



ASAJ Christmas Open
National Aquatic Centre, Kingston Jamaica
December 20 – 23, 2025

ASAJ Sanction #: 22514

Venue: National Aquatic Center: 8 Lane Competition Pool (with 25m Warm Up Pool)
Colorado Electronic Timing System (CTS6): pads with back-up buttons

Date and Times:

Saturday	December 20	9:00 a.m & 5:00 p.m
Sunday	December 21	9:00 a.m & 5:00 p.m
Monday	December 22	9:00 a.m & 5:00 p.m.
Tuesday	December 23	9:00 a.m & 5:00 p.m

Pool will be opened 90 minutes before the start of each session.

Eligibility: All Clubs and Swimmers, in good standing, registered with the ASAJ or other World Aquatics affiliated Federations.

Registration: **The ASAJ register closes at 4:00 pm on Friday, November 28, 2025.**
Age groups according to the swimmer's age as at **December 31st, 2024.**
Masters ages as at **December 31st, 2025.**

Entry Fees: N.B. ENTRIES SHOULD BE SUBMITTED VIA HY-TEK SOFTWARE ALONG WITH INDIVIDUAL MEET ENTRIES REPORT WITH RELAYS

J\$600/US\$6.00 per swimmer per individual event and J\$1,200/US\$12.00 per relay.
Time Trial/Deck Entry: J\$1,500/US\$15.00 per swimmer per individual event and J\$2,000/US\$20 per relay team.

Swimmers entered in relays but not previously entered in the Meet, must pay the deck entry fee of J\$2,000/US\$20.00 per relay.

Entry fees are to be paid by December 12, 2025 by 4:00pm. (This will be strictly enforced. There will be no late fees. Clubs/swimmers who do not adhere to this will not be allowed to participate).

Surcharge: J\$1,000/US\$10.00 per swimmer

Entry Limits: Number of events per swimmer: No limit
Number of relay teams per Club: 2 per event

The Meet Director reserves the right to change meet warm-up, start times, or drop/move events, add breaks in order to hold an efficient meet



Entry Deadline: Entries are to be submitted **December 5, 2025 by 11:59 pm**. Entries are to be submitted to asajswimmeets@gmail.com and copied to aquaticsja@gmail.com

No late entries will be accepted.

Date of birth for each swimmer must be included in the entry file.

Rules: World Aquatics Rules and ASAJ By-Laws in force at the time of the competition will apply.

Programme: The 50, 100 and 200 M individual 11-12, 13 -14 and 15 & Over events will be swum as heats and finals. Prelim events with 8 or fewer competitors on the blocks will go straight to finals.
The 400, 800 and 1,500 M events will be swum as timed finals with the fastest heat in the evening session and the slower heats in the morning.

Additional Rules:

1. The Start: AQUA swimming rules 4.1, 4.2, 4.3, 4.4 and AQUA masters rules 3.3.2.1, 3.3.2.2, 3.3.2.3 shall apply
2. Competitors will only be allowed to swim in their age group. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition.
3. Minimum age for OPEN events: 11 years old. Swimmers in the 11 – 12 age group will only be allowed to swim in an OPEN event if that event is not offered for their age group.
4. There will be positive check forty-five (45) minutes before the start of session for all events 400M and above. Failure to show after positive check-in, the swimmer will either miss his/her next event or pay a fee of \$1,500/US\$15.
5. 8&U, 9-10 and 10&U events are all timed finals.
6. Relays will be swum as timed finals at the end of the evening sessions.
7. Time Trials and Deck entries will be allowed at the discretion of the Meet Director. Time trials will be allowed at the end of morning sessions only. Swim times will be included in the final results but will not score points nor be eligible for awards.
8. Scratches are allowed at any time. There will be no refund for swimmers who scratch any event
9. Substitutions will NOT be allowed. Offending swimmers will be disqualified from the competition.
10. Participating Clubs are responsible for providing a counter for the 800m and 1500m events
11. Relay cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the lane time keeper at the beginning of the event. Any change must be made no later than four (4) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with AQUA rules.

Officials: Referees and Starters on the current World Aquatics Swimming and PAQ Lists will officiate at each session.



- Marshalling:** There will be no Marshalling Area for the heats (morning sessions). The next heat must be behind the blocks while the current heat is in progress.
The coaches are responsible to get their swimmers to the starting block.
It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified. Once the swimmers are under the starter's orders and they have taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.
- The finals (evening sessions) will be marshalled.
- Protests** All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of a disqualification, signed by the Team Manager or Head Coach and accompanied by J\$5,000/ US\$50.00 Protest Fee. If the protest is upheld the fee will be returned to the Club.
- Jury of Appeal** There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries. Nominees shall be members of the ASAJ Council or Swimming Committees.
- Awards and Points:**
1. Points will be awarded to the Finalists follows:
9, 7, 6, 5, 4, 3, 2, 1 (INDIVIDUAL EVENTS)
18, 14, 12, 10, 8, 6, 4, 2 (RELAYS)
 2. MEDALS will be awarded to the three fastest swimmers in each Final
 3. A trophy will be awarded to the 1st place club.
 4. A performance trophy will be awarded to the male and female swimmer in the 11-12, 13 – 14 and 15 and Over age group category who attain the highest AQUA Points ranking in a single event.
 5. A performance trophy will be awarded to any swimmer who attains at least ONE 15-16 100M+ AAAA time.
 6. Masters will be scored in a separate Masters division and in 10-year age groups: 25-34, 35-44 etc. **Masters points will not contribute to the overall team scores.**
 7. Masters Team Award – there will be a Trophy for the winning club in the Masters Division.



ASAJ Christmas Open
National Aquatic Centre, Kingston Jamaica
December 20 – 23, 2025

Order of Events

SATURDAY AM

9:00am

1		800m	Freestyle (slow heats)	TF	F	OPEN
2		1500m	Freestyle (slow heats)	TF	M	OPEN
3	4	100m	Freestyle	TF	F/M	8&U
5	6	200m	Breaststroke	H	F/M	11-12
7	8	200m	Breaststroke	H	F/M	13-14
9	10	200m	Breaststroke	H	F/M	15 & OVER
11	12	100m	Freestyle	TF	F/M	9-10
13	14	50m	Backstroke	H	F/M	11-12
15	16	50m	Backstroke	H	F/M	13-14
17	18	50m	Backstroke	H	F/M	15 & OVER
19	20	200m	Backstroke	TF	F/M	10&U
21	22	100m	Butterfly	H	F/M	11-12
23	24	100m	Butterfly	H	F/M	13-14
25	26	100m	Butterfly	H	F/M	15 & OVER

SATURDAY PM

5:00p.m

1		800m	Freestyle (fastest heat)	TF	F	OPEN
2		1500m	Freestyle (fastest heat)	TF	M	OPEN
27	28	100m	Freestyle	TF	F/M	Masters
5	6	200m	Breaststroke	F	F/M	11-12
7	8	200m	Breaststroke	F	F/M	13-14
9	10	200m	Breaststroke	F	F/M	15 & OVER

MEDAL PRESENTATION

29	30	50m	Backstroke	TF	F/M	8&U
13	14	50m	Backstroke	F	F/M	11-12
15	16	50m	Backstroke	F	F/M	13-14
17	18	50m	Backstroke	F	F/M	15 & OVER
31	32	50m	Backstroke	TF	F/M	9-10
21	22	100m	Butterfly	F	F/M	11-12
23	24	100m	Butterfly	F	F/M	13-14
25	26	100m	Butterfly	F	F/M	15 & OVER

MEDAL PRESENTATION

33	34	50m	Backstroke	TF	F/M	Masters
35	36	400m	Freestyle Relay	TF	F/M	10&U
37	38	400m	Freestyle Relay	TF	F/M	11-12



39	40	400m	Freestyle Relay	TF	F/M	OPEN
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SUNDAY AM

9:00am

41	42	200m	Freestyle	H	F/M	11-12
43	44	200m	Freestyle	H	F/M	13-14
45	46	200m	Freestyle	H	F/M	15 & OVER
47	48	100m	Butterfly	TF	F/M	8&U
49	50	50m	Butterfly	H	F/M	11-12
51	52	50m	Butterfly	H	F/M	13-14
53	54	50m	Butterfly	H	F/M	15 & OVER
55	56	100m	Butterfly	TF	F/M	9-10
57	58	100m	Backstroke	H	F/M	11-12
59	60	100m	Backstroke	H	F/M	13-14
61	62	100m	Backstroke	H	F/M	15 & OVER
63	64	200m	Freestyle	TF	F/M	10&U
65	66	400m	I.M. (slow heats)	TF	F/M	OPEN

SUNDAY PM

5:00p.m

41	42	200m	Freestyle	F	F/M	11-12
43	44	200m	Freestyle	F	F/M	13-14
45	46	200m	Freestyle	F	F/M	15 & OVER
67	68	100m	Butterfly	TF	F/M	Masters
49	50	50m	Butterfly	F	F/M	11-12
51	52	50m	Butterfly	F	F/M	13-14
53	54	50m	Butterfly	F	F/M	15 & OVER

MEDAL PRESENTATION

69	70	50m	Breaststroke	TF	F/M	8&U
57	58	100m	Backstroke	F	F/M	11-12
59	60	100m	Backstroke	F	F/M	13-14
61	62	100m	Backstroke	F	F/M	15 & OVER
71	72	50m	Breaststroke	TF	F/M	9-10
65	66	400m	I.M. (fastest heat)	TF	F/M	OPEN
73	74	50m	Breaststroke	TF	F/M	Masters

MEDAL PRESENTATION

75	76	200m	Medley Relay	TF	F/M	10&U
77	78	400m	Medley Relay	TF	F/M	11-12
79	80	400m	Medley Relay	TF	F/M	OPEN

MONDAY AM

9:00am

81	82	200m	I.M.	H	F/M	11-12
83	84	200m	I.M.	H	F/M	13-14
85	86	200m	I.M.	H	F/M	15 & OVER



87	88	100m	Breaststroke	TF	F/M	8&U
89	90	50m	Breaststroke	H	F/M	11-12
91	92	50m	Breaststroke	H	F/M	13-14
93	94	50m	Breaststroke	H	F/M	15 & Over
95	96	100m	Breaststroke	TF	F/M	9-10
97	98	100m	Freestyle	H	F/M	11-12
99	100	100m	Freestyle	H	F/M	13-14
101	102	100m	Freestyle	H	F/M	15 & OVER
103	104	200m	Butterfly	TF	F/M	10&U
105	106	200m	Butterfly	H	F/M	11-12
107	108	200m	Butterfly	H	F/M	13-14
109	110	200m	Butterfly	H	F/M	15 & OVER

MONDAY PM

5:00p.m

81	82	200m	I.M.	F	F/M	11-12
83	84	200m	I.M.	F	F/M	13-14
85	86	200m	I.M.	F	F/M	15 & OVER
111	112	100m	Breaststroke	TF	F/M	Masters
89	90	50m	Breaststroke	F	F/M	11-12
91	92	50m	Breaststroke	F	F/M	13-14
93	94	50m	Breaststroke	F	F/M	15 & OVER
113	114	50m	Freestyle	TF	F/M	8&U

MEDAL PRESENTATION

97	98	100m	Freestyle	F	F/M	11-12
99	100	100m	Freestyle	F	F/M	13-14
101	102	100m	Freestyle	F	F/M	15 & OVER
115	116	50m	Freestyle	TF	F/M	9-10
105	106	200m	Butterfly	F	F/M	11-12
107	108	200m	Butterfly	F	F/M	13-14
109	110	200m	Butterfly	F	F/M	15 & OVER
117	118	50m	Freestyle	TF	F/M	Masters

MEDAL PRESENTATION

119	120	800m	Freestyle Relay	TF	F/M	11-12
121	122	800m	Freestyle Relay	TF	F/M	OPEN

TUESDAY AM

9:00am

123	124	400m	Freestyle (slow heats)	TF	F/M	OPEN
125	126	200m	I.M.	TF	F/M	10&U
127	128	50m	Freestyle	H	F/M	11-12
129	130	50m	Freestyle	H	F/M	13-14
131	132	50m	Freestyle	H	F/M	15 & OVER
133	134	100m	Backstroke	TF	F/M	8&U
135	136	100m	Backstroke	TF	F/M	9-10



137	138	100m	Breaststroke	H	F/M	11-12
139	140	100m	Breaststroke	H	F/M	13-14
141	142	100m	Breaststroke	H	F/M	15 & OVER
143	144	200m	Breaststroke	TF	F/M	10&U
145	146	200m	Backstroke	H	F/M	11-12
147	148	200m	Backstroke	H	F/M	13-14
149	150	200m	Backstroke	H	F/M	15 & OVER

TUESDAY PM

5:00p.m

123	124	400m	Freestyle (fastest heat)	TF	F/M	OPEN
151	152	100m	Backstroke	TF	F/M	Masters
127	128	50m	Freestyle	F	F/M	11-12
129	130	50m	Freestyle	F	F/M	13-14
131	132	50m	Freestyle	F	F/M	15 & OVER
153	154	50m	Butterfly	TF	F/M	8&U

MEDAL PRESENTATION

137	138	100m	Breaststroke	F	F/M	11-12
139	140	100m	Breaststroke	F	F/M	13-14
141	142	100m	Breaststroke	F	F/M	15 & OVER
155	156	50m	Butterfly	TF	F/M	9-10
145	146	200m	Backstroke	F	F/M	11-12
147	148	200m	Backstroke	F	F/M	13-14
149	150	200m	Backstroke	F	F/M	15 & OVER
157	158	50m	Butterfly	TF	F/M	Masters

MEDAL PRESENTATION

159	160	200m	Freestyle Relay	TF	F/M	10&U
161	162	200m	Freestyle Relay	TF	F/M	11-12
163	164	200m	Freestyle Relay	TF	F/M	13-14
165	166	200m	Freestyle Relay	TF	F/M	15 & OVER