



**XXXVIII CARIFTA 2025
AQUATIC CHAMPIONSHIPS**
TRINIDAD & TOBAGO
APRIL 17TH - 24TH

MEET SUMMONS

**XXXVIII CARIFTA 2025
SWIMMING & OPEN WATER SWIMMING**
April 17th -April 24th, 2025

MEET SUMMONS

XXXVIII CARIFTA 2025 SWIMMING & OPEN WATER SWIMMING

1. DATE AND VENUE

DATE: April 17th - April 24th, 2025
VENUE SWIMMING: National Aquatics Centre, Balmain, Couva Trinidad
VENUE OPEN WATER: Five Island Beach, Williams Bay Chaguaramas Trinidad

2. SCHEDULE

Discipline	Date	Team Arrival	Team Departure
Swimming	April 19 th - April 22 nd , 2025	April 17 th	April 23 rd
Open Water	April 23 rd	April 20 th	April 24 th

3. EVENT SCHEDULE AND COMPETITION VENUES

3.1 Swimming Venue:

National Aquatics Centre, Balmain, Couva

Pool Specifications:

- A. 50m Myrtha competition pool
- B. 50m outdoor pool
- C. 25m diving facility
- D. Fitness room with sauna, Turkish bath, cool water pool
- E. State-of-the-art timing system with underwater video and digital screen playback
- F. Seating capacity for 940 spectators

3.2 Open Water Venue:

Five Island Beach, Trinidad

3.3 Games Village:

3.1 Radisson Hotel, Wrightson Rd, Port of Spain

3.2 Cara Suites, Claxton Southern Main Road, Claxton Bay

4. PARTICIPATING FEDERATIONS

FEDERATION		
Antigua & Barbuda	Dominica	St. Lucia
Aruba	French Guiana	St. Maarten
Bahamas	Grenada	St. Martin
Barbados	Guadeloupe	St. Vincent & the Grenadines
Bermuda	Guyana	Suriname
Bonaire	Haiti	Trinidad & Tobago
British Virgin Islands	Jamaica	Turks & Caicos
Cayman Islands	Martinique	U.S. Virgin Islands
Curaçao	St. Kitts & Nevis	

5. COMPETITION RULES

The competitions will be conducted in accordance with AQUA Rules, which are in effect at the start of the championships. AQUA Rule SW4.4 shall be applied.

5.1 Swimming: In the Preliminary heats of swimming, the start shall be "over the top" in the freestyle, breaststroke, and butterfly events.

5.2 Interpretations: The Organizing Committee of CARIFTA 2025 and the Jury of Appeal shall have complete authority to interpret, resolve, and adjudicate any protest, dispute, or call relating to these Championships. Nominations for the Jury of Appeal should be submitted at the Technical Meetings.

6. AGE GROUPS

6.1 Swimming:

Competitors will compete in the following age groups:

- 11-12 Female and Male
- 13-14 Female and Male
- 15-17 Female and Male

The swimmer's age group shall be determined by the age of the swimmer as of midnight on December 31st, 2024.

6.2 Open Water Swimming:

Competitors will compete in the following age groups:

- 14-15 Female and Male
- 16-18 Female and Male

The swimmer's age group shall be determined by the age of the swimmer as of midnight on December 31st, 2025.

7. ELIGIBILITY

7.1 Financial Standing:

All participating Federations must be financially stable with AQUA and other affiliated members.

7.2 Competitors' Eligibility:

All competitors must be citizens of the country they represent, whether by birth or naturalization. Naturalized citizens must have lived in their country for at least one year before the entry deadline. Non-citizens may also be entered if they have resided in the country for at least one year before the entry deadline and have not represented another country during this period.

7.3 Registration:

All competitors must be registered with, or members of, the Swimming or Aquatics Federation of the country they represent.

7.4 Proof of Residency for Non-Citizens:

Competitors who are non-citizens must provide "proof of residency" documents, such as proof of club membership, school attendance, or affiliation with an organization.

7.5 Country Code Modifications:

If a country enters a non-citizen competitor, the country code for that nation will be modified by adding "A.G." to the designated three-letter AQUA country code (e.g., TTO shall be changed to TTO-AG).

7.6 International Qualification Requirements:

Federations with athletes attempting to qualify for CCCAN or other international competitions must be in good standing with CCCAN. Non-CCCAN federations must present authorisation from their Zone President or Secretary to participate in the CARIFTA Championships.

7.7 Time Trials:

No time trials will be offered at the Championships.

8. PRELIMINARY ENTRIES

Preliminary entries for each discipline must be submitted using the official electronic entry forms provided by ASATT. These entries must reach the Chairperson of the Organizing Committee no later than Monday, January 31st, 2025.

8.1 Preliminary entries must include:

- A. The total number of athletes and officials for each discipline (swimming, open water).
- B. An estimated breakdown of athletes by age group and gender

All federations are encouraged to ensure that preliminary entries are accurate, as this will assist the organising committee in planning accommodations, transportation, and other logistical arrangements.

8.2 Contact Information for Entries:

Address: ASATT Organizing Committee
National Aquatics Centre
Couva Main Road, Couva, Trinidad and Tobago
Tel: +1-868-771-1147
Tel: +1-868-689-2596
Email: carifta2025asatt@gmail.com

9. FINAL ENTRIES

Final entries for all disciplines (swimming, open water swimming) must be submitted electronically using the provided forms by Monday, March 3rd, 2025. The following details must be included in the final entries:

1. Full Name, gender, and date of birth for each swimmer, open water swimmer.
(Use electronic form.)
2. Each swimmer, open water swimmer will enter the specific events.
3. Entry times for seeding purposes (swimming events only).
4. Name all team officials and the roles they will hold within the team. (Use electronic form.)
5. Names of qualified individuals willing to serve as Meet Officials and their specific capacities. (Use electronic form.)
6. Passport-sized photographs of each athlete, team member, and Meet Official.

9.1 Photograph Submission:

- A. All photographs must be submitted electronically in .jpg format. Each image must be labelled with the athlete's or official's full name and country. Photographs should be compressed into zip files for efficient submission, with each zip file clearly labelled by country and discipline. Separate zip files should be submitted for each discipline. (Use electronic form.)
- B. A brief profile of each athlete, team, and Meet Official, including National and International achievements, should be submitted for inclusion in the CARIFTA Souvenir Booklet. (Use electronic form.)
- C. Complete arrival and departure details for all athletes, team members, and Meet Officials must be provided. (Use electronic form.)

9.2 Additional Requirements:

In addition to electronic submissions, a printed copy of the entries, generated by HY-TEK software for swimming or the Meet Manager printout, must be signed by the President or General Secretary of the Federation, affixed with the Federation's official stamp, and emailed to the Organizing Committee by the final deadline of Monday, March 3rd, 2025.

10. MIXED RELAYS

Mixed relays will be held only in the 11-12 age group and contested as a 4x100 freestyle event. This relay will take place in the evening session along with the 4x200 freestyle relays for the 13-14 and 15-17 age groups.

- 10.1** Swimmers will be allowed to "SWIM UP" for relays only, meaning they can compete in an older age group relay if needed but cannot compete in both their age group relay and the older group's relay.
- 10.2** A maximum of two (2) swimmers per relay are permitted to swim up, provided the country does not have enough swimmers in the older age group. These swimmers must not compete in their standard age group relay.
- 10.3** Swimmers may only participate in one relay per day.
- 10.4** Mixed relays will count towards points and medals.

11. PAYMENT OF FEES

In relation to advance payments for countries participating in CARIFTA 2025, the following terms shall apply, as agreed upon during the CARIFTA Congress.

- 11.1 **Deposit:** Each Federation must pay 20% of the total cost when submitting final entries and the rooming list.
- 11.2 **Late Payment Penalty:** Federations failing to pay the 20% deposit along with the final entries will incur a 5% penalty on the total cost if the deposit is not received within five (5) working days after the final entry deadline.
- 11.3 **Invoicing and Final Payment:** The Organizing Committee will send an invoice to each participating Federation within ten (10) days of receiving the final entries and rooming list. This invoice will reflect the deposit received and the remaining balance due. The outstanding balance must be paid upon the arrival of the team before the start of the competition.

12. ENTRY RULES

12.1 Swimming

- 1. **Team Limits:** Each country may enter a maximum of eight (8) competitors per gender in each age group, with a total team size limit of 36 swimmers.
- 2. **Event Participation:** There is no limit to the number of events a swimmer may enter. However, substitutions or alternates will not be allowed after submitting final entries, except in relays.
- 3. **Relay Restrictions:** Swimmers may participate in a relay outside their age group, as stated in **(Rule 10.1)**
 - A. Each country will be limited to two (2) competitors per individual event, except for the 50m events, where a maximum of three (3) competitors may be entered.
 - B. Only two (2) swimmers from a team may advance to the finals.
 - C. Only one (1) relay team per country is allowed in relay events.
- 4. **Relay Entry:** Each country must enter four (4) swimmers for each relay. The order of relay swimmers must be submitted to the Clerk of Course, one hour before the start of each session.
- 5. **Timed Finals:** All events over 200 meters will be conducted as timed finals. Preliminary heats will be held for all other events, with the top eight swimmers advancing to the final.
- 6. **Scratches:** Scratches must be submitted within 30 minutes after the conclusion of preliminary heats. Failure to comply will result in a fine of **US\$100.00** per scratch, payable immediately. Teams will be prohibited from further participation if the fine is not paid. Medical verification will be required for any illness-related scratches.
- 7. **Qualification for Finals:** The eight (8) fastest swimmers from the preliminary heats will qualify for the finals. The 9th and 10th fastest swimmers will be designated as alternates.
- 8. **Seeding:** Preliminary event seeding will follow **AQUA Rule SW36.**
- 9. **Final Events with Fewer Entries:** Any event with eight (8) or fewer entries will automatically be contested as a final.
- 10. **Anti-Doping:** Competitors in the 13-14 and 15-17 age groups may be subject to anti-doping testing at the discretion of the local Anti-Doping Authority.
- 11. **Events Longer than 200 Meters:** In events longer than 400 meters: "No Time" (N.T.) entries will not be accepted.
 - A. The fastest heat will be swum in the evening session, while all slower heat will take place in the morning.

- B. The 800m and 1500m freestyle events for the 13-14 and 15-17 age groups will be swum together, with the results published by age group.

Proof of Times: For events 400 meters and longer, proof of time must be submitted with the entries. Accepted forms of proof include meet results from **March 2024 to March 2025**, verified by the Meet Referee or the Federation President. Long-course meter times must be submitted, with short-course times identified as conversions.

12.2 Qualifying Standards for Long-Distance Events

For the 800m and 1500m freestyle events, the following qualifying standards will apply:

Age Group	Female (800m)	Male (1500m)
13-14	10:20.99	18:58.99
15-17	10:08.99	18:11.69

These times must be submitted as long-course meters (LCM). If only short-course yard (SCY) or short-course meter (SCM) times are available, they must be submitted and marked as conversions.

13. TEAM OFFICIALS

13.1 Swimming:

1. For delegations with twelve (12) competitors or fewer, three (3) team officials will be allowed.
2. For delegations with thirteen (13) to twenty-four (24) competitors, five (5) team officials will be allowed.
3. For delegations with twenty-five (25) to thirty-six (36) competitors, seven (7) team officials will be allowed.

13.2 Open Water Swimming:

Each country is allowed two (2) team officials per delegation for the open-water event.

NB: The number of team officials permitted shall include roles such as doctors, masseurs, physiotherapists, chaperones, managers, Chefs de Mission, and coaches. Each team official must be listed with their specific role. Teams from non-English-speaking countries can include one additional official as a translator. The Organizing Committee will endeavour to provide a bilingual liaison official for these teams throughout the competition as required.

NB: Officials exceeding the stipulated numbers will not benefit from special team rates or privileges.

14. REGISTRATION/ACCREDITATION PROCEDURE

1. **Arrival and Room Allocation:** Upon arrival at the Games Village, teams will be checked in and allocated based on the pre-submitted rooming list. If no room allocation list is provided, the Organizing Committee (O.C.) will assign rooms before the team arrives.

2. **Meeting with Delegation Head:**

An ASATT representative will meet with the Head of Delegation or the Team Manager at the Games Village to complete the following transactions:

3. **Delegation Assistant Liaison (DAL):** Each Delegation will be assigned a DAL, this representative will be the Organizing Committees (O.C) initial point of contact and would assist with the day to day requirements of the delegations.

4. **Payment of Fees:**

The total outstanding meet fees, as invoiced by the host country based on the final entries, must be settled.

Payment methods include:

- a. Before arrival, via wire transfer in U.S. dollars.

International Transfers:

Intermediary Bank:

Swift Code: PNBUS33PHL/ABA026005092

Wells Fargo Bank N.A., Philadelphia, Pennsylvania

Beneficiary Bank: First Citizens Bank

Swift Code: FCTTTTPS

44- 46 Maraval Road, Port of Spain

Beneficiary Account # 934539

Beneficiary: Amateur Swimming Association of T & T

National Aquatic Centre, Balmain, Couva.

- b. Payment via U.S. dollar bankers' certified draft.
c. Payment via credit card (MasterCard or Visa only).

Necessary: The payee National Federation must cover any commission fees or charges incurred during the transaction and settle upon arrival. The Host Country will only credit the amount received after deducting bank charges. Any difference must be paid upon arrival, reflected in the invoice provided before the team arrives.

Upon arrival at the Games Village, teams will be checked in and allocated rooms based on the rooming list pre-submitted by each delegation. In cases where no room allocation list is provided, the Organizing Committee (O.C.) will make the necessary arrangements and assign rooms before the team's arrival.

A designated ASATT representative will meet with the Head of Delegation or Team Manager upon arrival at the Games Village to complete the following steps:

1. **Accreditation Procedure:**

During the Technical Meeting, the following accreditation processes will take place:

2. **Verification of Age and Eligibility:**

All athletes must present proof of age and eligibility, typically in the form of a valid passport and, where applicable, residency documents.

3. **Issuance of Accreditation Badges:**

After the fees are paid, accreditation badges will be issued to all official delegation members. These badges must be worn at all times during the event. Any loss of an accreditation badge must be reported to the Competition Secretariat immediately, and a replacement badge will be provided for **US\$25.00**.

4. **Submission of Flags and National Anthem:**

Each country must submit three (3) flags and their National Anthem in an appropriate digital format

15. ACCOMMODATION FEES

The fees for the 2025 CARIFTA Aquatics Championships are as follows:

1. Hotel Fee:

The hotel fee for each member of the official delegation (swimmers, team officials, and technical officials) will be **USD 170.00 per night per member**. This fee includes breakfast, lunch, and dinner, based on triple occupancy (three persons per room) or a room allocation determined by the male/female ratio and overall team size

2. Alternative Room Arrangements:

If a specific accommodation request is made, such as fewer than three persons per room, the following rates will apply:

- A. Double occupancy: **185.00 USD per person per night**
- B. Single occupancy: **300.00 USD per person per night**

16. LOCAL TRANSPORTATION FEES

- 1. Transportation Fee: USD 50.00 per delegation member and approved technical official from April 17th to April 26th, 2025, covering arrivals, departures, and transport between the hotel and competition venues.

17. MEET FEES

- 1. Swimming Entry Fee: USD 5.00 per swimmer per event.
- 2. Swimming Relay Entry Fee: USD 10.00 per team per event.
- 3. Open Water Entry Fee: USD 5.00 per swimmer.

18. TECHNICAL MEETINGS

- 1. The **Swimming Technical Meeting** will be held on **Friday, April 18th, 2025**, at 5:00 p.m. at the Games Village. The agenda will include:

- A. Welcome and introductions
- B. Review of psych sheets and submission of corrections by the Delegation's Representative
- C. Review of scratches received before the meeting and receipt of new scratches
- D. Verification of participants' passports for proof of age and eligibility
- E. Overview of the Games Village
- F. Description of the competition venue and pool facilities
- G. Review of the transportation schedule
- H. Confirmation of nominees for the Jury of Appeal
- I. Opening and closing ceremonies
- J. Any other technical matters

- 2. The **Technical Officials' Meeting** will take place immediately following the Swimming Technical Meeting at 6:30 p.m., with the following agenda:
 - A. Presentation of the roster
 - B. Procedures and procession for the competition

- C. A brief discussion of swimming technical rules or queries
 - D. Officials' attire
 - E. Any other technical matters
3. The **Open Water Technical Meeting** will be held on **Monday, April 21st, 2025**, at 3:00 p.m. at the Games Village. The agenda will include:
- A. Presentation of the roster
 - B. Review of procedures and competition flow
 - C. Discussion of Open Water Swimming Technical Rules
 - D. Any other technical matters

An **Open Water Familiarization Trip** will be conducted on **Tuesday, April 22nd, 2025**, departing from the Games Village at 6:45 a.m.

19. PROTESTS

All protests must be submitted in writing to the Referee within 30 minutes after the event in question. The protest must be signed by the Delegation's Representative and accompanied by a fee of **USD 25.00**. If the protest is upheld, the fee will be refunded to the leader of the delegation.

20. JURY OF APPEAL

1. A Jury of Appeal will be established to adjudicate all appeals against a Referee's rejection of a protest.
2. Each country is entitled to nominate a representative to serve on the Jury of Appeal. Nominations must be submitted in writing during the Technical Meetings.
3. The Jury of Appeal will consist of three (3) impartial members selected from the nominees submitted by each country.

21. SCORING AND AWARDS

Points for swimming, open water, and relays will be awarded as follows:

Place	Individual	Open Water	Relays
1	9	9	18
2	7	7	14
3	6	6	12
4	5	5	10
5	4	4	8
6	3	3	6
7	2	2	4
8	1	1	2

1. **Swimming:** Medals will be awarded for 1st, 2nd, and 3rd place in each event.
2. **High Point Trophy:** A High Point Trophy will be awarded to the top-performing female and male swimmer in each age group.
3. **Performance Trophy:** A Performance Trophy will be awarded to the swimmer in each age group who scores the highest AQUA points in a single event.
4. **Presentation of Medals and Trophies:** Medals and trophies will be awarded during evening sessions and at the Closing Ceremony unless the Meet Director approves schedule changes.

NB: The overall **CARIFTA Swimming Champion**, based solely on pool swimming results, will be announced during the closing ceremony.

22. OPENING OF POOL

The competition pool will be opened 90 minutes before the scheduled start of each session. The pool will close 15 minutes before the commencement of the competition.

23. FLAGS AND ANTHEMS

Each delegation is required to provide:

1. Three (3) flags of their country, no larger than 3 feet by 5 feet.
2. A recording of their National Anthem, lasting no more than 30 seconds.

24. CEREMONIES

1. **Opening Ceremony:** The Opening Ceremony for the 2025 CARIFTA Aquatics Championships will take place on **April 18th, 2025**, at 2:00 p.m. This ceremony will feature the parade of teams and will be streamed on the ASATT YouTube channel.
2. **Closing Ceremony:** The Closing Ceremony will occur after the Open Water competition on **April 23th, 2025**, at the National Aquatics Centre in Couva. However, discipline-specific medals and trophies will be presented at the end of each final session for the respective events.

25. TRANSPORTATION

1. Teams are responsible for making their travel arrangements to and from Trinidad and Tobago. Official delegations and approved technical officials will be met at **Piarco International Airport** and transported to the Games Village.
2. Only officially listed team members, delegations, or technical officials will be provided transportation to the Games Village.
3. Transportation will be provided for official delegations and technical officials from the Games Village to the Airport upon departure after the Championships.
4. Transportation will also be provided between the Games Village and the competition venues in accordance with a published schedule.
5. **Supporter Transportation:** No official transportation will be provided for supporters. Should a transportation package for supporters become available, this will be communicated by the Organizing Committee. However, supporters will not be allowed to travel on team buses.

26. ACCOMMODATION AND MEALS

Accommodation will be provided at the Games Village, and meals will be arranged as follows:

Lunch and dinner will be provided on the day of arrival and breakfast only on the day of departure. For all other days breakfast, lunch and dinner will be provided.

Team Arrival and Departure Schedule:

Event	Arrival Date	Departure Date
Pool Swimming	April 17th, 2025	April 23rd, 2025
Open Water	April 20th, 2025	April 24th, 2025

27. CONTACT INFORMATION

For all inquiries regarding the 2025 CARIFTA Aquatics Championships, please contact:

ASATT Organizing Committee

National Aquatics Centre

Couva Main Road

Couva, Trinidad and Tobago

Tel # 1-868-771-1147

Tel # 1-868-689-2596

Email: Carifta2025asatt@gmail.com

Website: Placeholder for ASATT website

28. TECHNICAL OFFICIALS

Federations or individuals interested in serving as Technical Officials for the 2025 CARIFTA Aquatics Championships are invited to apply to the Organizing Committee. Application forms must be completed by the Technical Official, signed by their Federation's President or Secretary, and submitted to the Organizing Committee no later than **January 31st, 2025**.

Selected officials will be notified by **Friday, February 2nd, 2025**.

Technical Officials accepted to officiate at the Championships will be accommodated at the Games Village and will benefit from the same accommodation and transportation rates outlined in this summons.

29. UNSPORTSMANLIKE BEHAVIOR

Article 33 of the CARIFTA Guidelines shall apply to all incidents of unsportsmanlike behaviour during the 2025 CARIFTA Aquatics Championships.

30. SUPPORTERS

The Organizing Committee plans to offer a **Supporters' Package**, including transportation, admission, and heat sheets. Further details regarding the Supporters' Package will be shared later and posted on the ASATT website:

www.ttaquatics.com

31. COMPETITION PROGRAMME SWIMMING

Day 1: Saturday April 19th

Session #1: Start 9:00 a.m.

Event #	Event Description	Age Group	Type
1	F 800m Freestyle (slowest heats)	13-14 & 15-17	Timed Final
3/4	F/M 200m Breaststroke	11-12	Prelims
5/6	F/M 200m Breaststroke	13-14	Prelims
7/8	F/M 200m Breaststroke	15-17	Prelims
9/10	F/M 50m Backstroke	11-12	Prelims
11/12	F/M 50m Backstroke	13-14	Prelims
13/14	F/M 50m Backstroke	15-17	Prelims
15/16	F/M 100m Butterfly	11-12	Prelims
17/18	F/M 100m Butterfly	13-14	Prelims
19/20	F/M 100m Butterfly	15-17	Prelims
21	M 1500m Freestyle (slowest heats)	13-14 & 15-17	Timed Final
23/24	F/M 4x100m Freestyle Relay	11-12	Prelims
25/26	F/M 4x100m Freestyle Relay	13-14	Prelims
27/28	F/M 4x100m Freestyle Relay	15-17	Prelims

Session #2: Start 6:00 p.m.

Event #	Event Description	Age Group	Type
1	F 800m Freestyle (fastest heat)	13-14 & 15-17	Timed Final
3/4	F/M 200m Breaststroke	11-12	Finals
5/6	F/M 200m Breaststroke	13-14	Finals
7/8	F/M 200m Breaststroke	15-17	Finals
9/10	F/M 50m Backstroke	11-12	Finals
11/12	F/M 50m Backstroke	13-14	Finals
13/14	F/M 50m Backstroke	15-17	Finals
15/16	F/M 100m Butterfly	11-12	Finals
17/18	F/M 100m Butterfly	13-14	Finals
19/20	F/M 100m Butterfly	15-17	Finals
21	M 1500m Freestyle (fastest heat)	13-14 & 15-17	Timed Final
23/24	F/M 4x100m Freestyle Relay	11-12	Finals
25/26	F/M 4x100m Freestyle Relay	13-14	Finals
27/28	F/M 4x100m Freestyle Relay	15-17	Finals

XXXVIII CARIFTA 2025 SWIMMING AND OPEN WATER SWIMMING
April 17th to April 24th, 2025
Trinidad and Tobago

Day 2: Sunday April 20th

Session #3: Start 9:00 a.m.

EVENT #	EVENT DESCRIPTION	AGE GROUP	TYPE
29/30	F/M 200m Freestyle	11-12	Prelims
31/32	F/M 200m Freestyle	13-14	Prelims
33/34	F/M 200m Freestyle	15-17	Prelims
35/36	F/M 50m Butterfly	11-12	Prelims
37/38	F/M 50m Butterfly	13-14	Prelims
39/40	F/M 50m Butterfly	15-17	Prelims
41/42	F/M 200m Backstroke	11-12	Prelims
43/44	F/M 200m Backstroke	13-14	Prelims
45/46	F/M 200m Backstroke	15-17	Prelims
47/48	F/M 400m Individual Medley (slower heats)	11-12	Timed Final
49/50	F/M 400m Individual Medley (slower heats)	13-14	Timed Final
51/52	F/M 400m Individual Medley (slower heats)	15-17	Timed Final
53/54	F/M 4x100m Medley Relay	11-12	Prelims
55/56	F/M 4x100m Medley Relay	13-14	Prelims
57/58	F/M 4x100m Medley Relay	15-17	Prelims

Session #4: Start 6:00 p.m.

EVENT #	EVENT DESCRIPTION	AGE GROUP	TYPE
29/30	F/M 200m Freestyle	11-12	Finals
31/32	F/M 200m Freestyle	13-14	Finals
33/34	F/M 200m Freestyle	15-17	Finals
35/36	F/M 50m Butterfly	11-12	Finals
37/38	F/M 50m Butterfly	13-14	Finals
39/40	F/M 50m Butterfly	15-17	Finals
41/42	F/M 200m Backstroke	11-12	Finals
43/44	F/M 200m Backstroke	13-14	Finals
45/46	F/M 200m Backstroke	15-17	Finals
47/48	F/M 400m Individual Medley (fastest heat)	11-12	Timed Final
49/50	F/M 400m Individual Medley (fastest heat)	13-14	Timed Final
51/52	F/M 400m Individual Medley (fastest heat)	15-17	Timed Final
53/54	F/M 4x100m Medley Relay	11-12	Finals
55/56	F/M 4x100m Medley Relay	13-14	Finals
57/58	F/M 4x100m Medley Relay	15-17	Finals

XXXVIII CARIFTA 2025 SWIMMING AND OPEN WATER SWIMMING
April 17th to April 24th, 2025
Trinidad and Tobago

Day 3: Monday April 21st

Session #5: Start 9:00 a.m.

Event #	Event Description	Age Group	Type
59/60	F/M 200m Individual Medley	11-12	Prelims
61/62	F/M 200m Individual Medley	13-14	Prelims
63/64	F/M 200m Individual Medley	15-17	Prelims
65/66	F/M 50m Breaststroke	11-12	Prelims
67/68	F/M 50m Breaststroke	13-14	Prelims
69/70	F/M 50m Breaststroke	15-17	Prelims
71/72	F/M 100m Freestyle	11-12	Prelims
73/74	F/M 100m Freestyle	13-14	Prelims
75/76	F/M 100m Freestyle	15-17	Prelims
77	F 1500m Freestyle (slower heat)	13-14 & 15-17	Timed Final
79/80	F/M 200m Butterfly	11-12	Prelims
81/82	F/M 200m Butterfly	13-14	Prelims
83/84	F/M 200m Butterfly	15-17	Prelims
85/86	MIXED 4x100m Freestyle Relay	11-12	Prelims
87/88	F/M 4x200m Freestyle Relay	13-14	Prelims
89/90	F/M 4x200m Freestyle Relay	15-17	Prelims

Session #6: Start 6:00 p.m.

Event #	Event Description	Age Group	Type
59/60	F/M 200m Individual Medley	11-12	Finals
61/62	F/M 200m Individual Medley	13-14	Finals
63/64	F/M 200m Individual Medley	15-17	Finals
65/66	F/M 50m Breaststroke	11-12	Finals
67/68	F/M 50m Breaststroke	13-14	Finals
69/70	F/M 50m Breaststroke	15-17	Finals
71/72	F/M 100m Freestyle	11-12	Finals
73/74	F/M 100m Freestyle	13-14	Finals
75/76	F/M 100m Freestyle	15-17	Finals
77	F 1500m Freestyle (fastest heat)	13-14 & 15-17	Timed Final
79/80	F/M 200m Butterfly	11-12	Finals
81/82	F/M 200m Butterfly	13-14	Finals
83/84	F/M 200m Butterfly	15-17	Finals
85/86	MIXED 4x100m Freestyle Relay	11-12	Finals
87/88	F/M 4x200m Freestyle Relay	13-14	Finals
89/90	F/M 4x200m Freestyle Relay	15-17	Finals

XXXVIII CARIFTA 2025 SWIMMING AND OPEN WATER SWIMMING
April 17th to April 24th, 2025
Trinidad and Tobago

Day 4: Tuesday April 22nd

Session #7: Start 9:00 a.m.

EVENT #	EVENT DESCRIPTION	AGE GROUP	TYPE
91/92	F/M 400m Freestyle (slower heats)	11-12	Prelims
93/94	F/M 400m Freestyle (slower heats)	13-14	Prelims
95/96	F/M 400m Freestyle (slower heats)	15-17	Prelims
97/98	F/M 100m Breaststroke	11-12	Prelims
99/100	F/M 100m Breaststroke	13-14	Prelims
101/102	F/M 100m Breaststroke	15-17	Prelims
103/104	F/M 50m Freestyle	11-12	Prelims
105/106	F/M 50m Freestyle	13-14	Prelims
107/108	F/M 50m Freestyle	15-17	Prelims
109/110	F/M 100m Backstroke	11-12	Prelims
111/112	F/M 100m Backstroke	13-14	Prelims
113/114	F/M 100m Backstroke	15-17	Prelims
115	M 800m Freestyle (slower heats)	13-14 & 15-17	Timed Final
117/118	F/M 4x50m Freestyle Relay	11-12	Prelims
119/120	F/M 4x50m Freestyle Relay	13-14	Prelims
121/122	F/M 4x50m Freestyle Relay	15-17	Prelims

Session #8: Start 6:00 p.m.

EVENT #	EVENT DESCRIPTION	AGE GROUP	TYPE
91/92	F/M 400m Freestyle (fastest heat)	11-12	Finals
93/94	F/M 400m Freestyle (fastest heat)	13-14	Finals
95/96	F/M 400m Freestyle (fastest heat)	15-17	Finals
97/98	F/M 100m Breaststroke	11-12	Finals
99/100	F/M 100m Breaststroke	13-14	Finals
101/102	F/M 100m Breaststroke	15-17	Finals
103/104	F/M 50m Freestyle	11-12	Finals
105/106	F/M 50m Freestyle	13-14	Finals
107/108	F/M 50m Freestyle	15-17	Finals
109/110	F/M 100m Backstroke	11-12	Finals
111/112	F/M 100m Backstroke	13-14	Finals
113/114	F/M 100m Backstroke	15-17	Finals
115	M 800m Freestyle (fastest heat)	13-14 & 15-17	Timed Final
117/118	F/M 4x50m Freestyle Relay	11-12	Finals
119/120	F/M 4x50m Freestyle Relay	13-14	Finals
121/122	F/M 4x50m Freestyle Relay	15-17	Finals

32. FLIGHT ARRANGEMENTS WITH CARIBBEAN AIRLINES

To facilitate flight arrangements for the XXXVIII CARIFTA 2025 Aquatics Championships, the Local Organizing Committee has partnered with Caribbean Airlines to provide group booking options and charter arrangements for all participating federations.

Contact Details for Flight Bookings:

- ❖ **Contact Person: Ms. Janelle Gangoo, Sales Executive**
- ❖ **Email Address: carifta2025@caribbean-airlines.com**
- ❖ **Contact Number: +1-868-326-5487**

To ensure efficient and cost-effective travel arrangements for their teams, federations are encouraged to contact **Ms. Janelle Gangoo** for information regarding available flights, group booking discounts, and charter flight opportunities.

As a valued partner of ASATT, Caribbean Airlines is committed to supporting the event logistics by offering competitive rates and dedicated service for participating delegations. Booking early is highly recommended to secure the best arrangements for your team.

33. CARIFTA 2025 FORMS

Please note that submissions using the electronic forms provided by the Local Organizing Committee (LOC) **is highly recommended to secure the best arrangements for your team.** will only be accepted. If necessary forms are unavailable, the LOC will create and distribute them to all participating delegations.

The required forms for the 2025 CARIFTA Aquatics Championships are as follows:

[Athlete Proof of Time](#)

[Rooming List](#)

[CARIFTA 2025 Team Submission Listing](#)

[Arrival and Departure Forms](#)

[Non-Citizen Competitor Form](#)

[Jury of Appeal Nomination Form](#)

[Technical Officer Application](#)

[Preliminary Entry Form](#)

[Media Accreditation Form](#)

[Athlete Scratch Form](#)