



ASAJ AS DEVELOPMENT FIGURES MEET
Saturday, November 30, 2019
11:00am – 1:30 pm
YMCA Kingston
OFFICIAL MEET SUMMONS
SANCTION#49102



MEET:

- Consists of FINA Figures (2017 - 2021), Novice Figures, Senior and Junior Technical Elements
- Age Group Categories will be that of swimmer's age as of December 2018
- Swimmers will be allowed to swim figures or elements from an older age group
- Intermediate swimmers may swim figures from a younger age group
- Encouraging 1 volunteer for every 3 swimmers

RULES:

- FINA and ASAJ rules will apply unless otherwise specified
- Deck entries will be allowed

ELIGIBILITY: Anyone who wishes to enter (club and schools)

MEET ENTRY FEES: JA\$750.00 per person

ATTIRE: Competitors must wear one piece swimsuit (preferably black), swim cap and nose clip

OFFICIALS:

Meet Manager (1): (TBC)

Panel Referee (2): (TBC)

Judges: Provided by the ASAJ

PRACTICE JUDGES: Practice judging will be allowed.

ORDER OF APPEARANCE MEETING: November 28, 2019

AWARDS: ASAJ Ribbon

FINAL MEET ENTRY DEADLINE: November 28, 2019

POOL FACILITIES: YMCA Swimming pool 25 M X 20m (1.9 M depth)

FOR ADDITIONAL INFORMATION: Please visit the ASAJ website at www.asaj.com.jm

CANCELLATION POLICY: NONE



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PLEASE SUBMIT ENTRIES TO:

Carole Cuffley

c/o ASAJ, Independence Park

Kingston 10

Jamaica, WI

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F: +1 (876) 920-6230

Email: asaj@cwjamaica.com with copy to asajsynchro@gmail.com

SCHEDULE:

9:00am - 11:00am	Judges Meeting
10:00am- 10:55am	Warm Up
10:55am	Alert to clear the pool
11:00am	Whistle blows and Figures Start
	FIGURES (13-15, 12 & U, Novice)
	Junior Technical Elements (solo, duet, team)
	Skill Assessment
	Awards



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FIGURES

CATEGORY - NOVICE - All Ages

FIGURE #	FIGURE NAME	Degree of Difficulty
101	Ballet Leg Single	1.6
310	Somersault Back Tuck	1.1
320	Somersault Front Tuck	1.7
301	Barracuda	1.9

CATEGORY - 12 and under and Intermediate B

FIGURE #	FIGURE NAME	Degree of Difficulty
106	Straight Ballet Leg	1.6
301	Barracuda	1.9

OPTIONAL FIGURES GROUP # 1

420	Walkover Back	1.9
327	Ballerina	1.8

CATEGORY - 13-15 and Intermediate A

FIGURE #	FIGURE NAME	Degree of Difficulty
423	Ariana	2.2
143	Rio	3.1

OPTIONAL FIGURES GROUP # 1

351	Jupiter	2.8
437	Oceana	2.1

****Senior and technical elements are attached****

SKILL ASSESSMENT

Novice and 12-U: 100m IM, 25m Free and 25m Flutter Kick

13 & over: 200m IM, 50m Free, 25m Back Flutter Kick with hands in the air