



**'Y' SPEEDOS SWIM CLUB**  
**2025 KARL DALHOUSE**  
**MEMORIAL INVITATIONAL SWIM MEET**  
**January 31st – February 2nd, 2025**

**ASAJ SANCTION #:** 22501

**VENUE:** **NATIONAL AQUATIC CENTRE**  
Independence Park, Statue Road  
Kingston 6, Jamaica

**FACILITY:** Eight (8) Lane 50M Competition Pool  
Eight (8) Lane 25M Warm Down Pool  
Colorado Electronic Timing CTS6  
Meet Scoring: HY-TEK MEET MANAGEMENT

**DATES:** Friday, January 31st – Sunday February 2nd, 2025

**TIMES:** (Pool opens 1½ hours before start of a session.)  
Session 1, Friday Evening: 5:00 pm (warm up 3:30 pm)  
Session 2, Saturday Morning: 8:30 am (warm up 7:00 am)  
Session 3, Saturday Afternoon: 3:30 pm (warm up 2:00 pm)  
Session 4, Sunday Morning: 9:00 am (warm up 7:30 am)

**ELIGIBILITY:** Local Clubs and swimmers registered with the ASAJ, as well as overseas teams and swimmers, with a sanction letter from their respective swimming organizations/federations.  
Age Group ages for the meet shall be as at midnight, **January 30, 2025**. Masters must be 25 years and over as at **January 30, 2025**.

**ASAJ REGISTRATION:** Swimmers must be registered with the ASAJ no later than **4.00 pm FRIDAY, JANUARY 10, 2025**.

**INDIVIDUAL ENTRIES:** Number of events per swimmer: no limit  
Number of entries per event per Club: no limit, **except for:**

**10&Under 50M Fly, 100 M and above:** max four entries per Club. Swimmers must have achieved a **B-standard** or better for the event (or its equivalent in the next shorter distance) during the 12 months preceding the meet. (I.e. B-standard in 50M to qualify for 100M, B-standard in 100M to qualify for 200M).

**11 & over 200 M events:** max four entries per Club per age group: 11-12, 13-14, and 15 & over. Swimmers must have achieved a **B-standard** or better for the event (or its equivalent in the 100M) for their age group on meet day during the 12 months preceding the meet. (15-16 standards will apply to swimmers 15 & over).

**OPEN Events:** must be 11 & Over. Max four entries per club. The swimmer must have achieved **B-standard** or better for the event (or its equivalent in the next shorter distance) for their age group on meet day. (I.e. B-standard in 200M to qualify for 400M, B-standard in 400M to qualify for 800/1500M). **Max 2 Heats.**

**Times submitted will be checked against the Hytek database.**  
**Foreign swimmers must provide proof of time.**



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- RELAY ENTRIES:** Number of relays per Club: 3 per event (except the host), but only top 2 will score points. Mixed Relays to contain: (2) female and (2) male swimmers. Relay-only swimmers MUST be declared on the entry.
- The Meet Director reserves the right to change meet warm-up, start times, or drop/move events, or add breaks in order to hold an efficient meet.
- ALL EVENTS ARE TIMED FINALS**
- ENTRY FEES:** JMD 900 / USD 9.00 per swimmer per event  
JMD 1300 / USD 13.00 per team per relay  
JMD 1000 / USD10.00 surcharge per swimmer  
Please pay all fees via direct bank transfer to: 'Y' Speedos Swim Club.  
Account details: Sagicor Bank, Dominica Drive, Chequing Account #5500994705  
**Entry fees must be paid in full before the meet; failure to pay on time may result in exclusion from the Meet.**
- ENTRY DEADLINE:** **11:59 pm FRIDAY, JANUARY 17, 2025**  
Entries (in HYTEK format) must be emailed to: [yspeedosswimmeet@gmail.com](mailto:yspeedosswimmeet@gmail.com)
- ENTRY FORMS:** Seed times are preferred for each entry. If no seed time is submitted, then the entry will be classified as NT.
- POSITIVE CHECK-IN** A positive check-in will apply to all events 400m and over, 45 minutes before the session starts. Swimmers who miss their event after they have checked in must pay a penalty of J\$800/USD 8.00 before they will be allowed to swim their next event.
- RULES:** AQUA Rules and ASAJ By-Laws in force at the time of the competition will apply unless otherwise stated. Competitors will only be allowed to swim in their age group i.e. 8 & U, 9-10, 11-12, 13-14 and 15 & over, OPEN etc.
- EXHIBITION:** Time trials are at the meet referee's discretion; deck entries will be allowed if space is available. Both will be at JMD 1500/ USD 15.00 per entry. Neither will score points. Swimmers must request time trials at least 60 minutes before the start of the session.
- MARSHALLING:** There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.  
Coaches are responsible for getting their swimmers to the starting block. Any swimmer swimming in the wrong heat and/or lane will be disqualified. No swimmer may enter the race once the starter has taken control.
- RELAY CARDS:** Relay cards are in duplicate. The original must be handed to the Recorder thirty (30) minutes BEFORE the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named on the card in the order of swimming. Any change may be made up to FOUR (4) events prior to the scheduled event number, after that on presentation of a medical certificate.



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- PROTESTS:** All protests to the referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of the disqualification, signed by the Team Manager or Head Coach, and accompanied by JMD 2,000 or USD 20.00 Protest Fee. If the protest is upheld, the fee will be returned to the Club.
- JURY OF APPEAL:** There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest. Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries. The Jury of Appeal shall comprise three (3) persons drawn from the pool of nominees submitted by each Club.
- SCORING:** Individual Events score 9,7,6,5,4,3,2 and 1 points for places 1 through 8. Relays score 18, 14, 12, 10, 8, 6, 4 and 2 points for places 1 through 8. **Points will be awarded to the top two finishers from each Club only.**
- Masters points will not contribute to overall team scores.**
- Swimmers aged 11 & over will swim together but score according to the following age groups: 11-12, 13-14, 15 & over. There will be a separate division for Masters, who will score points in their age group bands i.e. 25-34, 35-44, 45-54, 55-64, and 65-74.  
Placings and scores for OPEN events will NOT be broken down into age group bands.
- AWARDS:** The KD Trophy will be awarded to the winning Club in the age group division. The KD Masters Trophy will be awarded to the winning Masters Team. The Matthew Hylton Trophy will be awarded to the winner of the Boys 13-14, 200M Breaststroke.  
Sarah Newland Martin Trophy will be awarded to the winner of the Girls 15-17, 100M Breaststroke.
- PROGRAMMES:** Will be sold at the gate.
- CONCESSIONS:** Snacks, fruit, meals and drinks on sale throughout the meet.
- OFFICIALS:** Referees and Starters on the AQUA and PAQ Swimming Lists no. 22 & 23 and No.5 respectively, will work each session.
- ACCOMMODATION:** Options for competitors from overseas are available upon request.

**For any additional information please contact:**

Dr. Brian James (Meet Director) or Mr. Omar Kennedy (Assistant Meet Director)  
Tel: (876) 352-4138 (c)  
Fax: (876) 929-9387  
Email: shaunjus@yahoo.com



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**ORDER OF EVENTS**

**Session 1 Friday, January 31<sup>st</sup>, 2025 5:00pm**

1	2	F/M	10&U	200 Freestyle Relay
3		F	OPEN	800m Freestyle
	4	M	OPEN	1500m Freestyle
5	6	F/M	10&U	100m Freestyle
7	8	F/M	11 & over	100m Breaststroke
9	10	F/M	10&U	50m Butterfly
11	12	F/M	11-12	50m Freestyle
13	14	F/M	13 & over	50m Freestyle

**Session 3 Saturday, February 1<sup>st</sup>, 2025 3:30pm**

33	34	F/M	10&U	200m Freestyle
35	36	F/M	OPEN	400m Freestyle
37	38	F/M	11 & over	100m Backstroke
39	40	F/M	25-99	50m Backstroke
41	42	F/M	8&U	50m Backstroke
43	44	F/M	9-10	50m Backstroke
45	46	F/M	OPEN	200m Butterfly
47	48	F/M	25-99	50m Butterfly
49	50	F/M	10&U	100m Butterfly
51	52	F/M	11 & over	200m Freestyle
53		Mix	25-99	200m Freestyle Relay

**Session 2 Saturday, February 1<sup>st</sup>, 2025 8:30am**

15	16	F/M	10&U	100m Backstroke
17	18	F/M	11 & over	200m Backstroke
19	20	F/M	8&U	50m Freestyle
21	22	F/M	9-10	50m Freestyle
23	24	F/M	11 & over	100m Freestyle
25	26	F/M	10&U	200m Indiv Medley
27	28	F/M	11 & over	200m Indiv Medley
29		Mix	8&U	200m Freestyle Relay
30		Mix	9-10	200m Freestyle Relay
31		Mix	11-12	200m Freestyle Relay
32		Mix	13 & over	200m Freestyle Relay

**Session 4 Sunday, February 2<sup>nd</sup>, 2025 9:00am**

54		Mix	25-99	200m Medley Relay
55	56	F/M	OPEN	400m IM
57	58	F/M	10&U	100m Breaststroke
59	60	F/M	11 & over	200m Breaststroke
61	62	F/M	25-99	50m Breaststroke
63	64	F/M	8&U	50m Breaststroke
65	66	F/M	9-10	50m Breaststroke
67	68	F/M	11 & over	100m Butterfly
69	70	F/M	25-99	50m Freestyle
71		Mix	8&U	200m Medley Relay
72		Mix	9-10	200m Medley Relay
73		Mix	11-12	200m Medley Relay
74		Mix	13 & over	200m Medley Relay