

# BULLETIN

March 29, 2024



Follow us on social media!

**Attention all National Federations!** We would appreciate it if you could please share this link with ALL the athletes and coaches in your organization. We would like to get to know each PAQ member and stay connected with them. Click [here](#) for the link.

## Featured Athlete:

### Mellisa Ceballos y Estefania Roa (COL)

#### Artistic Swimming

With synchronized grace, the Colombian female duet in Artistic Swimming, both aged 23, has dedicated 16 years to their craft. Their journey boasts remarkable achievements: from clinching the national championship title to securing podium finishes at the Pan American, South American, and Central American Games. Despite facing stiff competition at the 2023 World Championships in Japan, where they placed 16th, their determination remains unyielding. As they gear up for the upcoming World Championships in Doha, Qatar, slated for February, and engage in various series events throughout the year, their ultimate aspiration looms large: earning a coveted spot at the Olympics, should they qualify.





## PAQ NEWS

2024 PARIS Olympic Games ITO and Technical Committee Delegates from the Americas [click here for the list.](#)

## PAQ EVENTS

July 18 – 29, 2024	2024 PanAm <b>MASTERS</b> Championships, Trinidad & Tobago (TTO)	<a href="#">Click here</a> for more information.
May 20 – 26, 2024	2024 <b>PANAM</b> U-19 <b>WATER POLO</b> Championships, El Salvador (ESA)	<a href="#">Click here</a> for the Summons. <a href="#">Click here</a> to Register.
August 18 – 22, 2024	2024 <b>PANAM</b> Age group <b>ARTISTIC SWIMMING</b> Championships, Lima (PER)	<a href="#">Click here</a> for the Summons <a href="#">Click here</a> to Register
August 22 – 25, 2024	2024 <b>PANAM SWIMMING</b> Age Group Championships, El Salvador (ESA)	<a href="#">Click here</a> to Register

**Currently finalizing hosts for the 2024 and 2025 PAQ EVENTS, contact [office@panamaquatics.com](mailto:office@panamaquatics.com) for more information**

- PanAm Aquatics u15 **Water Polo** Championships (preferably August 2025) **Deadline April 30, 2024**, [Click here](#) for Bid Document
- PanAm Aquatics Open **Water Polo** Championships (preferably November 2024 - March 2025) **Deadline April 30, 2024**, [Click here](#) for Bid Document
  - Open Water Series (2025)
  - Beach Water Polo Series (2025)
  - Junior Diving Championships (2025)
  - High Diving Junior Championships (2025)
  - Artistic Swimming Championships (2025)





## OTHER COMPETITIONS IN THE REGION

**SWIMMING** CARIFTA Championships in Bahamas, 28 March – 3 of April (Olympic Qualifier).

**SWIMMING** Bahamas National Championships June 20 – 23 (Olympic Qualifier).

2024 CCCAN Championships in Mexico (Olympic Qualifier):

**WATERPOLO** June 9 – 14.

**SWIMMING** June 16 - 21.

**DIVING** June 18 – 22.

**ARTISTIC SWIMMING** June 26 – 30.

**OPEN WATER** June 26 – 29.

[Click Here for more Info.](#)

**ARTISTIC SWIMMING** Carifta Championships March 28 – April 1, Fort Lauderdale, Florida. [Click here for more info.](#)

**OPEN WATER** Subway Maracas Open Water Classic May 5<sup>th</sup>, in Trinidad & Tobago (1k – 5k). [Click here](#) for the Summons.

**SWIMMING** Paris 2024 Olympic Games Qualifying Events – [find the list here](#)

**SWIMMING** International Opportunity hosted by Swim Ireland. [Click here for more info.](#)

## WORLD AQUATICS NEWS

### WATER POLO

**U16 World Championships:** [Information Bulletin](#)

- Men's June 18-24, 2024 in Malta [click here](#)
- [Click here](#) for the schedule.
- Women's June 28 – July 4, 2024 in Manisa, Turkey [click here](#)
- Participating Countries from the Americas:
  - Men's: USA; CAN; PER; MEX; BRA
  - Women's: COL; MEX; PER; USA; BRA

**U18 World Championships:** [Information Bulletin](#)

- Men's July 2 – 8, 2024 in Buenos Aires, Argentina [click here](#)
- Women's August 17 – 24, 2024 in China [click here](#)
- Qualified Countries from the Americas:
  - Men's: USA, BRA, ARG, CAN, COL, URU
  - Women's: USA, BRA, CAN, ARG, MEX



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## OPEN WATER SWIMMING:

### World Cup Series:

1. Soma Bay, Egypt March 23-24, 2024 [click here](#)
2. Golfo Aranci, Italy May 25-26, 2024 [click here](#)
3. Setubal, Portugal June 1-2, 2024 [click here](#)
4. Hong Kong October 26-27, 2024 [click here](#)
5. Israel, tbd [click here](#)

## ARTISTIC SWIMMING:

### World Cup Series:

1. Beijing, China April 5-7, 2024 [click here](#)
2. Paris, France May 3-5, 2025 [click here](#)
3. Markham, Canada May 31-June 2, 2024 [click here](#)
4. Super Final, Budapest, Hungary July 5-7, 2024 [click here](#)

## SWIMMING:

### World Cup Series:

1. Shanghai, China October 18-20, 2024, [click here](#)
2. Incheon, Republic of Korea October 24-26, 2024 [click here](#)
3. Singapore, October 31- November 2, 2024 [click here](#)

### 2024 World (25m) Championships Budapest

- December 10 – 15, 2024
- Qualification period August 17, 2023 - November 17, 2024
- Information [click here](#)
- [Application for Qualifying Events](#)
- [Qualifying events](#)
- [Qualification procedures](#)

## DIVING

### World Cup Series:

1. Montreal, Canada February 29–March 3, 2024 [click here](#)
2. Berlin, Germany March 21-24, 2024 [click here](#)
3. Super Final, Xi'an, China April 19-21, 2024 [click here](#)

### Recognized Events:

1. 66th International Divers' Day Rostock 2024 Rostock, Germany January 18-21, 2024 [click here](#)
2. 2024 American Cup, Indianapolis, IN, USA April 26-28, 2024 [click here](#)
3. 2024 Canada Cup of Diving, Calgary, Canada May 2-5, 2024 [click here](#)
4. 46<sup>th</sup> Bolzano Diving Meeting, Bolzano, Italy June 28-30, 2024 [click here](#)
5. 2<sup>nd</sup> Malaysia Open Diving Championships, Kuala Lumpur November 1-4, 2024 [click here](#)



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## HIGH DIVING

### Competitions:

1. Brasilia, Brazil October 11 – 13, High Diving Cup [click here](#)
2. Brasilia, Brazil, October 11 – 13, High Diving Junior World Championships [click here](#)

## RESOURCES FOR ATHLETES

- 2024 Stipendium Hungaricum Sport Scholarship Program:
  - Deadline April 2, 2024. [Click here](#) for program information.
- 2024-2025 World Aquatics Scholarship for Swimming, Open Water Swimming, Artistic Swimming, and Diving:
  - Deadline 30th April 2024.
  - [Click here](#) for program information.
  - For your convenience World Aquatics will organize 4 informational sessions in **English, French and Spanish**:
    - **Session I in French: 3 April 11.00 am**  
CEST: <https://us06web.zoom.us/j/82614685329?pwd=D20imelGhMBfPVhYnYBnoHCuqMqiEb.1>  
Meeting ID: 826 1468 5329/ Passcode: 018290
    - **Session II in Spanish: 3 April 4.00 pm CEST:**  
<https://us06web.zoom.us/j/87048073985?pwd=GkKWRLKuop2TVMMq3TCdVfDn8tLRp5.1>  
Meeting ID: 870 4807 3985/ Passcode: 544409
    - **Session III in English: 3 April 5 pm CEST:**  
<https://us06web.zoom.us/j/84569938945?pwd=MJGDzUMgSdMXdfKbxH8LLmzPGbllKY.1>  
Meeting ID: 845 6993 8945 / Passcode: 175342
    - **Session IV in English: 4 April 8 am CEST:**  
<https://us06web.zoom.us/j/83556306948?pwd=b4wW7onZIUUV4IJYSMrxj05AXhj5Mls.1>  
Meeting ID: 835 5630 6948 / Passcode: 604237





➤ **Monthly webinars for clean sport organized by the INTERNATIONAL TESTING AGENCY (ITA)**

April webinar

Topic: "Nutrition and clean sport"

Date: not yet confirmed

May monthly webinar

Topic: "Paris 2024 Anti-Doping Program"

Date: May 30, 2PM – 3PM (CET) not confirmed

Go to website for much more information on webinars and current topics:

<https://ita.sport/athlete-hub/>

International Testing Agency Webinar of "Things you need to know for 2024".

- Webinar summary [click here](#).
- ITA's YouTube Page [click here](#).
- 2024 WADA Prohibited List Article "What you need to know" [click here](#).

List of prohibited Substances and Methods published by WADA for 2024 [Click here](#)

➤ **Visit the [PAQ website](#) for all previous webinars and **UNDER WATER CHATS Athletes Series****

## COACHES AND TECHNICAL OFFICIALS – DEVELOPMENT OPPORTUNITIES

- World Aquatics **Open Water Swimming** Development Webinar for Technical Officials (2-day):
- Day 1: May 17, 2024 9:00 - 17:00 ET Miami time
  - Day 2: May 18, 2024 9:00 - 17:00 ET Miami time
  - Registration deadline in AQUA GMS April 20, 2024
  - [Click here](#) for the Webinar Program.
  - [Click here](#) for the Webinar Memo



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- World Aquatics **Artistic Swimming** Development Webinar for Technical Officials – Intermediate Level
  - First session: 5 April 2024 / 8.00 – 12.00 (ET, Miami time)
  - Second session: 6 April 2024 / 8.00 – 11.00 ( ET, Miami time)
  - Third session: 12 April 2024 / 8.00 – 11.00 ( ET, Miami time)
  - Fourth session: 13 April 2024 / 8.00 – 11.00 ( ET, Miami time)
  - [Click here](#) for the Registration and Qualification information.
  
- World Aquatics **Open Water Swimming** Certification Course for Technical Officials:
  - Montreal Canada, April 6-7, 2024
  - [Click here](#) for the Webinar Program.
  - [Click here](#) for Registration and Qualification information.
  
- Visit the [PAQ website](#) for all previous webinars and **UNDER WATER CHATS** Coaches Series

## FROM OUR PARTNERS

**Malmsten** and World Aquatics Renew Long-standing Partnership until 2028, [click here!](#)

**Fluidra:** Olympic swimming pools are the gold standard for competitive swimming. If you are planning to build an Olympic swimming pool, it's key to comply with the rules and regulations from World Aquatics in order to host official competitions for the 50-m long course. Discover more about Olympic [swimming pool requirements here.](#)

You can find this and past bulletins in our [website](#)

