



ASAJ Distance Starter - Saturday, October 21, 2017

ASAJ SANCTION: 41723

VENUE: The National Aquatic Centre - 8 Lane 50 M Pool. Electronic Timing and Hy-Tek Meet Manager will be used

DATE & TIME: **Saturday, October 21, 2017 commencing at 8:30 a.m.**

The Pool will be opened one and a half (1½) hours before starting time.

ELIGIBILITY: All Clubs and Swimmers registered with the ASAJ or other FINA affiliated Federations. All Schools and Recreational Swimmers are also invited to participate. Ages for the Meet shall be as of the day of the Meet and **swimmers must be 8 years of Age and over to be eligible to compete in the Open Events**

ENTRY LIMITS: Number of events per swimmer - Four (4).

Number of entries per Club: - No Entry limit

ENTRY DEADLINE: ON RACE DAY.

ENTRY FEES: J\$100.00 per Individual event. **OTHER ENTRIES:** J\$300.00 per Relay Team

RULES:

FINA Rules and ASAJ By-laws in force at time of competition will apply. For additional Rules and Regulations - see below.

ADDITIONAL RULES AND REGULATIONS GENERAL

1. False starts - The FINA starting rules (SW4) will apply.

2. **Local clubs** are required to submit, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Clubs must submit the names of their volunteers to the ASAJ Office by **4:00 p.m. on Friday, October 20, 2017.**

Volunteers **MUST** report to the Volunteer Desk at least sixty (60) minutes before the start of the competition for registration and assignment. Clubs are expected to provide volunteers - (non-compliant clubs will be excluded from participation). Club coaches are responsible for volunteer timers and counters in the Lane(s) of their swimmer(s).

DECK ENTRIES AND TIME TRIALS

4. Deck entries and time trials will be not allowed as this meet serves as time trials of distance events and entries are done on the day of the meet. Swim times will be included in the final results.

MARSHALLING

5. There will be no Marshalling Area for the Meet. Swimmers for the next heat must be behind the blocks while the current heat is in progress.

6. Coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned. If a swimmer swims in the wrong lane or heat, he/she will be automatically disqualified.

7. Once the starter has taken control of the race (after second whistle), no swimmer may then enter the race. Violation of this rule will result in summary disqualification.

ORDER OF EVENTS - Distance Starter

Saturday, October 21, 2017

8:30 a.m.

1500M Freestyle	X	Mixed Open
4 x 100M Mixed Freestyle Relay	X	Open

<<<10-minute Break>>>

4 x 200 M Freestyle Relay	M/F	Open
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<<<5-minute Break>>>

400M Individual Medley	X	Mixed Open
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<<<5-minute Break>>>

4 x 100 M Mixed Medley Relay	X	Open
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