

**28th EDITION GOODWILL SWIMMING
CHAMPIONSHIP**

August 16 - 18, 2024

ST. LUCIA



1. INVITED COUNTRIES

The St. Lucia Aquatics Federation cordially invites the National Federations of Jamaica, Trinidad and Tobago, Barbados, Guyana, Suriname, Bahamas and Grenada to celebrate the XXVIII Annual Goodwill Swimming Championship 2024 in Gros Islet, St. Lucia.

As host country, St. Lucia has extended an invitation to the National Federation of Antigua and Barbuda to be the Guest Team for the 2024 edition.

2. COMPETITION DATES & GAMES VILLAGE

The schedule for this competition shall be as follows:

- Arrival of Teams - Thursday, August 15th, 2024
- Technical Meeting - Thursday, August 15th, 2024 at 7:00 pm
- Opening Ceremony - Friday, August 16th, 2024 at 4:30 pm
- Competition Dates - Friday, August 16th to Sunday, August 18th, 2024
- Departure of Teams - Monday, August 19th, 2024

3. Games Village: Bay Gardens Hotels

4. LOCATION & POOL SPECIFICATIONS

The Goodwill Swimming Championship 2024 will be held at the Rodney Heights Aquatic Centre, Gros Islet, St. Lucia. Colorado Electronic Timing with Hy-Tek Software will be in effect with an 8 Lane 25m Competition Pool and a 15m cool down pool. Timing will be semi-automatic with touch pads on the start end of the pool and hand times used as back-up.

5. ADDRESS - ORGANIZING COMMITTEE

The Organizing Committee of the 2023 Goodwill Swim Meet can be contacted at the following address:

Mrs. Paula James

Vice President (Administration),
St. Lucia Aquatics Federation
paula.james@gmail.com
Contact # 1-758-487-6766

Ms. Constance Rene

Gen. Secretary
St. Lucia Aquatics Federation
slasa.slu.secretary@gmail.com
Contact# 1-758-720-3063

Mrs. Tessa Charles-Louis

Treasurer
St. Lucia Aquatics Federation
charlestessa@hotmail.com
Contact# 1-758-518-0009

Ms. Yasmin Tyson

Aquatics Development Officer
St. Lucia Aquatics Federation
yazarl@gmail.com
Contact# 1-758-487-0361

6. ENTRIES

6.1 Preliminary Entries

Preliminary Entries must be submitted to the Vice President (Administration) of the St. Lucia Aquatics Federation at slasa.slu.secretary@gmail.com on or before **June 23, 2024** on the attached form via email.

6.2 Final Entries

Final Entries must be submitted by 11:59pm Jul 14, 2024 in HyTek entry file format. The entry file will be emailed to your Federation on receipt of the preliminary entry form.

6.3 Accreditation

Photographs of all athletes and officials are to accompany your final entries and we require that they be sent in JPEG format.

6.4 Rooming List & Arrival & Departures

Federations are to submit their arrival and departure information including flight numbers as well as their rooming list with their final entries as per the attached forms.

7. COMPETITION RULES

- All heats will be timed finals.
- World Aquatics rules in effect at the time of the competition shall apply. Note especially WA Rule
- SW 4.4 – Any swimmer starting before the starting signal has been given shall be disqualified.
- Starts may be over the top in the freestyle, breaststroke and butterfly events with exception of the 50m events at the discretion of the Meet Referee.
- Swimmers are required to be in the Marshalling Area at least 3 heats before their race.
- The warm up routine shall be an open lane format with controlled sprinting in designated lanes.

8. Protests

- The Organizing Committee of the Goodwill Swimming Championship 2024 and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to the Goodwill Swimming Championship 2024. Nominations for the Jury of Appeal should be submitted at the Technical Meeting on Thursday, August 15, 2024.
- All protests to the Referee's decision must be submitted to the Referee in writing within thirty (30) minutes after the race, signed by the Delegation's leader and accompanied by a fee US\$ 25.00. If the protest is upheld the fee will be returned to the Delegation's Official.

- All protests rejected by the Referee shall be referred to the Jury of Appeal. The decision of the Jury of Appeal shall be final.

9. ELIGIBILITY

- Competitors must either be citizens or residents of the country they are seeking to represent. Naturalized Citizens and residents must have resided in that country for at least 12 months prior to the competition. A letter from the School, Club or Federation must be provided as Proof of Residency and must be submitted at the Secretariat.

10. AGE GROUPS

- 8 & Under
- 9 to 10
- 11 to 12
- 13 to 14
- 15 to 17
- The age of the swimmer on December 31, 2023 shall determine the age-group in which he/she is eligible to compete. Proof of age must be submitted at the Technical Meeting.
- Swimmers who participated in the CARIFTA, CCCAN, CONSANAT Swimming Championships or higher competitions during 2024 are not eligible to compete.

11. ENTRY RULES

- Each Federation may enter a maximum of four (4) swimmers per gender, per age-group up to a maximum total of forty (40) athletes.
- Each Federation may enter a maximum of three (3) swimmers per event of which Three (3) competitors are eligible for medals and only TWO (2) will score points.
- There is no limit to the number of events in which a swimmer may participate

12. TEAM OFFICIALS

Each National Federation may send the following number of officials, based on the total number of swimmers comprising the team:

No. of Swimmers	No. of Officials
12 or less	3
13-18	4
19-24	5
25-29	6
30 - 35	7
36 - 40	8

13. AWARDS

- Medals will be awarded to the first, second and third place finishers in each event.
- Trophies will be given to the male and female gaining the most points in each age-group.
- The Championship Trophy will be given to the team amassing the highest total points.
- Points will be allocated as follows:

Place	Individual	Relay
1st	9	18
2nd	7	14
3rd	6	12
4th	5	10
5th	4	8
6th	3	6
7th	2	4
8th	1	2

14. MEET SCHEDULE

- The Technical Meeting will be held on Thursday, August 15, 2024 at 7:00pm
- The pool will be available each day for warm-up 90 minutes before the start of competition.
- The Opening Ceremony will be held on Friday, August 16, 2024 at 4:30 pm
- The Closing Ceremony will be held on Sunday, August 18, 2024 at 7:00 pm

The Programme/Schedule of Events will be as follows:

DAY 1

- Friday, August 16: Warm-up - 2:30 pm
- Opening Ceremony - 4:30 pm
- Competition starts at 5:30 pm

EVENT #	DISTANCE	AGE GROUP
01 – 02	100 metres freestyle	8 & Under
03– 04	100 metres freestyle	9 – 10
05– 06	100 metres freestyle	11 – 12
07 –08	100 metres freestyle	13 – 14
09– 10	100 metres freestyle	15 – 17
11 – 12	50 metres breaststroke	8 & Under
13 – 14	50 metres breaststroke	9 – 10
15 – 16	50 metres breaststroke	11–12
17 – 18	50 metres breaststroke	13–14
19 – 20	50 metres breaststroke	15- 17
MEDAL PRESENTATION: EVENTS 01-20		
21 – 22	100 metres backstroke	9 – 10
23 – 24	100 metres backstroke	11–12
25 – 26	100 metres backstroke	13–14
27 – 28	100 metres backstroke	15-17
MEDAL PRESENTATION: EVENTS 21-28		
29 – 30	4 x 50 metres Mixed Freestyle Relay	8 & Under
31 – 32	4 x 100 metres Medley Relay	9 – 10
33 – 34	4 x 100 metres Medley Relay	11 – 12
35 –36	4 x 100 metres Medley Relay	13 – 14
37 - 38	4 x 100 metres Medley Relay	15 –17
MEDAL PRESENTATION: EVENTS 29-38		
END OF DAY 1		

DAY 2

- Saturday, August 17 Warm-up - 7:30 am
- Competition starts at 9:00 am

EVENT #	DISTANCE	AGE GROUP
39 – 40	100 metres Individual Medley	8 & Under
41 – 42	200 metres Individual Medley	9 – 10
43 – 44	200 metres Individual Medley	11 – 12
45 – 46	200 metres Individual Medley	13 – 14
47 – 48	200 metres Individual Medley	15 – 17
49 – 50	50 metres freestyle	8 & Under
51 – 52	50 metres freestyle	9 – 10
53 – 54	50 metres freestyle	11 – 12
55 – 56	50 metres freestyle	13 – 14
57 – 58	50 metres freestyle	15 – 17
MEDAL PRESENTATION: EVENTS 39-58		
59 – 60	100 metres breaststroke	9 – 10
61 – 62	100 metres breaststroke	11 – 12
63 – 64	100 metres breaststroke	13 – 14
65 – 66	100 metres breaststroke	15 – 17
MEDAL PRESENTATION: EVENTS 59-66		
67 – 68	50 metres butterfly	8 & Under
69 – 70	50 metres butterfly	9 – 10
71 – 72	50 metres butterfly	11-12
73 – 74	50 metres butterfly	13-14
75 – 76	50 metres butterfly	15- 17
MEDAL PRESENTATION: EVENTS 67-76		
77 -78	4 x 50 metres Medley relay	8 & Under
79 – 80	4 x 50 metres Medley relay	9 – 10
81 – 82	4 x 50 metres Medley relay	11 – 12
83 – 84	4 x 50 metres Medley relay	13 – 14
85 – 86	4 x 50 metres Medley relay	15 – 17
MEDAL PRESENTATION: EVENTS 77-86		
END OF DAY 2		

DAY 3

- Sunday, August 18 Warm-up: 7:30 am
- Competition starts at 9:00 am

EVENT #	DISTANCE	AGE GROUP
87 – 88	200 metres freestyle	9 – 10
89 – 90	200 metres freestyle	11 – 12
91 – 92	200 metres freestyle	13 – 14
93 – 94	200 metres freestyle	15 – 17
95 – 96	50 metres backstroke	8 & Under
97 – 98	50 metres backstroke	9 – 10
99 – 100	50 metres backstroke	11-12
101- 102	50 metres backstroke	13-14
103- 104	50 metres backstroke	15- 17
MEDAL PRESENTATION: EVENTS 87-94		
105- 106	100 metres butterfly	9- 10
107- 108	100 metres butterfly	11 – 12
109- 110	100 metres butterfly	13 – 14
111 – 112	100 metres butterfly	15 – 17
MEDAL PRESENTATION: EVENTS 95-104		
113 – 114	4 x 50 metres freestyle relay	8 & Under
115 – 116	4 x 50 metres freestyle relay	9-10
117 – 118	4 x 50 metres freestyle relay	11-12
119 – 120	4 x 50 metres freestyle relay	13-14
121 – 122	4 x 50 metres freestyle relay	15-17
MEDAL PRESENTATION: EVENTS 105-112 & 113- 122		
END OF COMPETITION		

15. FLAGS AND ANTHEMS

- Each delegation shall provide:
- Three (3) Country flags no larger than four (4) feet by six (6) feet
- A compact disk with the short & long versions of the National Anthem.

16. CULTURAL PRESENTATION & GIFT EXCHANGE

- There will be a cultural presentation and Gift Exchange at the closing ceremony.

17. FEES

- The official delegation shall pay US\$170.00 per night (US\$680) per person for the period August 15 to 19, 2024 based on 4 persons per room; meals and transportation inclusive.

- For those federations requiring room occupancy other than quadruple the following rates will be charged:
- US\$ 180.00 per person for Triple occupancy room, board and local transportation between the competition venues and athlete's village
- US\$ 203.00 per person for Double occupancy room, board and local transportation between the competition venues and athlete's village
- Aquatic Centre Entrance Fee (one Time) US\$ 25.00 per swimmer. This offer is valid only for the stipulated period.
- Please be advised that 50% of the payment due is required by July 5, 2024 to allow the Organizing Committee to secure the Games Village. You must include in the payment the related bank charges that will be incurred by the Organizing Committee when the funds are deposited in its bank account.

Please note the following Bank information:

Beneficiary Name: St. Lucia Aquatics Federation

Account Number: 2595158

Address: P.O Box 503, Castries, Saint Lucia, LC04 101

Beneficiary Bank: CIBC First Caribbean International Bank

Bank Address: Bridge Street, Castries, Saint Lucia

Swift Code: FCIBLCLC

- All remaining fees MUST be paid on arrival
- Dinner will be served on the evening of Thursday, August 15, with breakfast, lunch and dinner provided from Friday, August 16 to Sunday, August 18 and Breakfast on Monday, August 19, 2024.
- Fees must be paid in United States Dollars in cash, bank draft or wire transfer.
- All fees must be paid on arrival. Please check to ensure that your airline ticket includes the St. Lucia departure taxes.

18. TECHNICAL OFFICIALS

- Participating Federations are invited to submit the names of officials willing to work as Judges and Timers.
- An application form has been included with this Summons to be returned by the deadline date of July 18, 2024.

19. SUPPORTERS

- The Organizing Committee will be arranging a Supporters Package which will include accommodation, transportation, tickets to the three days of competition, access to the Closing Ceremony and dinner on the night of the Closing Ceremony, daily meet Programmes.
- Information on this package will be provided shortly. (Forms for Preliminary & final entries, Technical Officials, Arrival and Departure and Rooming List forms, follow)

PRELIMINARY ENTRY FORM

FEDERATION.....

ADDRESS.....

EMAIL.....

TELEPHONE.....

CONTACT PERSON.....

AGE GROUP	SWIMMER FEMALE	SWIMMER MALE	OFFICIALS FEMALE	OFFICIALS MALE	TECHNICAL OFFICIALS	TOTAL FEMALE	TOTAL MALE
8 & UNDER							
9-10							
11-12							
13-14							
15-17							
SUBTOTAL							
OVERALL TOTAL							

NUMERICAL ENTRIES MUST BE SENT BY EMAIL ON OR BEFORE **June 23, 2024**. EMAIL: slasa.slu.secretary@gmail.com; charlestessa@hotmail.com; paula.james@gmail.com

SIGNATURE.....

Secretary or President of National Federation

AFFIX STAMP HERE

APPLICATION FORM FOR TECHNICAL OFFICIALS

Name:.....

Address:.....

Country:.....

The Position I Can Fill Is:.....

I HAVE SERVED AS A TECHNICAL OFFICIAL DURING THE PAST 4 YEARS:
(List meets/events at which officiated)

National:.....

International:.....

My Present Position As Technical Official Is:.....

National:.....

World Aquatics: List #.....

This Form must be signed by the President or Secretary of the National Federation.

Name:.....

Title:.....

Date:.....

NOTES:

- a) TEAM OFFICIALS MAY NOT ACT AS TECHNICAL OFFICIALS
- b) THIS FORM MUST BE RETURNED BY EMAIL to the National Federation and Organizing Committee of GOODWILL SWIMMING CHAMPIONSHIP 2024

EMAIL: yazarl@gmail.com; slasa.slu.secretary@gmail.com **NO LATER THAN Tuesday, JULY 18, 2024.**

ARRIVAL & DEPARTURE FORM

OFFICIAL DELEGATION OF.....

ARRIVALS

AIRLINE:.....

AIRPORT:.....

FLIGHT NUMBER:.....

ARRIVAL DATE:.....

ARRIVAL TIME:.....

NO OF PERSONS:.....

DEPARTURES

AIRLINE:.....

AIRPORT:.....

FLIGHT NUMBER:.....

DEPARTURE DATE:.....

DEPARTURE TIME:.....

NO OF PERSONS:.....

ARRIVALS

AIRLINE:.....

AIRPORT:.....

FLIGHT NUMBER:.....

ARRIVAL DATE:.....

ARRIVAL TIME:.....

NO OF PERSONS:.....

DEPARTURES

AIRLINE:.....

AIRPORT:.....

FLIGHT NUMBER:.....

DEPARTURE DATE:.....

DEPARTURE TIME:.....

NO OF PERSONS:.....

ARRIVALS

AIRLINE:.....

AIRPORT:.....

FLIGHT NUMBER:.....

ARRIVAL DATE:.....

ARRIVAL TIME:.....

NO OF PERSONS:.....

Head Of Delegation.....

Signature:.....

DEPARTURES

AIRLINE:.....

AIRPORT:.....

FLIGHT NUMBER:.....

DEPARTURE DATE:.....

DEPARTURE TIME:.....

NO OF PERSONS:.....

DEADLINE DATE: JULY 14, 2024

Please return to SLAF at email:

slasa.slu.secretary@gmail.com

TEAMS & TEAM OFFICIALS

ROOMING LIST

NAME OF FEDERATION:.....

DATE:.....

	FEMALE ROOMING LIST NAME	AGE	Athlete/Official		MALE ROOMING LIST NAME	AGE	Athlete/Official
1				1			
2				2			
3				3			
4				4			
1				1			
2				2			
3				3			
4				4			
1				1			
2				2			
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4				4			

**DEADLINE DATE: JULY 14, 2024 Please return to SLAF at email:
slasa.slu.secretary@gmail.com; paula.james@gmail.com**