



ASAJ – BB DISTANCE DEVELOPMENT MEET
SATURDAY NOVEMBER 4, 2023

ASAJ SANCTION #:

VENUE: **National Stadium Pool 8-Lane 50 M competition pool
(with 25 M warm up pool)**

DATES & TIMES: Saturday November 4, 2023 8:30 a.m. & 2:30 p.m.
Pool will be opened 1½ (one and a half) hours before starting time.

ELIGIBILITY: All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Age groups according to the swimmer's age as at **December 31st, 2022**. Swimmers must **NOT** have achieved an 'A' time or better in the event(s) in which they have been entered.

REGISTRATION: **The ASAJ register closes on October 13, 2023 at 4:00pm**

ENTRY LIMITS: Maximum number of events per swimmer – Three (3)
Minimum age for OPEN events: 11 years old.
Minimum age for 10&U events: 8 years old.

The Meet Director reserves the right to change meet warm-up, start times, or drop/move heats and/or events, add breaks in order to hold an efficient meet

ENTRY FEES: **N.B. ENTRIES SHOULD BE SUBMITTED VIA HY-TEK SOFTWARE.**
J\$400 per swimmer per individual event
J\$300 per swimmer surcharge
Entry fees are to be paid by October 27, 2023. This will be strictly enforced.
Date of birth for each swimmer must be included in the entry file.

ENTRY DEADLINE: **Friday, October 20, 2023 by 11:59 PM.** Entries should be submitted to asaj.meets@gmail.com

RULES: FINA Rules and ASAJ By-Laws in force at the time of the competition will apply. FINA Starting rule SW 4 will apply - Any swimmer starting before the starting signal has been given, shall be disqualified. See additional Rules and Regulations below.

PROGRAMME: All events will be swum as timed finals. See attached programme.

ADDITIONAL RULES: Competitors will only be allowed to swim in their age group. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition.

Deck entries and time trials will **NOT** be allowed.

Substitutions will **NOT** be allowed. Offending swimmers will be disqualified from the competition.

SEEDING:

All entries will be seeded with entry times. 100M NT times should be submitted according to the formula: 50M time x 1.25 x 2. 200M and up NT times should be submitted according to the formula: 50M time x 1.4 x #laps. 400IM NT times should be submitted according to the formula: 200IM time x 1.25 x 2. Slowest heats may be scratched if the timeline indicates a session duration in excess of 4 hours.

POSITIVE CHECK-IN:

Positive check-in will end 20 minutes before the start of each session.

MARSHALLING:

There will be no Marshalling Area for the meet. The next heat must be behind the blocks while the current heat is in progress.

The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.

Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

Protests

All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of a disqualification, signed by the Team Manager or Head Coach and accompanied by J\$1,500. If the protest is upheld the fee will be returned to the Club.

Jury of Appeal

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
- C. The Jury of Appeal shall comprise 3 persons drawn from the pool of nominees submitted by each Club.

SCORING AND AWARDS: The Meet will **NOT** be scored and awards will **NOT** apply.



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ORDER OF EVENTS

MORNING SESSION 8:30 AM

Event	Age	M/F	Distance	Stroke
1	10&U	Mixed	100 M	Breaststroke
2	OPEN	Mixed	200 M	Breaststroke
3	10&U	Mixed	100 M	Butterfly
4	OPEN	Mixed	200 M	Butterfly
5	10&U	Mixed	400 M	Freestyle
6	OPEN	Mixed	800 M	Freestyle

AFTERNOON SESSION 2:30 PM

Event	Age	M/F	Distance	Stroke
7	11&Over	Mixed	400M	Freestyle
8	10&U	Mixed	100 M	Backstroke
9	OPEN	Mixed	200 M	Backstroke
10	10&U	Mixed	200 M	IM
11	OPEN	Mixed	400 M	IM
12	10&U	Mixed	200 M	Freestyle
13	OPEN	Mixed	1500 M	Freestyle