

2019 SWIMJAMAICA SPRINT MEET`

ASAJ SANCTION #: 21908

VENUE: National Stadium Pool
Electronic Timing and Hy-Tek Meet Manager will be used

DATES & TIMES: Saturday March 23, 2019
8:30 a.m. Session 1
3:30 p.m. Session 2

Pool will be open 1½ hours before starting time.

ELIGIBILITY: All Clubs and Swimmers registered with the ASAJ or other FINA affiliated Federations.
Age Group Swimming - Ages for the meet shall be as of midnight Dec 31, 2018.
Masters Swimming - Ages for the meet shall be as of midnight Dec 31, 2019.

ENTRY LIMITS: Number of events per swimmer - 2 individual events in each session. No limit on relays
Number of teams per relay event - No limit but only TWO will score
Number of entries per club in 100 M 11 & Over events – 4 entries (see Additional Rule 4.2)

Only swimmers pre-registered in the meet will be allowed to swim relays

Session lengths will be **planned** no longer than 4 hours long. Using FINA points as a guide, slower heats may be eliminated to remain within this time limit. Clubs will be notified on Tuesday March 19, 2019 if any heats have been eliminated.

ENTRY FEES: **HY-TEK ENTRIES**
J\$350.00 for ASAJ registered swimmers or US\$2.50 per individual event for teams submitting their entries using Hy-Tek software.
J\$500.00 (US\$4.00) per relay event for teams submitting their entries using Hy-Tek software
J\$300 per swimmer surcharge.

OTHER ENTRIES
J\$500.00 for ASAJ Registered swimmers or US\$3.50 per event for manual entries and late entries.
J\$600.00 (US\$5.00) per relay event for teams submitting their entries without Hy-Tek software

RULES: FINA rules and ASAJ By-laws in force at time of competition will apply. Additional Rules and Regulations are below.

REGISTRATION: **The ASAJ Register closes at 4:00 PM on Friday March 1, 2019**

ENTRY DEADLINE: **4:00 PM Friday March 8, 2019.** Entries are to be delivered to the SwimJamaica office at the NATIONAL STADIUM POOL. Entries are preferred in electronic form using Hy-Tek software and emailed to info@swimjamaica.com

Note: Entries will not be accepted without the names of the clubs volunteers (see rule 1.3)

ADDITIONAL RULES AND REGULATIONS

1. GENERAL

- 1.1. False starts – The FINA starting rules (SW4) will apply.
- 1.2. Passes will be provided for officials, coaches and competitors.
- 1.3. **Local clubs** are required to submit, **with their entries**, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Volunteers **MUST** report to the volunteer desk at least 60 minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following minimum number of volunteers (non-compliant clubs will be excluded from participation):
 - ❖ 1 - 10 swimmers entered: One (1) volunteer per session
 - ❖ 11 - 20 swimmers entered: Four (4) volunteers per session
 - ❖ 21 - 40 swimmers entered: Six (6) volunteers per session
 - ❖ 41 or more swimmers entered: Eight (8) volunteers per session

2. DECK ENTRIES AND TIME TRIALS will be allowed at the discretion of the Referee. Swim times will be included in the final results but will not score points nor be eligible for awards. A fee of JA\$600.00 per event will be charged. Consideration for deck entries will apply based on the following conditions:

- 2.1. The Request **MUST** be made at the start of the session for which it applies
- 2.2. Selection is based on a first come basis subject to availability of lane(s)

3. MARSHALLING

- 3.1. There will be no marshalling area for the meet. Swimmers for the next heat must be behind the blocks while the current heat is in progress.
- 3.2. Coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned. If a swimmer swims in the wrong lane or heat, he/she will be automatically disqualified.
- 3.3. Once the starter has taken control of the race (after second whistle), no swimmer may then enter the race. Violation of this rule will result in summary disqualification.

4. ENTRIES

- 4.1. Competitors will only be allowed to swim in their age groups. Masters may enter 13 & Over and Open Relays
- 4.2. 100 M 11 & Over events will be limited to three (3) heats. Entries must include proof of time after March 31, 2018. The fastest 24 entries will be published on the heat sheet.
- 4.3. Scratches are allowed at any time before the starter takes control of the race
- 4.4. Masters records will be entered according to the FINA Masters Age Groups.
- 4.5. Swimmers must be 11 or Over to enter OPEN relays
- 4.6. Mixed relays will comprise two (2) females and two (2) males swimming in any order.

5. AWARDS AND POINTS

- 5.1. Points will be awarded as follows: 9, 7, 6, 5, 4, 3, 2, 1 for individual events.
- 5.2. Relay points will be allocated 18, 14, 12, 10, 8, 6, 4, 2
- 5.3. 11 & Over and 13 & Over events will be scored in the age groups: 11-12, 13-14 and 15 & Over
- 5.4. Masters swimming will be scored in the following age groups: 25-34, 35-44, 45-54 etc.
- 5.5. Masters points will not contribute to the overall team score.
- 5.6. Team trophies (combined age-group and masters) will be awarded to the 1st, 2nd and 3rd place clubs.
- 5.7. Mystery awards will be presented to the winners of heats selected on a random basis.

ORDER OF EVENTS FOR THE 2019 SWIMJAMAICA SPRINT MEET

SATURDAY MORNING STARTING 8:30 AM

1-2	800 M Freestyle Relay	F/M	Open
3-4	100 M Backstroke	F/M	11 & Over
5-6	50 M Breaststroke	F/M	8 & U
7-8	50 M Breaststroke	F/M	9 - 10
9-10	50 M Breaststroke	F/M	11-12
11-12	50 M Breaststroke	F/M	13 & Over
13-14	200 M Medley Relay	F/M	8 & under
15-16	200 M Medley Relay	F/M	9-10
17-18	200 M Medley Relay	F/M	11-12
19-20	200 M Medley Relay	F/M	13 & over
21-22	100 M Freestyle	F/M	11 & Over
23-24	50 M Backstroke	F/M	8 & over
25-26	50 M Backstroke	F/M	9 - 10
27-28	50 M Backstroke	F/M	11-12
29-30	50 M Backstroke	F/M	13 & Over
31-32	200 M Free Relay	F/M	8 & under
33-34	200 M Free Relay	F/M	9-10
35-36	200 M Free Relay	F/M	11-12
37-38	200 M Free Relay	F/M	13 & over

SATURDAY AFTERNOON STARTING 3:30 PM

39-40	400 M Medley Relay	F/M	Open
41-42	50 M Butterfly	F/M	Masters
43-44	50 M Freestyle	F/M	8 & under
45-46	50 M Freestyle	F/M	9-10
47-48	50 M Freestyle	F/M	11-12
49-50	50 M Freestyle	F/M	13 & Over
51-52	50 M Freestyle	F/M	Masters
53-54	100 M Butterfly	F/M	11 & Over
55	200 M Medley Relay	Mixed	8 & Under
56	200 M Medley Relay	Mixed	9-10
57	200 M Medley Relay	Mixed	11-12
58	200 M Medley Relay	Mix	13 & Over
59-60	50 M Backstroke	F/M	Masters
61-62	50 M Butterfly	F/M	8 & under
63-64	50 M Butterfly	F/M	9-10
65-66	50 M Butterfly	F/M	11-12
67-68	50 M Butterfly	F/M	13 & Over
69-70	50 M Breaststroke	F/M	Masters
71-72	100 Breaststroke	F/M	11 & Over
73	200 M Free Relay	Mixed	8 & under
74	200 M Free Relay	Mixed	9-10
75	200 M Free Relay	Mixed	11-12
76	200 M Free Relay	Mixed	Masters
77	200 M Free relay	Mixed	13 & over

Mixed Relays will comprise 2 male and 2 females only, swimming in any order