



**ASAJ CHRISTMAS BREEZER 2018**  
**DECEMBER 15-18, 2018 @ THE NATIONAL AQUATIC CENTRE**  
**ASAJ Sanction Number: 21814**

**Facilities:**

Olympic Swimming Pool 8 Lane 50 M, with 25 M warm up and warm down pool  
Colorado Electronic Timing System (CTS6): pads with back-up buttons

**Meet Times:**

Saturday December 15, 2018	9:00 am and 5:00 pm
Sunday December 16, 2018	9:00 am and 5:00 pm
Monday December 17, 2018	9:00 am and 5:00 pm
Tuesday December 18, 2018	9:00 am and 5:00 pm

The Pool will be opened one and a half hours (90 minutes) before the starting time.

**Eligibility:**

All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.

Registration: The ASAJ register closes on Friday November 23, 2018 at 4:00pm.

Age Group ages for the meet shall be as of midnight December 31, 2017.

Masters ages for the meet shall be as of midnight December 31, 2018.

**Accommodation:**

The ASAJ can arrange special room and dining rates at the Knutsford Court Hotel, just five (5) minutes from the pool, upon request. (The hotel's website is: [www.knutsfordcourt.com](http://www.knutsfordcourt.com) )

**Entry Limit:**

Number of events per swimmer: - No limit  
Number of relay teams per Club - 3 per event

**Entry Fees – HyTek:**

J\$250 per swimmer per individual event  
J\$400 per relay team

**Entry Fees – Non HyTek:**

J\$300 per swimmer per individual event  
J\$500 per relay team

Refreshment Surcharge: \$100.00 per swimmer

**Late Entry, Time Trial and Deck Entry Fees:**

J\$400 per swimmer per individual event, if space is available on a first come basis  
J\$600 per relay team, if space is available on a first come basis

**Entry Deadline:**

Friday November 30, 2018 at 4:00 p.m.

Entries are to be emailed to [asaj.meets@gmail.com](mailto:asaj.meets@gmail.com) or delivered to the ASAJ office. Entry fees are to be paid before the meet. Late payments will attract a 15% penalty fee.

**Technical Meetings:**

Timekeepers: Monday December 10, 2018 at 6:30 p.m.

Technical Officials: Monday December 10, 2018 at 6:30 p.m.

**Concession:**

Meals, drinks, fruits & snacks will be on sale during the meet

**Programmes:**

Will be available on sale at the meet

## **Rules and Regulations:**

1. FINA Rules and ASAJ By-Laws in force at the time of the competition will apply, except as modified in this Summons. FINA Masters Rules will apply to Masters Events. See additional Rules and Regulations below.

2. Clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. The list must be emailed to [asaj.meets@gmail.com](mailto:asaj.meets@gmail.com). Volunteers MUST report to the volunteer desk at least sixty (60) minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant Clubs will be excluded from participation):

- 1 - 5 swimmers entered: One (1) volunteer per session
- 6 - 10 swimmers entered: Two (2) volunteers per session
- 11 - 20 swimmers entered: Four (4) volunteers per session
- 21 - 30 swimmers entered: Five (5) volunteers per session
- 31 - 40 swimmers entered: Six (6) volunteers per session
- 41 or more swimmers entered: Eight (8) volunteers per session
- Unattached swimmers: One (1) volunteer for one (1) session

3. ALL EVENTS ARE TIMED FINALS.

4. Relay cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the head lane time keeper at the beginning of the event.

Any change must be made no later than four (4) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

5. There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress. It is the responsibility of the coaches to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.

6. Once the swimmers are under the starter's orders and he/she has taken control of the race, no swimmer may then enter the race. If this occurs, the swimmer will be disqualified.

7. Competitors will only be allowed to swim in their respective Age Group.

8. Deck entries will be accommodated if space is available on a first come basis. Swim times will be included in the final results but will not score points nor be eligible for awards.

9. Scratches are allowed at any time.

10. There will be NO time trials.

11. The swimwear of all competitors shall be in good moral taste. All swimsuits shall be non-transparent. The referee has the authority to exclude any competitor whose costume does not comply with this Rule.

12. NO SMOKING OR DRINKING OF ALCOHOLIC BEVERAGES IS ALLOWED.

**Protests:**

Protests are possible if the rules and regulations for the conduct of the competition are not observed; if other conditions endanger the competition and/or competitors; or against decisions of the referee. All protests to the Referee's Decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach and accompanied by J\$500 Protest Fee. If the protest is upheld the fee will be returned to the Club.

**Jury of Appeal:**

- A.** There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B.** Each club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
- C.** The Jury of Appeal shall be comprised of 3 persons drawn from the pool of nominees submitted by each club. Nominees shall be members of the ASAJ Council or Swimming Committees.

**Pre Competition Warm-up Rules:**

In the 50m pool, in the interest of the swimmers safety, the rules outlined below will be observed during warm-up prior to the start of each session. There shall be NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES, entry to these lanes is to be feet first, from a sitting position. A Safety Marshal will ensure compliance.

<b>START/FINISH END (NORTH)</b>							
<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>	<b>Lane 6</b>	<b>Lane 7</b>	<b>Lane 8</b>
15m Dive Sprint Only	25m Dive Sprint Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	Turn Practice Only
Turn Practice Only	Turn Practice Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	25m Dive Sprint Only
<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>	<b>Lane 6</b>	<b>Lane 7</b>	<b>Lane 8</b>
<b>TURN END (SOUTH)</b>							

In the 25m pool all lanes will be circle swimming, with feet first entry from a sitting position at all times.

**Awards and Points:**

1. Points will be awarded as follows:  
 9, 7, 6, 5, 4, 3, 2, 1: 1<sup>st</sup> to 8<sup>th</sup> place respectively in the individual events.  
 18, 14, 12, 10, 8, 6, 4, 2: 1<sup>st</sup> to 8<sup>th</sup> place respectively in the relays.
2. Medals will be awarded for 1<sup>st</sup> to 3<sup>rd</sup> place, and ribbons will be awarded for 4<sup>th</sup> to 8<sup>th</sup> place in each age group event.
3. Ribbons will be awarded for 1<sup>st</sup> to 3<sup>rd</sup> place for each category in the masters events.
3. Trophies will be awarded to the 1<sup>st</sup> place club in the age group category and the 1<sup>st</sup> place club in the masters category.

# PROGRAMME FOR CHRISTMAS BREEZER 2018

DECEMBER 15-18, 2018

## SATURDAY AM

75 - 76	100 M Freestyle TF	F/M 8 & under
77 - 78	100 M Freestyle TF	F/M 9-10
79 - 80	200 M Backstroke TF	F/M 10 & under

## SATURDAY PM

81 - 82	100 M Freestyle TF	F/M Masters
83 - 84	50 M Backstroke TF	F/M 8 & under
85 - 86	50 M Backstroke TF	F/M 9-10
87 - 88	50 M Backstroke TF	F/M Masters
89 - 90	4x100 Freestyle Relay TF	F/M 10 & under

## SUNDAY AM

91 - 92	100 M Butterfly TF	F/M 8 & under
93 - 94	100 M Butterfly TF	F/M 9-10
95 - 96	200 M Freestyle TF	F/M 10 & under

## SUNDAY PM

97 - 98	100 M Butterfly TF	F/M Masters
99 - 100	50 M Breaststroke TF	F/M 8 & under
101 - 102	50 M Breaststroke TF	F/M 9-10
103 - 104	50 M Breaststroke TF	F/M Masters
105 - 106	4x50 Medley Relay TF	F/M 10 & under

## MONDAY AM

107 - 108	100 M Breaststroke TF	F/M 8 & under
109 - 110	100 M Breaststroke TF	F/M 9-10
111 - 112	200 M Butterfly TF	F/M 10 & under

## MONDAY PM

113 - 114	100 M Breaststroke TF	F/M Masters
115 - 116	50 M Freestyle TF	F/M 8 & under
117 - 118	50 M Freestyle TF	F/M 9-10
119 - 120	50 M Freestyle TF	F/M Masters
121 - 122	200 M I.M. TF	F/M 10 & under

## TUESDAY AM

123 - 124	100 M Backstroke TF	F/M 8 & under
125 - 126	100 M Backstroke TF	F/M 9-10
127 - 128	200 M Breaststroke TF	F/M 10 & under

## TUESDAY PM

129 - 130	100 M Backstroke TF	F/M Masters
131 - 132	50 M Butterfly TF	F/M 8 & under
133 - 134	50 M Butterfly TF	F/M 9-10
135 - 136	50 M Butterfly TF	F/M Masters
137 - 138	4x50 Freestyle Relay TF	F/M 10 & under