



**'Y' SPEEDOS SWIM CLUB**  
**2026 KARL DALHOUSE**  
**MEMORIAL INVITATIONAL SWIM MEET**  
**January 30<sup>th</sup> – February 1<sup>st</sup>, 2026**

**ASAJ SANCTION #:** 22601

**VENUE:** **NATIONAL AQUATIC CENTRE**  
Independence Park, Statue Road  
Kingston 6, Jamaica

**FACILITY:** Eight (8) Lane 50M Competition Pool  
Eight (8) Lane 25M Warm Down Pool  
Colorado Electronic Timing CTS6  
Meet Scoring: HY-TEK MEET MANAGEMENT

**DATES:** Friday, January 30<sup>th</sup> – Sunday February 1<sup>st</sup>, 2026

**TIMES:** (Pool opens 1½ hours before the start of a session.)  
Session 1, Friday Evening: 5:00 pm (warm up 3:30 pm)  
Session 2, Saturday Morning: 8:30 am (warm up 7:00 am)  
Session 3, Saturday Afternoon: 3:30 pm (warm up 2:00 pm)  
Session 4, Sunday Morning: 9:00 am (warm up 7:30 am)

**ELIGIBILITY:** Local Clubs and swimmers registered with the ASAJ, as well as overseas teams and swimmers, with a sanction letter from their respective swimming organizations/federations.  
Age Group ages for the meet shall be as at midnight, **January 29, 2026**.  
Masters must be 25 years and over as at midnight, **January 29, 2026**.

**ASAJ REGISTRATION:** Swimmers must be registered with the ASAJ no later than  
**4.00 pm FRIDAY, JANUARY 9, 2026**.

**INDIVIDUAL ENTRIES:** Number of events per swimmer: no limit  
Number of entries per event per club: no limit, **except:**

**10&Under 50M Fly, 100 M and above:** max four entries per club. Swimmers must have achieved the Qualifying Time (QT) after January 1<sup>st</sup>, 2025.

**11 & over 200 M events:** max four entries per club per age group: 11-12, 13-14, and 15 & over. Swimmers must have achieved the Qualifying Time (QT) after January 1<sup>st</sup>, 2025.

**OPEN Events:** must be 11 & over. Max four entries per club. **Max 2 Heats.** Swimmers must have the Qualifying Time (QT) after January 1<sup>st</sup>, 2025.

**Qualifying Times (QT) are listed on the 'Order of Events'.**  
**Foreign swimmers must provide proof of time.**

**RELAY ENTRIES:** Number of relays per Club: 2 per event (except the host), but only top 2 will score points. Mixed Relays to contain: (2) female and (2) male swimmers. Relay-only swimmers **MUST** be declared on the entry.

The Meet Director reserves the right to change meet warm-up, start times, or drop/move events or add breaks to ensure an efficiently run meet.



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**ALL EVENTS ARE TIMED FINALS**

<b>ENTRY FEES:</b>	JMD 900 / USD 9.00 per swimmer per event JMD 1500 / USD 15.00 per team per relay JMD 1000 / USD 10.00 surcharge per swimmer Please pay all fees via direct bank transfer to: 'Y' Speedos Swim Club. Account details: Sagicor Bank, Dominica Drive, Chequing Account #5500994705 <b>Entry fees must be paid in full before the meet; failure to pay on time may result in exclusion from the Meet.</b>
<b>TECHNICAL MEETING:</b>	Coaches are encouraged to attend (or send a representative to) the Technical Meeting on Saturday, December 20th, in between Christmas Open sessions at the National Aquatic Centre.
<b>ENTRY DEADLINE:</b>	<b>11:59 pm FRIDAY, JANUARY 16, 2026</b> Entries (in HYTEK format) must be emailed to: <a href="mailto:yspeedosswimmeet@gmail.com">yspeedosswimmeet@gmail.com</a>
<b>ENTRY FORMS:</b>	Seed times are preferred for each entry. If no seed time is submitted, then the entry will be classified as NT.
<b>POSITIVE CHECK-IN</b>	<b>A positive check-in will apply to all events 400m and over, 45 minutes before the session starts. Swimmers who miss their event after they have checked in must pay a penalty of J\$800/USD 8.00 before they will be allowed to swim their next event.</b>
<b>RULES:</b>	AQUA Rules and ASAJ By-Laws in force at the time of the competition will apply unless otherwise stated. Competitors will only be allowed to swim in their age group i.e. 8 & U, 9-10, 11-12, 13-14 and 15 & over, OPEN etc.
<b>EXHIBITION:</b>	Time trials are at the meet referee's discretion. Deck entries will be allowed if space is available, but <b>NOT</b> if a swimmer misses their race. Both will be at JMD 1500/ USD 15.00 per entry. Neither will score points. Swimmers must request time trials at least 60 minutes before the start of the session.
<b>MARSHALLING:</b>	There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress. Coaches are responsible for getting their swimmers to the starting block. Any swimmer swimming in the wrong heat and/or lane will be disqualified. No swimmer may enter the race once the starter has taken control.
<b>RELAY CARDS:</b>	Relay cards are in duplicate. The original must be handed to the Recorder thirty (30) minutes BEFORE the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named on the card in the order of swimming. <b>Any change may be made up to FOUR (4) events prior to the scheduled event number, after that on presentation of a medical certificate.</b>
<b>PROTESTS:</b>	All protests to the referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach, and accompanied by JMD 2,500



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or USD 25.00 Protest Fee. If the protest is upheld, the fee will be returned to the Club.

**JURY OF APPEAL:**

There shall be a Jury of Appeal to adjudicate all appeals against a Referee’s rejection of a protest. Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries. The Jury of Appeal shall comprise three (3) persons drawn from the pool of nominees submitted by each Club.

**SCORING:**

Individual Events score 9,7,6,5,4,3,2 and 1 points for places 1 through 8.  
Relays score 18, 14, 12, 10, 8, 6, 4 and 2 points for places 1 through 8.  
**Points will be awarded to the top two finishers from each Club only.**

Swimmers aged 11 & over will swim together but score according to the following age groups: 11-12, 13-14, 15 & over.  
Placings and scores for OPEN as well as 10& under events will **NOT** be broken down into age group bands.

**Masters points will not contribute to team scores in the Age Group division.**  
There will be a separate division for Masters, who will score points in their age group bands i.e. 25-34, 35-44, 45-54, 55-64, and 65-74.

**AWARDS:**

The KD Trophy will be awarded to the winning Club in the age group division.  
The KD Masters Trophy will be awarded to the winning Masters Team.  
The Matthew Hylton Trophy will be awarded to the winner of the Boys 13-14, 200M Breaststroke.  
The Sarah Newland Martin Trophy will be awarded to the winner of the Girls 15-17, 100M Breaststroke.

**PROGRAMMES:**

Will be sold at the gate.

**CONCESSIONS:**

Snacks, fruit, meals and drinks on sale throughout the meet.

**OFFICIALS:**

Referees and Starters on the AQUA and PanAm Aquatics Swimming Lists no. 21 & 22 will work each session.

**ACCOMMODATION:**

Options for competitors from overseas are available upon request.

**For any additional information please contact:**

Dr. Brian James (Meet Director) or Mr. Omar Kennedy (Assistant Meet Director)

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## ORDER OF EVENTS

### Session 1 Friday, January 30th, 2026 5:00pm

F	M	F-QT	M-QT		
1	2			10&U	200 Free Relay
3		12:45.49		OPEN	800m Freestyle
	4		23:04.59	OPEN	1500m Freestyle
5	6	01:44.09	01:40.99	10&U	100m Freestyle
7	8			11&O	100m Breaststroke
9	10	00:54.49	00:52.29	10&U	50m Butterfly
11	12			11&O	50m Freestyle

### Session 3 Saturday, January 31st, 2026 3:30pm

F	M	F-QT	M-QT		
31	32	03:50.99	03:36.69	10&U	200m Freestyle
33	34	06:32.89	06:21.09	OPEN	400m Freestyle
35	36			11&O	100m Backstroke
37	38			25-99	50m Backstroke
39	40			8&U	50m Backstroke
41	42			9-10	50m Backstroke
43	44	03:31.09	03:24.79	OPEN	200m Butterfly
45	46			25-99	50m Butterfly
47	48	02:12.79	02:09.49	10&U	100m Butterfly
49A	50A	03:06.39	02:59.19	11-12	200m Freestyle
49B	50B	02:55.29	02:43.99	13-14	200m Freestyle
49C	50C	02:49.19	02:36.59	15&O	200m Freestyle

#### Mixed

51				25-99	200m Free Relay
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### Session 2 Saturday, January 31st, 2026 8:30am

F	M	F-QT	M-QT		
13	14	02:19.39	02:12.89	10&U	100m Breaststroke
15A	16A	03:56.79	03:47.89	11-12	200m Breaststroke
15B	16B	03:40.29	03:22.79	13-14	200m Breaststroke
15C	16C	03:32.49	03:14.49	15&O	200m Breaststroke
17	18			8&U	50m Freestyle
19	20			9-10	50m Freestyle
21	22			11&O	100m Freestyle
23	24	04:15.69	04:09.49	10&U	200m Ind Medley
25A	26A	03:30.59	03:24.39	11-12	200m Ind Medley
25B	26B	03:17.19	03:02.89	13-14	200m Ind Medley
25C	26C	03:11.19	02:56.19	15&O	200m Ind Medley

#### Mixed

27				8&U	200 Free Relay
28				9-10	200 Free Relay
29				11-12	200 Free Relay
30				13&O	200 Free Relay

### Session 4 Sunday, February 1st, 2026 9:00am

F	M	F-QT	M-QT		
52				25-99	200m Medley Relay
53	54	07:28.89	07:17.89	OPEN	400m IM
55	56	02:01.59	01:56.69	10&U	100m Backstroke
57A	58A	03:28.09	03:22.99	11-12	200m Backstroke
57B	58B	03:13.29	03:01.79	13-14	200m Backstroke
57C	58C	03:06.79	02:52.29	15&O	200m Backstroke
59	60			25-99	50m Breaststroke
61	62			8&U	50m Breaststroke
63	64			9-10	50m Breaststroke
65	66			11&O	100m Butterfly
67	68			25-99	50m Freestyle

#### Mixed

69				8&U	200m Medley Relay
70				9-10	200m Medley Relay
71				11-12	200m Medley Relay
72				13&O	200m Medley Relay

Qualifying Times (QT) must have been achieved after January 1<sup>st</sup>, 2025