



ASAJ HIGH SCHOOLS & TERTIARY INSTITUTIONS SWIMMING CHAMPIONSHIPS

FRIDAY, 1st MARCH 2024 & SATURDAY, 2nd MARCH 2024

- ASAJ SANCTION #:** 32407
- VENUE:** National Aquatic Centre Pool 8-Lane 50 M competition pool (with 25 M warm up pool).
Colorado Electronic Timing System (CTS6): pads with back-up buttons.
- DATES & TIMES:** Friday, 1th March 2024 8:30am & 1:30pm (High School Prelims & Timed Finals)
Saturday, 2nd March 2024
9:00 am (High School Finals & Tertiary Institutions Timed Finals)
Pool will be opened 1½ (one and a half) hours before starting time.
- OPENING CEREMONY:** Friday, 1th March 2024 at 8:15 a.m.
- ELIGIBILITY:** All high schools and accredited tertiary institutions are invited to participate.
Ages for the meet shall be as of midnight **31st August 2023**.
- ENTRY LIMITS:** Maximum number of events per swimmer: five (5) including relays.
Maximum number of entries per school/tertiary institution per individual event:
OPEN events: two (2) entries
50M freestyle: five (5) entries
All other individual events: three (3) entries

Maximum number of relay entries per school: two (2) per relay event
- ENTRY FEES:** **N.B. ENTRIES SHOULD BE SUBMITTED VIA HY-TEK SOFTWARE.**

J\$1000 per swimmer
J\$1200 per relay entry
Entry fees must be paid by Wednesday, 28th February 2024 by 4:00p.m.
- ENTRY PAYMENT:** Entry fees must be paid by cheque or cash at the ASAJ Office at the National Aquatic Centre, Independence Park, Kingston 5 or via direct bank transfer to:

Aquatic Sports Association of Jamaica
National Commercial Bank Jamaica Limited
1-7 Knutsford Boulevard
Kingston 5
JMD chequing account # 351044136
- ENTRY DEADLINE:** **Friday, 23rd February 2024 by 4:00p.m.**
Entries are to be submitted in electronic form using Hy-Tek software and emailed to aquaticsja@gmail.com. **MANUAL ENTRIES WILL NOT BE ACCEPTED.**



The entry confirmation sent to the schools must be duly signed by the Principal of the school/tertiary institution and stamped and delivered to the ASAJ Office or emailed to aquaticsja@gmail.com. Call 876-920-6230 to confirm receipt.

RULES:

WA Rules and ASAJ By-Laws in force at the time of the competition will apply. WA Starting Rule SW 4 will apply - Any swimmer starting before the starting signal has been given, shall be disqualified.

Relay-only swimmers must be declared on the entry.

The date of birth for each swimmer must be included in the Entry File.

TECHNICAL MEETING: **There will be no technical meeting. Entries submitted by schools/ tertiary institutions will be forwarded via email for verification by coach/school/tertiary institution and corrections forwarded by return email.**

VOLUNTEERS:

Schools and tertiary institutions should send a list of their coaches, chaperones and volunteers to aquaticsja@gmail.com and copy josephoneilreynolds1965@gmail.com.

MARSHALLING:

1. There will be no marshalling for Heat events, only for Finals.
2. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
3. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

ENTRIES AND RESULTS:

1. Competitors will only be allowed to swim in their respective age group. If competitors swim outside of their respective age group, the offending swimmer will be disqualified from the competition.
2. Substitutions will **NOT** be allowed in either the individual or relay events. Only the named swimmer entered in the respective event will be allowed to compete. Swimmers found in violation of this will be disqualified from the competition.
3. All swimmers must be registered with their respective schools.



4. All scratches and name spelling corrections and checking of the original entry are to be done via email response after receiving the entries as submitted by Hy-Tek.
5. Relay cards are in duplicate, the original must be handed to the Recorder thirty (30) minutes before the start of the first event of the session. The copy must be handed to the Head Lane Time-keeper at the beginning of the event. Any change must be made at least five (5) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate only. The swimmers must be named in order of swimming on the relay cards in accordance with FINA rules.
6. No late entries will be accepted unless in very extreme circumstances at the discretion of the Meet Coordinators.
7. High School individual events will be swum as Prelim and Finals. Prelim events with 8 or fewer swimmers on the blocks will be swum as Timed Finals.
8. All Relays and Tertiary events will be swum as Timed Finals.
9. Deck Entries and/or Time Trials will **NOT** be permitted.
10. Schools/tertiary institutions are required to submit, **with their entries**, a list of volunteers to act as timekeepers and to perform other duties essential to the smooth running of the competition. Timekeepers will be assigned to their particular sessions and lanes before the start of each session. Schools Schools/tertiary institutions are expected to provide the following number of volunteers (non-compliant schools will be excluded from participation):
 - 1-5 swimmers entered: One (1) volunteer per session
 - 6-10 swimmers entered: Two (2) volunteers per session
 - 11-15 swimmers entered: Three (3) volunteers per session
 - 16-20 swimmers entered: Four (4) volunteers per session
 - 21 or more swimmers entered: Five (5) volunteers per session
11. Timekeepers are required to report to the head timekeeper 30 minutes before the start of the session to receive the briefing.
12. The Meet Director or Referee reserves the right to change meet warm-up, start times, or drop/move events or heats, add breaks in order to hold an efficient meet.

AWARDS AND POINTS:

1. Points for each event will be awarded as follows:
Individual Events: 9, 7, 6, 5, 4, 3, 2, 1 for 1st to 8th place respectively.
Relay Events: 18, 14, 12, 10, 8, 6, 4, 2 for 1st to 8th place respectively.

High Schools and Tertiary Institutions will be score in separate divisions.

2. Trophies will be awarded as follows:

- There will be a trophy for the High School that wins the Female Division.
- There will be a trophy for the High School that wins the Male Division.
- There will be a trophy for the overall winning University/Tertiary Institution.

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FRIDAY, 1TH MARCH 2024 & SATURDAY, 2ND MARCH 2024**

ORDER OF EVENTS

FRIDAY, 1TH MARCH 2023 SESSION 1							8:30 AM
F	M	P/TF	Div	Dist	Stroke	Age Grp	
1	2	P	HS	200 M	Freestyle	OPEN	
3	4	P	HS	50 M	Backstroke	12 & U	
5	6	P	HS	50 M	Backstroke	13-14	
7	8	P	HS	50 M	Backstroke	15-16	
9	10	P	HS	50 M	Backstroke	17 & O	
11	12	P	HS	100 M	Breaststroke	OPEN	
13	14	P	HS	50 M	Freestyle	12 & U	
15	16	P	HS	50 M	Freestyle	13-14	
17	18	P	HS	50 M	Freestyle	15-16	
19	20	P	HS	50 M	Freestyle	17 & O	
21	22	P	HS	100 M	Butterfly	OPEN	
23	24	TF	HS	4x50 M	Free Relay	12 & U	
25	26	TF	HS	4x50 M	Free Relay	13-14	
27	28	TF	HS	4x50 M	Free Relay	15-16	
29	30	TF	HS	4x50 M	Free Relay	17 & O	

SATURDAY, 2ND MARCH 2023 SESSION 3							9:00 AM
F	M	F/TF	P/F	Dist	Stroke	Age Grp	
1	2	F	HS	200 M	Freestyle	OPEN	
67	68	TF	TI	200 M	Freestyle	16 & O	
3	4	F	HS	50 M	Backstroke	12 & U	
5	6	F	HS	50 M	Backstroke	13-14	
7	8	F	HS	50 M	Backstroke	15-16	
9	10	F	HS	50 M	Backstroke	17 & O	
69	70	TF	TI	50 M	Backstroke	16 & O	
11	12	F	HS	100 M	Breaststroke	OPEN	
71	72	TF	TI	100 M	Breaststroke	16 & O	
13	14	F	HS	50 M	Freestyle	12 & U	
15	16	F	HS	50 M	Freestyle	13-14	
17	18	F	HS	50 M	Freestyle	15-16	
19	20	F	HS	50 M	Freestyle	17 & O	
73	74	TF	TI	50 M	Freestyle	16 & O	
21	22	F	HS	100 M	Butterfly	OPEN	
75	76	TF	TI	100 M	Butterfly	16 & O	
31	32	F	HS	200 M	IM	OPEN	
77	78	TF	TI	200 M	IM	16 & O	
33	34	F	HS	50 M	Breaststroke	12 & U	
35	36	F	HS	50 M	Breaststroke	13-14	
37	38	F	HS	50 M	Breaststroke	15-16	
39	40	F	HS	50 M	Breaststroke	17 & O	
79	80	TF	TI	50 M	Breaststroke	16 & O	
41	42	F	HS	100 M	Freestyle	12 & U	
43	44	F	HS	100 M	Freestyle	13-14	
45	46	F	HS	100 M	Freestyle	15-16	
47	48	F	HS	100 M	Freestyle	17 & O	
81	82	TF	TI	100 M	Freestyle	16 & O	
49	50	F	HS	50 M	Butterfly	12 & U	
51	52	F	HS	50 M	Butterfly	13-14	
53	54	F	HS	50 M	Butterfly	15-16	
55	56	F	HS	50 M	Butterfly	17 & O	
83	84	TF	TI	50 M	Butterfly	16 & O	
57	58	F	HS	100 M	Backstroke	OPEN	
85	86	TF	TI	100 M	Backstroke	16 & O	

FRIDAY, 1TH MARCH 2024 SESSION 2							1:30 PM
F	M	P/TF	Div	Dist	Stroke	Age Grp	
31	32	P	HS	200 M	IM	OPEN	
33	34	P	HS	50 M	Breaststroke	12 & U	
35	36	P	HS	50 M	Breaststroke	13-14	
37	38	P	HS	50 M	Breaststroke	15-16	
39	40	P	HS	50 M	Breaststroke	17 & O	
41	42	P	HS	100 M	Freestyle	12 & U	
43	44	P	HS	100 M	Freestyle	13-14	
45	46	P	HS	100 M	Freestyle	15-16	
47	48	P	HS	100 M	Freestyle	17 & O	
49	50	P	HS	50 M	Butterfly	12 & U	
51	52	P	HS	50 M	Butterfly	13-14	
53	54	P	HS	50 M	Butterfly	15-16	
55	56	P	HS	50 M	Butterfly	17 & O	
57	58	P	HS	100 M	Backstroke	OPEN	
59	60	TF	HS	4x50 M	Medley Relay	12 & U	
61	62	TF	HS	4x50 M	Medley Relay	13-14	
63	64	TF	HS	4x50 M	Medley Relay	15-16	
65	66	TF	HS	4x50 M	Medley Relay	17 & O	