



**WALTER ROGERS NATIONAL AGE GROUP SWIMMING  
CHAMPIONSHIPS  
FEBRUARY 28th & March 2-5, 2017**

**ASAJ SANCTION #: 21702**

**VENUE:** National Stadium Pool 8 Lane 50 M (with 25 M warm up pool)  
Colorado Electronic Timing System (CTS6): pads with back-up buttons

**DATES & TIMES:**

Tuesday February 28, 2017	5:30 p.m
Thursday March 2, 2017	5:30 p.m.
Friday March 3, 2017	5:30 p.m.
Saturday March 4, 2017	8:30 a.m. & 4:00 p.m.
Sunday March 5, 2017	8:30 a.m. & 4:00 p.m.

The Pool will be opened one and a half (1½) hours before starting time.

**ELIGIBILITY:** All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.  
Age Group ages for the meet shall be as of midnight **December 31, 2016**.  
Masters ages shall be as of **December 31, 2017**

**ENTRY LIMITS:** Number of events per swimmer - No limit  
Number of entries per Club - No limit  
Number of Relay teams per Club - 3 per event

**ENTRY FEES: HY-TEK ENTRIES:**  
J\$200.00 (For ASAJ Registered Swimmers) or US\$2.50 per Individual Event  
J\$300.00 (For ASAJ Registered Clubs) or US\$3.50 per Relay Team, per Event

**OTHER ENTRIES NON-HYTEK:**  
J\$250.00 (For ASAJ Registered Swimmers) or US\$3.00 per Individual Event  
J\$300.00 (For ASAJ Registered Clubs) or US\$3.50 per Relay Team, per Event

**ACCOMODATION:** The ASAJ has arranged special room and dining rates at the Knutsford Court Hotel just ten (10) minutes from the pool. (The hotel's website is: [www.knutsfordcourt.com](http://www.knutsfordcourt.com);) If preferred; the ASAJ can arrange home accommodation.

**RULES:** FINA Rules and ASAJ By-Laws in force at the time of the competition will apply. Except as modified in this Summons, FINA Masters Rules will apply to Masters Events. See additional Rules and Regulations on the next page.

Referees and Starters on the FINA Swimming Lists No. 18 & 19 will work each session.

**REGISTRATION: The ASAJ Register closes at 4:00 p.m. on Tuesday February 7, 2017**

**ENTRY DEADLINE: 4:00 PM on Tuesday, February 14, 2017.** Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Aquatic Centre, Independence Park, Kingston 5. Entries are preferred using Hy-Tek software. Deliver as indicated above or email to: [aquaticsja@gmail.com](mailto:aquaticsja@gmail.com)

**Note: 1 ENTRY FEES MUST BE PAID BEFORE START OF MEET.**

**NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added.**

## **RULES AND REGULATIONS**

- Local clubs** are required to submit, **with their entries**, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Volunteers **MUST** report to the volunteer desk at least sixty (60) minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant Clubs will be excluded from participation):
  - 1 - 5 swimmers entered: One (1) volunteer per session
  - 6 - 10 swimmers entered: Two (2) volunteers per session
  - 11 - 20 swimmers entered: Four (4) volunteers per session
  - 21 - 30 swimmers entered: Five (5) volunteers per session
  - 31 - 40 swimmers entered: Six (6) volunteers per session
  - 41 or more swimmers entered: Eight (8) volunteers per session
  - Unattached swimmers: One (1) volunteer for one (1) session
- Relay cards are in duplicate, the original must be handed to the Recorder thirty (30) minutes before the start of the first event of the session; the copy must be handed to the Head Lane Time Keeper at the beginning of the event.

Any change must be made no later than four (4) events prior to the scheduled event number and after that, only on the presentation of a valid Medical Certificate. The swimmers must be named in order of swimming in accordance with FINA rules.
- There will be positive check in forty five (45) minutes before start of the session for all events 400m and longer.
- Participating Clubs are responsible for providing a Counter for the 800 metre and 1500 metre events

## **MARSHALLING:**

- There will be a Marshalling Area for the finals. There will be no Marshalling Area for the Preliminaries. The next heat must be behind the blocks while the current heat is in progress.
- The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
- Once the swimmers are under the Starter's orders and he/she has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim in the particular event.

**PROTESTS:**

Protests are possible if the rules and regulations for the conduct of the competition are not observed; if other conditions endanger the competition and/or competitors; or against decisions of the referee. All protests to the Referee’s Decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach and accompanied by J\$500 Protest Fee. If the protest is upheld the fee will be returned to the Club.

**JURY OF APPEAL:**

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee’s rejection of a protest.
- B. Each club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
- C. The Jury of Appeal shall be comprised of 3 persons drawn from the pool of nominees submitted by each club. Nominees shall be members of the ASAJ Council or Swimming Committees.

**PRE-COMPETITION WARM-UP RULES:**

In the 50m pool, in the interest of the swimmers safety, the rules outlined below will be observed during warm-up prior to the start of each session. There shall be **NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES**, entry to these lanes is to be feet first, from a sitting position. A Safety Marshal will ensure compliance.

START/FINISH END (NORTH)							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
15m Dive Sprint Only	25m Dive Sprint Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	Turn Practice Only
Turn Practice Only	Turn Practice Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	25m Dive Sprint Only
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TURN END (SOUTH)							

In the 25m pool all lanes will be circle swimming, with feet first entry from a sitting position at all times.

**ENTRIES AND RESULTS:**

1. Competitors will only be allowed to swim in their respective Age Groups.
2. At the discretion of the Meet Referee, **Deck Entries for the Preliminaries, Time Finals and Time Trials will be allowed. Swim times will be included in the final results but will not score points. A fee of JA\$400.00 or US\$4.50 per event will be charged.**
3. During the Preliminary events, scratches are allowed at any time.

4. For the finals, Scratches must be presented thirty (30) minutes prior to the start of finals. Failure to comply will result in the following penalty: A fine of JA\$500.00 or US\$5.50 is to be paid immediately upon reporting the scratch. The team will be denied future participation in the Championships if the fine is not paid. Any claim of illness must be supported by Medical verification.
5. The eight (8) fastest swimmers in the Preliminaries will qualify for the Finals. The 9<sup>th</sup> and 10<sup>th</sup> fastest swimmer in each Preliminary event will be designated as alternates for the Finals.
6. The seeding for the Preliminary events will be in accordance with FINA Rule SW3.
7. Any event containing eight (8) or fewer entrants will automatically be swum as a Final.
8. Masters Records will be credited according to the FINA Masters Age Grouping system

#### **AWARDS AND POINTS:**

1. Points for each event will be awarded as follows:
  - i. 9, 7, 6, 5, 4, 3, 2, 1 for first (1<sup>st</sup>) to eighth (8<sup>th</sup>) place and 18, 14, 12, 10, 8, 6, 4, 2 for Relays for first (1<sup>st</sup>) to eighth (8<sup>th</sup>) place. Open events will be scored according to the Age Groups 11-12, 13-14 and 15 & over.
2. Medals will be awarded to the first three places in all events, including Masters. Ribbons will be awarded for fourth (4<sup>th</sup>) to eighth (8<sup>th</sup>) place in the 12 & under Age Groups only.
3. Age Group Team Awards - There will be a Championship Trophy for the winning team in the Age Group Division. The second and third place teams will also receive a trophy.
4. Individual Awards - There will be a Trophy for the male and female swimmer with the most individual points for each Age Group. There will be an Achievement Trophy for the male and female in the 13-14 and 15 & over Age Groups. To qualify for the award, the swimmer must accumulate a minimum of 12 points in four (4) events, based on American Time Standards (AAAA = 4 points, AAA = 3, AA = 2 and A = 1). This trophy will not be awarded if no notable achievement is recorded.
5. A Performance Trophy will be awarded to the swimmer with the best swim 100 metres and above in each of the 11-12, 13-14, and 15 & Over Age Groups (highest FINA Points). For the 8 & Under and 9-10 Age Group, the Achievement Trophy will be awarded for the best swim at any distance (highest FINA Points )
6. Masters events will be scored separately and in 10 year Age Groups: 25-34, 35-44 etc.
7. Masters Team Award –There will be a Trophy for the winning club in the Masters Division.

## PROGRAMME FOR 2017 AGE GROUP CHAMPIONSHIPS

### **TUESDAY, FEBRUARY 28th**

**5:30 p.m.**

Event 1 / 2	F / M 200 M I.M.	11-12 Prelims
Event 3 / 4	F / M 200 M I.M.	13-14 Prelims
Event 5 / 6	F / M 200 M I.M.	15 & over Prelims
Event 7 / 8	F / M 50 M Backstroke	11-12 Prelims
Event 9 / 10	F / M 50 M Backstroke	13-14 Prelims
Event 11 / 12	F / M 50 M Backstroke	15 & over Prelims
Event 13	F 800 M Freestyle	Open Timed Finals
Event 14	M 1500 M Freestyle	Open Timed Finals

### **THURSDAY, MARCH 2<sup>nd</sup>**

**5:30 p.m.**

Event 1 / 2	F / M 200 M I.M.	11-12 Finals
Event 3 / 4	F / M 200 M I.M.	13-14 Finals
Event 5 / 6	F / M 200 M I.M.	15 & over Finals
Event 7 / 8	F / M 50 M Backstroke	11-12 Finals
Event 9 / 10	F / M 50 M Backstroke	13-14 Finals
Event 11 / 12	F / M 50 M Backstroke	15 & over Finals
Event 15 / 16	F/M 200 M Breaststroke	11-12 Prelims
Event 17 / 18	F/M 200 M Breaststroke	13-14 Prelims
Event 19 / 20	F/M 200 M Breaststroke	15 & over Prelims
Event 21 / 22	F/M 100 M Butterfly	11-12 Prelims
Event 23 / 24	F/M 100 M Butterfly	13-14 Prelims
Event 25 / 26	F/M 100 M Butterfly	15 & over Prelims
Event 27 / 28	F / M 400 M Freestyle	Open Timed Finals

### **FRIDAY, MARCH 3<sup>rd</sup>**

**5:30 p.m.**

Event 15 / 16	F / M 200 M Breaststroke	11-12 Finals
Event 17 / 18	F / M 200 M Breaststroke	13-14 Finals
Event 19 / 20	F / M 200 M Breaststroke	15 & over Finals
Event 29 / 30	F / M 50 M Backstroke	8 & under Timed Finals
Event 31 / 32	F / M 50 M Backstroke	9-10 Timed Finals
Event 21 / 22	F / M 100 M Butterfly	11-12 Finals
Event 23 / 24	F / M 100 M Butterfly	13-14 Finals
Event 25 / 26	F / M 100 M Butterfly	15 & over Finals
Event 33 / 34	F / M 200 M Freestyle	11-12 Prelims
Event 35 / 36	F / M 200 M Freestyle	13-14 Prelims
Event 37 / 38	F / M 200 M Freestyle	15 & over Prelims
Event 39 / 40	F / M 4 x 100 M Freestyle Relay	11-12 Timed Finals
Event 41 / 42	F / M 4 x 100 M Freestyle Relay	13-14 Timed Finals
Event 43 / 44	F / M 4 x 100 M Freestyle Relay	15 & over Timed Finals

**SATURDAY, MARCH 4<sup>th</sup>****8:30 a.m.**

Event 33 / 34	F / M 200 M Freestyle	11-12 Finals
Event 35 / 36	F / M 200 M Freestyle	13-14 Finals
Event 37 / 38	F / M 200 M Freestyle	15 & over Finals
Event 45 / 46	F / M 50 M Butterfly	8 & under Timed Finals
Event 47 / 48	F / M 50 M Butterfly	9-10 Timed Finals
Event 49 / 50	F / M 50 M Butterfly	11-12 Prelims
Event 51 / 52	F / M 50 M Butterfly	13-14 Prelims
Event 53 / 54	F / M 50 M Butterfly	15 & over Prelims
Event 55 / 56	F / M 200 M Backstroke	11-12 Prelims
Event 57 / 58	F / M 200 M Backstroke	13-14 Prelims
Event 59 / 60	F / M 200 M Backstroke	15 & over Prelims
Event 61 / 62	F / M 50 M Breaststroke	11-12 Prelims
Event 63 / 64	F / M 50 M Breaststroke	13-14 Prelims
Event 65 / 66	F / M 50 M Breaststroke	15 & over Prelims
Event 67 / 68	F / M 200 M Medley Relay	8 & under Time Final
Event 69 / 70	F / M 200 M Medley Relay	9-10 Time Final
Event 71 / 72	F / M 400 M IM	Open Timed Finals

**SATURDAY, MARCH 4<sup>th</sup>****4:00 p.m.**

Event 73 / 74	F / M 100 M Freestyle	11-12 Prelims
Event 75 / 76	F / M 100 M Freestyle	13-14 Prelims
Event 77 / 78	F / M 100 M Freestyle	15 & over Prelims
Event 141 / 142	F / M 50 M Butterfly	Masters Time Finals
Event 49 / 50	F / M 50 M Butterfly	11-12 Finals
Event 51 / 52	F / M 50 M Butterfly	13-14 Finals
Event 53 / 54	F / M 50 M Butterfly	15 & over Finals
Event 79 / 80	F / M 200 M IM	8 & under Timed Finals
Event 81 / 82	F / M 200 M IM	9-10 Timed Finals
Event 55 / 56	F / M 200 M Backstroke	11-12 Finals
Event 57 / 58	F / M 200 M Backstroke	13-14 Finals
Event 59 / 60	F / M 200 M Backstroke	15 & over Finals
Event 143 / 144	F / M 50 M Breaststroke	Masters Time Finals
Event 83 / 84	F / M 50 M Breaststroke	8 & under Time Final
Event 85 / 86	F / M 50 M Breaststroke	9-10 Time Finals
Event 61 / 62	F / M 50 M Breaststroke	11-12 Finals
Event 63 / 64	F / M 50 M Breaststroke	13-14 Finals
Event 65 / 66	F / M 50 M Breaststroke	15 & over Finals
Event 87 / 88	F / M 4 X 100 M Medley Relay	11-12 Timed Finals
Event 89 / 90	F / M 4 X 100 M Medley Relay	13-14 Timed Finals
Event 91 / 92	F / M 4 X 100 M Medley Relay	15 & over Timed Finals

**SUNDAY, MARCH 5<sup>th</sup>****8:30 a.m.**

Event 73 / 74	F / M 100 M Freestyle	11-12 Finals
Event 75 / 76	F / M 100 M Freestyle	13-14 Finals
Event 77 / 78	F / M 100 M Freestyle	15 & over Finals
Event 93 / 94	F / M 100 M Freestyle	8 & under Time Final
Event 95 / 96	F / M 100 M Freestyle	9-10 Time Final
Event 97 / 98	F / M 200 M Butterfly	11-12 Prelims
Event 99 / 100	F / M 200 M Butterfly	13-14 Prelims
Event 101 / 102	F / M 200 M Butterfly	15 & over Prelims
Event 103 / 104	F / M 50 M Freestyle	11-12 Prelims
Event 105 / 106	F / M 50 M Freestyle	13-14 Prelims
Event 107 / 108	F / M 50 M Freestyle	15 & over Prelims
Event 109 / 110	F / M 100 M Breaststroke	11-12 Prelims
Event 111 / 112	F / M 100 M Breaststroke	13-14 Prelims
Event 113 / 114	F / M 100 M Breaststroke	15 & over Prelims
Event 115 / 116	F / M 100 M Backstroke	11-12 Prelims
Event 117 / 118	F / M 100 M Backstroke	13-14 Prelims
Event 119 / 120	F / M 100 M Backstroke	15 & over Prelims
Event 121 / 122	F / M 4 x 200 M Freestyle	Open Time Final

**SUNDAY, MARCH 5<sup>th</sup>****4:00 p.m.**

Event 97 / 98	F / M 200 M Butterfly	11-12 Finals
Event 99 / 100	F / M 200 M Butterfly	13-14 Finals
Event 101 / 102	F / M 200 M Butterfly	15 & over Finals
Event 123 / 124	F / M 200 M Freestyle	8 & under Time Final
Event 125 / 126	F / M 200 M Freestyle	9-10 Time Final
Event 103 / 104	F / M 50 M Freestyle	11-12 Finals
Event 105 / 106	F / M 50 M Freestyle	13-14 Finals
Event 107 / 108	F / M 50 M Freestyle	15 & over Finals
Event 145 / 146	F / M 50 M Backstroke	Masters Time Finals
Event 127 / 128	F / M 50 M Freestyle	8 & under Time Final
Event 109 / 110	F / M 100 M Breaststroke	11-12 Finals
Event 111 / 112	F / M 100 M Breaststroke	13-14 Finals
Event 113 / 114	F / M 100 M Breaststroke	15 & over Finals
Event 129 / 130	F / M 50 M Freestyle	9-10 Time Finals
Event 147 / 148	F / M 50 M Freestyle	Masters Time Finals
Event 115 / 116	F / M 100 M Backstroke	11-12 Finals
Event 117 / 118	F / M 100 M Backstroke	13-14 Finals
Event 119 / 120	F / M 100 M Backstroke	15 & over Finals
Event 131 / 132	F / M 200 M Freestyle Relay	8 & under Time Finals
Event 133 / 134	F / M 200 M Freestyle Relay	9-10 Time Finals
Event 135 / 136	F / M 200 M Freestyle Relay	11-12 Time Finals
Event 137 / 138	F / M 200 M Freestyle Relay	13-14 Time Finals
Event 139 / 140	F / M 200 M Freestyle Relay	15 & over Time Finals