



**ASAJ – BB DISTANCE DEVELOPMENT MEET**  
**SATURDAY NOVEMBER 9, 2024**

- ASAJ SANCTION #:** 42422
- VENUE:** National Stadium Pool 8-Lane 50 M competition pool  
(with 25 M warm up pool)  
Colorado Electronic Timing System (CTS6): pads with back-up buttons
- DATES & TIMES:** Saturday November 9, 2024 8:30 a.m. & 2:30 p.m.  
Pool will be opened 1½ (one and a half) hours before starting time.  
If there are insufficient entries, the two (2) sessions will be merged with a 30-minute break between Events 6 and 7. If the sessions are to be merged, this will be communicated by November 6, 2024.
- ELIGIBILITY:** All Clubs and Swimmers, in good standing, registered with the ASAJ or other World Aquatics-affiliated Federations. Age groups according to the swimmer's age as at **December 31<sup>st</sup>, 2023**. Swimmers must **NOT** have achieved an 'A' time or better in the event(s) in which they have been entered.
- REGISTRATION:** **The ASAJ register closes on October 18, 2024 at 4:00pm**
- ENTRY LIMITS:** Maximum number of events per swimmer – Three (3)  
Minimum age for OPEN events: 10 years old.  
Minimum age for 10&U events: 8 years old.
- The Meet Director reserves the right to change meet warm-up, start times, or drop/move heats and/or events, add breaks in order to hold an efficient meet
- ENTRY FEES:** **N.B. ENTRIES SHOULD BE SUBMITTED VIA HY-TEK SOFTWARE.**  
J\$500 per swimmer per individual event  
J\$500 per swimmer surcharge  
**Entry fees are to be paid by November 6, 2024. This will be strictly enforced.**  
Date of birth for each swimmer must be included in the entry file.
- ENTRY DEADLINE:** **Friday, November 1, 2024 by 11:59 PM.** Entries should be submitted to [asajswimmeets@gmail.com](mailto:asajswimmeets@gmail.com)
- RULES:** World Aquatics Rules and ASAJ By-Laws in force at the time of the competition will apply. World Aquatics Starting rule SW 4 will apply - Any swimmer starting before the starting signal has been given, shall be disqualified. See additional Rules and Regulations below.



- PROGRAMME:** All events will be swum as timed finals. See attached programme.
- ADDITIONAL RULES:** Competitors will only be allowed to swim in their age group. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition.  
Deck entries and time trials will **NOT** be allowed.  
Substitutions will **NOT** be allowed. Offending swimmers will be disqualified from the competition.
- SEEDING:** All entries will be seeded with entry times. 100M NT times should be submitted according to the formula: 50M time x 1.25 x 2. 200M and up NT times should be submitted according to the formula: 50M time x 1.4 x #laps. 400IM NT times should be submitted according to the formula: 200IM time x 1.25 x 2. Slowest heats may be scratched if the timeline indicates a session duration in excess of 4 hours.
- POSITIVE CHECK-IN:** Positive check-in is required for events 400M and above and will end 20 minutes before the start of each session.
- MARSHALLING:** There will be no Marshalling Area for the meet. The next heat must be behind the blocks while the current heat is in progress.  
The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.  
Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.
- Protests** All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of a disqualification, signed by the Team Manager or Head Coach and accompanied by J\$1,500. If the protest is upheld the fee will be returned to the Club.
- Jury of Appeal**
- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
  - B. Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.



C. The Jury of Appeal shall comprise 3 persons drawn from the pool of nominees submitted by each Club.

**SCORING AND AWARDS:** The Meet will **NOT** be scored and awards will **NOT** apply.



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**ORDER OF EVENTS**

**MORNING SESSION 8:30 AM**

**AFTERNOON SESSION 2:30 PM**

<b>Event</b>	<b>Age</b>	<b>M/F</b>	<b>Distance</b>	<b>Stroke</b>	<b>Event</b>	<b>Age</b>	<b>M/F</b>	<b>Distance</b>	<b>Stroke</b>
1	10&U	Mixed	100 M	Breaststroke	7	11&Over	Mixed	400M	Freestyle
2	OPEN	Mixed	200 M	Breaststroke	8	10&U	Mixed	100 M	Backstroke
3	10&U	Mixed	100 M	Butterfly	9	OPEN	Mixed	200 M	Backstroke
4	OPEN	Mixed	200 M	Butterfly	10	10&U	Mixed	200 M	IM
5	10&U	Mixed	400 M	Freestyle	11	OPEN	Mixed	400 M	IM
6	OPEN	Mixed	800 M	Freestyle	12	10&U	Mixed	200 M	Freestyle
					13	OPEN	Mixed	1500 M	Freestyle