



**ASAJ HIGH SCHOOLS & TERTIARY INSTITUTIONS
SWIMMING CHAMPIONSHIPS
FRIDAY, FEBRUARY 8th & SATURDAY, FEBRUARY 9th, 2019**

- ASAJ SANCTION #:** 31901
- VENUE:** The National Aquatic Centre 8-Lane 50 M competition pool
(with 25 M warm up pool)
- DATES & TIMES:** Friday, February 8th, 2019 8:30 a.m. & 1:30 p.m. (High School Prelims)
Saturday, February 9th, 2019 4:30 p.m. (HS Finals & Tertiary Timed Finals)
Pool will be opened 1½ (one and a half) hours before starting time.
- OPENING CEREMONY:** Friday, February 8th, 2019 8:15 a.m.
- ELIGIBILITY:** All High Schools and accredited Tertiary Institutions are invited to participate.
Ages for the meet shall be as at midnight **August 31st, 2018**.
- ENTRY LIMITS:**
- Number of events per swimmer: five (5) including relays
 - Number of entries per school (individual):
 - OPEN events: max 2 entries**
 - 50 M Freestyle: max 5 entries**
 - All other events: max 3 entries**
 - Number of entries per school (relays): two (2) per relay event
- ENTRY FEES:** **N.B. ALL ENTRIES MUST BE SUBMITTED VIA HY-TEK SOFTWARE.**
J\$300 per swimmer
J\$500 per relay entry
ENTRY FEES MUST BE PAID BEFORE THE START OF MEET.
- ENTRY DEADLINE:** **4:00 PM on Friday, January 25th, 2019.**
Entry fees must be paid at the ASAJ Office at the National Aquatic Centre, Independence Park, Kingston 5. Entries are to be submitted in electronic form using Hytek software and emailed to aquaticsja@gmail.com

The entry confirmation sent to the schools MUST be signed and stamped by the Principal of the School, and delivered to the ASAJ Office.



RULES: FINA Rules and ASAJ By-Laws in force at the time of the competition will apply. FINA Starting rule SW 4 will apply - Any swimmer starting before the starting signal has been given, shall be disqualified. See additional Rules and Regulations listed below.

NOTE:

1. Individual entries must be indicated in the entry file with Seed Times.
2. Relay entries must be indicated in the entry file with Seed Times.
3. **Relay-only swimmers MUST be declared on the entry.**
4. The **Date of Birth** for each swimmer must be included in the Entry File.

TECHNICAL MEETING: There will be no technical meeting. Entries submitted by schools will be forwarded via email for verification by coach/school and corrections forwarded by return email.

MARSHALLING

1. There will be No Marshalling Area for the Preliminary Heats. The next heat must be behind the blocks while the current heat is in progress.
2. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
3. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.
4. **Marshalling will be provided for the FINALS only.** The first (1st) and second (2nd) alternates must be in the marshalling area, along with the finalists, at least four (4) events prior to their event.

PROTESTS:

All protests to the referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach and accompanied by J\$1,500. If the protest is upheld the fee will be returned to the Club.

ADDITIONAL RULES AND REGULATIONS

VOLUNTEERS

Teams are required to submit a list of their Coaches and Volunteers along with their entries. Schools are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition. A list of registered volunteers will be provided to the gate staff.



Volunteers must report to the Meet Director for sign-in and briefing at least sixty (60) minutes before the start of the session. Schools that do not provide the following number of volunteers will not be allowed to participate in the competition.

- 1-10 swimmers: 1 coach, 1 timekeeper
- 11-15 swimmers: 1 coach, 1 manager, 2 timekeepers
- 16-25 swimmers: 2 coaches, 2 managers, 3 timekeepers
- 26-39 swimmers: 2 coaches, 2 managers, 4 timekeepers
- 40 or more swimmers: 3 coaches, 2 managers, 5 timekeepers

ENTRIES AND RESULTS

1. Competitors will only be allowed to swim in their respective Age Group. If competitors swim outside of their Age Group the offending swimmer(s) will be disqualified from the competition.
2. Substitutions will not be allowed in either the Individual or Relay events. Only the named swimmer entered in the respective event will be allowed to compete. Swimmers found in violation of this will be disqualified from the competition.
3. All swimmers entered must be registered with their respective Schools.
4. All scratches and name spelling corrections and checking of the original entry are to be done via email response after receiving the entries as submitted by Hy-Tek.
5. Relay cards are in duplicate. The original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the particular session. The copy must be handed to the Head Lane Timekeeper at the beginning of the event. Any change must be made at least five (5) events prior to the scheduled event number, after that on presentation of a medical certificate only. The swimmers must be named in order of swimming in accordance with FINA rules.
6. No late entries will be accepted unless in very extreme circumstances at the discretion of the Meet Coordinators.
7. Deck entries and/or Time Trials will not be permitted.

AWARDS AND POINTS

1. Points for each event will be awarded as follows: 9, 7, 6, 5, 4, 3, 2, 1 for places 1st to 8th respectively for individual events. For relays the points will be; 18, 14, 12, 10, 8, 6, 4, 2 for places 1st to 8th respectively. Points will be awarded separately for the 17&O High and University/Tertiary Institutions.
2. High Schools: Medals will be awarded for places first to third for each event. Universities/Tertiary Institutions: Medals will be awarded separately for places first to third.
3. A High Point Trophy will be awarded to the top individual point scorer in each Age Group female and male.
4. Trophies will be awarded as follows:
 - There will be a trophy for the combined/overall winning High School.
 - There will be a trophy for the High School that wins the Female Division.
 - There will be a trophy for the High School that wins the Male Division.
 - There will be a trophy for the overall winning University/Tertiary Institution.



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FRIDAY FEBRUARY 8th SESSION 1							8:30 AM
F	M	P/F	Div	Dist	Stroke	Age Grp	
1	2	P	HS	200 M	Freestyle	OPEN	
3	4	P	HS	50 M	Backstroke	12&U	
5	6	P	HS	50 M	Backstroke	13-14	
7	8	P	HS	50 M	Backstroke	15-16	
9	10	P	HS	50 M	Backstroke	17&O	
11	12	P	HS	100 M	Breaststroke	OPEN	
13	14	P	HS	50 M	Freestyle	12&U	
15	16	P	HS	50 M	Freestyle	13-14	
17	18	P	HS	50 M	Freestyle	15-16	
19	20	P	HS	50 M	Freestyle	17&O	
21	22	P	HS	100 M	Butterfly	OPEN	
23	24	TF	HS	4x50 M	Free Relay	12&U	
25	26	TF	HS	4x50 M	Free Relay	13-14	
27	28	TF	HS	4x50 M	Free Relay	15-16	
29	30	TF	HS	4x50 M	Free Relay	17&O	

SATURDAY FEBRUARY 9th SESSION 3							4:30 PM
F	M	P/F	Div	Dist	Stroke	Age Grp	
1	2	F	HS	200 M	Freestyle	OPEN	
65	66	TF	TI	200 M	Freestyle	17&O	
3	4	F	HS	50 M	Backstroke	12&U	
5	6	F	HS	50 M	Backstroke	13-14	
7	8	F	HS	50 M	Backstroke	15-16	
9	10	F	HS	50 M	Backstroke	17&O	
67	68	TF	TI	50 M	Backstroke	17&O	
11	12	F	HS	100 M	Breaststroke	OPEN	
69	70	TF	TI	100 M	Breaststroke	17&O	
13	14	F	HS	50 M	Freestyle	12&U	
15	16	F	HS	50 M	Freestyle	13-14	
17	18	F	HS	50 M	Freestyle	15-16	
19	20	F	HS	50 M	Freestyle	17&O	
71	72	TF	TI	50 M	Freestyle	17&O	
21	22	F	HS	100 M	Butterfly	OPEN	
73	74	TF	TI	4x50 M	Free Relay	17 & O	

FRIDAY FEBRUARY 8th SESSION 2							1:30 PM
F	M	P/F	Div	Dist	Stroke	Age Grp	
31	32	P	HS	200 M	IM	OPEN	
33	34	P	HS	50 M	Breaststroke	12&U	
35	36	P	HS	50 M	Breaststroke	13-14	
37	38	P	HS	50 M	Breaststroke	15-16	
39	40	P	HS	50 M	Breaststroke	17&O	
41	42	P	HS	100 M	Freestyle	12&U	
43	44	P	HS	100 M	Freestyle	13-14	
45	46	P	HS	100 M	Freestyle	15-16	
47	48	P	HS	100 M	Freestyle	17&O	
49	50	P	HS	50 M	Butterfly	12&U	
51	52	P	HS	50 M	Butterfly	13-14	
53	54	P	HS	50 M	Butterfly	15-16	
55	56	P	HS	50 M	Butterfly	17&O	
55	56	P	HS	100 M	Backstroke	OPEN	
57	58	TF	HS	4x50 M	Medley Relay	12&U	
59	60	TF	HS	4x50 M	Medley Relay	13-14	
61	62	TF	HS	4x50 M	Medley Relay	15-16	
63	64	TF	HS	4x50 M	Medley Relay	17&O	

31	32	F	HS	200 M	IM	OPEN
75	76	TF	TI	200 M	IM	17&O
33	34	F	HS	50 M	Breaststroke	12&U
35	36	F	HS	50 M	Breaststroke	13-14
37	38	F	HS	50 M	Breaststroke	15-16
39	40	F	HS	50 M	Breaststroke	17&O
77	78	TF	TI	50 M	Breaststroke	17&O
41	42	F	HS	100 M	Freestyle	12&U
43	44	F	HS	100 M	Freestyle	13-14
45	46	F	HS	100 M	Freestyle	15-16
47	48	F	HS	100 M	Freestyle	17&O
79	80	TF	TI	100 M	Freestyle	17&O
49	50	F	HS	50 M	Butterfly	12&U
51	52	F	HS	50 M	Butterfly	13-14
53	54	F	HS	50 M	Butterfly	15-16
55	56	F	HS	50 M	Butterfly	17&O
81	82	TF	TI	50 M	Butterfly	17&O
55	56	F	HS	100 M	Backstroke	OPEN
83	84	TF	TI	4x50 M	Medley Relay	17&O