



## ASAJ CHRISTMAS OPEN CHAMPIONSHIPS 2019

DEC 19-22, 2019 @ THE NATIONAL AQUATIC CENTRE

ASAJ Sanction Number: 21914

### Facilities:

Olympic Swimming Pool 8 Lane 50 M, with 25 M warm up and warm down pool Colorado Electronic Timing System (CTS6): pads with back-up buttons

### Meet Times:

Thursday December 19, 2019 9:00 am and 5:00 pm

Friday December 20, 2019 9:00 am and 5:00 pm

Saturday December 21, 2019 9:00 am and 5:00 pm

Sunday December 22, 2019 9:00 am and 5:00 pm

The Pool will be opened one and a half hours (90 minutes) before the starting time.

### Eligibility:

All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.

### Registration:

The ASAJ register closes on Friday November 29, 2019 at 4:00pm.

Age Group ages for the meet shall be as of midnight December 31, 2018.

Minimum age for OPEN events: 11 years old.

### Entry Limit:

Number of events per swimmer: - No limit

Number of relay teams per Club - 2 per event

### Entry Fees – HyTek:

J\$250 per swimmer per individual

event J\$400 per relay team

### Entry Fees – Non HyTek:

J\$300 per swimmer per individual

event J\$500 per relay team

Surcharge: \$500.00 per swimmer

### Late Entry, Time Trial and Deck Entry Fees:

J\$700 per swimmer per individual event, if space is available on a first come

basis J\$700 per relay team, if space is available on a first come basis

### Entry Deadline:

Friday December 6, 2019 at 4:00 p.m.

Entries are to be emailed to [asaj.meets@gmail.com](mailto:asaj.meets@gmail.com). No manual entries. Entry fees are to be paid before the meet. Late payments will attract a 15% penalty fee.

### Concession:

Meals, drinks, fruits & snacks will be on sale during the meet

### Programmes:

Will be available on sale at the meet

## Rules and Regulations:

1. FINA Rules and ASAJ By-Laws in force at the time of the competition will apply, except as modified in this Summons. See additional Rules and Regulations below.

2. Clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. The list must be emailed to [asaj.meets@gmail.com](mailto:asaj.meets@gmail.com). Volunteers MUST report to the volunteer desk at least sixty (60) minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant Clubs will be excluded from participation):

- 1 - 5 swimmers entered: One (1) volunteer per session
- 6 - 10 swimmers entered: Two (2) volunteers per session
- 11 - 20 swimmers entered: Four (4) volunteers per session
- 21 - 30 swimmers entered: Five (5) volunteers per session
- 31 - 40 swimmers entered: Six (6) volunteers per session
- 41 or more swimmers entered: Eight (8) volunteers per session
- Unattached swimmers: One (1) volunteer for one (1) session

3. The 50, 100 and 200 M individual 11-12 and OPEN events will be swum as heats and finals. Prelim events with 8 or fewer contestants on the blocks will go straight to finals. The 400, 800 and 1,500 M events will be swum as timed finals with the fastest heat in the evening session and the slower heats in the morning. 8&U, 9-10 and 10&U events are all timed finals. Relays will be swum as timed finals at the end of the evening sessions.

4. Relay cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the head lane time keeper at the beginning of the event.

Any change must be made no later than four (4) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

5. There will be no marshalling area for the heats (morning sessions). The next heat must be behind the blocks while the current heat is in progress. It is the responsibility of the coaches to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat they will automatically be disqualified. The finals (evening session) will be marshalled.

6. For the 800 & 1,500 M Freestyle events clubs are required to provide a lap counter for each swimmer entered.

7. For the 400, 800, 1,500 M Freestyle and the 400 M Individual Medley events: swimmers must check in for the event no later than sixty (60) minutes prior to the scheduled start of the session.

8. Once the swimmers are under the starter's orders and he/she has taken control of the race, no swimmer may then enter the race. If this occurs, the swimmer will be disqualified.

9. Competitors will only be allowed to swim in their respective Age Group.

10. Deck entries will be accommodated in the heats only if space is available on a first come basis. Time trials will be allowed at the end of morning sessions only. Swim times will be included in the final results but the swimmer will not move onto the finals, or score points, or be eligible for awards.

11. Scratches are allowed at any time.

12. The swimwear of all competitors shall be in good moral taste. All swimsuits shall be non-transparent. The referee has the authority to exclude any competitor whose costume does not comply with this Rule.

13. NO SMOKING OR DRINKING OF ALCOHOLIC BEVERAGES IS ALLOWED.

**Protests:**

Protests are possible if the rules and regulations for the conduct of the competition are not observed; if other conditions endanger the competition and/or competitors; or against decisions of the referee. All protests to the Referee's Decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach and accompanied by J\$1,500 Protest Fee. If the protest is upheld the fee will be returned to the Club.

**Jury of Appeal:**

- A.** There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B.** Each club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
- C.** The Jury of Appeal shall comprise 3 persons drawn from the pool of nominees submitted by each club. Nominees shall be members of the ASAJ Council or Swimming Committees.

**Pre-Competition Warm-up Rules:**

In the 50m pool, in the interest of the swimmers' safety, the rules outlined below will be observed during warm-up prior to the start of each session. There shall be NO DIVING IN CIRCLE SWIMMING LANES AND TURN PRACTICE LANES, entry to these lanes is to be feet first, from a sitting position. A Safety Marshal will ensure compliance.

START/FINISH END (NORTH)							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
15m Dive Sprint Only	25m Dive Sprint Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	Turn Practice Only
Turn Practice Only	Turn Practice Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	Circle Swim Only	50m Pace Lane Only	25m Dive Sprint Only
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TURN END (SOUTH)							

In the 25m pool all lanes will be circle swimming, with feet first entry from a sitting position at all times.

**Awards and Points:**

1. Points will be awarded to the Finalists as follows:
  - 9, 7, 6, 5, 4, 3, 2, 1 (INDIVIDUAL EVENTS)
  - 18, 14, 12, 10, 8, 6, 4, 2 (RELAYS)
2. MEDALS will be awarded to the three fastest swimmers in each Final
3. A trophy will be awarded to the 1<sup>st</sup> place club.
4. A performance trophy will be awarded to the male and female swimmer in the OPEN category and 11-12 age group category who attains the highest FINA Points ranking in a single event.
5. A performance trophy will be awarded to any swimmer who attains at least one 15-16 100M+ AAAA time.

**PROGRAMME FOR CHRISTMAS OPEN CHAMPIONSHIPS 2019**

**DECEMBER 19-22, 2019**

**THURSDAY AM**

1		800	Freestyle (slow heats)	TF	F	OPEN
2		1500	Freestyle (slow heats)	TF	M	OPEN
3	4	100	Freestyle	TF	F/M	8&U
5	6	200	Breaststroke	H	F/M	11-12
7	8	200	Breaststroke	H	F/M	OPEN
9	10	100	Freestyle	TF	F/M	9-10
11	12	50	Backstroke	H	F/M	11-12
13	14	50	Backstroke	H	F/M	OPEN
15	16	200	Backstroke	TF	F/M	10&U
17	18	100	Butterfly	H	F/M	11-12
19	20	100	Butterfly	H	F/M	OPEN

**THURSDAY PM**

1		800	Freestyle (fastest heat)	TF	F	OPEN
2		1500	Freestyle (fastest heat)	TF	M	OPEN
21	22	100	Freestyle	TF	F/M	Masters
5	6	200	Breaststroke	F	F/M	11-12
7	8	200	Breaststroke	F	F/M	OPEN
23	24	50	Backstroke	TF	F/M	8&U
11	12	50	Backstroke	F	F/M	11-12
13	14	50	Backstroke	F	F/M	OPEN
25	26	50	Backstroke	TF	F/M	9-10
17	18	100	Butterfly	F	F/M	11-12
19	20	100	Butterfly	F	F/M	OPEN
27	28	50	Backstroke	TF	F/M	Masters
29	30	400	Freestyle Relay	TF	F/M	10&U
31	32	400	Freestyle Relay	TF	F/M	11-12
33	34	400	Freestyle Relay	TF	F/M	OPEN

**FRIDAY AM**

35	36	200	Freestyle	H	F/M	11-12
37	38	200	Freestyle	H	F/M	OPEN
39	40	100	Butterfly	TF	F/M	8&U
41	42	50	Butterfly	H	F/M	11-12
43	44	50	Butterfly	H	F/M	OPEN
45	46	100	Butterfly	TF	F/M	9-10
47	48	100	Backstroke	H	F/M	11-12
49	50	100	Backstroke	H	F/M	OPEN
51	52	200	Freestyle	TF	F/M	10&U
53	54	400	I.M. (slow heats)	TF	F/M	OPEN

**FRIDAY PM**

35	36	200	Freestyle	F	F/M	11-12
37	38	200	Freestyle	F	F/M	OPEN
55	56	100	Butterfly	TF	F/M	Masters
41	42	50	Butterfly	F	F/M	11-12
43	44	50	Butterfly	F	F/M	OPEN
57	58	50	Breaststroke	TF	F/M	8&U
47	48	100	Backstroke	F	F/M	11-12
49	50	100	Backstroke	F	F/M	OPEN
59	60	50	Breaststroke	TF	F/M	9-10
53	54	400	I.M. (fastest heat)	TF	F/M	OPEN
61	62	50	Breaststroke	TF	F/M	Masters
63	64	200	Medley Relay	TF	F/M	10&U
65	66	400	Medley Relay	TF	F/M	11-12
67	68	400	Medley Relay	TF	F/M	OPEN

**SATURDAY AM**

69	70	200	I.M.	H	F/M	11-12
71	72	200	I.M.	H	F/M	OPEN
73	74	100	Breaststroke	TF	F/M	8&U
75	76	50	Breaststroke	H	F/M	11-12
77	78	50	Breaststroke	H	F/M	OPEN
79	80	100	Breaststroke	TF	F/M	9-10
81	82	100	Freestyle	H	F/M	11-12
83	84	100	Freestyle	H	F/M	OPEN
85	86	200	Butterfly	TF	F/M	10&U
87	88	200	Butterfly	H	F/M	11-12
89	90	200	Butterfly	H	F/M	OPEN

**SATURDAY PM**

69	70	200	I.M.	F	F/M	11-12
71	72	200	I.M.	F	F/M	OPEN
91	92	100	Breaststroke	TF	F/M	Masters
75	76	50	Breaststroke	F	F/M	11-12
77	78	50	Breaststroke	F	F/M	OPEN
93	94	50	Freestyle	TF	F/M	8&U
81	82	100	Freestyle	F	F/M	11-12
83	84	100	Freestyle	F	F/M	OPEN
95	96	50	Freestyle	TF	F/M	9-10
87	88	200	Butterfly	F	F/M	11-12
89	90	200	Butterfly	F	F/M	OPEN
97	98	50	Freestyle	TF	F/M	Masters
99	100	200	I.M.	TF	F/M	10&U
101	102	800	Freestyle Relay	TF	F/M	11-12
103	104	800	Freestyle Relay	TF	F/M	OPEN

**SUNDAY AM**

105	106	400	Freestyle (slow heats)	TF	F/M	OPEN
107	108	100	Backstroke	TF	F/M	8&U
109	110	50	Freestyle	H	F/M	11-12
111	112	50	Freestyle	H	F/M	OPEN
113	114	100	Backstroke	TF	F/M	9-10
115	116	100	Breaststroke	H	F/M	11-12
117	118	100	Breaststroke	H	F/M	OPEN
119	120	200	Breaststroke	TF	F/M	10&U
121	122	200	Backstroke	H	F/M	11-12
123	124	200	Backstroke	H	F/M	OPEN

**SUNDAY PM**

105	106	400	Freestyle (fastest heat)	TF	F/M	OPEN
125	126	100	Backstroke	TF	F/M	Masters
109	110	50	Freestyle	F	F/M	11-12
111	112	50	Freestyle	F	F/M	OPEN
127	128	50	Butterfly	TF	F/M	8&U
115	116	100	Breaststroke	F	F/M	11-12
117	118	100	Breaststroke	F	F/M	OPEN
129	130	50	Butterfly	TF	F/M	9-10
121	122	200	Backstroke	F	F/M	11-12
123	124	200	Backstroke	F	F/M	OPEN
131	132	50	Butterfly	TF	F/M	Masters
133	134	200	Freestyle Relay	TF	F/M	10&U
135	136	200	Freestyle Relay	TF	F/M	11-12
137	138	200	Freestyle Relay	TF	F/M	OPEN