



**2023 PANAM JUNIOR
OPEN WATER CHAMPIONSHIPS
(Virtual)**

SUMMONS

December 20 - 31, 2023



CATEGORIES

AGE GROUP	DISTANCE
9 – 10 years old	1000 meters / 1000 yards (in swimming pool)
11 – 12 years old	2000 meters / 2000 yards (in swimming pool)
13 – 15 years old	3000 meters / 3000 yards (in swimming pool)
16 – 18 years old	3000 meters / 3000 yards (in swimming pool)

RULES

1. Swimmers must perform their swim within the date range of the designated swim.
2. Only pool results will be accepted. Unless the pool is in open water.
3. All swims must be completed with an official present.
4. Officials must be certified by their Federation as a swimming official.
5. Swimmers will compete in the age group based on their age at the time of the swim.
6. Any swimmer may swim up in age group to compete at a longer distance but will compete with that age group they have chosen to swim in.
However, swimmers must choose one or the other.
7. No swimmer may swim down in age groups.
8. All times will be official using timing pads, stop watches, or clocks that can indicate to the hundredth of a second.
9. Any Club officially recognized by a Pan Am Aquatics Federation may participate.
10. **Registration forms** must be using the following link [2023 PanAm Virtual Open Water Entries \(Spreadsheet\)](#) and must be received **by December 1st, 2023.**
11. **Submission with results** : Use the same spreadsheet for entries, just add the information on Column “L” with the results. It must be completed and sent by midnight of Dec. 31, 2023 to scott@swimcloud.com
A HyTek file will be also accepted but the official must sign the form confirming that the information contained in the file is valid.

AWARDS

Swimmer finishing in the top three places of each age group in their designated gender will receive:

- PanAm Aquatics Swim Cap.
- PanAm Aquatics T-Shirt.
- Recognition on the Open Water section of PanAm Aquatics website.
- First places on each age group and gender will get their picture and bio displayed on PanAm Aquatics event webpage.