

**2024 Walter Rogers Age Group National Championship**  
**National Aquatic Centre, Kingston Jamaica**  
**February 13, 15 – 18, 2024**

**ASAJ Sanction #: 22404**

**Venue:** National Aquatic Center: 8 Lane Competition Pool (with 25m Warm Up Pool)  
Colorado Electronic Timing System (CTS6): pads with back-up buttons

<b>Date and Times:</b>	Tuesday	February 13	5.30 pm
	Thursday	February 15	8:30 am & 5:00 pm
	Friday	February 16	8:30 am & 5:00 pm
	Saturday	February 17	8.30 am & 5:00 pm
	Sunday	February 18	8:30 am & 5:00 pm

Pool will be opened 90 minutes before the start of each session.

**Eligibility:** All Clubs and Swimmers, in good standing, registered with the ASAJ or other World Aquatics affiliated Federations.  
Age Group ages for the meet shall be as of midnight **December 31, 2023**  
**Minimum Age of Entry for 10 and Under events: 7 years old.**

Masters ages shall be as of **December 31, 2024**

**Registration:** **The ASAJ register closes at 4 pm January 23, 2024.**

**Entry Fees:** J\$500/US\$5.00 per swimmer per individual event. Relays are J\$1000/US\$10.00 per relay event. Time trials and deck entries are \$1,200/US\$12.00 per individual event and \$1,200/US\$12 per relay team.

**Entry fees are to be paid by February 6, 2024 by 4:00pm.** (This will be strictly enforced. There will be no late fees. Clubs/swimmers who do not adhere to this will not be allowed to participate).

There will be positive check in for all events 400 M and above, 15 minutes before the start of each session. Failure to show after positive check in, the swimmer will either miss their next event or pay a fee of \$1,000. There will be no refund for swimmers who scratch any event.

**Surcharge:** J\$700/US\$7.00 per swimmer

**Entry Limits:** Number of events per swimmer - No limit  
Number of entries per Club - No limit  
Number of relay teams per Club – 3 per event

There will be a strict adherence to the time limits of each session. The Meet director reserves the right to change meet warm-up, start times, or drop/move events, add breaks in order to hold an efficient meet.

**Entry Deadline:** ENTRIES SHOULD BE SUBMITTED VIA HY-TEK SOFTWARE to [aquaticsja@gmail.com](mailto:aquaticsja@gmail.com) by **11:59 pm on Tuesday, January 30, 2024.**

NO late entries will be accepted.

Date of birth for each swimmer must be included in the entry file.

**Rules:** World Aquatics Rules and ASAJ By-Laws in force at the time of the competition will apply. See additional Rules and Regulations

**Additional Rules:** Competitors will only be allowed to swim in their age group. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition.

Deck entries and time trials will be allowed at the discretion of the meet director. Swim times will be included in the final results but will not score points

During the Preliminary events, scratches are allowed at any time. There is NO refund of the entry fee.

For Finals, scratches must be presented thirty (30) minutes prior to the start of the finals. Failure to comply will result in the following penalty: A fine of JA\$1000 or US\$10.00 is to be paid immediately. The Swimmer will be denied further participation in the Championships if the fine is not paid. Any claim of illness must be supported by medical verification.

The eight (8) fastest times in the Preliminaries will qualify for the Finals. The 9<sup>th</sup> and 10<sup>th</sup> fastest swimmer in each Preliminary event will be designated as alternates

Any event containing eight (8) or fewer entrants will automatically be swum as a Final.

Masters Records will be credited according to the AQUA Masters Age Groups.

Substitutions will NOT be allowed.

**For all 11&Over Events 200 metres and above, swimmers MUST have achieved a minimum time standard of “BB” times for the particular event in their respective age groups. The entries must show proof of the meet at which the times were achieved. NT entries will not be allowed. In the case of 10&Under events, this minimum will be waived.**

Participating Clubs are responsible for providing a Counter for the 800 metre and 1500 metre events for each swimmer.

**Officials:** Referees and Starters on the World Aquatics Swimming Lists no. 21 & 22 and PAQ List no. 5 will officiate at each session.

**Volunteers:** One (1) Timekeeper per Club per session. The names of timekeepers must be submitted along with entries.

**Marshalling:** There will be a Marshalling Area for individual event Finals only which will be for 11- 12, 13 – 14 & 15 & Over Events Only. Swimmers in the finals must report to the Marshalling Area at least 3 events prior to their race. Where swimmers are unable to present themselves 3 events before because they are competing in another event, they must get permission (from the Marshal) at the start of the meet session to be late to the Marshalling Area for a specific event.

For all other events, including timed finals and relays, there will be no marshalling where the following will be applicable:

There will be no Marshalling Area for the timed finals. The next heat must be behind the blocks while the current heat is in progress.

The coaches are responsible to get their swimmers to the starting block.

It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified. Once the swimmers are under the starter's orders and they have taken control of the race (after the second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

**Scoring & Awards:** 1. Points for each event will be awarded as follows:

Place	1st	2nd	3rd	4th	5th	6th	7th	8th
50/100m	9	7	6	5	4	3	2	1
200m and up	13	10	8	7	5	4	3	2
Relays	18	14	12	10	8	6	4	2

11 and Over events will be scored according to the age groups 11-12, 13-14 & 15 and Over.

2. Medals will be awarded to the first three places in all events.

3. Only two (2) relay teams per Club in the top eight of each relay event will score points.

4. Age Group Team Awards - there will be a Championship Trophy for the winning team in the Age Group Division.

5. Individual Awards - there will be a Trophy for the Jamaican male and female swimmer with the most individual points for each age Group.

6. Masters will compete in the 15 & Over events, but they will be scored in a separate Masters division and in 10-year age groups: 25-34, 35-44 etc. **Masters points will not contribute to the overall team scores.**

7. Masters Team Award – there will be a Trophy for the winning club in the Masters Division.

## **Relay Cards**

Relay cards are in duplicate. The original must be handed to the Recorder thirty (30) minutes BEFORE the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named in the order of swimming on the card. Any change may be made up to Three (3) events prior to the scheduled event number, after that on presentation of a medical certificate.

Mixed Relay Teams must comprise 2 Girls and 2 Boys from the same Age Group

**Protests:** All protests to the referee’s decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach and accompanied by J\$1,500 or US\$15.00 Protest Fee. If the protest is upheld the fee will be returned to the Club.

**Jury of Appeal:** There shall be a Jury of Appeal to adjudicate all appeals against a Referee’s rejection of a protest.

Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries. Nominees shall be members of the ASAJ Council or Swimming Committees.

**Pre-competition Warm-up Rules:**

In the 50m pool, in the interest of the swimmers safety, the rules outlined below will be observed during warm-up prior to the start of each session. There shall be NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES, entry to these lanes is to be feet first, from a sitting position. A Safety Marshal will ensure compliance.

START/FINISH END (NORTH)							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
15m Dive Sprint Only	25m Dive Sprint Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	Turn Practice Only
Turn Practice Only	Turn Practice Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	25m Dive Sprint Only
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TURN END (SOUTH)							

In the 25m pool all lanes will be circle swimming, with feet first entry from a sitting position at all times.

## PROGRAMME FOR 2024 AGE GROUP CHAMPIONSHIPS

### **TUESDAY, FEBRUARY 13**

**5:30 p.m.**

Event 1	F	800	M	Freestyle	OPEN	Timed Finals
Event 2	M	800	M	Freestyle	OPEN	Timed Finals

### **THURSDAY, FEBRUARY 15**

**8:30 a.m.**

Event 3/4	F/M	200	M	Breaststroke	11-12	Prelims
Event 5/6	F/M	200	M	Breaststroke	13-14	Prelims
Event 7/8	F/M	200	M	Breaststroke	15 & Over	Prelims
Event 11/12	F/M	50	M	Backstroke	11-12	Prelims
Event 13/14	F/M	50	M	Backstroke	13-14	Prelims
Event 15/16	F/M	50	M	Backstroke	15 & Over	Prelims
Event 152/153	Mixed SLOW HEATS	1500	M	Freestyle	OPEN	Timed Finals
Event 19/20	F/M	100	M	Butterfly	11-12	Prelims
Event 21/22	F/M	100	M	Butterfly	13-14	Prelims
Event 23/24	F/M	100	M	Butterfly	15 & Over	Prelims

### **THURSDAY, FEBRUARY 15**

**5:00 p.m.**

Event 3/4	F/M	200	M	Breaststroke	11-12	Finals
Event 5/6	F/M	200	M	Breaststroke	13-14	Finals
Event 7/8	F/M	200	M	Breaststroke	15 & Over	Finals
Event 9/10	F/M	50	M	Backstroke	8 & Under	Timed Finals
Event 11/12	F/M	50	M	Backstroke	11-12	Finals
Event 13/14	F/M	50	M	Backstroke	13-14	Finals
Event 15/16	F/M	50	M	Backstroke	15 & Over	Finals
Event 17/18	F/M	50	M	Backstroke	9-10	Timed Finals
Event 152/153	Mixed FAST HEATS	1500	M	Freestyle	OPEN	Timed Finals
Event 19/20	F/M	100	M	Butterfly	11-12	Finals
Event 21/22	F/M	100	M	Butterfly	13-14	Finals
Event 23/24	F/M	100	M	Butterfly	15 & Over	Finals
Event 154/155	F/M	100	M	Butterfly	10&Under	Timed Finals
Event 25/26	F/M	4x100	M	Free Relay	11-12	Timed Finals
Event 27/28	F/M	4x100	M	Free Relay	13-14	Timed Finals
Event 29/30	F/M	4x100	M	Free Relay	15 & Over	Timed Finals

**FRIDAY, FEBRUARY 16****8:30 a.m.**

Event 31 /32	F/M	200	M	Freestyle	11-12	Prelims
Event 33 /34	F/M	200	M	Freestyle	13-14	Prelims
Event 35 /36	F/M	200	M	Freestyle	15 & Over	Prelims
Event 41 /42	F/M	50	M	Butterfly	11-12	Prelims
Event 43 /44	F/M	50	M	Butterfly	13-14	Prelims
Event 45 /46	F/M	50	M	Butterfly	15 & Over	Prelims
Event 51 /52	F/M	100	M	Backstroke	11-12	Prelims
Event 53 /54	F/M	100	M	Backstroke	13-14	Prelims
Event 55 /56	F/M	100	M	Backstroke	15 & Over	Prelims
Event 57 /58	F/M	400	M	IM	11-12	Timed Finals
Event 59 /60	F/M	400	M	IM	13-14	Timed Finals
Event 61 /62	F/M	400	M	IM	15 & Over	Timed Finals

**FRIDAY, FEBRUARY 16****5:00 p.m.**

Event 31 /32	F/M	200	M	Freestyle	11-12	Finals
Event 33 /34	F/M	200	M	Freestyle	13-14	Finals
Event 35 /36	F/M	200	M	Freestyle	15 & Over	Finals
Event 37 /38	F/M	50	M	Butterfly	8 & Under	Timed Finals
Event 39 /40	F/M	50	M	Butterfly	9-10	Timed Finals
Event 41 /42	F/M	50	M	Butterfly	11-12	Finals
Event 43 /44	F/M	50	M	Butterfly	13-14	Finals
Event 45 /46	F/M	50	M	Butterfly	15 & Over	Finals
Event 47 /48	F/M	200	M	IM	10 & Under	Timed Finals
Event 49 /50	F/M	100	M	Backstroke	11-12	Finals
Event 51 /52	F/M	100	M	Backstroke	13-14	Finals
Event 53 /54	F/M	100	M	Backstroke	15 & Over	Finals
Event 55/56	F/M	100	M	Backstroke	10 & Under	Timed Finals
Event 63 /64	F/M	4x100	M	Medley Relay	11-12	Timed Finals
Event 65 /66	F/M	4x100	M	Medley Relay	13-14	Timed Finals
Event 67 /68	F/M	4x100	M	Medley Relay	15 & Over	Timed Finals

**SATURDAY, FEBRUARY 17****8:30 a.m.**

Event 69/70	F/M	200	M	IM	11-12	Prelims
Event 71/72	F/M	200	M	IM	13-14	Prelims
Event 73/74	F/M	200	M	IM	15 & Over	Prelims
Event 77/78	F/M	50	M	Breaststroke	11-12	Prelims
Event 79/80	F/M	50	M	Breaststroke	13-14	Prelims
Event 81/82	F/M	50	M	Breaststroke	15 & Over	Prelims
Event 85/86	F/M	100	M	Freestyle	11-12	Prelims
Event 87/88	F/M	100	M	Freestyle	13-14	Prelims
Event 89/90	F/M	100	M	Freestyle	15 & Over	Prelims
Event 95/96	F/M	200	M	Butterfly	11-12	Prelims
Event 97/98	F/M	200	M	Butterfly	13-14	Prelims
Event 99/100	F/M	200	M	Butterfly	15 & Over	Prelims

**SATURDAY, FEBRUARY 17****5:00 p.m.**

Event 69/70	F/M	200	M	IM	11-12	Finals
Event 71/72	F/M	200	M	IM	13-14	Finals
Event 73/74	F/M	200	M	IM	15 & Over	Finals
Event 75/76	F/M	50	M	Breaststroke	8 & Under	Timed Finals
Event 77/78	F/M	50	M	Breaststroke	11-12	Finals
Event 79/80	F/M	50	M	Breaststroke	13-14	Finals
Event 81/82	F/M	50	M	Breaststroke	15 & Over	Finals
Event 83/84	F/M	50	M	Breaststroke	9-10	Timed Finals
Event 85/86	F/M	100	M	Freestyle	11-12	Finals
Event 87/88	F/M	100	M	Freestyle	13-14	Finals
Event 89/90	F/M	100	M	Freestyle	15 & Over	Finals
Event 91/92	F/M	100	M	Freestyle	8 & Under	Timed Finals
Event 93/94	F/M	100	M	Freestyle	9-10	Timed Finals
Event 95/96	F/M	200	M	Butterfly	11-12	Finals
Event 97/98	F/M	200	M	Butterfly	13-14	Finals
Event 99/100	F/M	200	M	Butterfly	15 & Over	Finals
Event 101/102	F/M	4x50	M	Medley Relay	8 & Under	Timed Finals
Event 103/104	F/M	4x50	M	Medley Relay	9-10	Timed Finals
Event 105/106	F/M	4x50	M	Free Relay	11-12	Timed Finals
Event 107/108	F/M	4x200	M	Free Relay	13-14	Timed Finals
Event 109/110	F/M	4x200	M	Free Relay	15 & Over	Timed Finals





### SUNDAY, FEBRUARY 18

**8:30 a.m.**

Event 156/157	F/M	400	M	Freestyle	10&Under	Timed Finals
Event 111/112	F/M	400	M	Freestyle	11-12	Timed Finals
Event 113/114	F/M	400	M	Freestyle	13-14	Timed Finals
Event 115/116	F/M	400	M	Freestyle	15 & Over	Timed Finals
Event 121/122	F/M	50	M	Freestyle	11-12	Prelims
Event 123/124	F/M	50	M	Freestyle	13-14	Prelims
Event 125/126	F/M	50	M	Freestyle	15 & Over	Prelims
Event 129/130	F/M	100	M	Breaststroke	11-12	Prelims
Event 131/132	F/M	100	M	Breaststroke	13-14	Prelims
Event 133/134	F/M	100	M	Breaststroke	15 & Over	Prelims
Event 137/138	F/M	200	M	Backstroke	11-12	Prelims
Event 139/140	F/M	200	M	Backstroke	13-14	Prelims
Event 141/142	F/M	200	M	Backstroke	15 & Over	Prelims

### SUNDAY, FEBRUARY 18

**5:00 p.m.**

Event 117/118	F/M	200	M	Freestyle	10 & Under	Timed Finals
Event 121/122	F/M	50	M	Freestyle	11-12	Finals
Event 123/124	F/M	50	M	Freestyle	13-14	Finals
Event 125/126	F/M	50	M	Freestyle	15 & Over	Finals
Event 127/128	F/M	50	M	Freestyle	8 & Under	Timed Finals
Event 119/120	F/M	50	M	Freestyle	9-10	Timed Finals
Event 129/130	F/M	100	M	Breaststroke	11-12	Finals
Event 131/132	F/M	100	M	Breaststroke	13-14	Finals
Event 133/134	F/M	100	M	Breaststroke	15 & Over	Finals
Event 135/136	F/M	100	M	Breaststroke	10 & Under	Timed Finals
Event 137/138	F/M	200	M	Backstroke	11-12	Finals
Event 139/140	F/M	200	M	Backstroke	13-14	Finals
Event 141/142	F/M	200	M	Backstroke	15 & Over	Finals
Event 143/144	F/M	4x50	M	Free Relay	8 & Under	Timed Finals
Event 145/146	F/M	4x50	M	Free Relay	9-10	Timed Finals
Event 147/148	F/M	4x50	M	Free Relay	13-14	Timed Finals
Event 149/150	F/M	4x50	M	Free Relay	15 & Over	Timed Finals
Event 151	Mixed	4x100	M	Free Relay	11-12	Timed Finals