



ASAJ Christmas Open
National Aquatic Centre, Kingston Jamaica
December 14 – 17, 2024

ASAJ Sanction #: 22420

Venue: National Aquatic Center: 8 Lane Competition Pool (with 25m Warm Up Pool)
Colorado Electronic Timing System (CTS6): pads with back-up buttons

Date and Times:

Saturday	December 14	9:00 a.m & 5:00 p.m
Sunday	December 15	9:00 a.m & 5:00 p.m
Monday	December 16	9:00 a.m & 5:00 p.m.
Tuesday	December 17	9:00 a.m & 5:00 p.m

Pool will be opened 90 minutes before the start of each session.

Eligibility: All Clubs and Swimmers, in good standing, registered with the ASAJ or other World Aquatics affiliated Federations.

Registration: **The ASAJ register closes at 4:00 pm on Friday, November 22, 2024.**
Age groups according to the swimmer's age as at **December 31st, 2023.**
Masters ages as at **December 31st, 2024.**

Entry Fees: N.B. ENTRIES SHOULD BE SUBMITTED VIA HY-TEK SOFTWARE ALONG WITH INDIVIDUAL MEET ENTRIES REPORT WITH RELAYS

J\$500/US\$5.00 per swimmer per individual event and J\$1,000/US\$10.00 per relay.
Time Trial/Deck Entry: J\$1,200/US\$12.00 per swimmer per individual event and J\$1,500/US\$15 per relay team.

Swimmers entered in relays but not previously entered in the Meet, must pay the deck entry fee of J\$1,500/US\$15.00 per relay.

Entry fees are to be paid by December 6, 2024 by 4:00pm. (This will be strictly enforced. There will be no late fees. Clubs/swimmers who do not adhere to this will not be allowed to participate).

Surcharge: J\$700/US\$7.00 per swimmer

Entry Limits: Number of events per swimmer: No limit
Number of relay teams per Club: 2 per event

The Meet Director reserves the right to change meet warm-up, start times, or drop/move events, add breaks in order to hold an efficient meet



Entry Deadline: Entries are to be submitted **November 29, 2024 by 11:59 pm**. Entries are to be submitted to asajswimmeets@gmail.com and copied to aquaticsja@gmail.com

No late entries will be accepted.

Date of birth for each swimmer must be included in the entry file.

Rules: World Aquatics Rules and ASAJ By-Laws in force at the time of the competition will apply. AQUA Starting rules SW 4 and AQUA masters rules 3.3.2.1, 3.3.2.2 and 3.3.2.3 will apply.
Any swimmer starting before the starting signal has been given, shall be disqualified. See Additional Rules and Regulations

Programme: The 50, 100 and 200 M individual 11-12 and OPEN events will be swum as heats and finals. Prelim events with 8 or fewer competitors on the blocks will go straight to finals.
The 400, 800 and 1,500 M events will be swum as timed finals with the fastest heat in the evening session and the slower heats in the morning.

Additional Rules:

1. Competitors will only be allowed to swim in their age group. If competitors swim outside of their age group, the offending swimmer will be disqualified from the competition.
2. Minimum age for OPEN events: 11 years old. Swimmers in the 11 – 12 age group will only be allowed to swim in an OPEN event if that event is not offered for their age group.
3. There will be positive check forty-five (45) minutes before the start of session for all events 400M and above. Failure to show after positive check-in, the swimmer will either miss his/her next event or pay a fee of \$1,500/US\$15.
4. 8&U, 9-10 and 10&U events are all timed finals.
5. Relays will be swum as timed finals at the end of the evening sessions.
6. Time Trials and Deck entries will be allowed at the discretion of the Meet Director. Time trials will be allowed at the end of morning sessions only. Swim times will be included in the final results but will not score points nor be eligible for awards.
7. Scratches are allowed at any time. There will be no refund for swimmers who scratch any event
8. Substitutions will NOT be allowed. Offending swimmers will be disqualified from the competition.
9. Participating Clubs are responsible for providing a counter for the 800m and 1500m events
10. Relay cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the lane time keeper at the beginning of the event. Any change must be made no later than four (4) events prior to the scheduled event number, after that only on the presentation of a valid medical certificate.



The swimmers must be named in order of swimming in accordance with AQUA rules.

Officials: Referees and Starters on the World Aquatics Swimming Lists no. 21 & 22 and PAQ List no. 5 will officiate at each session.

Marshalling: There will be no Marshalling Area for the heats (morning sessions). The next heat must be behind the blocks while the current heat is in progress. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified. Once the swimmers are under the starter's orders and they have taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

The finals (evening sessions) will be marshalled.

Protests All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of a disqualification, signed by the Team Manager or Head Coach and accompanied by J\$2,000/ US\$20.00 Protest Fee. If the protest is upheld the fee will be returned to the Club.

Jury of Appeal

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each Club shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations will be submitted in writing along with the entries.
- C. The Jury of Appeal shall comprise 3 persons drawn from the pool of nominees submitted by each Club.

Awards and Points:

1. Points will be awarded to the Finalists follows:
9, 7, 6, 5, 4, 3, 2, 1 (INDIVIDUAL EVENTS)
18, 14, 12, 10, 8, 6, 4, 2 (RELAYS)
2. MEDALS will be awarded to the three fastest swimmers in each Final
3. A trophy will be awarded to the 1st place club.
4. A performance trophy will be awarded to the male and female swimmer in the OPEN category and 11-12 age group category who attain the highest AQUA Points ranking in a single event.
5. A performance trophy will be awarded to any swimmer who attains at least ONE 15-16 100M+ AAAA time.



ASAJ Christmas Open
National Aquatic Centre, Kingston Jamaica
December 14 – 17, 2024

Order of Events

SATURDAY AM

9:00am

1		800m	Freestyle (slow heats)	TF	F	OPEN
2		1500m	Freestyle (slow heats)	TF	M	OPEN
3	4	100m	Freestyle	TF	F/M	8&U
5	6	200m	Breaststroke	H	F/M	11-12
7	8	200m	Breaststroke	H	F/M	OPEN
9	10	100m	Freestyle	TF	F/M	9-10
11	12	50m	Backstroke	H	F/M	11-12
13	14	50m	Backstroke	H	F/M	OPEN
15	16	200m	Backstroke	TF	F/M	10&U
17	18	100m	Butterfly	H	F/M	11-12
19	20	100m	Butterfly	H	F/M	OPEN

SATURDAY PM

5:00p.m

1		800m	Freestyle (fastest heat)	TF	F	OPEN
2		1500m	Freestyle (fastest heat)	TF	M	OPEN
21	22	100m	Freestyle	TF	F/M	Masters
5	6	200m	Breaststroke	F	F/M	11-12
7	8	200m	Breaststroke	F	F/M	OPEN
23	24	50m	Backstroke	TF	F/M	8&U
11	12	50m	Backstroke	F	F/M	11-12
13	14	50m	Backstroke	F	F/M	OPEN
25	26	50m	Backstroke	TF	F/M	9-10
17	18	100m	Butterfly	F	F/M	11-12
19	20	100m	Butterfly	F	F/M	OPEN
27	28	50m	Backstroke	TF	F/M	Masters
29	30	400m	Freestyle Relay	TF	F/M	10&U
31	32	400m	Freestyle Relay	TF	F/M	11-12
33	34	400m	Freestyle Relay	TF	F/M	OPEN

SUNDAY AM

9:00am

35	36	200m	Freestyle	H	F/M	11-12
37	38	200m	Freestyle	H	F/M	OPEN
39	40	100m	Butterfly	TF	F/M	8&U
41	42	50m	Butterfly	H	F/M	11-12



43	44	50m	Butterfly	H	F/M	OPEN
45	46	100m	Butterfly	TF	F/M	9-10
47	48	100m	Backstroke	H	F/M	11-12
49	50	100m	Backstroke	H	F/M	OPEN
51	52	200m	Freestyle	TF	F/M	10&U
53	54	400m	I.M. (slow heats)	TF	F/M	OPEN

SUNDAY PM

5:00p.m

35	36	200m	Freestyle	F	F/M	11-12
37	38	200m	Freestyle	F	F/M	OPEN
55	56	100m	Butterfly	TF	F/M	Masters
41	42	50m	Butterfly	F	F/M	11-12
43	44	50m	Butterfly	F	F/M	OPEN
57	58	50m	Breaststroke	TF	F/M	8&U
47	48	100m	Backstroke	F	F/M	11-12
49	50	100m	Backstroke	F	F/M	OPEN
59	60	50m	Breaststroke	TF	F/M	9-10
53	54	400m	I.M. (fastest heat)	TF	F/M	OPEN
61	62	50m	Breaststroke	TF	F/M	Masters
63	64	200m	Medley Relay	TF	F/M	10&U
65	66	400m	Medley Relay	TF	F/M	11-12
67	68	400m	Medley Relay	TF	F/M	OPEN

MONDAY AM

9:00am

69	70	200m	I.M.	H	F/M	11-12
71	72	200m	I.M.	H	F/M	OPEN
73	74	100m	Breaststroke	TF	F/M	8&U
75	76	50m	Breaststroke	H	F/M	11-12
77	78	50m	Breaststroke	H	F/M	OPEN
79	80	100m	Breaststroke	TF	F/M	9-10
81	82	100m	Freestyle	H	F/M	11-12
83	84	100m	Freestyle	H	F/M	OPEN
85	86	200m	Butterfly	TF	F/M	10&U
87	88	200m	Butterfly	H	F/M	11-12
89	90	200m	Butterfly	H	F/M	OPEN

MONDAY PM

5:00p.m

69	70	200m	I.M.	F	F/M	11-12
71	72	200m	I.M.	F	F/M	OPEN
91	92	100m	Breaststroke	TF	F/M	Masters
75	76	50m	Breaststroke	F	F/M	11-12
77	78	50m	Breaststroke	F	F/M	OPEN



93	94	50m	Freestyle	TF	F/M	8&U
81	82	100m	Freestyle	F	F/M	11-12
83	84	100m	Freestyle	F	F/M	OPEN
95	96	50m	Freestyle	TF	F/M	9-10
87	88	200m	Butterfly	F	F/M	11-12
89	90	200m	Butterfly	F	F/M	OPEN
97	98	50m	Freestyle	TF	F/M	Masters
99	100	200m	I.M.	TF	F/M	10&U
101	102	800m	Freestyle Relay	TF	F/M	11-12
103	104	800m	Freestyle Relay	TF	F/M	OPEN

TUESDAY AM

9:00am

105	106	400m	Freestyle (slow heats)	TF	F/M	OPEN
107	108	100m	Backstroke	TF	F/M	8&U
109	110	50m	Freestyle	H	F/M	11-12
111	112	50m	Freestyle	H	F/M	OPEN
113	114	100m	Backstroke	TF	F/M	9-10
115	116	100m	Breaststroke	H	F/M	11-12
117	118	100m	Breaststroke	H	F/M	OPEN
119	120	200m	Breaststroke	TF	F/M	10&U
121	122	200m	Backstroke	H	F/M	11-12
123	124	200m	Backstroke	H	F/M	OPEN

TUESDAY PM

5:00p.m

105	106	400m	Freestyle (fastest heat)	TF	F/M	OPEN
125	126	100m	Backstroke	TF	F/M	Masters
109	110	50m	Freestyle	F	F/M	11-12
111	112	50m	Freestyle	F	F/M	OPEN
127	128	50m	Butterfly	TF	F/M	8&U
115	116	100m	Breaststroke	F	F/M	11-12
117	118	100m	Breaststroke	F	F/M	OPEN
129	130	50m	Butterfly	TF	F/M	9-10
121	122	200m	Backstroke	F	F/M	11-12
123	124	200m	Backstroke	F	F/M	OPEN
131	132	50m	Butterfly	TF	F/M	Masters
133	134	200m	Freestyle Relay	TF	F/M	10&U
135	136	200m	Freestyle Relay	TF	F/M	11-12
137	138	200m	Freestyle Relay	TF	F/M	OPEN