay	11-12 Prelims
Event 130/131	F/M 4x50m Freestyle Relay	13-14 Prelims
Event 132/133	F/M 4x50m Freestyle Relay	15-17 Prelims

Session #8: Day 4, April 2nd | Start 6:00 PM

Event 99	M 800m Freestyle (fastest heat)	13-14 & 15-17 Timed Final
Event 100/101	F/M 400m Freestyle (fastest heat)	11-12 Finals
Event 102/103	F/M 400m Freestyle (Fastest heat)	13-14 Finals
Event 104/105	F/M 400m Freestyle (fastest heat)	15-17 Finals
Event 106/107	F/M 50m Freestyle	11-12 Finals
Event 108/109	F/M 50m Freestyle	13-14 Finals
Event 110/111	F/M 50m Freestyle	15-17 Finals
Event 112/113	F/M 50m Freestyle	18 & Over Finals
Event 114/115	F/M 100m Breaststroke	11-12 Finals
Event 116/117	F/M 100m Breaststroke	13-14 Finals
Event 118/119	F/M 100m Breaststroke	15-17 Finals
Event 120/121	F/M 100m Breaststroke	18 & Over Finals
Event 122/123	F/M 200m Backstroke	11-12 Finals
Event 124/125	F/M 200m Backstroke	13-14 Finals
Event 126/127	F/M 200m Backstroke	15-17 Finals
Event 128/129	F/M 4x50m Freestyle Relay	11-12 Finals
Event 130/131	F/M 4x50m Freestyle Relay	13-14 Finals
Event 132/133	F/M 4x50m Freestyle Relay	15-17 Finals

CARIFTA 2024 FORMS

Note that only submissions using one of the electronic forms included herein will be accepted by the Local Organizing Committee. Where no forms now exist, the LOC will create a form and advise all.

[Athlete Proof of Time](#)

[Rooming List](#)

[Complete Team List](#)

[Arrival and Departure Forms](#)

[Non- Citizen Competitor](#)

[Jury of Appeal Nomination](#)

[Technical Officer Application](#)

[Preliminary Entry Form](#)

[Media Accreditation Form](#)

[Athlete Scratch Form](#)