



***9th Island Aquatics Synchronised Swimming Jamaica Competition
February 11-12th, 2017, Kingston, Jamaica, W.I.***

Island Aquatics Synchro Club invites eligible swimmers to participate in the **9th Island Aquatics Synchronised Swimming Jamaica Competition** to take place February 11-12th, 2017 in Kingston, Jamaica. The competition is being held under the sanction of the Amateur Swimming Association of Jamaica (ASAJ).

DATE OF COMPETITION: February 11-12th, 2017

VENUE: Diving well, National Aquatic Centre, Independence Park, Kingston, Jamaica.
Alternative Venues: Kingston YMCA, Immaculate Conception High School pool.

HOSTED BY: ISLAND AQUATICS SYNCHRO CLUB

MEET MANAGER: Olga Novokshchenova Lee

ASAJ SANCTION #:

RULES: Unless otherwise specified, FINA and ASAJ Bylaws and Regulations in force at time of competition: <http://www.fina.org> and <http://www.swimjamaica.com/mainpage.htm>. Please note: swimmers from the Jamaican Federation must be registered with the ASAJ by **January 20th, 2017**. Also note:

- Athletes doing routines **must** compete in figures.
- Athletes may compete in figures only.
- All routines will be judged as free routines.
- Novice, Intermediate and Age Group competition will be held in the categories: 12 & under, 13-15 and 16-18 and 19&Over.
- An athlete may compete in an older age group for the duet and team competition as long as at least one of the swimmers is in the relevant age group. Such an athlete will do the figures for the age group of the routine she does. Where an athlete(s) swims up in Duet and/or Team they may not also swim those events in their own age category. Where an athlete(s) swims up but also competes in their age category in other events, the athlete(s) must compete in the Figure event for both age categories.
- Age Group competitors may not swim in a younger age group.
- Intermediate swimmers may do the figures from a younger age group.
- Mixed age group team demonstrations are welcome (with scores, but result will not include the figures as all the swimmers are from different age groups).
- Any swimmer who is listed as an alternate for duet or team shall pay the relevant entry fee.



- Coaches are not allowed on deck while the competition is in progress. There will be a designated coaching area.
- The venues are open air pools so teams are welcome to bring their own tents for shade.

ELIGIBILITY: Novice, Intermediate and Age Group swimmers who are registered members of a FINA Federation or a school team.

Novice, Intermediate and Age Group Competition: Dates of birth: 12 & under (2005 or later); 13-15 (2002 – 2004); 16-18 (1999 – 2001); 19&over (1998 and before).

DELEGATIONS: There is no limit to the number of athletes. However, a maximum of three (3) coaches and one (1) team leader is allowed per club.

JUDGES: Each participating club should send a minimum of one (1) qualified Judge at their own expense with the exception of Host Country who's Federation will provide judges.

PRACTICE / TRAINING JUDGES: Practice judging will be allowed.

EVENTS:

Novice, Intermediate and Age Group: free routine and figures competitions (solo, duet, team)

All events will be finals.

Novice, Intermediate and Age Group Figures: May be pre-selected prior to the competition by mutual agreement.

FIGURES (pre-selected):

Novice: Ballet Leg, Back Pike Somersault, Front Pike Somersault, Blossom.

12& under and Intermediate B: Compulsory and Group 2 - Kip and Walk Over Front.

13-15: and Intermediate A: Compulsory and Group 2 – Porpoise Spin up 180 and Flamingo Bent Knee.

16-18 and 19 and over: Compulsory and Group 2 – Manta Ray and Butterfly.

MEET ENTRY FEES:

Ja \$800 per competitor per figure and routine entry

TENTATIVE SCHEDULE: To be confirmed

AWARDS: Medals will be awarded for 1st through 3rd places in each event: Figures, Solo, Duet, Trio (Masters) and Team. Ribbons will be awarded for places 4 to 8 for each category

Points will be awarded as follows:



Place: Solo/Figures: 1st **9**, 2nd **7**, 3rd **6**, 4th **5**, 5th **4**, 6th **3**, 7th **2**, 8th **1**
Points will be doubled for duet and team routines.

TECHNICAL MEETING: The order of appearance will be drawn prior to the competition (date to be confirmed).

FINAL ENTRY DEADLINE: January 28, 2017

CANCELLATION POLICY: None

VENUE INFORMATION: National Aquatic Centre Pool: 25 M X 25 M; Diving Well (5 M depth) (routines and figures).

SOUND EQUIPMENT: Each delegation is asked to present at the team leaders meeting (2) Compact Disks per routine labelled with Competitor Name, Club, Age Category, Routine/Event. Each CD should have music for only one routine. Alternatively a thumb drive with the music clearly labelled as above for each routine may be presented. Audio files may be emailed to the meet manager.

FOR INFORMATION CONTACT:

Island Aquatics Synchro Club:

Email: islandaquaticssynchro@gmail.com

Amateur Swimming Association of Jamaica (ASAJ):

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