



SELECTION CRITERIA 2026 Commonwealth Games

Eligibility

1. A swimmer must be a Jamaican citizen and be the holder of a valid Jamaican Passport. The swimmer must be able to represent Jamaica in accordance with the eligibility rules set out by World Aquatics by the registration deadline outlined in point 3.
2. Swimmer must comply with all other World Aquatics eligibility, including anti-doping.
3. Swimmer must be registered with the ASAJ no less than 3 weeks before the final date of the qualifying period and be the holder of a valid Jamaican Passport (expiring no earlier than January 31, 2027).
4. If a swimmer is unavailable to participate in the competition, it is their duty to notify the ASAJ in writing (email or letter) prior to the formal convening of the Selection Committee for team selection. Any swimmer who submits such notice of unavailability will be removed from the rankings and deemed ineligible for selection.
5. Swimmers selected to represent Jamaica at the 2026 Commonwealth Games are ineligible for selection to the 2026 Central American and Caribbean Games due to the scheduling overlap between both competitions and the prioritization of Jamaica's participation at the Commonwealth Games as the higher tier event.

Qualification Period

1. Qualification Period is as followed:
 - 1) **April 1, 2025 – April 19, 2026**
 - 2) Times must be achieved in a long course (50m) competition sanctioned by the ASAJ or by a World Aquatics recognized governing body.

Qualifying Times

1. Qualifying Times for the 2026 Commonwealth Games are as listed under Appendix A.

Selection Process

The final number of swimmers selected will be based on available slots provided from the Jamaica Olympic Association (JOA). If the JOA allocation is sufficient to accommodate all qualifiers then all swimmers will be selected.

If the number of qualifiers exceed the slots provided, each swimmer's best Olympic event (in which they have achieved the Qualifying Standard and are ranked 1st, 2nd or 3rd) will be evaluated by calculating their percentage performance relative to the published Qualifying Standard, to two (2) decimal places.

- Formula: **(Qualifying Standard ÷ Athlete's Time) × 100**
(Lower percentage = better performance.)

(This calculation method is used for the 2026 Commonwealth Games and the 2026 Youth Olympic Games.)

If two swimmers remain tied, the tie will be broken using the highest World Aquatics Points.

For each individual event at the Commonwealth Games, the ASAJ may enter a maximum of three (3) swimmers per event.

Rankings

1. Rankings will be produced using times from the ASAJ Hytek database.
2. It is the athlete's responsibility to submit times from non-ASAJ sanctioned meets to the ASAJ for entry into the ASAJ database. To be included for eligibility and ranking, all such times must be submitted no later than 11:59 p.m. on the final day of the qualification period. Submissions must include the official meet results and any supporting documentation verifying the time

Entries

Entries will be submitted by the ASAJ following the selection of athletes based on the agreed Qualifying Standards. Once an athlete has been selected in the event(s) in which they achieved the Qualifying Standard, they may be considered for entry into additional events under the following conditions:

1. The entry must be permissible under the Commonwealth Games Federation (CGF) Athlete Allocation System; and
2. Should there be spaces available; and,
3. Following consultation between the ASAJ and the Jamaica Olympic Association, it is confirmed that the athlete's primary focus remains on the event(s) for which they qualified, and/or on any relay events to which they have been assigned.

Final decisions regarding additional event entries shall be made through the following process:

1. Discussion between the ASAJ and the athlete's personal (Home) Coach prior to the final entry deadline; and
2. Further consultation, if required, with the appointed Head Coach for the 2026 Commonwealth Games prior to the final sport entry deadline.

Ratified December 3, 2025

**APPENDIX A:
Qualifying Times**

Women		Men	
50m Freestyle	25.97	50m Freestyle	22.86
100m Freestyle	56.92	100m Freestyle	50.30
200m Freestyle	2:07.67	200m Freestyle	1:49.56
400m Freestyle	4:32.31	400m Freestyle	3:58.44
800m Freestyle	8:53.50	800m Freestyle	8:49.68
1500m Freestyle	18:12.60	1500m Freestyle	16:21.80
50m Backstroke	30.06	50m Backstroke	25.98
100m Backstroke	1:05.24	100m Backstroke	56.41
200m Backstroke	2:19.35	200m Backstroke	2:05.93
50m Breaststroke	33.26	50m Breaststroke	28.56
100m Breaststroke	1:12.97	100m Breaststroke	1:02.76
200m Breaststroke	2:43.98	200m Breaststroke	2:22.37
50m Butterfly	27.42	50m Butterfly	24.21
100m Butterfly	1:00.60	100m Butterfly	54.24
200m Butterfly	2:20.18	200m Butterfly	2:06.41
200m Individual Medley	2:22.34	200m Individual Medley	2:08.02
400m Individual Medley	4:51.65	400m Individual Medley	4:29.70