



**‘Y’ SPEEDOS SWIM CLUB
2020 KARL DALHOUSE
MEMORIAL INVITATIONAL SWIM MEET
January 31st – February 2nd, 2020**

ASAJ SANCTION #: 21901

FINA SANCTION: We have the pleasure to inform you that FINA has approved the 2020 Karl Dalhouse Memorial as a meet where swimmers can achieve the FINA ‘A’ and ‘B’ Swimming Qualifying Standard Times for the: **XXXII Olympic Summer Games - Tokyo (JPN) 2020.**

VENUE: **JAMAICA NATIONAL STADIUM**
Arthur Wint Drive
Kingston, Jamaica

FACILITY: Eight (8) Lane 50M Competition Pool
Eight (8) Lane 25M Warm Down Pool
Colorado Electronic Timing CTS6
Meet Scoring: HY-TEK MEET MANAGEMENT

DATES: Friday, January 31st – Sunday February 2nd, 2020

TIMES: (Pool opens 1½ hours before start of a session.)
Session 1, Friday Evening: 5:00 pm (warm up 3:30 pm)
Session 2, Saturday Morning: 8:30 am (warm up 7:00 am)
Session 3, Saturday Afternoon: 3:30 pm (warm up 2:00 pm)
Session 4, Sunday Morning: 9:00 am (warm up 7:30 am)

ELIGIBILITY: Local clubs and swimmers registered with the ASAJ as well as overseas teams and swimmers with a sanction letter from their respective swimming organizations/federations.
Age Group ages for the meet shall be as at midnight, January 30th, 2020.
Masters must be 25 years and over as at January 30th, 2020.

ASAJ REGISTRATION: Swimmers must be registered with the ASAJ no later than **4.00 pm FRIDAY, JANUARY 10th, 2020.**

INDIVIDUAL ENTRIES: Number of events per swimmer: no limit
Number of entries per event per club: no limit, **except for:**
10&Under 100 M and above: max 3 entries per club. Swimmers must have achieved a 10&U **B-standard** or better during the 12 months preceding the meet. NT entries will not be accepted.

11-24 200 M events: max 3 entries per club per age group: 11-12, 13-14, and 15-24. Swimmers must have achieved a **B-standard** or better for their current age group during the 12 months preceding the meet. (15-16 standards will apply to swimmers 15-24). No NT entries allowed.



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OPEN Events: must be 11&Over, max 3 entries per club, must have achieved **B-standard** or better for their current age group, **max 2 heats**.

Times submitted will be checked against the Hytek database.
'Y' Speedos will publish a list of local qualifying swimmers for the above events. Foreign swimmers must provide proof of time.

RELAY ENTRIES: Number of relays per club: 2 per event.
Mixed Relays to contain: (2) female and (2) male swimmers. Relay-only swimmers **MUST** be declared on the entry.

ALL EVENTS ARE TIMED FINALS

ENTRY FEES: JMD 300 / USD 3.00 per swimmer per event
JMD 400 / USD 4.00 per team per relay
JMD 600 / USD 6.00 surcharge per swimmer
Please make cheques payable to: 'Y' Speedos Swim Club.
Entry fees must be paid in full before the meet.
Manual entries will attract a JA\$1000.00 Administrative fee.

ENTRY DEADLINE: **4.00 pm FRIDAY, JANUARY 17th, 2020**
Entries (in HYTEK format) must be emailed to: yspeedos@gmail.com

ENTRY FORMS: Seed times are preferred for each entry. If no seed time is submitted, then the entry will be classified as NT.

Entry times for the 400m and over events must be accompanied with proof (meet and date) of the times achieved.

POSITIVE CHECK-IN A positive check-in will apply to all events 400m and over, 45 minutes before the session starts. Swimmers who miss their event after they have checked in must pay a penalty of J\$500 before they will be allowed swim their next event.

RULES: FINA RULES and ASAJ Bye-Laws in force at the time of competition will apply unless otherwise stated. Competitors will only be allowed to swim in their age-group i.e. 8&U, 9-10, 11-12, 13-24, OPEN etc.

EXHIBITION: Time trials are at meet referee's discretion, deck entries will be allowed if space is available. Both will be at JMD 500/ USD 5.00 per entry. Neither will score points. **The B-minimum time rule from page 1 also applies to deck entries.**

MARSHALLING: There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.



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Coaches are responsible to get their swimmers to the starting block. Any swimmer swimming in the wrong heat and/or lane will be disqualified. No swimmer may enter the race once the starter has taken control.

RELAY CARDS:

Relay cards are in duplicate. The original must be handed to the Recorder thirty (30) minutes BEFORE the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named in the order of swimming on the card. Any change may be made up to FOUR (4) events prior to the scheduled event number, after that on presentation of a medical certificate.

SCORING:

Individual Events score 9,7,6,5,4,3,2 and 1 points for places 1 through 8. Relays score 18, 14, 12, 10, 8, 6, 4 and 2 points for places 1 through 8. **Points will be awarded to the top two finishers from each club only.**

Swimmers aged 11-24 and 13-24 will swim together but score according to the following age groups: 11-12, 13-14, 15-24. There will be a separate division for Masters, who will score points in their age group bands i.e. 25-34, 35-44, 45-54, 55-64, and 65-74.

AWARDS:

The KD Trophy will be awarded to the winning club in the age group division. The KD Masters Trophy will be awarded to the winning Masters Team. The Matthew Hylton Trophy will be awarded to the winner of the Boys 13-14, 200M Breaststroke.

PROGRAMMES:

Will be sold at the gate.

CONCESSIONS:

Snacks, fruit, meals and drinks on sale throughout the meet.

OFFICIALS:

Referees and Starters on the FINA Swimming Lists no. 19 & 20 will work each session.

ACCOMMODATION: Options for competitors from overseas are available upon request.

For any additional information please contact: Dr. Brian James (Meet Director)

Tel: (876) 352-4138 (c)

Fax: (876) 929-9387

Email: shaunjus@yahoo.com



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ORDER OF EVENTS

Session 1 Friday, January 31st, 2020 5:00pm

1	2	F/M	10&U	100m Freestyle
3		F/M	OPEN	800m Freestyle
	4	F/M	OPEN	1500m Freestyle
5	6	F/M	8&U	50m Butterfly
7	8	F/M	9-10	50m Butterfly
9	10	F/M	11-12	50m Freestyle
11	12	F/M	13-24	50m Freestyle

Session 3 Saturday, February 1st, 2020 3:30pm

33	34	F/M	10&U	200m Freestyle
35	36	F/M	OPEN	400m Freestyle
37	38	F/M	11-12	100m Backstroke
39	40	F/M	13-24	100m Backstroke
41	42	F/M	25-99	50m Backstroke
43	44	F/M	8&U	50m Backstroke
45	46	F/M	9-10	50m Backstroke
47	48	F/M	OPEN	200m Butterfly
49	50	F/M	25-99	50m Butterfly
51	52	F/M	10&U	100m Butterfly
53	54	F/M	11-24	200m Freestyle
55		Mix	25-99	200m Freestyle Relay

Session 2 Saturday, February 1st, 2020 8:30am

13	14	F/M	10&U	100m Breaststroke
15	16	F/M	11-24	200m Breaststroke
17	18	F/M	8&U	50m Freestyle
19	20	F/M	9-10	50m Freestyle
21	22	F/M	11-12	100m Freestyle
23	24	F/M	13-24	100m Freestyle
25	26	F/M	10&U	200m Individual Medley
27	28	F/M	11-24	200m Individual Medley
29		Mix	8&U	200m Freestyle Relay
30		Mix	9-10	200m Freestyle Relay
31		Mix	11-12	200m Freestyle Relay
32		Mix	13-24	200m Freestyle Relay

Session 4 Sunday, February 2nd, 2020 9:00am

56		Mix	25-99	200m Medley Relay
57	58	F/M	OPEN	400m IM
59	60	F/M	10&U	100m Backstroke
61	62	F/M	11-24	200m Backstroke
63	64	F/M	25-99	50m Breaststroke
65	66	F/M	8&U	50m Breaststroke
67	68	F/M	9-10	50m Breaststroke
69	70	F/M	11-12	100m Butterfly
71	72	F/M	13-24	100m Butterfly
73	74	F/M	25-99	50m Freestyle
75	76	F/M	11-12	100m Breaststroke
77	78	F/M	13-24	100m Breaststroke
79		Mix	8&U	200m Medley Relay
80		Mix	9-10	200m Medley Relay
81		Mix	11-12	200m Medley Relay
82		Mix	13-24	200m Medley Relay