



**12<sup>th</sup> Island Aquatics Artistic Swimming Jamaica  
Competition March 7th, 2020, Kingston, Jamaica, W.I. &  
2020 National Team trials**

Island Aquatics Synchro Club invites eligible clubs and swimmers to participate in the **12<sup>th</sup> Island Aquatics Synchro (IAS) Club Invitational meet** to take place March 7th, 2020 in Kingston, Jamaica. The competition is being held under the sanction of the The Aquatic Sports Association of Jamaica (ASAJ).

**DATE OF COMPETITION:** March 7, 2020

**VENUE:** UWI swimming pool

**HOSTED BY:** ISLAND AQUATICS SYNCHRO CLUB

**MEET MANAGER:** Olga Novokshchenova Lee

**ASAJ SANCTION #:** 22005

**RULES:** Unless otherwise specified, FINA and ASAJ Bylaws and Regulations in force at time of competition: <http://www.fina.org> and <https://www.asaj.com.jm/> Please note: swimmers from the Jamaican Federation must be registered with the ASAJ by **February 15th, 2020**. Also note:

- Athletes may compete in figures only.
- Swimmer's age group shall be determined by the age of the swimmer as of midnight on 31st December 2020.
- Categories:
- Novice, Intermediate, Age Group, seniors and Masters competition.  
Novice, Intermediate, 12& Under, 13-15 AG- Figures, solo, duet, team, mixed duet.  
15-18 AG -Technical and Free routines in solo, duet, team and mixed duet.  
15 & Over - Technical and Free routines in solo, duet, team and mixed duet.  
Masters - Free routine only in solo, duet, team and mixed duet.
- An athlete may compete in an older age group for the duet and team competition as long as at least one of the swimmers is in the relevant age group. Such an athlete have to do the figures the age group of the category that they swim routine. Swimmer, competing in the routines in two different age groups, will have to swim figures in both age groups.
- Age Group competitors may not swim in a younger age group.
- Any swimmer who is listed as an alternate for duet or team shall pay the relevant entry fee.
- The venues are open air pools so teams are welcome to bring their own tents for shade.
- Intermediate swimmers may do the figures from a younger age group



**ELIGIBILITY:** All swimmers who are registered members of a FINA Federation, Club or a school team.

**Novice, Intermediate and Age Group Competition:** Dates of birth: 12 & under (2008 or later); 13-15 (2005 – 2007); 15-18 (2002 – 2005); 15 and over (2005 and before).

**DELEGATIONS:** There is no limit to the number of athletes. However, a maximum of three (3) coaches and one (1) team leader is allowed per club.

**JUDGES:** Each participating club should send a minimum of one (1) qualified Judge at their own expense with the exception of Host Country, whose Federation will provide judges.

**PRACTICE / TRAINING JUDGES:** Practice judging will be allowed.

**EVENTS:**

Novice, Intermediate and Age Groups 12& Under and 13-15: free routine and figures competitions (solo, duet, team, mixed duet).

AG 15-18: Technical and Free routines (solo, duet, team, mixed duet).

Seniors (15& over): Technical and Free routines (solo, duet, team, mixed duet)

Masters: Free routines (solo, duet, team, mixed duet)

Novice figures: TBD

12& under and Intermediate B: Compulsory and Group .

13-15 and Intermediate A: Compulsory and Group .

**MEET ENTRY FEES:**

JD \$1000 or US\$10 per competitor per figures and routine entry

**TENTATIVE SCHEDULE: To be confirmed (depending on number of entries)**

**Saturday, March 7th:**

**10:00 AM - Warm up**

**11:00 AM - Competition**

**AWARDS:** Medals will be awarded for 1<sup>st</sup> through 3<sup>rd</sup> places in each event: Figures, Solo, Duet, Team, Mixed Duet

**TECHNICAL MEETING:** The order of appearance will be drawn prior to the competition (date to be confirmed).

**FINAL ENTRY DEADLINE: February 15th, 2020**

**CANCELLATION POLICY:** None

**VENUE INFORMATION:** UWI Swimming Pool: 50 M X 20 M;

**SOUND EQUIPMENT:** Each delegation is asked to email their music labelled with Competitor Name, Club, Age Category, Routine/Event. Alternatively a thumb drive with the music clearly labeled as above for each routine may be presented.

**FOR INFORMATION CONTACT:**

Island Aquatics Synchro Club:

Email: [islandaquaticssynchro@gmail.com](mailto:islandaquaticssynchro@gmail.com) , [olga\\_swim@yahoo.com](mailto:olga_swim@yahoo.com)

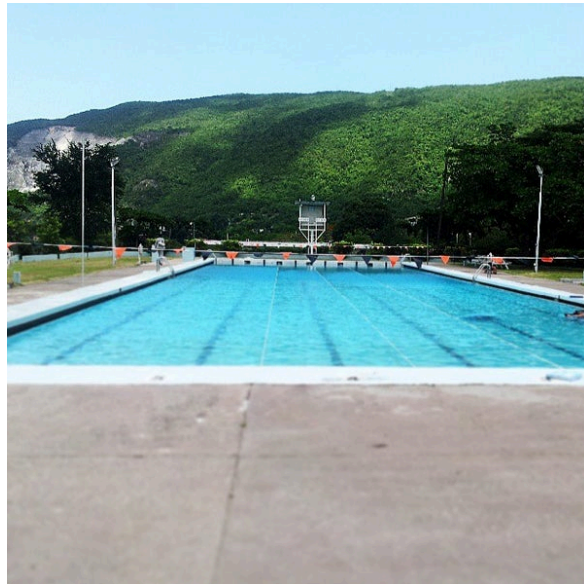
The Aquatic Sports Association of Jamaica (ASAJ)

Carol Cuffley: c/o ASAJ, Independence Park, Kingston 10, Jamaica, W.I.

Email: [aquaticsja@gmail.com](mailto:aquaticsja@gmail.com)

Website: <http://www.asaj.com.jm>

Tel:1(876) 920-6230



**CARIFTA Qualifying score  
(Combined Scores)**

1. 12 & Under :	5.0
2. 13 -15 :	5.6
3. 16 -18 :	6.0

**CCCAN Qualifying score  
(Combined Scores)**

12& Under:	5.5
13-15:	5.8
15-18:	6.2
Seniors:	6.4

**Preliminary Entry Form- attached :**



**12<sup>th</sup> Island Aquatics Synchronised Swimming Jamaica  
Invitational March 7, 2020, Kingston, Jamaica, W.I.  
PRELIMINARY ENTRY FORM**

Complete and send this form no later than **February 15th, 2020** by email to [islandaquaticssynchro@gmail.com](mailto:islandaquaticssynchro@gmail.com)

**FEDERATION**

**HEAD OF DELEGATION CONTACT NAME**

**ADDRESS**

TELEPHONE  FAX  EMAIL

**DELEGATION INFORMATION** (Indicate number entering)

Age group:	SOLO	DUET	TEAM
12 & U	<input type="text"/>	<input type="text"/>	<input type="text"/>
13-15	<input type="text"/>	<input type="text"/>	<input type="text"/>
15-18	<input type="text"/>	<input type="text"/>	<input type="text"/>
<u>15 and over</u>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Novice	<input type="text"/>	<input type="text"/>	<input type="text"/>
12&U	<input type="text"/>	<input type="text"/>	<input type="text"/>
13-15	<input type="text"/>	<input type="text"/>	<input type="text"/>
16&O	<input type="text"/>	<input type="text"/>	<input type="text"/>
	<input type="text"/>	<input type="text"/>	<input type="text"/>
Intermediate A (13 – 15 figs):	<input type="text"/>	<input type="text"/>	<input type="text"/>
	<input type="text"/>	<input type="text"/>	<input type="text"/>
Intermediate B (12 & U figs):	<input type="text"/>	<input type="text"/>	<input type="text"/>
	<input type="text"/>	<input type="text"/>	<input type="text"/>
	<input type="text"/>	<input type="text"/>	<input type="text"/>
Masters	<input type="text"/>	<input type="text"/>	<input type="text"/>

Mixed duets	Novice/Intermediate	12 & U	13-15	15-18
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

**OFFICIALS**

JUDGE (Select FINA/UANA Level) 1  A  B  G 2  A  B  G

COACH  1  2 OTHER  1  2