



PAQ BULLETIN

September 8, 2025



BAURU 2025



QUALIFIED TO WORLD AQUATICS U16 WATER POLO CHAMPIONSHIPS

(Continental invitations)

MEN'S TEAMS

- | | |
|--|--|
|  1. BRAZIL |  5. PUERTO RICO |
|  2. USA |  6. MEXICO |
|  3. CANADA |  7. PERU |
|  4. ARGENTINA |  8. URUGUAY |



WOMEN'S TEAMS

- | | |
|---|--|
|  1. USA |  4. ARGENTINA |
|  2. CANADA |  5. PERU |
|  3. BRAZIL |  6. MEXICO |



FLUIDRA

Malmsten

ASTRALPOOL   ZODIAC

 **Sports**
#EARN YOUR NUMBER

 Fluid Mechanics, Inc.

GMX7



 Global Sport
TECHNOLOGY

TOSWIM

 DEPORTE VIRTUAL®
tecnología deportiva

CALENDAR 2025 - 2028:

Apr 11 - 19, 2026	Central American and Caribbean Games Water Polo Qualifier - Cali, 2026 summons
Jul 4 - 7, 2026	PanAm Aquatics Age group Swimming Championships Ibague 2026 Summons will be released soon
Oct 19 - 27, 2026	PanAm Aquatics Masters Championships Buenos Aires 2026 Summons will be released soon

INTERESTED IN HOSTING A PAQ CHAMPIONSHIP?

PAQ CHAMPIONSHIPS

	When	Category	Qualifying event for
2027	Jan-Feb	All Disciplines	2027 PAQ Lima (WP-AQUA-WC)

WATER POLO

	When	Category	Qualifying event for
2026	August	Junior	Qualifier for 2027 World Junior
2027	Aug-Sep	u15	Qualifier for 2028 World u16
2027	June	u17	Qualifier for 2028 World Junior
2028	June	u19	Qualifier for 2029 Worlds u20

SWIMMING

	When	Category	Qualifying event for
2027	Dec	Age group	SCM Qualifier for 2028 Worlds
2028	Jun	Age group	Qualifier for 2028 OG / 2029 Worlds

ARTISTIC SWIMMING

	When	Category	Qualifying event for
2026	August	Age group	
2028	August	Age group	

Contact office@panamaquatics.com for more information

PAQ - AQUA WEBINARS & CLINICS

Artistic Swimming Coaches Clinic

31 Oct - 2 Nov

Youth & Junior Training

Lecturer: Olga Aseeva.

[Montevideo, Uruguay](#)



The **PanAm Aquatics National Federation and Clubs Certification Program** is a comprehensive and interactive initiative designed to equip National Federations across the Americas with the knowledge, skills, and resources needed to build stronger, more efficient, and sustainable aquatic sports organizations.

[Last chance to join the program click here](#)

For more information: athletes@panamaquatics.com

Sep 27, 2025	National Federation	1:00 - 3:00 pm	Module 3: Project and Event Management
Sep 27, 2025	Clubs	11:00 - 1:00 pm	Module 3: Project and Event Management
Nov 29, 2025	National Federation	1:00 - 3:00 pm	Module 4: Safe Sport
Nov 29, 2025	Clubs	11:00 - 1:00 pm	Module 4: Athlete Wellness
Jan 24, 2026	National Federation	1:00 - 3:00 pm	Module 5: Athlete Wellness
Jan 24, 2026	Clubs	11:00 - 1:00 pm	Module 5: Coach Development
Mar 21, 2026	National Federation	1:00 - 3:00 pm	Module 6: Coach and Official Development
Mar 21, 2026	Clubs	11:00 - 1:00 pm	Module 6: Parent and Volunteer Development
May 2, 2026	National Federation	1:00 - 3:00 pm	Closing session



Impact sessions are interactive sessions to generate action steps toward impact-specific topics, with special guests and experts for all Aquatics. Geared towards athletes and coaches, these sessions are moderated by Valerie Gruet, Chair of the PanAm Aquatics Athlete Committee and provide opportunities for direct connections with the guests/experts

Sep 13, 2025	Creating High Performing environments	Click here to register
Nov 8, 2025	Recovery	Click here to register

Underwater Chats: Power Up Exclusive Sessions

Unlock a game-changing opportunity for your team or National Federation!

The Underwater Chats: Power Up Exclusive Sessions offer hands-on, tailored education and development led by the PAQ Athlete Committee. These dynamic, athlete-focused sessions create a safe and supportive space where athletes, parents, coaches, and NF reps can engage in open discussions, brainstorm solutions, and receive advice from our PAQ athlete leaders on key challenges facing aquatics.

Take advantage of this exclusive benefit and empower your aquatic community with great insights and practical solutions! Want your club or federation to be next? Contact us at: athletes@panamaquatics.com & Power Up with the **PAQ Athlete Committee!**

Visit the [PAQ website](#) and the [PAQ YouTube](#) for the full calendar and all previous webinars

PAQ ATHLETES COMMITTEE



Athletes

We want to hear from you! Your feedback helps us build better programs, events, and communication that truly serve YOU and all aquatic athletes across the Americas.

» [Survey](#)

Community

At PanAm Aquatics, your voice matters. This survey, for athletes, coaches, technical officials, and National Federation representatives, aims to understand your needs, challenges, and priorities. It takes just 10–15 minutes, and all responses will remain confidential. Your input will directly shape future programs and strategic support.

» [Survey](#)

Thank you in advance for your time and valuable contribution!

Contact your PanAm Aquatics Athletes Committee: athletes@panamaquatics.com



PanAm Aquatics is excited to offer members discounted access to **EF English Live**, a world-class online English learning program, as part of our ongoing efforts to support members' continued growth and professional development. Validated PAQ members can receive **40% off** the Private Teacher 24 license and **28% off** the multi-platform access.

To access these exclusive rates, please complete [this form](#). An EF English Live representative will follow up to finalize registration.

Moreover, Coursera offers the following free English learning specialized courses to help improve communication skills in professional settings: [Speak English Professionally](#), [English for Career Development](#), [Improve Your English Communication Skills Specialization](#), and [more](#).

WORLD AQUATICS EVENTS

AQUA recognized Diving events:

31 Oct - 2 Nov

[3rd Malaysia Open Diving Championships 2025,](#)
[Kuala Lumpur, MAS](#)

2025 Open Water Swimming World Cup

10 - 11 Oct

Stop 4: [Golfo Aranci](#) (ITA)

2025 Swimming World Cup

[Swimming World Cup competition & scoring](#)

10-12 Oct

[Carmel, Indiana \(USA\)](#)

17-19 Oct

[Westmont, Illinois \(USA\)](#)

23-25 Oct

[Toronto, Ontario \(CAN\)](#)

Diving World Cup 2026:

26 Feb – 1 Mar, 2026

Montreal, Canadá

5 – 8 Mar, 2026

Guadalajara, México

1 – 3 May, 2026

Beijing, China (Super Final Event)

2026 World Aquatics Swimming Championships (25m) Beijing, China

- ◇ Applications are now accepted for Qualifying Events for the World Aquatics Swimming Championships (25m) 2026.
 - ◇ Qualification period from 27 July 2025 and 15 November 2026.
 - ◇ [Application form](#): Return the completed form, along with the supporting documents, to the World Aquatics Office via email at aquaticscalendar@worldaquatics.com by specified deadlines.
 - ◇ Competitions approved as qualifying events for the World Aquatics Championships - Singapore 2025 will be automatically considered as qualifying events for the World Aquatics Swimming Championships (25m) 2026, provided that the dates fall within the respective qualifying period. There is no need to re-apply.
-

Youth Olympic Games, Dakar 2026

- [Participation Principles](#)
- [National Federations Information](#)
- [Event Programme](#)

OTHER EVENTS & OPPORTUNITIES

OPEN WATER



SARDINA EXPERIENCES

In the heart of the Mediterranean
by Pablo Fajian.
From September 15 - 20, 2025

Perfect your swimming technique with daily training sessions led by renowned international coach **Pablo Fajian**, both in the pool and in open water. This is a fantastic opportunity to boost your performance in an idyllic setting. To top it all off, take part in the Swimming Race San Maurizio with Acqua-Forma, an exciting challenge to put everything you've learned into practice.

For more information and bookings, contact us at:

toswimmer@toswim.io

Spots are limited!



OCEANMAN COSTA RICA 2025

Swim in paradise! Guanacaste, Costa Rica |
December 13-14, 2025

The international open water circuit arrives at the warm, crystal-clear beaches of Guanacaste. Compete or enjoy distances for all levels:

- » **10 km** – Elite,
- » **5 km** – Intermediate,
- » **2 km** – Beginners,
- » **OCEANKIDS 500 m** – Kids (7-14 years),
- » **OCEANTEAMS 3×500 m** – Mixed teams

[Click here for more information](#)

MASTERS

XXVII South American Masters and Pre-Masters Aquatic Sports Championship 2025, to be held in Santiago, Chile, from November 17 to 24, 2025.

- » [The official summons;](#)
 - » [Logistics Information;](#)
 - » [Waiver;](#)
 - » [Reservation form,](#)
 - » [FAQ's](#)
-

OPEN WATER COACHES by TOSWIM

Led by three world legends — Steven Munatones, Antonio Argüelles, and Chris Morgan — comes an advanced and exclusive course that will take you through the greatest secrets and challenges of open water swimming. Designed for anyone looking to deepen their knowledge and learn from the best, this unique training program covers everything from Olympic marathons and ice swimming to channel crossings and creating your own aquatic adventures.

For the first time, this advanced-level course will be available live online, divided into 6 interactive sessions starting in October, where you can actively participate and get all your questions answered by these top professionals.

Don't miss this unique opportunity to train with the leading figures who have lived and shaped open water swimming across five continents since the 1970s.

Register now for more information and secure your spot (limited places available to ensure a personalized and high-quality experience):

<https://www.toswim.io/form-open-water-course/>



XXV International Swimming Cup

November 21 - 23 in Santiago, Chile

[Summons](#)

Swimming Coaches Clinic: International Conference for Swimming Coaches

September 19–21 in Varsovia, Polonia

<https://www.eaacademy.eu/lms/courses/elite-coach-conference-warsaw>

Swimming Coaches Clinic: Swim Safe Europe (in cooperation with ASR)

» **Part 1:** October 3 (online)

» **Part 2:** October 11-12 in Reikiavik (ISL)

<https://www.eaacademy.eu/lms/courses/swim-safe-europe-course-coaches-icelandic-sa-faroe-iaf>

Waterpolo Referees & Delegates Clinic

September 12–14 in Belgrado (SRB)

<https://www.eaacademy.eu/lms/courses/water-polo-referees-and-delegates-intermediate-certification-course-2025-2026>

Athletes webinar Social media and personal branding of athletes

September 18 at 14:00 CET (Central European)

<https://www.eaacademy.eu/lms/courses/social-media-and-personal-branding-of-athletes-media-webinar>

National Federation administrators: Media Webinar for National Federations

October 23 at 12:00 CET (Central European)

<https://www.eaacademy.eu/lms/courses/media-webinar-for-national-federations>

Open Water Officials Webinar

October 26, 09:00–13:00 CET (Central European)

<https://www.eaacademy.eu/lms/courses/open-water-swimming-clinic-for-certified-officials-2025-2026>

RESOURCES & INFORMATION

AQUA Development Office Information & Programs

AQUA Development programs:

Updated requirements for the AQUA Support Program for 2026:

REMINDER - The 2026 World Aquatics Members' Governance Survey is now open and is REQUIRED to be completed by 10 September 2025

- » Please carefully read the **attached guidelines**.
 - » Deadline to complete the survey is 10 September 2025.
 - » Submitting the survey by the specified deadline is a mandatory requirement to apply for the 2026 World Aquatics Support Programme.
 - » Achieving a higher score than in last year's Governance Survey or obtaining the maximum score of 20 points will make you eligible for an additional bonus to your AQUASP 2026.
-
- » The previous years' reports to be closed.
 - » Participation in the World Championships of the preceding year with at least one athlete.
 - » Attendance at the World Aquatics Congress with at least one official representative.

AQUA New Officials Pathway

- | | | |
|---------------------|--------------------------|-----------------------------------|
| » Diving | Document | Webinar Recording |
| » High Diving | Document | Webinar Recording |
| » Artistic Swimming | Document | Webinar Recording |
| » Swimming | Document | |
| » Open Water | Document | |
| » Water Polo | Document | |

New AQUA Water Polo World Ranking system

- » Learn more about the ranking methodology in the "[How it works](#)" section.
- » View the complete [World Aquatics Men's Water Polo Rankings](#)
- » View the complete [World Aquatics Women's Water Polo Rankings](#)

AQUA Waterpolo Rules changes

[Click here to download](#)

WORLD ANTI DOPING AGENCY (WADA)

- » [2025 WADA Prohibited List.](#)
 - » [2025 WADA Monitored Substances List.](#)
 - » [Summary of major modifications for 2025.](#)
 - » [SportOnSocial 2025 – International Federations Social Media Performance Report.](#)
 - » [Report on NOC Sustainability during the PARIS Olympic Games.](#)
 - » [Report on IOC Marketing for the PARIS Olympics Games.](#)
-

ASUNCION 2025 - RESULTS BOOKS



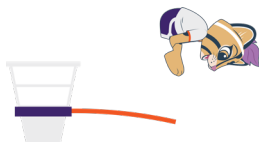
SWIMMING [Results Book](#)



ARTISWTIC SWIMMING [Results Book](#)



OPEN WATER [Results Book](#)



DIVING [Results ook](#)



FROM OUR SPONSORS

FLUIDRA



At **Fluidra**, competition pools are much more than places to swim—they are the stage where athletes chase records, where communities gather, and where champions are made. Designed and built to meet the highest international standards, our pools integrate precision construction systems, advanced filtration, and water treatment technologies that guarantee performance, safety, and sustainability.

From Olympic pools to specialized designs for diving, water polo, artistic swimming or warm-up areas, each pool is tailored to the exact needs of its sport. Whether hosting international competitions or serving as training centers for future athletes, **Fluidra's projects** ensure compliance with regulations, durability over time, and outstanding user experience.

Backed by decades of expertise in aquatic engineering and stretch collaboration with swimming federations, we combine innovation with reliability to deliver facilities that inspire excellence and passion for aquatic sports.

A competition pool in mind? Think Fluidra!

Discover more about competition pools in our [article](#).





Water Polo Field of Play Solutions- by Malmsten

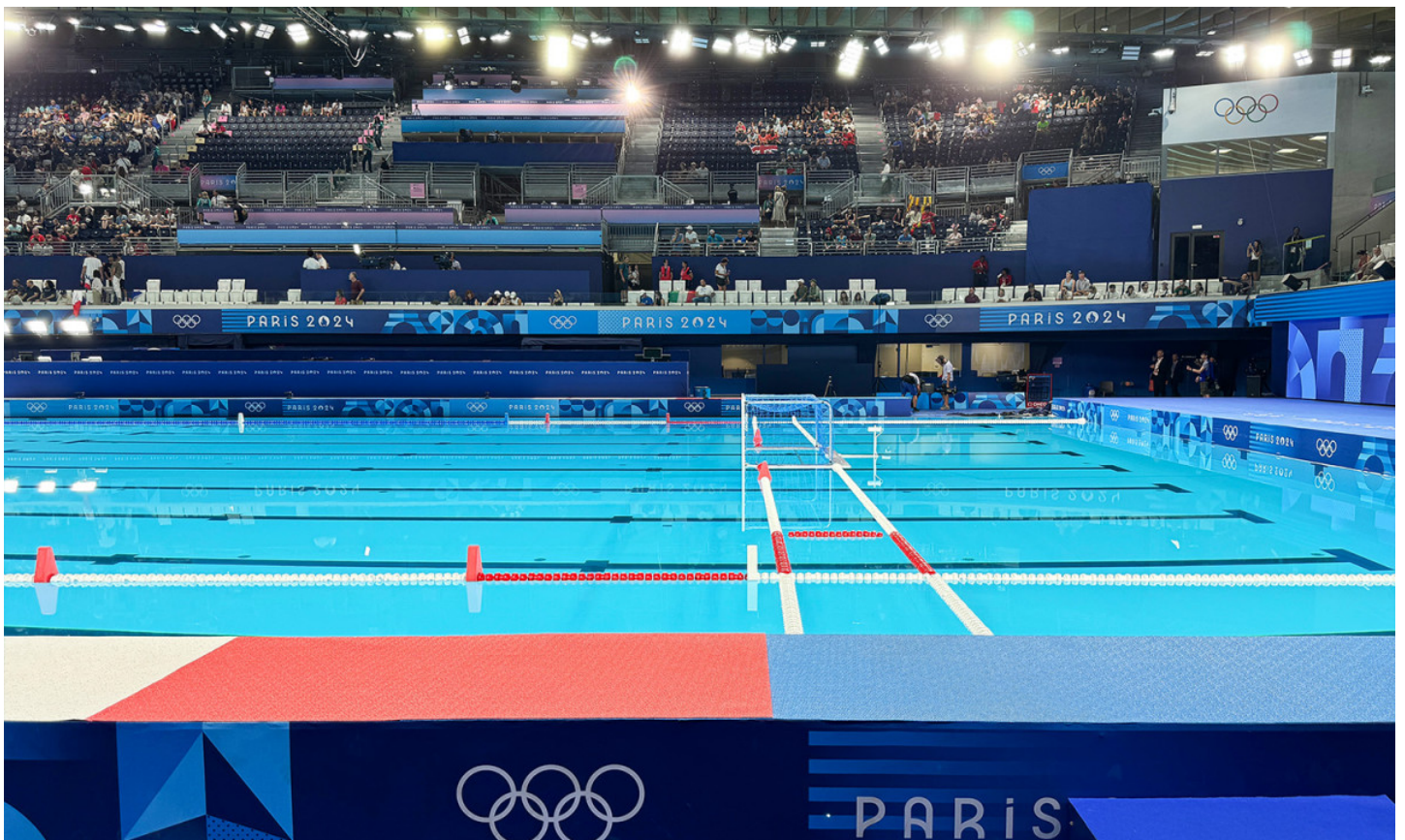
Elevate Your Game with Malmsten's Elite Water Polo Field Solutions

Discover the gold standard in water polo performance with Malmsten's custom-engineered Fields of Play. From cutting-edge Classic PRO and Gold PRO technologies to portable inflatable systems and the Official World Aquatics Water Polo Goal, Malmsten delivers innovation, durability, and world-class design trusted by champions at the Olympic Games and beyond.



[Explore Malmsten's Water Polo Field of Play Solutions](#)

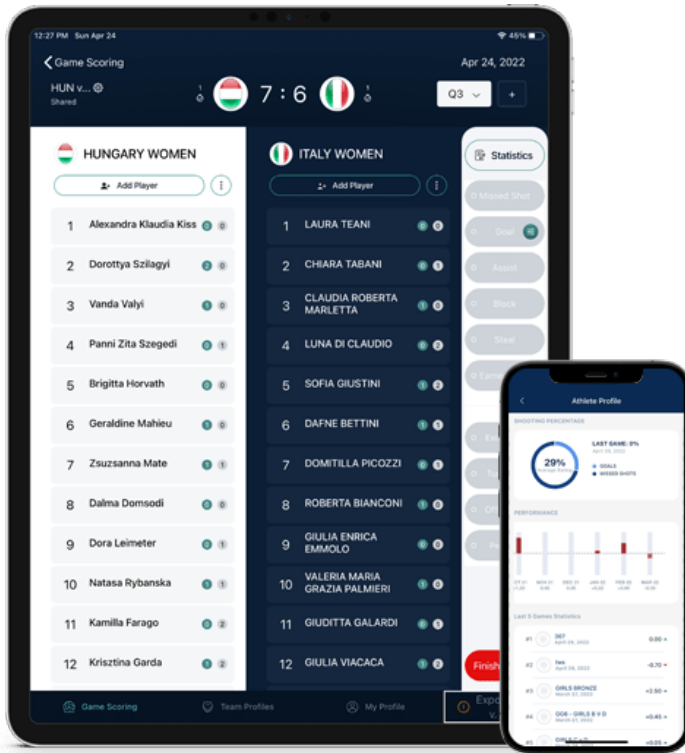
Be sure to follow us on [Instagram](#), [Facebook](#) and [LinkedIn](#) for the latest updates!



Visit us anytime at malmsten.com



The 6-8 Game Desk: A revolutionary game scoring app for teams, leagues, and tournaments!



Recent Game Desk Updates:

- » Collapsible Team Roster Menu
- » Box Scores for teams & each roster player on your profile
- » Team Stats on Team Roster Profile
- » Team Averages & %'s on Team Roster's Profile
- » All stats NOW editable during & after games
- » More user-friendly UI design
- » Situation specific stats like 7 on 6 & 6 on 4
- » Faster processing and more efficient flow

The 6-8 Mobile App: Score, track & analyze your game statistics, evaluate your fundamental skill levels and improve your overall game performance.

Designed for parents and athletes

Recent Mobile App Updates:

- » AI Chatbot feature allowing for virtual and personalized 6-8 consultation & guidance.
- » Personal analytics section (to compare +/- to other athletes the same age/ gender/ position from around the world).
- » Improved athlete profile page with average +/- and +/- comparison over time.
- » Direct access to the 6-8 Scoreboard (and leaderboards & rankings) in the 6-8 app.
- » Game lists divided by athletes in the family account (ability to search for specific games & create tournament/ event folders for organized storage).

INTERESTED IN TRYING THE 6-8 GAME DESK?

[CLICK HERE TO READ MORE ON HOW TO GET STARTED](#)



The First Science-Based Learn-To-Swim Program

The Science-Based Learn-To-Swim program stands out as the only scientifically-based learn-to-swim initiative, developed through extensive research conducted by **Dr. Genadijus Sokolovas**, a globally recognized expert in swimming biomechanics, also known as Dr. G. Dr. Sokolovas has over 40 years of experience in swimming research. He utilized unique Swim Power technology to analyze the swimming techniques of more than 17,000 elite swimmers from 130 countries, including 88 Olympic Champions and over 110 Olympic medalists. No other individual has tested more swimmers than Dr. G and his colleagues.

Upon examining common technical errors among elite swimmers, we discovered that even these athletes do not possess flawless swimming techniques. By improving their technique, they could potentially surpass current world records. The Science-Based Learn-To-Swim program aims to teach future athletes how to swim without such typical mistakes.

Our research indicated that many technical errors stem from existing learn-to-swim programs currently in use. These programs often instill incorrect swimming techniques in young swimmers.

The Science-Based Learn-To-Swim program teaches both children and adults effective swimming skills modeled after the movements of fish and dolphins. Unlike humans, fish and dolphins do not utilize their arms, have necks or knees, and generate propulsion through body motion. By following the Science-Based Learn-To-Swim program, participants learn superior swimming techniques, free from common errors seen in current elite swimmers.

Key features of the new learn-to-swim program include:

- » Mastering skills on land before practicing them in water. Participants spend approximately 50% of their training time on land, enabling clubs and schools to teach twice as many individuals correctly compared to traditional learn-to-swim programs.
- » Developing strong and balanced body positions both on land and in water.
- » Swimming using body muscles, mimicking the movements of fish and dolphins.
- » Breathing techniques that do not rely on arm movements or buoyancy equipment.
- » Learning to kick using body motion without excessive knee bending.

Contact us at: info@globsport.org

Website: www.globsport.org



Academy of Leadership Sciences Switzerland (ALSS)

Two online MBA programs with SCHOLARSHIPS available, both 100% online.

Learn more about the [MBA in Leadership and International Sports Law](#) program for which there are **4 - 50% scholarships** available.

[Click here to apply](#)



Learn more about the [MBA Leadership in Sports Governance](#) program for which there are **6 - 50% scholarships** available.

[Click here to apply](#)

Members of PanAm Aquatics will be given priority during the selection process, and all PanAm members are also entitled to a **25% discount** on the tuition fee. To apply for a **50% scholarship**, candidates must submit their **CV and a motivation letter** as soon as possible.



Introducing 2FLOW by ToSwim for COACHES and ATHLETES



The mental game matters more than ever. **2FLOW** is the first mental training app created exclusively for swimmers and coaches.

This isn't just another app — it's your new ally.

Help your athletes:

- Stay laser-focused under pressure
- Mentally recover after tough sessions
- Build resilience and a winning mindset

We launched the 2FLOW COACHES PROGRAM — You can be among the first. We're inviting the first 50 forward-thinking coaches to pioneer this movement with us. Early access. Exclusive tools. Real results.

Apply now in <https://www.toswim.io/2flow-form/>
Don't wait — spots are limited!

Swimmer, triathlete, open water lover... you know every stroke is a challenge. But are you training your most powerful tool?

2FLOW is the first app created exclusively for the mental training of swimmers, triathletes, and open water athletes.

With **2FLOW**, you'll be able to:

- » Stay focused when it matters most
- » Manage effort and recover more effectively
- » Overcome mental blocks
- » Prepare to compete like a pro

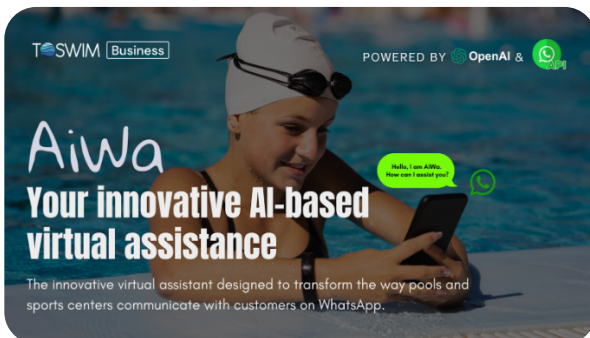


We're looking for 100 passionate athletes to be the first to test our exclusive Swimmer Program.

Free access. Limited spots (only 100 available). Pure growth.

Apply now: <https://www.toswim.io/2flow-form/>

The real competition starts in your mind. Train it. Win.



Grow Your Business with AiWa!

ToSwim offers PanAm, its members, and partners the opportunity to take their communication to the next level with **AiWa**, OpenAI's conversational artificial intelligence assistant.

Works with WhatsApp and easily integrates into your website and social media, allowing you to connect with your customers whenever and wherever they need you.

- » Automatically responds to your customers
- » Builds loyalty and enhances the user experience
- » Saves time and optimizes your business
- » **Fast, easy, and efficient!**

Want to see it in action? Contact us now to learn about your **benefits as a PanAm partner** and discover how **AiWa** can transform your business!

Schedule your demo today by sending an email to toswimmer@toswim.io

Find all the details here: [AiWa – ToSwim](#)

Discover how AiWa can revolutionize your business communication!



The **GMX7 Pro System** is a revolutionary aquatic resistance training device designed to elevate your swim performance.

Ideal for swimmers of all levels, from competitive athletes to fitness enthusiasts, both in the pool and for Open Water.

Find this and past bulletins on our [website](#)

FLUIDRA

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Sports
#EARN YOUR NUMBER

Fluid Mechanics, Inc.

GMX7



Global Sport
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DEPORTE VIRTUAL[®]
tecnología deportiva