



Central American and  
Caribbean Swimming  
Confederation C.C.C.A.N



**CCAN 2024 Championship**  
**Swimming, Open Water, Artistic Swimming, Water**  
**Polo and Diving.**  
**Host Country: México**

It is an honor for Mexico to welcome you as host of the 2024 CCCAN Championship. At this prestigious event, which encompasses disciplines such as swimming, open water, artistic swimming, water polo and diving, we are extremely pleased to welcome all the countries of Central America and Caribbean to celebrate our shared passion for water sports.

The City of Monterrey, located in the state of Nuevo León, is preparing to welcome you with open arms and offer you an unforgettable experience.

Over the next few days, we will witness exciting competitions, where swimmers will exhibit their skill, ability and determination in the pools and bodies of water of our city. In addition, the beauty and grace of artistic swimming, the intensity of water polo and the spectacular nature of diving will fill our hearts with inspiration.

Mexico is proud to host this event that promotes friendship, fair competition, and sportsmanship among our sister nations. We are confident that this competition will strengthen the bonds that unite us and provide us with moments of excitement and camaraderie that will live on in the memory of all participants.

We extend an invitation to you to enjoy not only the competition, but also the cultural, gastronomic and tourist richness that our city and our country have to offer. May this CCCAN 2024 Championship be a celebration of the talent, dedication and camaraderie that characterize our athletes.

We extend a warm welcome to all the Federation Presidents, delegates, athletes, officials, and spectators who have joined us in this exciting sporting adventure. May this event strengthen the celebration of sportsmanship and athletic excellence.

Let the games begin and may this be an unforgettable experience for everyone!

**Welcome to Mexico, welcome to Monterrey!**





## CCCAN 2024 Championships Official Calendar

### 1. DATES & VENUE

The championships will be held at the following locations according to the itinerary shown below:

DISCIPLINE:	VENUE:	DATES COMPETITION:
<b>WATER POLO</b>	CENTRO DE ALTO RENDIMIENTO CARE	JUNE 7-15, 2024
<b>SWIMMING</b>	CENTRO ACUÁTICO OLÍMPICO UNVERSITARIO	JUNE 14-23, 2024
<b>OPEN WATER</b>	PRESA EL CUCHILLO	JUNE 23-29, 2024
<b>ARTISTIC SWIMMING</b>	CENTRO ACUÁTICO OLÍMPICO UNVERSITARIO	JUNE 24 TO JULY 1, 2024
<b>DIVING</b>	CENTRO DE ALTO RENDIMIENTO CARE	JUNE 24 TO JULY 1, 2024
<b>CONGRESS</b>	TO BE ANNOUNCED	JUNE 20, 2024

The initial Calendar indicates the day of arrival and the day of departure, and the calendar and competition programming are indicated specifically for each discipline










## 2. INVITED COUNTRIES

-  Anguilla Amateur Swimming Association
-  Antigua & Barbuda (ANT)
-  Aruba (ARU)
-  Bahamas (BAH)
-  Barbados (BAR)
-  Bermuda (BER)
-  Islas Vírgenes Británicas (IVB)
-  Islas Caimán (CAY)
-  Costa Rica (CRC)
-  Cuba (CUB)
-  Curacao (CUR)
-  Dominica (DMA)
-  República Dominicana (DOM)
-  El Salvador (ESA)
-  Grenada (GRN)
-  Guatemala (GUA)
-  Haiti (HAI)
-  Honduras (HON)
-  Jamaica (JAM)
-  México (MEX)
-  Nicaragua (NCA)
-  Panamá (PAN)
-  Puerto Rico (PUR)
-  Saint Maarten (MAA)
-  St Kitts and Nevis (SKN)
-  Santa Lucia (LCA)
-  San Vicente y Las Granadinas (VIN)
-  Trinidad and Tobago (TTO)
-  Turks and Caicos (TCI)
-  US Virgin Islands (ISV)



The citizens of  **Colombia (COL)**,  **Guyana (GUY)**,  **Surinam (SUR)** and  **Venezuela (VEN)** may, without being members of the CCCAN, participate in these championships through their respective federations if they receive the approval and authorization of the South American Confederation (CONSANAT), to which they are affiliated. Additionally, the residents of Bonaire, Saba and St. Eustatius may, without being members of the CCCAN, participate in these championships.

Equally, the residents of  **Guadalupe, Martinique and French Guyana**, may participate through their respective associations, if they obtain the approval of the French Swimming Federation





### 3. ACCOMMODATION

The general Accommodation Instructions are attached, if you have any questions we are at your disposal:

[cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)

- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)

### 4. PAYMENT CONDITIONS

Fifty percent (50%) of the estimated cost will be paid in advance to the Organizing Committee on the following dates according to the discipline:

DISCIPLINE:	50% OF ACCOMMODATION :	100% OF ACCOMMODATION:
WATER POLO	MAY 1, 2024	MAY 20, 2024
SWIMMING	MAY 1, 2024	MAY 20, 2024
OPEN WATER	MAY 1, 2024	MAY 20, 2024
ARTISTIC SWIMMING	MAY 1, 2024	MAY 20, 2024
DIVING	MAY 1, 2024	MAY 20, 2024

Payment will be made by each member of the official delegation to secure and guarantee reservations. Once preliminary registrations have been received, the organizing committee will be able to provide all participating countries with more information about accommodation.

### 5. PARTICIPANTS

All Championship participants must:

1. Be a citizen of the Country you seek to represent. World Aquatics rule I.3.1.1



2. Be a member federation duly constituted and affiliated to the CCCAN Confederation World Aquatics Rule 1.2.1
3. The Federation must be up to date with its membership fees.
4. The teams that participate in these championships must do so in the name of the country from which they come, with the understanding that they are members of the Confederation through their respective Federations.
5. Participants who are not members of a CCCAN National Federation must receive approval and authorization from both their National Federation and the affiliated Zone. Said approval must be signed by the President or Secretary of the National Federation and presented to the Secretary of the CCCAN.
6. Non-citizens may register as long as the competitor has resided in the country for at least one year prior to the registration deadline and must not have swam for another country during that period. All competitors must be registered or be members of the Swimming Federation of the country they represent. Non-citizen competitors will be required to present "proof of residency" documents which could be proof of club membership, proof of attendance at school or any other organization. If a country enters a competitor who is not a citizen of that country by birth or naturalization, that country code will be changed by adding "AG" as a suffix to the designated three-letter World Aquatics country code and will be used throughout the competition. competition, MEX will change to MEX-AG.
7. Proof of age through an official birth certificate or passport from the country they represent.

## 6. ACCREDITATIONS

Each participating country has the right to include the following team officials in its official delegation:

- Delegations of five (5) competitors or less will be allowed two (2) team officials.
- Delegations of six (6) to ten (10) competitors will be allowed three (3) team officials.
- Delegations of eleven (11) to twenty-four (24) competitors will be allowed four (4) team officials.
- Delegations of more than 24 competitors will allow five (5) team officials.





## 7. LETTER OF INVITATION FOR VISA PROCESSING

Please send the request for the Invitation Letter to the CCCAN 2024 Championship, through each National Federation and addressed to:

**Mtra. Aidee Tinoco Centeno.**  
**Directora de Solidaridad Olímpica. Comité Olímpico Mexicano.**

Correo: [aidee.tinoco@com.org.mx](mailto:aidee.tinoco@com.org.mx)

## 8. MINIMUM OF PARTICIPATING COUNTRIES

To hold a “Championship” in all disciplines and their respective categories, the participation of at least two (2) countries is required. If a discipline and/or event does not reach the required number of countries, the Organizing Committee will notify the President of CCCAN:

**THE DATE IS ONE WEEK AFTER PRELIMINARY REGISTRATION ON  
APRIL 26, 2024.**

Acting on the recommendation of the president of the Technical Committee, the CCCAN President will take appropriate measures to eliminate these events.







## SWIMMING



ARRIVAL	JUNE 15, 2024
TECHNICAL MEETING	JUNE 16, 2024
DATES OF COMPETITION	JUNE 17-22, 2024
DEPARTURE	JUNE 23, 2024

### CATEGORIES

#### 11-12 YEARS

Competitors 11 to 12 years old at midnight on December 31, 2023. Athletes born in 2011 and 2012 can participate.

#### 13-14 YEARS

Competitors 13 to 14 years old at midnight on December 31, 2023. Athletes born in 2009 and 2010 can participate.

#### 15-17 YEARS

Competitors 15 to 17 years old at midnight on December 31, 2023. Athletes born in 2006, 2007, and 2008 can participate.

#### 18 YEARS AND OVER

Competitors 18 years and older at midnight on December 31, 2023. Athletes born 2005 and earlier.

### Preliminary Entries

(a) Preliminary registrations:

Preliminary team registrations must be made no later than **April 26, 2024** to the following emails:

- [cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)
- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)  
[josededorado@gmail.com](mailto:josededorado@gmail.com)





Preliminary registrations must indicate the following:

1. In which swimming categories they will participate.
2. The approximate number of people in the delegation, number of female and male athletes, number of technical officials.

3. Although the official deadline for preliminary registrations is April 26, 2024, it would be appreciated if this information is submitted as soon as possible to allow us to plan local transportation, hotel accommodations, and adjustments that may be needed.

**(b) Final Entries:**

The deadline for submission of final entries is midnight, May 17, 2024. The Organizing Committee will provide the HYTEK file into which final entries will be entered. Final registrations must be sent to the following email:

[cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)

[veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)

[josededorado@gmail.com](mailto:josededorado@gmail.com)

## REGISTRATION RULES

A. Each country can enter four (4) swimmers in the preliminaries. Only two (2) will be able to advance to the finals for each individual event. Each country can enter only one team in the relays.

B. There is no limit on the number of events in which a competitor can be entered.

C. No alternates or substitutes will be allowed for individual events.

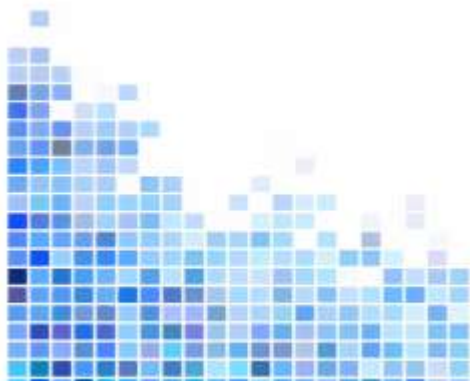
D. In relay events, each country may enter four (4) competitors, but each member of the country, duly entered in the championship, may be a substitute. All relays must be entered along with the Hy-Tek individual event file no later than **May 17, 2023**.

E. No competitor may participate outside his or her age group.

F. The order of swimmers in relay events must be delivered to the control table no later than one (1) hour prior to the start of the session in which the event is swum.

## RULES

The Championships will be governed by the World Aquatics rules in force at the time  
SWIMSUIT, GOGGLES AND SWIM CAPS





Swimsuits, goggles and swimming caps used will be those approved by World Aquatics and must be on the current "approved" list published by World Aquatics each year. These dress rules apply to both preliminary and final events and must be branded as approved by World Aquatics.

## INTERPRETATIONS

The members of the CCCAN Executive Committee present at the championships will have full authority to respond and resolve all interpretations, resolutions or appeals related to these championships.

## TECHNICAL OFFICIALS

The President of CCCAN, with the recommendation of the President of the Swimming Technical Committee for each discipline, will appoint the judges and referees for the championships with the understanding that at least 90% will be provided by the host country. "CCCAN member and guest federations may nominate up to a maximum of two (2) technical officials" for this Championship. Technical Officers will be accommodated in double rooms, but will be charged the CCCAN rate which includes local transportation and three (3) meals per day.

The forms with the names and experience of each technical officer will be sent to the President of CCCAN no later than **May 17, 2024** to the following email address:

[cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)  
[veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)

The President of CCCAN will notify each Federation and the Organizing Committee of the names of the technical officials selected to work in the championships.

## AWARDS

- 1) A championship trophy will be awarded to the country with the highest score in each age group (male and female).





2) An overall championship trophy will be awarded to the country that obtains the total score.

3) Each award must have the logo and initials of CCCAN, and the design must be approved by CCCAN.

4) Medals will be awarded for first to third place in each event: gold, silver, and bronze, respectively. Each medal will have the initials of CCCAN, and the design must be approved by CCCAN.

5) In the relay each of the 4 participants will receive a medal.

## Scoring

PLACE	1°	2°	3°	4°	5°	6°	7°	8°	
POINTS	9	7	6	5	4	3	2	1	INDIVIDUAL EVENTS
POINTS	18	14	12	10	8	6	4	2	RELAYS

Prizes will be presented at the awards podium, as determined by the Organizing Committee in consultation with the President of CCCAN or his nominee. The flags of the first three (3) places will be raised and the anthem of the winning country will be played

## PROGRAM

A) The swimming preliminary heats will be held in the morning and the eight (8) finalists will be selected based on time. The finals will be held in the afternoon. There will be a Final A and a Final B. The following parameters apply to these finals:

1. Final A will be composed of the first 8 eligible swimmers and 2 alternates. Swimmers must be from CCCAN member countries and guest countries.
2. Final B will be composed of swimmers who qualify from position No. 11 to No. 18. They may be from CCCAN member teams and CCCAN guest countries, swimmers from non-CCCAN member countries, and guest swimmers.
3. Swimmers from Final B are not eligible as alternate swimmers to Final A.
4. In events over 200m, if there are two or 3 swimmers tied for 8th position for Final A, seeding will be done according to World Aquatics Competition Regulations (current version) 3.1.1.7



B) The 800 and 1500 M freestyle event, the 200 M butterfly event and the 200 M breaststroke event in the 11-12 age group, and the 400 M individual medley event, in the 13-14 age group, will be swum as "finals by time" and will be seeded in accordance with World Aquatics Rule 3.1.1.6. All entries in these events must show "proof of time" (name and date of the competition in which the time has been met) when entered into the HY-TEK file. **If evidence is not presented, the swimmer will not be registered.**

C) The 800M & 1500M freestyle events will be swum in the 13+ category but will be awarded separately.

All swimmers or their coach or team delegate, in the final scheduled timed events (200m breaststroke and 200m butterfly 11-12, 400m individual medley 13-14 and all 800/1500m freestyle), must report to the seeding judge in the heat session on the day of the event to take into account any athlete who does not wish to participate and secure swimmers for the finals. Each eligible swimmer will swim the event only once (in the morning or finals session).

## **CLASSIFICATION COMPETITION-WORLD AQUATICS EVENTS**

**The following applies to this competition as it is a qualifier for other World Aquatic Events:**

1. Those events that are removed due to lack of participation, according to the CCCAN Summon's, will not be added to the event program. The teams will be informed as soon as possible if this situation arises.
  
2. Those events that have 8 or fewer swimmers at the time of withdrawals in the technical meeting, according to WA Rule 3.1.1.1, will automatically advance to finals. Those events that, after the technical meeting, have more than 8 swimmers but at the time of the eliminatory, less than 8 appear, will be swum according to the seeding in the eliminatory session (they will not automatically go to the finals).



**COMPETITION PROGRAM****DAY 1: SWIMMING PROGRAM**

1	800 M FREESTYLE(WOMEN)	13 YEARS & OVER
3-4	200 M INDIVIDUAL MEDLEY	11-12 YEARS OLD
5-6	200 M INDIVIDUAL MEDLEY	13 - 14 YEARS OLD
7-8	200 M INDIVIDUAL MEDLEY	15 - 17 YEARS OLD
9-10	200 M INDIVIDUAL MEDLEY	18 YEARS & OVER
11-12	100 M BREASTROKE	11-12 YEARS OLD
13-14	100 M BREASTROKE	13 - 14 YEARS OLD
15-16	100 M BREASTROKE	15 - 17 YEARS OLD
17-18	100 M BREASTROKE	18 YEARS & OVER
19	200 MIXED FREE RELAY	11-12 YEARS OLD
20	200 MIXED FREE RELAY	13 - 14 YEARS OLD
21	200 MIXED FREE RELAY	15 - 17 YEARS OLD
22	200 MIXED FREE RELAY	18 YEARS & OVER

**DAY 2: SWIMMING PROGRAM**

24	1500 M FREESTYLE (MEN)	13 YEARS & OVER
25-26	50 M BACKSTROKE	11-12 YEARS OLD
27-28	50 M BACSKTROKE	13 - 14 YEARS OLD
29-30	50 M BACSKTROKE	15 - 17 YEARS OLD
31-32	50 M BACKSTROKE	18 YEARS & OVER
33-34	200 M BREATSROKE	11-12 YEARS OLD
35-36	200 M BREATSROKE	13 - 14 YEARS OLD
37-38	200 M BREATSROKE	15 - 17 YEARS OLD
39-40	200 M BREATSROKE	18 YEARS & OVER
41-42	200 M FREESTYLE	11-12 YEARS OLD
43-44	200 M FREESTYLE	13 - 14 YEARS OLD
45-46	200 M FREESTYLE	15 - 17 YEARS OLD
47-48	200 M FREESTYLE	18 YEARS & OVER



**DAY 3: SWIMMING PROGRAM**

49-50	50 M FREESTYLE	11- 12 YEARS OLD
51-52	50 M FREESTYLE	13 - 14 YEARS OLD
53-54	50 M FREESTYLE	15 - 17 YEARS OLD
55-56	50 M FREESTYLE	18 YEARS & OVER
57-58	200 M BUTTERFLY	11- 12 YEARS OLD
59-60	200 M BUTTERFLY	13 - 14 YEARS OLD
61-62	200 M BUTTERFLY	15 - 17 YEARS OLD
63-64	200 M BUTTERFLY	18 YEARS & OVER
65-66	100 M BACSKTROKE	11- 12 YEARS OLD
67-68	100 M BACKSTROKE	13 - 14 YEARS OLD
69-70	100 M BACKSTROKE	15 - 17 YEARS OLD
71-72	100 M BACKSTROKE	18 YEARS & OVER
73-74	800 M FREE RELAY	11- 12 YEARS OLD
75-76	800 M FREE RELAY	13 - 14 YEARS OLD
77-78	800 M FREE RELAY	15 - 17 YEARS OLD
79-80	800 M FREE RELAY	18 YEARS & OVER

**DAY 4: SWIMMING PROGRAM**

81	1500 M FREESTYLE(WOMEN)	13 YEARS & OVER
82	800 M FREESTYLE(MEN)	13 YEARS & OVER
83-84	50 M BUTTERFLY	11- 12 YEARS OLD
85-86	50 M BUTTERFLY	13 - 14 YEARS OLD
87-88	50 M BUTTERFLY	15 - 17 YEARS OLD
89-90	50 M BUTTERFLY	18 YEARS & OVER
91-92	200 M BACKSTROKE	11- 12 YEARS OLD
93-94	200 M BACKSTROKE	13 - 14 YEARS OLD
95-96	200 M BACKSTROKE	15 - 17 YEARS OLD
97-98	200 M BACKSTROKE	18 YEARS & OVER



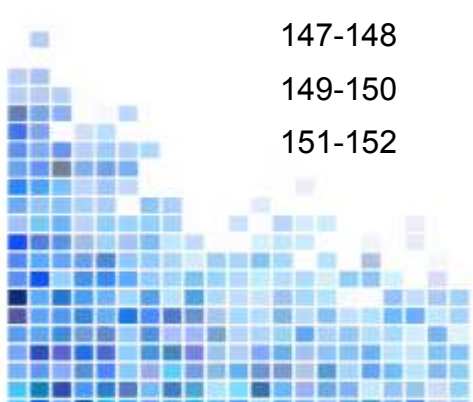


**DAY 5: SWIMMING PROGRAM**

99-100	100 M FREESTYLE	11- 12 YEARS OLD
101-102	100 M FREESTYLE	13 - 14 YEARS OLD
103-104	100 M FREESTYLE	15 - 17 YEARS OLD
105-106	100 M FREESTYLE	18 YEARS & OVER
107-108	400 M INDIVIDUAL MEDLEY	13 - 14 YEARS OLD
109-110	400 M INDIVIDUAL MEDLEY	15 - 17 YEARS OLD
111-112	400 M INDIVIDUAL MEDLEY	18 YEARS & OVER
113-114	50 M BREASTROKE	11- 12 YEARS OLD
115-116	50 M BREASTROKE	13 - 14 YEARS OLD
117-118	50 M BREASTROKE	15 - 17 YEARS OLD
119-120	50 M BREASTROKE	18 YEARS & OVER
121-122	400 M FREE RELAY	11- 12 YEARS OLD
123-124	400 M FREE RELAY	13 - 14 YEARS OLD
125-126	400 M FREE RELAY	15- 17 YEARS OLD
127-128	400 M FREE RELAY	18 YEARS & OVER

**DAY 6: SWIMMING PROGRAM**

129-130	400 M FREESTYLE	11- 12 YEARS OLD
131-132	400 M FREESTYLE	13 - 14 YEARS OLD
133-134	400 M FREESTYLE	15 - 17 YEARS OLD
135-136	400 M FREESTYLE	18 YEARS & OVER
137-138	100 M BUTTERFLY	11- 12 YEARS OLD
139-140	100 M BUTTERFLY	13 • 14 YEARS OLD
141-142	100 M BUTTERFLY	15 - 17 YEARS OLD
143-144	100 M BUTTERFLY	18 YEARS & OVER
145-146	400 M MEDLEY RELAY	11- 12 YEARS OLD
147-148	400 M MEDLEY RELAY	13 - 14 YEARS OLD
149-150	400 M MEDLEY RELAY	15 - 17 YEARS OLD
151-152	400 M MEDLEY RELAY	18 YEARS & OVER







## OPEN WATER



ARRIVAL	JUNE 23, 2024
COURSE FAMILIARIZATION	JUNE 24, 2024
TECHNICAL MEETING	JUNE 24, 2024
DATES OF COMPETITION	JUNE 25, 26, 27 AND 28, 2024
DEPARTURE	JUNE 29, 2024

## DATE AND PLACE OF COMPETITION

The Open Water Swimming competition of CCCAN 2024 Championship will be held in Monterrey City, Mexico, from June 23 to 29, 2024 at the El Cuchillo State Park facilities.

## ENTRIES

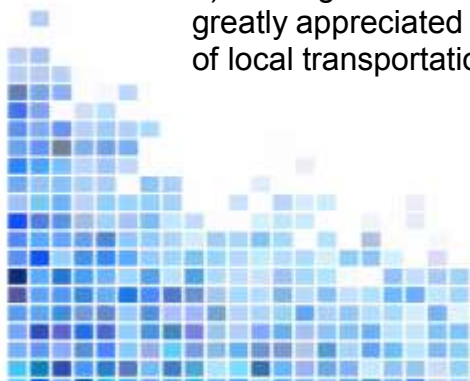
(a) Preliminary registrations

Preliminary team registrations must be made no later than April 26, 2024 and sent to the following emails:

- [cccanssecretary@gmail.com](mailto:cccanssecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)
- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)
- [hacesg@gmail.com](mailto:hacesg@gmail.com)

Preliminary registrations must indicate the following:

- 1) In which categories will they participate.
- 2) The approximate number of people in the official delegation, number of female and male athletes, number of technical officials.
- 3) Although the official deadline for preliminary registrations is **April 26, 2024**, it would be greatly appreciated if this information is sent as soon as possible to allow proper planning of local transportation, hotel accommodations any fine-tuning that may be needed.





#### 4) Final entries

Final entries must be submitted by midnight on **May 17, 2024**. CCCAN and the organizing committee will provide final entry forms and instructions to all invited teams. Participating countries must send their final HYTEK Entries with the Federation seal by email to the following:

- [cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)
- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)
- [hacesg@gmail.com](mailto:hacesg@gmail.com)

The HYTEK registration form will be provided by the organizing committee 1 month before the registration deadline date.

### **ENTRY RULES**

A. Each country may enter a maximum of three (3) competitors in each individual event; masculine and feminine.

B. All competitors must be subject to a medical physical examination in the host country prior to their event. The time and place of this review will be communicated to each delegation at the technical meeting.

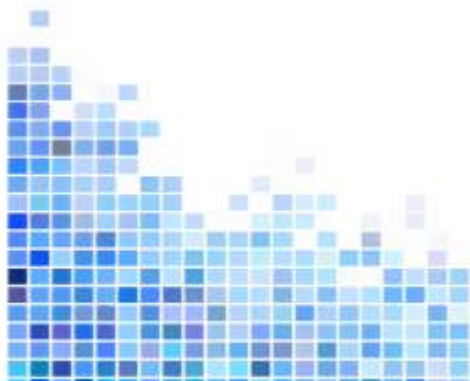
C. Competitors between the ages of 12 and up to 17 will only participate if they are represented by their parents or by their country's delegate at the championships. The competitor's representative must sign and include with the entry form a document exonerating CCCAN and the host federation from all liability.

D. It is mandatory that each swimmer be accompanied by a companion during the competition. An accompanying representative can accompany a maximum of 2 swimmers. If you do not have a representative from your country accompanying you, you must request a companion from the Organizing Committee during the technical meeting.

E. You can participate both as National Teams from each country, as well as as Clubs under the same criteria established in points A to D.

#### **Additional explanation for relays:**

- Relay events will be held in each category.
- Mixed relay teams must have 4 athletes, 2 men and 2 women.
- Mixed relay teams can be composed of two athletes who are not participating in the open water events and the remaining two must be registered in one or both 3k (if the category applies), 5k and 10k events.





- The distance for changing athletes during the relay race will be 20 meters.
- ° The members of the relays in the 12-13 year old category will swim 1,250 meters each.
- ° The members of the relays in the 14-17 and 18 and older categories will swim 1,250 meters each.

## **REGULATION**

The Open Water Swimming competition of this Championship will be carried out in accordance with CCCAN Statute, and the World Aquatics Regulations in force. To clarify any doubts or divergences regarding these rules, the English version will prevail.

Cases that are not under the rules will be resolved as follows:

- a) General cases will be resolved in accordance with the Statute and Regulations of CCCAN.
- b) Technical issues will be resolved in accordance with the World Aquatics Regulations.

## **RULES**

The Championships will be governed by the World Aquatics rules in force at the time of the competitions.

## **SWIMSUIT, GOGGLES AND SWIMMING CAPS**

Swimsuits, goggles and swimming caps used will be those approved by World Aquatics and must be on the current "approved" list published by World Aquatics each year. Swimming caps must show the three (3) identifying letters of your Country.

## **COMPETITION/TECHNICAL ORGANIZATION**

The CCCAN Technical Commission and the Members of its Executive Committee will be in charge of presenting the circuit to the participants.

Open Water Swimming races will be held at a distance of 3 – 5 and 10 km, in individual events, depending on the Category in which the athlete participates.





In the Relays, the distances will be 4 km for 12 – 13 years old (each athlete will swim 1 km) and 5 km for the remaining categories (each athlete will swim 1,250 m). All events in FreeStyle.

Because the competition date is still distant, we have not been able to define either the length or the shape of the circuit. In accordance with the physical conditions of the place, its depth, water temperature, possibilities of wind and currents and security means available by the Organizing Committee, these aspects will be defined, which will be informed to you as soon as possible.

## **INTERPRETATIONS**

The members of CCCAN Executive Committee present at the championships will have full authority to respond and resolve all interpretations, resolutions or appeals related to these championships. The CCCAN TOWC has the exclusive decision to authorize the participation of any athlete registered in the 10k considering the results obtained in the 5k test, even if they have been officially registered by the federation in the 10k.

All competitors will have the opportunity to train and familiarize themselves with the competition course one (1) day before the first race.

Depending on the number of participants, the technical committee will decide what type of start will be used.

Other matters of interest regarding the rules will be discussed at the Technical Meeting prior to the competition.

## **PARTICIPATION**

Only National Federations recognized by CCCAN, duly affiliated will have the right to register their athletes in this Championship.

5.1. In individual events by Category, each Federation will have the right to register a maximum of 2 athletes in the Female gender and 2 athletes in the Male gender.

5.2. In Relay events, Federations may only present 1 Team made up of 2 Female athletes and 2 Male athletes. The order of departures will be according to the team's strategy, but always respecting the order in which they appear on the registration form, which must be delivered by the Team Delegate 1 hour before departure.

5.3. Of the 4 athletes that make up the Relay Team, at least 3 of them must have participated in individual events. Therefore, when delivering the Relay team registration to the table, the Delegate must wait for the approval of those athletes and deliver a copy of their registration, to be signed by the Technical Committee Member designated for this purpose.





## MINIMUM PARTICIPATION

For an event to be considered official, three (3) athletes and an equal number of National Federations must participate.

In the event that one or more federations after the Technical Meeting are held are unable to participate for reasons beyond their control, will verified by (CCCAN) who is the only one authorized to authorize the holding of the event.

## TECHNICAL OFFICIALS

The President of CCCAN, with the recommendation of the Technical Committee of each discipline, will appoint the judges and referees of the championship, with the understanding that at least 90% will be contributed by the host country. "CCCAN member and guest federations may nominate up to a maximum of two (2) technical officials." For this Championship, referees and starters must be on the World Aquatics List of Swimming Officials #14 and #15. Technical Officers will be accommodated in double rooms but will be charged the CCCAN rate in quadruple accommodation for local transportation, accommodation and three (3) meals per day.

The forms with the names and experience of each technical official will be sent to the President of the CCCAN no later than **April 26, 2024** to the following email address:

[cccansecretary@gmail.com](mailto:cccansecretary@gmail.com)

[felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)

[veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)

The President of the CCCAN will notify each Federation and the Organizing Committee of the names of the technical officials selected to work in the championships.

For the appointment of technical officers, the CCCAN Regulations will apply.





## **JURY OF APPEALS**

The Appeals Jury will have a CCCAN Delegate along with any of the members of the Open Water Technical Committee present. The CCCAN Delegate will be the president of the jury.

## **PROTESTS AND APPEALS**

Protests must be made within a period of 30 minutes after the cause of the protest is known, and will be presented in writing, accompanied by \$500.00 USD, by the Team Delegate to the Head Referee of the competition in accordance with rule GR9. 2. of the International Swimming Federation.

If they do not agree with the response given by the Head Referee, the Delegate may Appeal to the APPEALS Committee for technical matters. The Jury will be made up of the Central American and Caribbean Swimming Confederation (CCCAN), the Technical Committee and personnel nominated by CCCAN.

The jury will receive appeals according to World Aquatics rule GR9.3 and their decisions will be final.

For the resolution of protests and appeals, the provisions of the current World Aquatics Open Water Regulations will be applied.

## **TECHNICAL MEETING**

Date and time: Monday, June 24, 2024. At 2:30 p.m.

Location: To be determined

Important points about the Technical Meeting, prior to the start of the competition:

- Presentation of the General Management of Competition
- Presentation of the Teams
- Competitive list update
- Presentation of the Referees and Technical Committee
- Rules that will govern during the competition (schedules, services to be provided, means of communication with the Technical, Medical, training venues,





- Description of the Competition Circuit and delivery of maps with important data (distance between buoys, depths, currents, etc.).
- Security means available, location of evacuation points and ambulances, medical care in water and land.
- Medical Checkup, before the competition. Place and time.
- Technical and Safety Guidelines for athletes.
- General business.

## EVENTS AND AWARDS

### AWARD:

The awards will be held in accordance with the regulations of CCCAN and the Organizing Committee.

### INDIVIDUAL

**First place:** Gold Medal.

**Second place:** Silver Medal.

**Third place:** Bronze Medal.

### TEAM

**First place:** Gold Medal per athlete.

**Second place:** Silver Medal per athlete.

**Third place:** Bronze Medal per athlete.

The events for Open Water Swimming:

Events			Medals			
			Oro	Plata	Bronce	Total
<b>Female</b>	1	3K (12 – 13 yrs.)	1	1	1	3
<b>Male</b>	2	3K (12 – 13 yrs.)	1	1	1	3
<b>Female</b>	1	5K (14 – 17 yrs.)	1	1	1	3
<b>Male</b>	2	5K (14 – 17 yrs.)	1	1	1	3
<b>Female</b>	1	5K (18 yrs. y +)	1	1	1	3
<b>Male</b>	2	5K (18 yrs. y +)	1	1	1	3
<b>Mixed</b>	1	4K Relay (12 – 13 yrs.)	1	1	1	3



<b>Mixed</b>	1	5K Relay (14 – 17 yrs.)	1	1	1	3
<b>Mixed</b>	1	5K Relay (18 yrs. y +)	1	1	1	3
<b>Female</b>	1	10K (14 – 17 yrs.)	1	1	1	3
<b>Male</b>	2	10K (14 – 17 yrs.)	1	1	1	3
<b>Female</b>	1	10K (18 yrs. y +)	1	1	1	3
<b>Male</b>	2	10K (18 yrs. y +)	1	1	1	3
<b>Total</b>			<b>13</b>	<b>13</b>	<b>13</b>	<b>39</b>
<b>Medal count</b>			<b>22</b>	<b>22</b>	<b>22</b>	<b>66</b>

## AWARDS

A championship trophy will be awarded to the country with the highest points in each age group (male and female) in each discipline and category. Each award will have the CCCAN logo and initials, and the design must be approved by CCCAN.

Medals (gold, silver, bronze respectively) will be awarded from first to third place for each event and in each discipline. Each medal will have the initials of the CCCAN, and the design must be approved by CCCAN. Prizes will be awarded at the awards podium as determined by the Organizing Committee in consultation with the President of CCCAN or his nominee. Only the first three (3) places will go to the awards podium. The flags of the three (3) first places will be raised and the anthem of the winning country will be played.

## SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°	9°	10°	11°	12°	
POINTS	18	16	14	12	10	8	6	5	4	3	2	1	INDIVIDUAL EVENTS
POINTS	36	32	28	24	20	18	12	10	8	6	4	2	RELAYS

## ELIGIBILITY

To participate in the Open Water Swimming of this CCCAN 2024 Championship, the athlete must comply with the provisions of the PASO Regulations and the FINA Rules and must be registered by their NOC.







## NATIONALITY OF COMPETITORS

Any competitor participating in this Championship must have the nationality of the country that registered them, or have the proper authorization, in accordance with what is established by World Aquatics in this regard.

## AGE OF COMPETITORS

The age of the competitors will be what they are on December 31, of the year in which the competition is held.

The Championship Calls for Open Water Swimming, 3 Categories:

- **Category 12 – 13 years.**

All athletes born in the years 2011 and 2012 may participate in this Category.

- **Category 14 – 17 years.**

All athletes born in the years 2007 – 2008 - 2009 and 2010 may participate in this Category.

- **Category 18 and + years.**

All athletes born in 2006 or before will be able to participate in this Category.

## PROGRAM

Dates	Schedules	Activity
Sunday June 23, 2024	All Day	Arrival
Monday June 24, 2024	09.00 - 11.00 14.30 – 16.00	Course Familiarization Technical Meeting
Tuesday June 25, 2024	08.15 09.15	3 K 5 K
Wednesday June 26, 2024	09.00 10.00	12-13yrs RELAY Reminder RELAYS
Thursday June 27, 2024		Rest
Friday June 28, 2024	09.00	10 K
Saturday June 29, 2024		Departure



**DAY 1: OPEN WATER, June 25, 2024**

1-2	3 KM	12 - 13 yrs.
3 - 4	5 KM	14 - 17 yrs.
5 - 6	5 KM	18 yrs. & over

**DAY 2: OPEN WATER, June 26, 2024**

7	Relevos 5 KM	12 - 13 yrs.
8	Relevos 5 KM	14 - 17 yrs.
9	Relevos Mixtos 5 KM	18 yrs. & over

**DAY 3: OPEN WATER, June 27, 2024**

Rest.

**DAY 4: OPEN WATER, June 28, 2024**

10 - 11	10 KM	14 - 17 yrs.
12 - 13	10 KM	18 yrs. & over

**Note:**

The schedules indicated above may be subject to change, depending on the conditions available to the Organizing Committee. Likewise, if our proposal suffers any alteration, you will be informed before your arrival to Mexico.





## ARTISTIC SWIMMING



**ARRIVAL**

**JUNE 24, 2024**

**TECHNICAL MEETING**

**JUNE 25, 2024**

**COMPETITION DATES**

**JUNE 26-30, 2024**

**DEPARTURE**

**JULY 30, 2024**

## CATEGORIES

### GROUP 1

Competitors 12 years old and under, due at midnight on December 31, 2024. Athletes born in 2012 or later can participate.

### GROUP 2

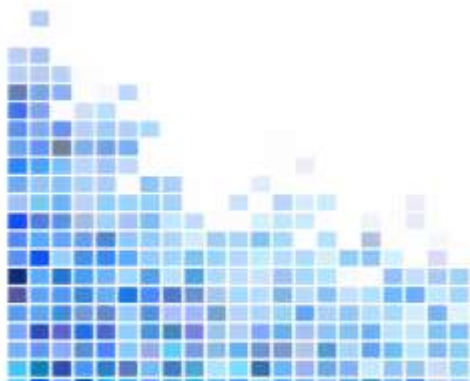
Competitors 13, 14, and 15 years old at midnight on December 31, 2024. Athletes born in 2009, 2010, and 2011 can participate. Boys ages 13 to 16 born in 2008, 2009, 2010 and 2011 can participate.

### GROUP 3

Junior Category-Competitors aged 15, 16, 17, 18, and 19 at midnight on December 31, 2024, born in 2006, 2007, 2008 and 2009 can participate. Men up to the age of 20 can participate. Males born in 2005, 2006, 2007, 2008, and 2009 can participate.

### GROUP 4

Senior Category-Competitors over 15 years of age at midnight on December 31, 2024, born in 2009 or earlier can participate.





## KEY DATES

DESCRIPTION:	DATES:
Preliminary registration:	ABRIL 15, 2024
Final Entries:	MAY 1, 2024
Accommodation form	MAY 1, 2024
50% deposit accommodation:	MAY 1, 2024
100% balance accommodation:	MAY 20, 2024
Flight Form:	MAY 10, 2024
Music & Coach card:	JUNE 12, 2024
Arrival:	JUNE 24, 2024
Technical Meeting:	JUNE 25, 2024
Dates Competition:	JUNE 26-30, 2024
Departure:	JULY 1, 2024

Delegations must send their music to the following drive that corresponds to their country:

In mp3 format, labeled as follows:

country code, category, event, last name and first name.

Example: ESA JUNIOR SOLO - CARDONA ANDREA

Likewise, the coach cards will be sent by their respective delegations to the same drive:





ARUBA	<a href="https://drive.google.com/drive/folders/1bRQFIVwF8gg6EQDNuLc6PJcYfnF2zdvo?usp=drive_link">https://drive.google.com/drive/folders/1bRQFIVwF8gg6EQDNuLc6PJcYfnF2zdvo?usp=drive_link</a>
BARBADOS	<a href="https://drive.google.com/drive/folders/1aAb7JMZsYP52CLsiPEgHXeYN46sbe_SC?usp=drive_link">https://drive.google.com/drive/folders/1aAb7JMZsYP52CLsiPEgHXeYN46sbe_SC?usp=drive_link</a>
COSTA RICA	<a href="https://drive.google.com/drive/folders/118L1SVwu5oEp353rvVolaRDZGZoYg8t6?usp=drive_link">https://drive.google.com/drive/folders/118L1SVwu5oEp353rvVolaRDZGZoYg8t6?usp=drive_link</a>
CUBA	<a href="https://drive.google.com/drive/folders/1rOC3hCZhtydUSbK6NCbhkUFYW2sqlTmn?usp=drive_link">https://drive.google.com/drive/folders/1rOC3hCZhtydUSbK6NCbhkUFYW2sqlTmn?usp=drive_link</a>
CURACAO	<a href="https://drive.google.com/drive/folders/1YaVT_TeioJv2402MNVGl_o0PLXd6gO00?usp=drive_link">https://drive.google.com/drive/folders/1YaVT_TeioJv2402MNVGl_o0PLXd6gO00?usp=drive_link</a>
EL SALVADOR	<a href="https://drive.google.com/drive/folders/1qfo5rW5xDJb8TEJZpnaUXW82_34KGKhv?usp=drive_link">https://drive.google.com/drive/folders/1qfo5rW5xDJb8TEJZpnaUXW82_34KGKhv?usp=drive_link</a>
GUATEMALA	<a href="https://drive.google.com/drive/folders/1DkWY3f1BQyAMQ5oEnRwR4sG3NoHiYDEP?usp=drive_link">https://drive.google.com/drive/folders/1DkWY3f1BQyAMQ5oEnRwR4sG3NoHiYDEP?usp=drive_link</a>
JAMAICA	<a href="https://drive.google.com/drive/folders/18kyfMm6IZCDSHZdcPcZfFK93-j3-7Xlj?usp=drive_link">https://drive.google.com/drive/folders/18kyfMm6IZCDSHZdcPcZfFK93-j3-7Xlj?usp=drive_link</a>
MEXICO	<a href="https://drive.google.com/drive/folders/1egogACwK2DGByRVARH6xqwhUUimCOrZm?usp=drive_link">https://drive.google.com/drive/folders/1egogACwK2DGByRVARH6xqwhUUimCOrZm?usp=drive_link</a>
PANAMA	<a href="https://drive.google.com/drive/folders/1tdGURWBDndnubkgG8CbAcj1j0AqCLwB?usp=drive_link">https://drive.google.com/drive/folders/1tdGURWBDndnubkgG8CbAcj1j0AqCLwB?usp=drive_link</a>
PUERTO RICO	<a href="https://drive.google.com/drive/folders/1iCM9zAba4qvEYUXQ4PrJLZBVZS6ISUe?usp=drive_link">https://drive.google.com/drive/folders/1iCM9zAba4qvEYUXQ4PrJLZBVZS6ISUe?usp=drive_link</a>
REP. DOMINICANA	<a href="https://drive.google.com/drive/folders/1U-xheZfD9eHqeDI6n4sGdIF6T3G8aGuS?usp=drive_link">https://drive.google.com/drive/folders/1U-xheZfD9eHqeDI6n4sGdIF6T3G8aGuS?usp=drive_link</a>

This artistic swimming competition is a combination of CCCAN Championship and an invitational event for clubs affiliated with their national federations.

CCCAN CHAMPIONSHIP: National teams of CCCAN federations and invited countries which are on the list of participants can participate in this championship.

## REGISTRATIONS

### (a) Preliminary registrations:

Preliminary registrations must indicate the following:

- In which categories of artistic swimming and in which routine tests will they participate?



- The approximate number of people in the official delegation, including team officials.
- The number of female athletes, male athletes, delegation officials and technical officials.
- Although the deadline for preliminary registrations is April 15, 2024, it will be greatly appreciated if this information is sent to the Organizing Committee as soon as possible to allow them to plan local transportation, accommodation and food.

**- Send your preliminary registrations to the following emails:**

[cccansecretary@gmail.com](mailto:cccansecretary@gmail.com)

[cristinahiller@hotmail.com](mailto:cristinahiller@hotmail.com)

[tasc.cccan@gmail.com](mailto:tasc.cccan@gmail.com)

**b) FINAL ENTRIES**

- Participating countries must send their final Entries in the specified formats with the Federation seal by email to the Championship Organizing Committee.

The deadline for submission of final entries is midnight on **May 1, 2024**. Final entries must be emailed to the following email address:

[cccansecretary@gmail.com](mailto:cccansecretary@gmail.com)

[felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)

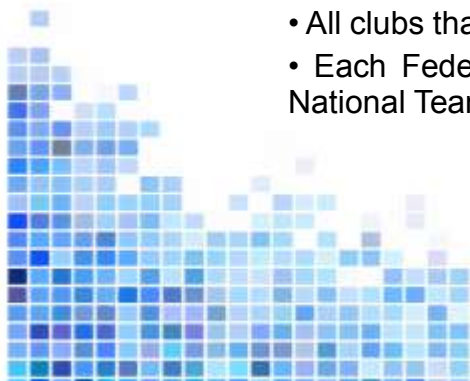
[veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)

[cristinahiller@hotmail.com](mailto:cristinahiller@hotmail.com)

[tasc.cccan@gmail.com](mailto:tasc.cccan@gmail.com)

## **RULES FOR PARTICIPATION**

- Each participant in the championship must be a member of a club which must be duly federated or be a national team of a Federation.
- All Clubs affiliated with their federations can participate in the invitational event.
- All invited federations that do not belong to the CCCAN area can participate in the invitational.
- All clubs that do not belong to the CCCAN area can participate in the invitational.
- Each Federation will send a single entry with all its participation (Clubs and National Team).





- Each country and/or club can register three (3) male and/or female solos, three (3) duets, three (3) mixed duets and one (1) team per age group. (combined, acrobatic and team).
- Teams must each be composed of a minimum of four (4) swimmers and a maximum of eight (8). There can be a maximum of two men on each team. World Aquatics Rule AS18.1 will apply.
- The Combined routine must be composed of 4 to 10 swimmers with a maximum of two males.
- The acrobatic routine only for Juniors and Seniors can be made up of 4 to 8 swimmers with a maximum of two men.
- No competitor may participate outside his or her age group, even in a higher category.
- 15-year-old athletes can only participate in two categories maximum
- The female of the mixed duet can also swim the female duet.

### **CATEGORY CHANGE:**

1. When a Junior athlete moves up a category (Senior) in Solo, Duet, Mixed Duet and/or Team, he/she may NOT compete in those events in his/her own age category.
2. Junior athletes can compete in both categories, but not in the same event. Example...Junior Free Solo and Senior Technical Solo

### **JURY OF APPEAL**

The Appeals Jury will have a CCCAN delegate along with any of the members of the Artistic Swimming Technical Committee present (who have no conflict of interest). The CCCAN delegate will be the president of the jury.

### **PROTESTS AND APPEALS**

Protests must be made within a period of 30 minutes after the results are published, specifying the cause that originates them, and will be presented in writing, accompanied by \$500.00 USD, by the Team delegate to the Referee of the competition in accordance with rule GR9.2. of the International Swimming Federation. If he does not agree with the answer given by the Referee Judge, the delegate may appeal to the APPEALS Committee for technical matters. The Jury will be made up of the Central American and Caribbean Swimming Confederation (CCCAN), the Technical Committee and personnel nominated by CCCAN.

The jury will receive appeals in accordance with World Aquatics rule GR9.3 and their decisions will be final.

For the resolution of protests and appeals, the provisions of the current World Aquatics Regulations for Artistic Swimming will be applied.





## RULES

The Championships will be governed by the World Aquatics rules in force at the time of the competition.

## SWIMSUITS

Swimsuits in routines must comply with GR 5 and AS 13.9 A 13.12

## TECHNICAL OFFICERS

The President of the C.C.C.A.N., with the recommendation of the Technical Artistic Swimming Committee, will appoint the judges and referees of the championships as well as the controllers, with the understanding that at least 90% will be contributed by the host country. Additionally, the Federations participating in these championships must include a minimum of two (2) technical officials in their delegation.

It is mandatory that each participating Country send two (2) judges. At least one (1) judge must be a World Aquatics or Pan Am Aquatic judge who passed the World Aquatics Judging School (2022 – 2024 Schools). These judges will have priority on the panels.

We make the call to the federations to promote being controller within their national judging corps.

- Federations that go with a delegation of 3 or less swimmers must bring at least one judge or pay a fine of \$500.00 USD.
- Federations that go with a delegation of 4 or more swimmers must bring at least two judges or pay a fine of \$1000.00 USD

Technical Officials will be roomed in doubles but charged the quadruple rate for local transportation, accommodation and three (3) meals per day as indicated in this summons. The entries with the names and background of each Technical Official shall be sent to the President of CCCAN no later than **April 20, 2024**, at the following address:







[cccansecretary@gmail.com](mailto:cccansecretary@gmail.com)

[felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)

[veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)

[cristinahiller@hotmail.com](mailto:cristinahiller@hotmail.com)

The President of CCCAN shall notify each Federation and the Organizing Committee of the names of those technical officials selected to work at the championships.

## **AWARDS**

- A Championship trophy will be awarded to the Country with the highest score in each age group.
- Additionally, an Overall Championship trophy will be awarded to the country with the highest point total.
- Medals (gold, silver, bronze respectively) will be awarded from first to third place for each event in each discipline. Each medal will bear the initials of the C.C.C.A.N., and the design must be approved by the C.C.C.A.N.
- The awards will be presented on the awards podium as determined by the Organizing Committee in consultation with the President of the C.C.C.A.N. or his/her designee.
- Only the first three (3) places will go to the awards podium. The flags of the three (3) first places will be raised, and the anthem of the winning Country will be played.
- For Group 1 and Group 2, the prizes will be awarded as an independent event for the free routines, the figure score and the routine score will be added to determine the final result. These two events will be awarded up to third place.
- For FIGURES, the rating obtained by the athlete, awarded from 1 to 3, (in compliance with World Aquatics Rule AS 12.1) regardless of the Country to which they belong.
- For the free routine, the score obtained in the figures will be added to the scores obtained in the free routine World Aquatics Rules AS12.2, AS12.3, AS13 and AS20.2.2.
- For Group 3, prizes will be awarded separately for both the technical routine and the free routine.

There will be two award ceremonies: one for the participating clubs and another for the participating National Team. The Clubs will not add points to the National Teams Nationals. The trophies will only be for the National Teams that participate and are awarded points.





## SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°
POINTS: SOLO AND FIGURES	24	22	20	18	16	14	12	10
POINTS: DUETS	36	33	30	27	24	21	18	15
TEAMS-COMBINED AND ACROBATIC	72	66	60	54	48	42	36	30

In solo and duet events, only one (1) solo and one (1) duet per Country will receive awards and points.

## PROGRAM

**NOTE 1:** Changes may apply to the following program once the final entries for the competition are received.

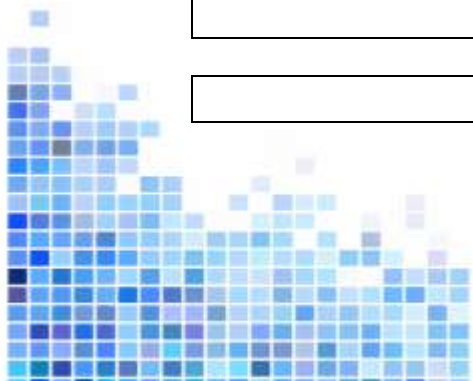
**NOTE 2:** Any situation not contemplated in this call will be discussed at the Technical Meeting.

## PROGRAM

### DAY 1: JUNE 26, 2024

<b>MORNING</b>	TECH SOLO	JUNIOR&SENIOR
	TECH SOLO MALES	JUNIOR&SENIOR
<b>AFTERNOON</b>	SOLO	12 & UNDER
	SOLO MALES	12 & UNDER
	SOLO	13 – 15
	SOLO MALES	13 - 15
	TECH DUET	JUNIOR&SENIOR

### AWARDS





**DAY 2: JUNE 27, 2024**

<b>MORNING</b>	FIGURES	12 & UNDER
	FIGURES	13 - 15

<b>AFTERNOON</b>	FREE SOLO MALE	JUNIOR&SENIOR
	FREE SOLO	JUNIOR&SENIOR

**AWARDS**

**DAY 3: JUNE 28, 2024**

<b>MORNING</b>	TECH MIXED DUET	JUNIOR&SENIOR
----------------	-----------------	---------------

<b>AFTERNOON</b>	DUET	12 & UNDER
	MIXED DUET	12 & UNDER
	DUET	13 – 15
	MIXED DUET	13 – 15

**AWARDS**





**DAY 4: JUNE 29, 2024**

<b>MORNING</b>	TECH TEAM	JUNIOR&SENIOR
----------------	-----------	---------------

<b>AFTERNOON</b>	FREE DUET MIXED	JUNIOR&SENIOR
	FREE DUET	JUNIOR&SENIOR

**AWARDS**

**DAY 5: JUNE 30, 2024**

<b>MAÑANA</b>	TEAM	12 & UNDER
	TEAM	13 – 15
	FREE TEAM	JUNIOR&SENIOR

<b>TARDE</b>	COMBINED ROUTINE	12 & MENORES
	COMBINED ROUTINE ACROBATIC ROUTINE	13 – 15
JUNIOR&SENIOR		

**CLOSING CEREMONY**

**Athletes, Coaches, Judges and Technical Committee Social  
Activities**





## WATER POLO



ARRIVAL	JUNIO 07, 2024
TRCHNICAL MEETING	JUNIO 08 ,2024
DATES OF COMPETITION	JUNIO 09-14, 2024
DEPARTURE	JUNIO 15, 2024

### CATEGORIES

#### GROUP A

Competitors 14U years or younger at midnight on December 31, 2024. Athletes born in or after 2010 can participate.

#### B GROUP

Competitors 16U years or younger at midnight on December 31, 2024. Athletes born in or after 2008 may participate.

#### GROUP C

OPEN CATEGORY/SENIORS

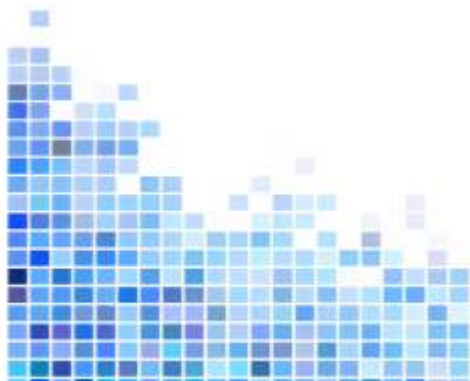
### ENTRIES

#### (a) Preliminary registrations:

Preliminary team registrations must be made no later than **April 26, 2024**.

Send preliminary registrations:

- [cccanssecretary@gmail.com](mailto:cccanssecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)
- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org) - [dejesusbenitez@gmail.com](mailto:dejesusbenitez@gmail.com)





### **(b) Final registrations:**

The deadline for submission of final entries is midnight on **May 17, 2024**. Final entries must be sent by email to the following address:

- [cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)
- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)
- [dejesusbenitez@gmail.com](mailto:dejesusbenitez@gmail.com)

### **REGISTRATION RULES**

- A. Each country may register no less than nine (9) players and no more than fifteen (15) players per category.
- B. Lists of all teams must be delivered at the Technical Meeting. A player cannot change his cap number during matches without the referee's permission.
- C. In this event, a player from Group B can participate in Group C.
- D. You can participate as both National Teams from each country, as well as Clubs under the same criteria established in points A to C.

### **REGISTRATION RULES**

1. The competition will be held using 25 meters as the length of the pool for the girls' and boys' teams.
2. The official roster of each team will have up to a maximum of fifteen (15) players.
3. The official roster for each game day will be up to a maximum of thirteen (13) players, with #1 and #13 being goalkeepers.
4. Teams with less than thirteen (13) players on their official roster will NOT be required to present two (2) goalkeepers.
5. Teams with more than thirteen (13) players on the official roster WILL have to bring hats with the numbers fourteen (14) and fifteen (15).
6. Caps #1 and #13 will ALWAYS be red.
7. Teams will be allowed to change their official game roster up to one (1) hour before finishing the previous session. A message must be sent to the Organizing Committee and the CCCAN CTPA informing them of the change. There will be no change in cap numbers.

### **REFEREES**

The president of the CCCAN, with the recommendation of the Water Polo Technical Committee, will appoint the judges and referees for the championships. The president of CCCAN will notify each Federation and the Organizing Committee of the names of the Technical Officials selected to work in the championships.





It is mandatory that each participating country send one (1) referee. Any participating country that does not provide an arbitrator will be fined **\$2,000 USD**.

Technical Officers will be accommodated in double rooms, but the quadruple rate will be charged for local transportation, accommodation and three (3) meals per day indicated in the summons.

The forms with the names and experience of each technical officer will be sent to the President of the C.C.C.A.N. no later than **April 26, 2024** at the following email address:

- [cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)
- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)

The President of the C.C.C.A.N. will notify each Federation and the Organizing Committee of the names of the technical officials selected to work in the championships.

### **TEAM OFFICIALS**

EACH PARTICIPATING COUNTRY HAS THE RIGHT TO INCLUDE IN ITS OFFICIAL DELEGATION UP TO FIVE (5) OFFICERS, WITH AT LEAST ONE OF THESE BEING AN REFEREE AT THE COST INDICATED BELOW:

### **NEUTRAL REFEREES**

The host country must provide at least 2 neutral referees for the duration of the championship. The expenses of these referees will be covered 50% by the host country and 50% by CCCAN.

### **AWARDS**

A championship trophy will be awarded to the country with the highest score in each age group (male and female) in each category. Additionally, an overall championship trophy will be awarded to the country with the highest point total. Each award must have the CCCAN logo and initials, and the design must be approved by CCCAN.

From first to third place medals (gold, silver, bronze respectively) will be awarded for each event. Each medal will have the initials of the CCCAN, and the design must be approved by the CCCAN. Awards will be presented on the awards podium as determined by the Organizing Committee in consultation with the CCCAN President or his/her designee. Medals will only be awarded to the first three (3) places. The flags of the first three (3) places will be raised and the anthem of the winning country will be played. Each participant will receive the prize corresponding to their country.





## SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°
POINTS	72	66	60	54	48	42	36	30

Separate scoring will be maintained in each category and gender to decide the team champions. The team with the most total points in all categories will receive the Absolute Championship trophy and will also receive the CCCAN flag to keep until the next championships.

## PROGRAM

1. The game system will be decided in a preliminary draw carried out by the Executive Committee and the TWPC, according to the number of participating teams in each category.
2. The system to decide ties will be that established in the World Aquatics Manual.
3. For all categories, the ball must be one that meets the requirements of the World Aquatics Rules. The ball will be selected by the Organizing Committee after







## DIVING



ARRIVAL	JUNIO 24, 2024
TECHNICAL MEETING	JUNIO 25 ,2024
DATES OF COMPETITION	JUNIO 26-30, 2024
DEPARTURE	JULIO 1, 2024

## CATEGORIES

### Female and Male

#### GROUP D 11 YEARS & UNDER

Competitors 11 years at midnight on December 31, 2024.

#### GROUP C 12 & 13 YEARS

Competitors 12 & 13 years at midnight on December 31, 2024.

#### GROUP B 14 & 15 YEARS

Competitors 14 & 15 years at midnight on December 31, 2024.

#### GROUP A 16 & 18 YEARS

Competitors 16 & 18 years at midnight on December 31, 2024.

#### OPEN CATERGORY 14 & OVER

Competitors 14 years & over at midnight on December 31, 2024.

## ENTRIES

### a) Preliminary Registrations:

Preliminary team registrations must be made no later than **April 26, 2024**.

- [cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)
- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)
  - [pedreguera2011@gmail.com](mailto:pedreguera2011@gmail.com)
  - [clavados.mexico@com.org.mx](mailto:clavados.mexico@com.org.mx)





Preliminary registrations must indicate the following:

- In which diving categories they will participate.
- The approximate number of people in the official delegation.

Indicating: the number of female athletes, the number of male athletes, the number of delegation officials, and the number of technicians. Although the deadline for preliminary registrations is **April 26, 2024**, we would greatly appreciate it if this information is presented to the Organizing Committee as soon as possible so that they can plan local transportation, lodging and meals.

## **b) FINAL ENTRIES:**

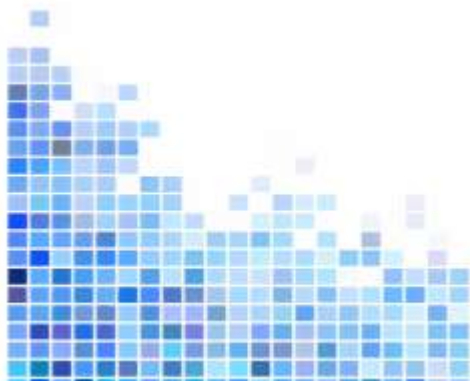
Participating countries must send their final entries, in the specified formats with the seal of their federation, by email, to the Championships Organizing Committee with a copy to CCCAN:

- [cccansecretary@gmail.com](mailto:cccansecretary@gmail.com) [felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)
- [veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)
- [pedreguera2011@gmail.com](mailto:pedreguera2011@gmail.com)
- [clavados.mexico@com.org.mx](mailto:clavados.mexico@com.org.mx)

The final entries, by discipline, must be in the hands of the Organizing Committee, no later than midnight on **May 17, 2024**. The host country will not be responsible for the expenses incurred by the person or persons who personally deliver the final entries.

## **REGISTRATION RULES**

- Each country may enter a maximum of two (2) competitors in each individual event.
- There is no limit on the number of events in which an individual competitor can participate.
- No alternates or substitutes will be allowed in individual events.
- No competitor may participate outside of an age group, even in an older one.
- The exact list of events must be submitted for each competitor.
- You can participate as both National Teams from each country, as well as Clubs under the same criteria established in points A to E.





## RULES

The Championships will be governed by the World Aquatics rules enforced on the date of these.

## INTERPRETATIONS

The members of the CCCAN Executive Committee present at the championships will have full authority to respond and resolve all interpretations, resolutions or appeals related to these championships.

## TECHNICAL OFFICIALS

The president of the CCCAN, with the recommendation of the Technical Committee for each discipline, will appoint the judges and referees for the championships, understanding that at least 90% will be provided by the host country. The federations participating in these championships may include in their delegation a maximum of two (2) technical officials per discipline. Warrant Officers will be accommodated in doubles, but will charge the quadruple rate for local transportation, lodging, and three (3) meals per day.

In diving, it is mandatory for each participating country to send one (1) judge if the team has four (4) or more divers. Countries with fewer than four (4) divers may bring one judge. The forms with the names and experience of each technical official must be sent to the president of the CCCAN no later than **April 26, 2024** to the following email address:

[cccansecretary@gmail.com](mailto:cccansecretary@gmail.com)

[felixacalderon@gmail.com](mailto:felixacalderon@gmail.com)

[veronica.pavon@comisionestabilizadorafmn.org](mailto:veronica.pavon@comisionestabilizadorafmn.org)

The CCCAN will notify each federation and the Organizing Committee of the names of the technical officials selected to work in the championships. The Championships will be governed by the World Aquatics rules in force at the time of the competitions.

## AWARDS

A championship trophy will be awarded to the country with the highest points in each age group (male and female) in each discipline and category. From first to third place medals (gold, silver, bronze, respectively) will be awarded for each event in each discipline. Each medal will have the initials of the CCCAN and the design must be approved by the CCCAN.



Medals will be awarded at the end of each test, on the awards podium, as determined by the Organizing Committee in consultation with the president of CCCAN or his candidate, where only the first three places will go. The flags of the first three places will be raised and the national anthem of the winning country will be heard.

## SCORING

PLACE	1°	2°	3°	4°	5°	6°	7°	8°
POINTS	9	7	6	5	4	3	2	1

Independent scoring will be maintained in each discipline, category, and gender to decide who will be the team champions. The team with the highest number of points in all disciplines and categories will receive the overall Championship trophy and will also receive the CCCAN flag to maintain until the next championships.

## PROGRAM

The diving program will follow World Aquatics age group (DAG) rules and exceptions authorized by World Aquatics.

1. All competitions will be final.
2. World Aquatics (DAG) age group rules will apply to A and Free groups without exceptions.
3. For group B the following will apply: - 1- and 3-meter trampoline.  
- Platform: Women and men will only compete from the 5 meters to 7.5-meter platform.

Each competitor must compete with 4 dives with a limit, selected from different groups, with the total degree of difficulty not exceeding 7.6 and 2 dives without limit of degree of difficulty, selected from different groups.

## PROGRAM

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### CCCAN MONTERREY MEXICO JUNE 24-JULY 1, 2024

DAY	TIME	Event
JUNE 24		
DAY	TIME	Event
JUNE 25	16:00 hrs.	TECHNICAL MEETING
JUNE 26	09:30 hrs.	Inauguration



DAY	TIME	EVENT	CATEGRIES	GENDER
JUNE 26	09:30 hrs.	Platform	Group D	Male
		1m	Group D	Female
	11:30 hrs.	3m	Group A	Male
	<b>BREAK</b>			
	15:00 hrs.	1m	Group B	Male
		3m	Open	Male / Female
	16:30 hrs.	Platform	Group B	Female

DAY	TIME	EVENT	CATEGORY	GENDER
JUNE 27	09:30 hrs.	Platform	Group D	Female
		3m	Group C	Female
	11:30 hrs.	1m	Group B	Female
	<b>BREAK</b>			
	15:00 hrs.	3m	Group A	Female
		1m	Group C	Male
	16:30 hrs.	Synchronized 3m	Open	Male / Female

DAY	TIME	EVENT	CATEGORY	GENDER
JUNE 28	09:30 hrs.	1m	Group A	Male
		3m	Group B	Male
	11:30 hrs.	Platform	Group C	Male
	<b>BREAK</b>			
	15:00 hrs.	3m	Group D	Male
	16:30 hrs.	1m	Open	Male / Female





DAY	TIME	EVENT	CATEGORY	GENDER	
JUNE 29	09:30 hrs.	1m	Group A	Female	
		3m	Group B	Female	
	11:30 hrs.	Platform	Group C	Female	
		3m	Group D	Female	
	<b>BREAK</b>				
	15:00 hrs.	Platform	Group A	Male	
16:30 hrs.	Synchronized Platform	Open	Male / Female		

DAY	TIME	EVENT	CATEGORY	GENDER	
JUNE 30	09:30 hrs.	Platform	Group A	Female	
		1m	Group C	Female	
	11:30 hrs.	3m	Group C	Male	
		1m	Group D	Male	
	<b>REST</b>				
	15:00 hrs.	Platform	Group B	Male	
16:30 hrs.	Platform	Open	Male / Female		

**July 1, 2024 Team Departure**

----- Date: 4/1/2024

**FELIX CALDERON  
PRESIDENTE DE CCCAN**

----- Date: 4/1/2024

**LIC. MARÍA JOSÉ ALCALÁ IZGUERRA.  
PRESIDENTA COMITÉ OLÍMPICO MEXICANO.**

