



'Y' SPEEDOS SWIM CLUB
2024 KARL DALHOUSE
MEMORIAL INVITATIONAL SWIM MEET
February 2nd – February 4th, 2024

ASAJ SANCTION #: 22401

VENUE: **JAMAICA NATIONAL AQUATIC CENTRE**
Arthur Wint Drive
Kingston, Jamaica

FACILITY: Eight (8) Lane 50M Competition Pool
Eight (8) Lane 25M Warm Down Pool
Colorado Electronic Timing CTS6
Meet Scoring: HY-TEK MEET MANAGEMENT

DATES: Friday, February 2nd – Sunday February 4th, 2024

TIMES: (Pool opens 1 1/2 hours before the start of a session.)
Session 1, Friday Evening: 5:00 pm (warm-up 3:30 pm)
Session 2, Saturday Morning: 8:30 am (warm-up 7:00 am)
Session 3, Saturday Afternoon: 3:30 pm (warm-up 2:00 pm)
Session 4, Sunday Morning: 9:00 am (warm-up 7:30 am)

ELIGIBILITY: Local clubs and swimmers registered with the ASAJ as well as overseas teams and swimmers, with a sanction letter from their respective swimming organizations/federations.
Age Group ages for the meet shall be as at midnight, February 1st, 2024.
Masters must be 25 years and over as of February 1st, 2024.

ASAJ REGISTRATION: Swimmers must be registered with the ASAJ no later than **4.00 pm FRIDAY, JANUARY 12th, 2024.**

INDIVIDUAL ENTRIES: Number of events per swimmer: no limit
Number of entries per event per club: no limit, **except for:**

10 & Under 100 M and above: max four entries per club. Swimmers must have achieved a 10 & under **B standard** or better for the event (or its equivalent in the next shorter distance) during the 12 months preceding the meet. (I.e., B standard in 50M to qualify for 100M, B standard in 100M to qualify for 200M).

11 & over 200 M events: max four entries per club per age group: 11-12, 13-14, and 15 & over. Swimmers must have achieved a **B standard** or better for the event (or its equivalent in the 100M) for their age group during the 12 months preceding the meet. (15-16 standards will apply to swimmers 15 & over).

OPEN Events: must be 11 & Over, max four entries per club, the swimmer must have achieved **B standard** or better for the event (or its equivalent in the next shorter distance) for their age group. (I.e. B-standard in 200M to qualify for 400M, B-standard in 400M to qualify for 800/1500M). **Max 2 Heats.**

Times submitted will be checked against the Hytek database.
'Y' Speedos will publish a list of local qualifying swimmers for the above events. Foreign swimmers must provide proof of time.



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- RELAY ENTRIES:** Number of relays per club: 3 per event (except the host), but only 2 will score points. Mixed Relays to contain: (2) female and (2) male swimmers. Relay-only swimmers **MUST** be declared on the entry.
- The Meet Director reserves the right to change meet warm-up, start times, or drop/move events, and add breaks in order to hold an efficient meet.
- ALL EVENTS ARE TIMED FINALS**
- ENTRY FEES:** JMD 800 / USD 8.00 per swimmer per event
JMD 1200 / USD 12.00 per team per relay
JMD 1000 / USD 10.00 surcharge per swimmer
Please pay all fees via direct transfer to: 'Y' Speedos Swim Club.
Account details: Sagicor Bank, Dominica Drive, Chequing Account #5500994705
Entry fees must be paid in full before the meet; failure to pay on time may result in exclusion from Meet.
- ENTRY DEADLINE:** **5.00 pm FRIDAY, JANUARY 19th, 2024**
Entries (in HYTEK format) must be emailed to: yspeedos@gmail.com
- ENTRY FORMS:** Seed times are preferred for each entry. The entry will be classified as NT if no seed time is submitted.
- POSITIVE CHECK-IN** A positive check-in will apply to all events 400m and over, 45 minutes before the session starts. Swimmers who miss their event after they have checked in must pay a penalty of J\$700/ USD 7.00 before they will be allowed to swim their next event.
- RULES:** WA RULES and ASAJ By-Laws in force at the time of competition will apply unless otherwise stated. Competitors will only be allowed to swim in their age-group i.e. 8&U, 9-10, 11-12, 13 & over, OPEN etc.
- EXHIBITION:** Time trials are at the Meet Referee's discretion; deck entries will be allowed if space is available. Both will be at JMD 1500/ USD 15.00 per entry. Neither will score points.
- MARSHALLING:** There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
Coaches are responsible for getting their swimmers to the starting block. Any swimmer swimming in the wrong heat and/or lane will be disqualified. No swimmer may enter the race once the starter has taken control.
- RELAY CARDS:** Relay cards are in duplicate. The original must be handed to the Recorder thirty (30) minutes BEFORE the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named in the order of swimming on the card. Any change may be made up to FOUR (4) events prior to the scheduled event number, after that on presentation of a medical certificate.



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- PROTESTS:** All protests to the referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach, and accompanied by JMD 1,500 or USD 15.00 Protest Fee. If the protest is upheld, the fee will be returned to the Club.
- JURY OF APPEAL:** There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest. Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries. The Jury of Appeal shall comprise 3 persons drawn from the pool of nominees submitted by participating Clubs.
- SCORING:** Individual Events score 9,7,6,5,4,3,2 and 1 point for places 1 through 8. Relays score 18, 14, 12, 10, 8, 6, 4 and 2 points for places 1 through 8. **Points will be awarded to the top two finishers from each club only.**
- Swimmers aged 11 & over and 13 & over will swim together but score according to the following age groups: 11-12, 13-14, 15 & over. There will be a separate division for Masters, who will score points in their age group bands i.e. 25-34, 35-44, 45-54, 55-64, and 65-74.
- AWARDS:** The KD Trophy will be awarded to the winning club in the age group division. The KD Masters Trophy will be awarded to the winning Masters Team. The Matthew Hylton Trophy will be awarded to the winner of the Boys 13-14, 200M Breaststroke. The Sarah Newland Martin Trophy will be awarded to the winner of the Girls 15-17, 100M Breaststroke.
- PROGRAMMES:** Will be sold at the gate.
- CONCESSIONS:** Snacks, fruit, meals, and drinks on sale throughout the meet.
- OFFICIALS:** Referees and Starters on the WA Swimming Lists no. 21 & 22 *as well as PANAM current officials* will work each session.
- ACCOMMODATION:** Options for competitors from overseas are available upon request.

For any additional information please contact:

Dr. Brian James (Meet Director) or Mr. Omar Kennedy (Assistant Meet Director)

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ORDER OF EVENTS

Session 1 Friday, February 2nd, 2024 5:00 pm

1	2	F/M	10&U	200 Freestyle Relay
3		F	OPEN	800m Freestyle
	4	M	OPEN	1500m Freestyle
5	6	F/M	10&U	100m Freestyle
7	8	F/M	11 & over	100m Breaststroke
9	10	F/M	8&U	50m Butterfly
11	12	F/M	9-10	50m Butterfly
13	14	F/M	11 & over	50m Freestyle

Session 3 Saturday, February 3rd, 2024 3:30 pm

33	34	F/M	10&U	200m Freestyle
35	36	F/M	OPEN	400m Freestyle
37	38	F/M	11 & over	100m Backstroke
39	40	F/M	25-99	50m Backstroke
41	42	F/M	8&U	50m Backstroke
43	44	F/M	9-10	50m Backstroke
45	46	F/M	OPEN	200m Butterfly
47	48	F/M	25-99	50m Butterfly
49	50	F/M	10&U	100m Butterfly
51	52	F/M	11 & over	200m Freestyle
53		Mix	25-99	200m Freestyle Relay

Session 2 Saturday, February 3rd, 2024 8:30 am

15	16	F/M	10&U	100m Backstroke
17	18	F/M	11 & over	200m Backstroke
19	20	F/M	8&U	50m Freestyle
21	22	F/M	9-10	50m Freestyle
23	24	F/M	11 & over	100m Freestyle
25	26	F/M	10&U	200m Indiv Medley
27	28	F/M	11 & over	200m Indiv Medley
29		Mix	8&U	200m Freestyle Relay
30		Mix	9-10	200m Freestyle Relay
31		Mix	11-12	200m Freestyle Relay
32		Mix	13 & over	200m Freestyle Relay

Session 4 Sunday, February 4th, 2024 9:00 am

54		Mix	25-99	200m Medley Relay
55	56	F/M	OPEN	400m IM
57	58	F/M	10&U	100m Breaststroke
59	60	F/M	11 & over	200m Breaststroke
61	62	F/M	25-99	50m Breaststroke
63	64	F/M	8&U	50m Breaststroke
65	66	F/M	9-10	50m Breaststroke
67	68	F/M	11 & over	100m Butterfly
69	70	F/M	25-99	50m Freestyle
71		Mix	8&U	200m Medley Relay
72		Mix	9-10	200m Medley Relay
73		Mix	11-12	200m Medley Relay
74		Mix	13 & over	200m Medley Relay