



SELECTION CRITERIA

2026 Central American and Caribbean Games

1. Eligibility

1.1 A swimmer must be a Jamaican citizen and be the holder of a valid Jamaican Passport. The swimmer must be eligible to represent Jamaica in accordance with the eligibility rules set out by World Aquatics by the registration deadline outlined in Section 1.3.

1.2 Swimmers must comply with all other World Aquatics eligibility requirements, including anti-doping regulations.

1.3 Swimmers must be registered with the ASAJ no less than three (3) weeks before the final date of the qualification period and be the holder of a valid Jamaican Passport (expiring no earlier than January 31, 2027).

1.4 Swimmers must turn fourteen (14) years old on or before December 31, 2026.

1.5 If a swimmer is unavailable to participate in the competition, it is their duty to notify the ASAJ in writing (email or letter) prior to the formal convening of the Selection Committee. Any swimmer who submits such notice will be removed from the rankings and deemed ineligible for selection.

1.6 Swimmers selected to represent Jamaica at the 2026 Commonwealth Games are ineligible for selection to the 2026 Central American and Caribbean Games due to scheduling overlap between both competitions and prioritization of the Commonwealth Games as the higher tier event.

2. Qualification Period

2.1 The qualification period is as follows:

April 1, 2025 – April 19, 2026.

2.2 Times must be achieved in a long course (50m) competition sanctioned by the ASAJ or by a World Aquatics recognized governing body.

3. Qualifying Times

3.1 Qualifying Times for the 2026 Central American and Caribbean Games are listed in Appendix A.

4. Selection Process

4.1 Scenario 1: Total Entries Do Not Exceed 200 Athletes

4.1.1 If the total number of athletes entered by all National Olympic Committees (NOCs) does not exceed 200, Jamaica is guaranteed participation with a minimum of two (2) male and two (2) female swimmers, in accordance with the Competition Technical Manual.

4.1.2 Where more than two (2) swimmers per gender meet the Qualifying Standard (and are ranked first or second in the event that they have achieved the qualifying standard) and are entered by the ASAJ, all such swimmers will be invited to compete provided that the total number of athletes entered by all NOCs does not exceed 200.

4.2 Scenario 2: Total Entries Exceed 200 Athletes

4.2.1 If the total number of athletes entered by all National Olympic Committees (NOCs) exceeds 200, PanAm Aquatics (PAQ) will apply the World Aquatics Points Table to reduce the field to a maximum of 200 athletes while upholding the principle of universality.

4.2.2 Jamaica is guaranteed participation with a minimum of one (1) male and one (1) female swimmer in the event of point 4.2.

4.2.3 The specific swimmer per gender who receives an invitation is determined by PanAm Aquatics based on its ranking methodology and formal invitation process.

4.2.4 Any additional swimmers entered by Jamaica beyond one (1) per gender are not guaranteed participation and remain subject to the PAQ quota reallocation process.

4.2.5 Final confirmation of invited swimmers will be issued no later than May 15, 2026, in accordance with the Competition Technical Manual.

5. Ranking Procedure

5.1 Swimmers will be ranked within each gender based on the highest World Aquatics Points achieved in any Olympic individual event in which the swimmer has met the Qualifying Standard and is ranked first (1st) or second (2nd) in that event.

5.2 If fewer than two (2) swimmers per gender meet the Qualifying Standard, remaining position(s) for nomination will be determined based on the highest World Aquatics Points achieved in any Olympic individual event, provided the swimmer is ranked first (1st) or second (2nd) in that event.

5.3 Rankings are used solely to determine the order of nomination and priority of consideration for entry submission.

5.4 ASAJ rankings do not confer a guarantee of participation beyond the minimum quotas outlined above and do not override the final allocation, ranking or invitation decisions made by PanAm Aquatics.

5.5 Final confirmation of participation remains subject to the quota determination and invitation process conducted by PanAm Aquatics in accordance with the Competition Technical Manual.

5.6 Rankings will be produced using times from the ASAJ HyTek database.

5.7 It is the athlete's responsibility to submit times from non-ASAJ sanctioned meets to the ASAJ for inclusion in the database no later than 11:59 p.m. on the final day of the qualification period, supported by official meet results.

6. Amendments

6.1 This document is subject to change to comply with competition regulations issues by the Jamaica Olympic Association (JOA) and PanAm Aquatics.

APPENDIX A: Qualifying Standards

Women		Men	
50m Freestyle	26.31	50m Freestyle	23.35
100m Freestyle	58.09	100m Freestyle	50.62
200m Freestyle	2:08.59	200m Freestyle	1:57.93
400m Freestyle	4:32.61	400m Freestyle	4:04.59
800m Freestyle	9:13.94	800m Freestyle	8:49.68
1500m Freestyle	18:12.60	1500m Freestyle	17:02.94
50m Backstroke	30.49	50m Backstroke	26.70
100m Backstroke	1:05.79	100m Backstroke	59.13
200m Backstroke	2:22.98	200m Backstroke	2:06.37
50m Breaststroke	34.27	50m Breaststroke	28.85
100m Breaststroke	1:14.00	100m Breaststroke	1:03.68
200m Breaststroke	2:45.71	200m Breaststroke	2:22.88
50m Butterfly	27.91	50m Butterfly	24.74
100m Butterfly	1:02.14	100m Butterfly	55.29
200m Butterfly	2:27.75	200m Butterfly	2:06.45
200m Individual Medley	2:23.36	200m Individual Medley	2:09.11
400m Individual Medley	5:09.43	400m Individual Medley	4:55.75