



## **THE BARBADOS AQUATIC SPORTS ASSOCIATION**

**Extends A Cordial Invitation  
To Swimmers Affiliated To Your Federation  
To Participate In The  
2020 BASA LONG COURSE NATIONAL CHAMPIONSHIPS  
MARCH 03<sup>th</sup>- 08<sup>th</sup>, 2020  
AQUATIC CENTRE, WILDEY BARBADOS**

**Events will be swum in the following age categories (female and male):  
8 & U, 9-10, 11-12, 13-14, 15-17, 18 -24 & 25 & over.**

**We attach an entry form (which may be copied as required) together with an order of events. The entry deadline is Friday, FEBRUARY 07<sup>th</sup>, 2020. We ask that you kindly pass on this information to all of your affiliated swim clubs.**

**1..POOL SPECIFICATIONS: 10 LANE 50 M POOL WITH 25 M WARM  
DOWN FACILITY  
DAKTRONICS 10 LANE AUTOMATIC TIMING EQUIPMENT**

### **2..SCHEDULE:**

Tuesday, March 03	Session 1 : Meet starts at 6:00 PM Warm up 4:30 PM
Wednesday, March 04	Session 2 :Meet starts at 6:00 PM Warm up 4:30 PM (Opening Ceremony) 5:45 PM
Thursday, March 05	Session 3: Meet starts at 6:00 PM Warm up 4:30 PM
Friday, March 06	Session 4: Meet starts at 6:00 PM Warm up 4:30 PM
Saturday, March 07	Session 5: Meet starts at 4:00 PM Warmup 2:30 AM
Sunday, March 08	Session 6: Meet starts at 9:00 AM Warmup 7:30 AM
Sunday, March 08	Session 7: Meet starts at 4:00 PM Warmup 2:30 PM

### **3...COMPETITION RULES:**

The competition will be conducted in accordance with FINA Rules 2018-2020 in force at the start of the competition.

FINA rules applicable to approved swimwear effective January 1, 2010 will be enforced. Swimmers will not be allowed to compete in two swim suits.

Fina rule SW 4.4 –No false starts -shall be applied.

#### **3.1.. AGE GROUPS:**

##### **- Individual events**

8 & U, 9-10, 11-12, 13-14, 15-17; 18 -24; 25 & Over.

The Swimmer's age on December 31<sup>st</sup>, 2019 will determine the age group in which he/she is eligible to participate.

#### **3.2...REGISTRATION & ENTRIES:**

Each Club must submit a letter of sanction to the Meet Director from its Federation indicating that participating swimmers and the club are in good financial standing. Competitors must be registered swimmers with the Federation of the Country sanctioning their participation.

Entries must be made either on the accompanying ENTRY FORMS and sent via email to: [basa@caribsurf.com](mailto:basa@caribsurf.com) OR via [hytek](#) which is the preferred method. All entries must be returned to the Barbados Amateur Swimming Association by **Friday, February 07<sup>th</sup> 2020, the deadline date**. Summons will be posted on the BASA website.

The following rules shall apply to all entries:

- 1.. There shall be no restrictions on the number of events in which an individual competitor may participate.
- 2.. Heats will be announced and swimmers missing their respective heat will not be allowed to take part in that event.
- 3.. There shall be no preliminaries. All events are timed finals.
- 4...The pool will be opened 90 minutes before each session for warm-up.
- 5...The warm up routine will be an open lane format with sprinting taking place in lanes 1 & 8 starting from the stadium end of the pool 30 minutes before the end of the warm up period. Pace laps will take place in the inner lanes.
- 6.. Swimmers must report to the waiting area at least 4 heats before the event in which the swimmer has been entered. If the swimmer is not in the waiting area by the designated time a decision will be taken that the swimmer has scratched the event.

### **3.3...Entry fees:**

**Entry fees are as follows:**

(a) US\$2.00 per event

Overseas participants must pay entry fees on arrival. The Psyche sheet will be emailed to your address by **Saturday, February 22<sup>nd</sup>, 2020.**

### **4 ...AWARDS:**

4.1 Medals will be awarded to the first three (3) swimmers in each event. Additionally medals for these places will be shared with local swimmers. A trophy will be given to the local swimmer male and female in each age group scoring the highest number of points.

### **SCORING:**

Scoring shall be as follows:

First Place	-	9 points
Second Place	-	7 points
Third Place	-	6 points
Fourth Place	-	5 points
Fifth Place	-	4 points
Sixth Place	-	3 points
Seven Place	-	2 points
Eight Place	-	1 point

### **5...TECHNICAL OFFICIALS:**

The Barbados Amateur Swimming Association in conjunction with the affiliated Swim Clubs in Barbados will provide the Officials for the competition. Overseas clubs/Federations are invited to submit the names of any qualified persons willing to serve as Timers / Judges during the meet.

All meet officials are required to check in with the Meet Referee and Chief Timer one hour before the start of the competition.

Refreshment will be served to Meet Officials during the Competition.

## **6..TECHNICAL MEETING:**

A meeting with coaches and team managers from overseas will take place on the first day of the competition immediately after the warm up session to answer any queries or clarify issues pertaining to the conduct of the competition.

## **7..JURY OF APPEAL:**

The Jury of Appeal comprising three disinterested persons to adjudicate all appeals against a Referee's rejection of a protest will be formed out of the Staff & Council of the Association. All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the event, signed by an authorised officer of the participating Club/Federation and accompanied by US \$25.00. If the protest is upheld the fee will be returned to the authorised Officer.

## **8...REFRESHMENT:**

Food and drink will be available on the premises, throughout the meet.

## **9...CONTRIBUTIONS TO SWIMMING:**

SEASON PASS (ALL SESSIONS) – BDS\$50.00- US\$25.00 (Adults 11yrs & over) inclusive of daily heat sheet

DAILY SESSION WRIST BANDS -BDS\$10.00 or US\$5.00 (Adults 11 yrs & over) inclusive of daily heat sheet.

Children: 10 years and under (daily wristband) – Bds \$5.00. US \$2.50

Additional heat sheets daily -BDS\$2.00 or US\$1.00

Results(Full)-BDS\$20.00 or US\$10.00

**Travel arrangements and accommodation are the responsibility of individuals. The area code for Barbados is (246).**

## **10...ACCOMMODATION**

### **1) Barbados Beach Club**

**Tel: 246-428-9900**

**Fax: 246-428-8905**

**Email: [reservations@barbadosbeachclub.com](mailto:reservations@barbadosbeachclub.com)**

**Web site: [www.barbadosbeachclub.com](http://www.barbadosbeachclub.com)**

**2) Dover Beach Hotel**

**Tel: 246-428-8076**

**Fax: 246-428-2122**

**Email: [vacation@doverbeach.com](mailto:vacation@doverbeach.com)**

**Web site: [www.doverbeach.com](http://www.doverbeach.com)**

**3) Coconut Court Hotel**

**Tel: 246-427-1655/427-1656**

**Fax: 246-429-8198**

**Email: [ccourt@sunbeach.net](mailto:ccourt@sunbeach.net)**

**Website: [www.coconut-court.com](http://www.coconut-court.com)**

**4) Rostrevor Apt Hotel**

**Tel: 246-428-9298**

**Fax: 246-428-7705**

**Email: [reservations@rostrevorbarbados.com.bb](mailto:reservations@rostrevorbarbados.com.bb)**

**Website: [www.rostrevorbarbados.com](http://www.rostrevorbarbados.com)**

**11... TRANSPORTATION:**

**1) Boyce's Transport**

**Tel: 246-426-5181**

**Fax: 246-424-1455**

**Website: [www.boycestours.com](http://www.boycestours.com)**

**2) Barbados Olympic Association**

**Tel: 246-429-1998**

**Fax: 246-426-1998**

**Email: [info@olympic.org.bb](mailto:info@olympic.org.bb)**

**Website: [www.olympic.org.bb](http://www.olympic.org.bb)  
[www.olympic.org.bb/site](http://www.olympic.org.bb/site)**

**3) Suntours Barbados**

**Tel: 246-434-8430**

**Fax: 246-434-8439**

**Email: [info@suntoursbarbados.com](mailto:info@suntoursbarbados.com)**

**Website: [www.johnsonstour.com](http://www.johnsonstour.com)  
[www.suntoursbarbados.com](http://www.suntoursbarbados.com)**