



Meet Summons



1. INVITED COUNTRIES

The Aquatics Sports Association of Trinidad and Tobago (ASATT) cordially invites the National Federations of Bahamas, Barbados, Curacao, French Guiana, Grenada, Guyana, Jamaica, Suriname, St. Lucia, and Turks and Caicos Islands, to celebrate the 30th Annual Goodwill Swimming Championships 2026 at the National Aquatics Centre, Balmain, Couva, Trinidad and Tobago. Invitations are extended to Anguilla, Antigua and Barbuda and St. Kitts and Nevis.

2. COMPETITION DATES & ATHLETES' VILLAGE

The schedule for competition shall be as follows:

- Arrival of Teams - Thursday, August 13th, 2026
- Technical Meeting - Thursday, August 13th, 2026 at 5:30 pm
- Opening Ceremony - Friday, August 14th, 2026 at 4:30 pm
- Competition Dates - Friday, August 14th to Sunday, August 16th, 2026
- Departure of Teams - Monday, August 17th, 2026

Athletes' Village: TBA

3. LOCATION & POOL SPECIFICATIONS

The Goodwill Swimming Championship 2026 will be held at the National Aquatics Centre, Balmain, Couva, Trinidad and Tobago.

Pool Specifications:

- 50m Myrtha competition pool equipped with a bulkhead; competition course will be configured to 25m.
- 50m outdoor pool available for warmup
- Seating capacity for 940 spectators

Swiss Electronic Timing with Hy-Tek Software will be in effect. Timing will be semi-automatic with touch pads and hand times used as back-up.

4. ADDRESS - ORGANIZING COMMITTEE

The Organizing Committee of the 2026 Goodwill Swimming Championship can be contacted at the following address:

Aquatics Sports Association of Trinidad and Tobago (ASATT)

National Aquatics Centre

Couva Main Road, Couva, Trinidad and Tobago

Dinnora Gil – Secretary, ASATT

Tel: +1-868-689-2596

Email: secretary.asatt@gmail.com

Neal Marcano – Administration Manager, ASATT

Tel: +1-868-771-1147

Email : adm.asatt@gmail.com

5. ENTRIES

5.1 Preliminary Entries

Preliminary entries must be submitted to the ASATT Organizing Committee on or before June 22, 2026. Entries must include:

- The total number of athletes and officials
- An estimated breakdown of athletes by age group and gender

5.2 Final Entries

Final entries must be submitted by 11:59pm July 20, 2026, in Hy-Tek entry file format. The entry file will be emailed to your Federation on receipt of the preliminary entry form.

5.3 Accreditation

Photographs of all athletes and officials must accompany final entries and be submitted in JPEG or PNG format for accreditation purposes.

All images must meet the following criteria:

- Recent, high-resolution, passport-style photographs
- Clear, front-facing head and shoulders view
- Plain, light-colored background
- No hats, sunglasses, or obstructive accessories (unless for religious or medical reasons)
- Good lighting with no shadows or filters

File name labeled with the individual's full name and role (e.g., John_Doe_Athlete)

Only photographs that meet these requirements will be accepted for accreditation.

Replacement of lost or damaged accreditation will incur a fee of US\$10.00

5.4 Rooming List & Arrivals & Departures

Federations are to submit their arrival and departure information including flight numbers, as well as their rooming list, with their final entries as per the attached forms.

6. COMPETITION RULES

- All heats will be timed finals.
- World Aquatics rules in effect at the time of the competition shall apply. Note especially WA Rule SW 4.4 — Any swimmer starting before the starting signal has been given shall be disqualified.
- Starts may be over the top in the freestyle, breaststroke and butterfly events with exception of the 50m events at the discretion of the Meet Referee.
- Swimmers are required to be in the Marshalling Area at least 3 heats before their race.
- The warmup routine shall be an open lane format with controlled sprinting in designated lanes.

7. PROTESTS

- The Organizing Committee of the 2026 Goodwill Swimming Championship and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to the Championship. Nominations for the Jury of Appeal should be submitted at the Technical Meeting on Thursday, August 13, 2026.
- All protests to the Referee's decision must be submitted to the Referee in writing within thirty (30) minutes after the race, signed by the Delegation's leader and accompanied by a US\$25.00 fee. If the protest is upheld the fee will be returned.
- All protests rejected by the Referee shall be referred to the Jury of Appeal. The decision of the Jury of Appeal shall be final.

8. ELIGIBILITY

Competitors must either be citizens or residents of the country they are seeking to represent. Naturalized Citizens and residents must have resided in that country for at least 12 months prior to the competition. A letter from the Federation must be provided as Proof of Residency and must be submitted at the Secretariat.

9. AGE GROUPS

- 8 & Under
- 9 to 10
- 11 to 12
- 13 to 14
- 15 to 17

The age of the swimmer on December 31, 2025 shall determine the age-group in which he/she is eligible to compete. Proof of age must be submitted at the Technical Meeting.

Swimmers who participated in the CARIFTA, CCCAN, CONSANAT Swimming Championships or higher competitions during 2026 are not eligible to compete.

10. ENTRY RULES

- Each Federation may enter a maximum of four (4) swimmers per gender, per age-group up to a maximum total of forty (40) athletes.
- Each Federation may enter a maximum of three (3) swimmers per event of which Three (3) competitors are eligible for medals and only TWO (2) will score points.
- There is no limit to the number of events in which a swimmer may participate.

11. TEAM OFFICIALS

Each National Federation may send the following number of officials, based on the total number of swimmers comprising the team:

| No. of Swimmers | No. of Officials |
|-----------------|------------------|
| 12 or less | 3 |
| 13-18 | 4 |
| 19-24 | 5 |
| 25-29 | 6 |
| 30 – 35 | 7 |
| 36 – 40 | 8 |

12. AWARDS

- Medals will be awarded to the first, second and third place finishers in each event.
- Trophies will be given to the male and female gaining the most points in each age-group.
- The Championship Trophy will be given to the team amassing the highest total points.
- Points will be allocated as follows:

| Place | Individual | Relay |
|-------|------------|-------|
| 1st | 9 | 18 |
| 2nd | 7 | 14 |
| 3rd | 6 | 12 |
| 4th | 5 | 10 |
| 5th | 4 | 8 |
| 6th | 3 | 6 |
| 7th | 2 | 4 |
| 8th | 1 | 2 |

13. MEET SCHEDULE

- The Technical Meeting will be held on Thursday, August 13, 2026, at 5:30pm at the National Aquatic Centre, Couva.
- The pool will be available each day for warm-up 90 minutes before the start of competition
- The Opening Ceremony will be held on Friday, August 14, 2026, at 4:30 pm
- The Closing Ceremony will be held on Sunday, August 16, 2026, at 7:00 pm
- The competition pool will open 90 minutes before the scheduled start of each session and close 15 minutes prior to the commencement of competition. On day 1 of competition, adjustments will be made to these times to accommodate the Opening Ceremony.

PROGRAMME OF EVENTS

DAY 1 — Friday, August 14th

- Warm-up: 3:00pm
- Opening Ceremony: 4:30pm
- Competition starts: 5:15pm

| EVENT # | DISTANCE | AGE GROUP |
|--|-------------------------------------|-----------|
| 01 - 02 | 100 metres freestyle | 8 & Under |
| 03 - 04 | 100 metres freestyle | 9 - 10 |
| 05 - 06 | 100 metres freestyle | 11 - 12 |
| 07 - 08 | 100 metres freestyle | 13 - 14 |
| 09 - 10 | 100 metres freestyle | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 01-10 | | |
| 11 - 12 | 50 metres breaststroke | 8 & Under |
| 13 - 14 | 50 metres breaststroke | 9 - 10 |
| 15 - 16 | 50 metres breaststroke | 11 - 12 |
| 17 - 18 | 50 metres breaststroke | 13 - 14 |
| 19 - 20 | 50 metres breaststroke | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 11-20 | | |
| 21 - 22 | 100 metres backstroke | 9 - 10 |
| 23 - 24 | 100 metres backstroke | 11 - 12 |
| 25 - 26 | 100 metres backstroke | 13 - 14 |
| 27 - 28 | 100 metres backstroke | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 21-28 | | |
| 29 | 4 x 50 metres Mixed Freestyle Relay | 8 & Under |
| 30 - 31 | 4 x 100 metres Medley Relay | 9 - 10 |
| 32 - 33 | 4 x 100 metres Medley Relay | 11 - 12 |
| 34 - 35 | 4 x 100 metres Medley Relay | 13 - 14 |
| 36 - 37 | 4 x 100 metres Medley Relay | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 29-37 END OF DAY 1 | | |

DAY 2 — Saturday, August 15th

- Warm-up: 7:30 am
- Competition starts: 9:00 am

| EVENT # | DISTANCE | AGE GROUP |
|--|------------------------------|-----------|
| 38 – 39 | 100 metres Individual Medley | 8 & Under |
| 40 – 41 | 200 metres Individual Medley | 9 - 10 |
| 42 – 43 | 200 metres Individual Medley | 11 - 12 |
| 44 – 45 | 200 metres Individual Medley | 13 - 14 |
| 46 – 47 | 200 metres Individual Medley | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 38-47 | | |
| 48 – 49 | 50 metres freestyle | 8 & Under |
| 50 – 51 | 50 metres freestyle | 9 - 10 |
| 52 – 53 | 50 metres freestyle | 11 - 12 |
| 54 – 55 | 50 metres freestyle | 13 - 14 |
| 56 – 57 | 50 metres freestyle | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 48-57 | | |
| 58 – 59 | 100 metres breaststroke | 9 - 10 |
| 60 – 61 | 100 metres breaststroke | 11 - 12 |
| 62 – 63 | 100 metres breaststroke | 13 - 14 |
| 64 – 65 | 100 metres breaststroke | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 58-65 | | |
| 66 – 67 | 50 metres butterfly | 8 & Under |
| 68 – 69 | 50 metres butterfly | 9 - 10 |
| 70 – 71 | 50 metres butterfly | 11 - 12 |
| 72 – 73 | 50 metres butterfly | 13 - 14 |
| 74 – 75 | 50 metres butterfly | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 66-75 | | |
| 76 – 77 | 4 x 50 metres Medley Relay | 8 & Under |
| 78 – 79 | 4 x 50 metres Medley Relay | 9 - 10 |
| 80 – 81 | 4 x 50 metres Medley Relay | 11 - 12 |
| 82 – 83 | 4 x 50 metres Medley Relay | 13 - 14 |
| 84 – 85 | 4 x 50 metres Medley Relay | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 76-85 END OF DAY 2 | | |

DAY 3 — Sunday, August 16th

- Warm-up: 7:30 am
- Competition starts: 9:00 am

| EVENT # | DISTANCE | AGE GROUP |
|--|-------------------------------|-----------|
| 86 – 87 | 200 metres freestyle | 9 - 10 |
| 88 – 89 | 200 metres freestyle | 11 - 12 |
| 90 – 91 | 200 metres freestyle | 13 - 14 |
| 92 – 93 | 200 metres freestyle | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 86-93 | | |
| 94 – 95 | 50 metres backstroke | 8 & Under |
| 96 – 97 | 50 metres backstroke | 9 - 10 |
| 98 – 99 | 50 metres backstroke | 11 - 12 |
| 100 – 101 | 50 metres backstroke | 13 - 14 |
| 102 – 103 | 50 metres backstroke | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 94-103 | | |
| 104 – 105 | 100 metres butterfly | 9 - 10 |
| 106 – 107 | 100 metres butterfly | 11 - 12 |
| 108 – 109 | 100 metres butterfly | 13 - 14 |
| 110 – 111 | 100 metres butterfly | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 104-111 | | |
| 112 – 113 | 4 x 50 metres Freestyle Relay | 8 & Under |
| 114 – 115 | 4 x 50 metres Freestyle Relay | 9 - 10 |
| 116 – 117 | 4 x 50 metres Freestyle Relay | 11 - 12 |
| 118 – 119 | 4 x 50 metres Freestyle Relay | 13 - 14 |
| 120 – 121 | 4 x 50 metres Freestyle Relay | 15 - 17 |
| MEDAL PRESENTATION: EVENTS 112-121 END OF COMPETITION | | |

14. FLAGS AND ANTHEMS

Each delegation shall provide:

- Three (3) Country flags no larger than three (3) feet by five (5) feet
- A flash drive or email MP3 file with the short and long versions of their National Anthem to adm.asatt@gmail.com and secretary.asatt@gmail.com no later than July 20th 2026. Ensure that the file is clearly labeled with country's name.

15. CULTURAL PRESENTATION & GIFT EXCHANGE

There will be a cultural presentation and Gift Exchange at the closing ceremony.

16. FEES

- The official delegation shall pay US\$170.00 per night (US\$680) per person for the period August 13 to 17, 2026 based on three persons per room; meals inclusive.
- For those federations requiring room occupancy other than Triple, the following rates will be charged:
 - US\$180.00 per person for double occupancy room, board and local transportation between the competition venues and athlete's village
 - US\$203.00 per person for single occupancy room, board and local transportation between the competition venues and athlete's village
- Aquatic Centre Entrance Fee (one time) US\$25.00 per swimmer. This offer is valid only for the stipulated period.
- Please be advised that 50% of the payment due is required by July 4, 2026 to allow the Organizing Committee to secure the Athletes' Village.
- **All remaining fees MUST be paid no later than August 7th 2026**
- Fees must be paid in United States Dollars in cash, bank draft or wire transfer.

Note: The Payee National Federation is responsible for covering all commission fees and bank charges associated with the transaction. The Host Country will credit only the net amount received after any applicable bank deductions. Any shortfall must be settled prior to arrival, as reflected in the issued invoice.

Bank Information:

Beneficiary Name:

AQUATICS SPORTS ASSOCIATION OF TRINIDAD AND TOBAGO (ASATT)

Beneficiary Bank: FIRST CITIZENS BANK LIMITED

Swift Code: FCTTTTPS

Beneficiary Account No.: 934539

Bank Address: 44-46 Maraval Road, Port of Spain, Trinidad and Tobago

17. MEALS

- Dinner will be served on the evening of Thursday, August 13, 2026.
- Breakfast, lunch, and dinner will be provided from Friday, August 14 to Sunday, August 16, 2026.
- Lunch on Friday, August 14 and Saturday, August 15 will be served at the NAC.
- Breakfast will be provided on Monday, August 17, 2026.

18. LOCAL TRANSPORTATION

Transportation will be provided for official delegations between Piarco International Airport and the Athletes' Village upon arrival and departure, as well as between the Athletes' Village and the competition venue in accordance with a published schedule.

- Transportation Fee: USD \$100.00 per delegation member
- Only officially listed team members and delegations will be provided transportation
- No official transportation will be provided for supporters

19. TECHNICAL OFFICIALS

- Participating Federations are invited to submit the names of officials willing to serve in officiating roles, including Referees, Starters and Judges.
- An application form has been included with this Summons to be returned by the deadline date of Tuesday, July 15, 2026.

20. SUPPORTERS

The Organizing Committee will be arranging a Supporters Package which will include accommodation, transportation, tickets to the three days of competition, access to the Closing Ceremony and dinner on the night of the Closing Ceremony, and daily meet programmes. Information on this package will be provided subsequently.

21. FORMS AND INFORMATION

Forms and other information will be made available on the Aquatics Sports Association of Trinidad and Tobago (ASATT) webpage: ttaquatics.com

PRELIMINARY ENTRY FORM

FEDERATION: _____

ADDRESS: _____

EMAIL: _____

TELEPHONE: _____

CONTACT PERSON: _____

| AGE GROUP | SWIMMER F | SWIMMER M | OFFICIALS F | OFFICIALS M | TECHNICAL OFFICIALS | TOTAL F | TOTAL M |
|----------------------|-----------|-----------|-------------|-------------|---------------------|---------|---------|
| 8 & UNDER | | | | | | | |
| 9-10 | | | | | | | |
| 11-12 | | | | | | | |
| 13-14 | | | | | | | |
| 15-17 | | | | | | | |
| SUBTOTAL | | | | | | | |
| OVERALL TOTAL | | | | | | | |

Numerical entries must be sent by email on or before June 22, 2026.

EMAIL: secretary.asatt@gmail.com and adm.asatt@gmail.com

SIGNATURE: _____

Secretary or President of National Federation

AFFIX FEDERATION STAMP HERE