



Good Food, Good Life

FRIDAY, **MAY 26**, 2017
Knutsford Court Hotel

Sports Nutrition & Lifestyle Clinic

9:00 a.m. National Anthem

9:10 a.m. Opening Prayer

9:15 a.m. Welcome, Mr. Ockino Petrie, MC, Consumer Marketing Manager, Beverages

9:30 a.m. Overview of the Day, Mr. Sean Wallace, Marketing Manager

9:35 a.m. "Nutrition 101 for Coaches", Ms. Annalee Gray, Market Nutritionist

10:10 a.m. **MILO BREAK**

10:30 a.m. Group Work

11:10 a.m. **ICE BREAKER**

11:15 p.m. Sports Nutrition Myths, Ms. Annalee Gray, Market Nutritionist

11:25 p.m. The Business of Sports Marketing, Mr. Ockino Petrie, Consumer Marketing Manager, Beverages

12:00 p.m. **LUNCH**

12:45 p.m. Nourishment for a Champion, Dr. Christine Fray-Aiken, Nutritionist

1:45 p.m. **MILO BREAK**

2:00 p.m. "I think I broke something" – Ms. Jody-Ann Simpson, Physiotherapist

2:45 p.m. Coaching Seminar

3:30 p.m. Group Presentation

4:00 p.m. Closing Remarks, Mr. Ockino Petrie, MC



Energy Food Drink Of Champions