



ASAJ CHRISTMAS OPEN CHAMPIONSHIPS 2018
DECEMBER 15-18, 2018 @ THE NATIONAL AQUATIC CENTRE
ASAJ Sanction Number: 21813

Facilities:

Olympic Swimming Pool 8 Lane 50 M, with 25 M warm up and warm down pool
Colorado Electronic Timing System (CTS6): pads with back-up buttons

Meet Times:

Saturday December 15, 2018	9:00 am and 5:00 pm
Sunday December 16, 2018	9:00 am and 5:00 pm
Monday December 17, 2018	9:00 am and 5:00 pm
Tuesday December 18, 2018	9:00 am and 5:00 pm

The Pool will be opened one and a half hours (90 minutes) before the starting time.

Eligibility:

All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.

Registration: The ASAJ register closes on Friday November 23, 2018 at 4:00pm.

Age Group ages for the meet shall be as of midnight December 31, 2017.

Accommodation:

The ASAJ can arrange special room and dining rates at the Knutsford Court Hotel, just five (5) minutes from the pool, upon request. (The hotel's website is: www.knutsfordcourt.com)

Entry Limit:

Number of events per swimmer: - No limit
Number of relay teams per Club - 2 per event

Entry Fees – HyTek:

J\$250 per swimmer per individual event
J\$400 per relay team

Entry Fees – Non HyTek:

J\$300 per swimmer per individual event
J\$500 per relay team

Refreshment Surcharge: \$100.00 per swimmer

Late Entry, Time Trial and Deck Entry Fees:

J\$400 per swimmer per individual event, if space is available on a first come basis
J\$600 per relay team, if space is available on a first come basis

Entry Deadline:

Friday November 30, 2018 at 4:00 p.m.

Entries are to be emailed to asaj.meets@gmail.com or delivered to the ASAJ office. Entry fees are to be paid before the meet. Late payments will attract a 15% penalty fee.

Technical Meetings:

Timekeepers: Monday December 10 at 6:30 p.m.

Technical Officials: Monday December 10 at 6:30 p.m.

Concession:

Meals, drinks, fruits & snacks will be on sale during the meet

Programmes:

Will be available on sale at the meet

Rules and Regulations:

1. FINA Rules and ASAJ By-Laws in force at the time of the competition will apply, except as modified in this Summons. See additional Rules and Regulations below.

2. Clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. The list must be emailed to asaj.meets@gmail.com. Volunteers MUST report to the volunteer desk at least sixty (60) minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant Clubs will be excluded from participation):

- 1 - 5 swimmers entered: One (1) volunteer per session
- 6 - 10 swimmers entered: Two (2) volunteers per session
- 11 - 20 swimmers entered: Four (4) volunteers per session
- 21 - 30 swimmers entered: Five (5) volunteers per session
- 31 - 40 swimmers entered: Six (6) volunteers per session
- 41 or more swimmers entered: Eight (8) volunteers per session
- Unattached swimmers: One (1) volunteer for one (1) session

3. The 50, 100 and 200 M Individual Events will be swum as heats and finals. The 400, 800 and 1,500 M Events will be swum as timed finals with the fastest heat in the evening session and the slower heats in the morning. Relays will be swum as timed finals in the evening session.

4. Relay cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the head lane time keeper at the beginning of the event.

Any change must be made no later than four (4) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

5. There will be no marshalling area for the heats (morning sessions). The next heat must be behind the blocks while the current heat is in progress. It is the responsibility of the coaches to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat they will automatically be disqualified. The finals (evening session) will be marshalled.

6. For the 800 & 1,500 M Freestyle events clubs are required to provide a lap counter for each swimmer entered.

7. For the 400, 800, 1,500 M Freestyle and the 400 M Individual Medley events: swimmers must check in for the event no later than sixty (60) minutes prior to the scheduled start of the session.

8. Once the swimmers are under the starter's orders and he/she has taken control of the race, no swimmer may then enter the race. If this occurs, the swimmer will be disqualified.

9. Competitors will only be allowed to swim in their respective Age Group.

10. Deck entries will be accommodated in the heats only if space is available on a first come basis. Time trials will be allowed at the end of morning sessions only. Swim times will be included in the final results but the swimmer will not move onto the finals, or score points, or be eligible for awards.

11. Scratches are allowed at any time.

12. The swimwear of all competitors shall be in good moral taste. All swimsuits shall be non-transparent. The referee has the authority to exclude any competitor whose costume does not comply with this Rule.

13. NO SMOKING OR DRINKING OF ALCOHOLIC BEVERAGES IS ALLOWED.

Protests:

Protests are possible if the rules and regulations for the conduct of the competition are not observed; if other conditions endanger the competition and/or competitors; or against decisions of the referee. All protests to the Referee's Decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach and accompanied by J\$500 Protest Fee. If the protest is upheld the fee will be returned to the Club.

Jury of Appeal:

- A.** There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B.** Each club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
- C.** The Jury of Appeal shall be comprised of 3 persons drawn from the pool of nominees submitted by each club. Nominees shall be members of the ASAJ Council or Swimming Committees.

Pre Competition Warm-up Rules:

In the 50m pool, in the interest of the swimmers safety, the rules outlined below will be observed during warm-up prior to the start of each session. There shall be NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES, entry to these lanes is to be feet first, from a sitting position. A Safety Marshal will ensure compliance.

START/FINISH END (NORTH)							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
15m Dive Sprint Only	25m Dive Sprint Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	Turn Practice Only
Turn Practice Only	Turn Practice Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	25m Dive Sprint Only
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TURN END (SOUTH)							

In the 25m pool all lanes will be circle swimming, with feet first entry from a sitting position at all times.

Awards and Points:

1. Points will be awarded to the Finalists as follows:
 9, 7, 6, 5, 4, 3, 2, 1 (INDIVIDUAL EVENTS)
 18, 14, 12, 10, 8, 6, 4, 2 (RELAYS)
2. MEDALS will be awarded to the three fastest swimmers in each Final
3. A trophy will be awarded to the 1st place club.
4. A performance trophy will be awarded to the male and female swimmer in the OPEN category and 10-12 age group category who attains the highest FINA Points ranking in a single event.
5. A performance trophy will be awarded to any swimmer who attains at least one TUSS T16 time.

PROGRAMME FOR CHRISTMAS OPEN CHAMPIONSHIPS 2018

DECEMBER 15-18, 2018

SATURDAY AM

1	800 M Freestyle (slow heats) TF	F OPEN
2	1500M Freestyle (slow heats) TF	M OPEN
3 - 4	200 M Breaststroke H	F/M 10-12
5 - 6	200 M Breaststroke H	F/M OPEN
7 - 8	50 M Backstroke H	F/M 10-12
9 - 10	50 M Backstroke H	F/M OPEN
11 - 12	100 M Butterfly H	F/M 10-12
13 - 14	100 M Butterfly H	F/M OPEN

SATURDAY PM

1	800 M Freestyle (fastest heat)	F OPEN
2	1500M Freestyle (fastest heat)	M OPEN
3 - 4	200 M Breaststroke F	F/M 10-12
5 - 6	200 M Breaststroke F	F/M OPEN
7 - 8	50 M Backstroke F	F/M 10-12
9 - 10	50 M Backstroke F	F/M OPEN
11 - 12	100 M Butterfly F	F/M 10-12
13 - 14	100 M Butterfly F	F/M OPEN
15 - 16	4x100 Freestyle Relay TF	F/M 10-12
17 - 18	4x100 Freestyle Relay TF	F/M OPEN

SUNDAY AM

19 - 20	200 M Freestyle H	F/M 10-12
21 - 22	200 M Freestyle H	F/M OPEN
23 - 24	50 M Butterfly H	F/M 10-12
25 - 26	50 M Butterfly H	F/M OPEN
27 - 28	100 M Backstroke H	F/M 10-12
29 - 30	100 M Backstroke H	F/M OPEN
31 - 32	400 M I.M. (slow heats) TF	F/M OPEN

SUNDAY PM

19 - 20	200 M Freestyle F	F/M 10-12
21 - 22	200 M Freestyle F	F/M OPEN
23 - 24	50 M Butterfly F	F/M 10-12
25 - 26	50 M Butterfly F	F/M OPEN
27 - 28	100 M Backstroke F	F/M 10-12
29 - 30	100 M Backstroke F	F/M OPEN
31 - 32	400 M I.M. (fastest heat) TF	F/M OPEN
33 - 34	4x100 Medley Relay TF	F/M 10-12
35 - 36	4x100 Medley Relay TF	F/M OPEN

MONDAY AM

37 - 38	200 M I.M. H	F/M 10-12
39 - 40	200 M I.M. H	F/M OPEN
41 - 42	50 M Breaststroke H	F/M 10-12
43 - 44	50 M Breaststroke H	F/M OPEN
45 - 46	100 M Freestyle H	F/M 10-12
47 - 48	100 M Freestyle H	F/M OPEN
49 - 50	200 M Butterfly H	F/M 10-12
51 - 52	200 M Butterfly H	F/M OPEN

MONDAY PM

37 - 38	200 M I.M. F	F/M 10-12
39 - 40	200 M I.M. F	F/M OPEN
41 - 42	50 M Breaststroke F	F/M 10-12
43 - 44	50 M Breaststroke F	F/M OPEN
45 - 46	100 M Freestyle F	F/M 10-12
47 - 48	100 M Freestyle F	F/M OPEN
49 - 50	200 M Butterfly F	F/M 10-12
51 - 52	200 M Butterfly F	F/M OPEN
53 - 54	4x200 Freestyle Relay TF	F/M 10-12
55 - 56	4x200 Freestyle Relay TF	F/M OPEN

TUESDAY AM

57 - 58	400 M Freestyle (slow heats) TF	F/M OPEN
59 - 60	50 M Freestyle H	F/M 10-12
61 - 62	50 M Freestyle H	F/M OPEN
63 - 64	100 M Breaststroke H	F/M 10-12
65 - 66	100 M Breaststroke H	F/M OPEN
67 - 68	200 M Backstroke H	F/M 10-12
69 - 70	200 M Backstroke H	F/M OPEN

TUESDAY PM

57 - 58	400 M Freestyle (fastest heat) TF	F/M OPEN
59 - 60	50 M Freestyle F	F/M 10-12
61 - 62	50 M Freestyle F	F/M OPEN
63 - 64	100 M Breaststroke F	F/M 10-12
65 - 66	100 M Breaststroke F	F/M OPEN
67 - 68	200 M Backstroke F	F/M 10-12
69 - 70	200 M Backstroke F	F/M OPEN
71 - 72	4x50 Freestyle Relay TF	F/M 10-12
73 - 74	4x50 Freestyle Relay TF	F/M OPEN