



**ASAJ – BB DISTANCE DEVELOPMENT MEET**  
**SATURDAY NOVEMBER 9<sup>th</sup>, 2019**

- ASAJ SANCTION #:** 041901
- VENUE:** National Stadium Pool 8-Lane 50 M competition pool  
(with 25 M warm up pool)
- DATES & TIMES:** Saturday November 9<sup>th</sup>, 2019 8:30 a.m. & 2:30 p.m.  
Pool will be opened 1½ (one and a half) hours before starting time.
- ELIGIBILITY:** All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Age groups according to the swimmer's age as at **December 31<sup>st</sup>, 2018**. Swimmers must **NOT** have achieved an A time or better in the event(s) in which they have been entered.
- REGISTRATION:** The ASAJ register closes on Friday October 18th, 2019 at 4:00pm
- ENTRY LIMITS:** Maximum number of events per swimmer – three (3)  
Minimum age for OPEN events: 10 years old.  
Minimum age for 10&U events: 8 years old.
- ENTRY FEES:** **N.B. ENTRIES SHOULD BE SUBMITTED VIA HY-TEK SOFTWARE.**  
J\$250 per swimmer per individual event  
J\$500 per swimmer surcharge  
Entry fees are to be paid before the meet. Late payments will attract a 15% penalty fee. Date of birth for each swimmer must be included in the entry file.
- ENTRY DEADLINE:** **4:00 PM on Friday, October 25<sup>th</sup>, 2019.**
- RULES:** FINA Rules and ASAJ By-Laws in force at the time of the competition will apply. FINA Starting rule SW 4 will apply - Any swimmer starting before the starting signal has been given, shall be disqualified. See additional Rules and Regulations below.
- PROGRAMME:** All events will be swum as timed finals. See attached programme.
- ADDITIONAL RULES:** Competitors will only be allowed to swim in their age group. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition.  
Deck entries and time trials will **NOT** be allowed.  
Substitutions will **NOT** be allowed. Offending swimmers will be disqualified from the competition.



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**SEEDING:** All entries will be seeded with entry times. 100M NT times will be seeded according to the formula: 50M time x 1.25 x 2. 200M and up NT times will be seeded according to the formula: 50M time x 1.4 x #laps. 400IM NT times will be seeded according to the formula: 200IM time x 1.25 x 2.

**All events will be seeded fast to slow.** Slowest heats may be scratched if the timeline indicates a session duration in excess of 4 hours.

**POSITIVE CHECK-IN:** Positive check-in will be required for events: 3, 4, 5, 6, 9, 10, 11 & 12. Check-in will end 20 minutes before the start of each session. Programmes will be made available to coaches after re-seeding.

**VOLUNTEERS:** Clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties. Volunteers **MUST** report to the volunteer desk at least sixty (60) minutes before the start of the competition. Clubs are expected to provide the following number of volunteers (non-compliant Clubs will be excluded from participation):

- 1 - 5 swimmers entered: One (1) volunteer per session
- 6 - 10 swimmers entered: Two (2) volunteers per session
- 11 - 20 swimmers entered: Four (4) volunteers per session
- 21 - 30 swimmers entered: Five (5) volunteers per session
- 31 - 40 swimmers entered: Six (6) volunteers per session
- 41 or more swimmers entered: Eight (8) volunteers per session
- Unattached swimmers: One (1) volunteer for one (1) session

**MARSHALLING:** There will be no Marshalling Area for the meet. The next heat must be behind the blocks while the current heat is in progress.

The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.

Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

**SCORING:** 10&U will swim together, but scored separately Female/Male. Swimmers in OPEN events will swim together, but be scored according to the Female/Male 10&U, 11-12, 13-14 and 15&O age groups.

**POINTS AND AWARDS:** Points for each event will be awarded as follows:  
Individual Events: 9, 7, 6, 5, 4, 3, 2, 1 for 1<sup>st</sup> to 8<sup>th</sup> place.

**THIS IS A NO-AWARDS MEET.**



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**ORDER OF EVENTS**

**MORNING SESSION 8:30 AM**

**AFTERNOON SESSION 2:30 PM**

<b>Event</b>	<b>Age</b>	<b>M/F</b>	<b>Distance</b>	<b>Stroke</b>	<b>Event</b>	<b>Age</b>	<b>M/F</b>	<b>Distance</b>	<b>Stroke</b>
1	10&U	Mixed	100 M	Breaststroke	7	10&U	Mixed	100 M	Backstroke
2	OPEN	Mixed	200 M	Breaststroke	8	OPEN	Mixed	200 M	Backstroke
3	10&U	Mixed	100 M	Butterfly	9	10&U	Mixed	200 M	IM
4	OPEN	Mixed	200 M	Butterfly	10	OPEN	Mixed	400 M	IM
5	10&U	Mixed	400 M	Freestyle	11	10&U	Mixed	200 M	Freestyle
6	OPEN	Mixed	800 M	Freestyle	12	OPEN	Mixed	1500 M	Freestyle